

Marc Community Resources, Inc. can provide additional mental and behavioral health information and resources. The Information & Resources Coordinator, Andy Arnowitz, can be reached at 480-994-4407.

Pocket Guide Compliments of:
Mental Health America of Arizona
www.mhaarizona.org
MHA Info 480-982-5305
Info & Referrals 480-994-4407

Support & Recovery
CHERS Recovery Center: 602-246-7607
Stand Together and Recover Centers (S.T.A.R.): 602-231-0071
Recovery Empowerment Network: 602-248-0368
RI International: 602-650-1212
Hope Lives- Vive La Esperanza: 1-855-747-6522
 A list of the **Mental Health Guild's Peer Support Groups** can be located at mentalhealthaz.org/support-groups/.
 A list of the **National Alliance on Mental Illness' free Family Support Groups** can be found at namiaz.com/page13/index.html

For more information about publicly-funded behavioral health services in Maricopa County contact: Mercy Maricopa Integrated Care Customer Service at 602-586-1841.

Resource Directories
[Find Help Phx- www.findhelpphx.org](http://www.findhelpphx.org)
Mercy Maricopa Community Resource Guide- www.mercymaricopa.org/guide-community-guide
Southwest-Network Help Book- www.southwestnetwork.org/nt19rg/
Standard Resource Guide- www.hsag.com/community-bh-resources
 Simply **click 211** to access a comprehensive information and referral directory for all sorts of health and human services.

Mental Health, Substance Abuse, Support Groups, and Recovery Services List
 Maricopa County 2019



What to do in a Mental Health Crisis or Emergency:
Call 911 if experiencing a life threatening emergency.
Central Arizona Crisis Line (24/7)
(800) 631-1314
(602) 222-9444
TTY (800) 327-9254
 Mobile Acute Crisis services may be coordinated through the Crisis Line.
 When calling 911, say it is a mental health crisis, who is in crisis, and ask that a Crisis Intervention Team officer be provided.
Non-Crisis Warm Line (602) 347-1100

Mental Health & Substance Use Services
St. Luke's Behavioral Health Center (Phoenix) 602-251-8535
Touchstone Health Services (Youth) (Phoenix & Mesa) 866-207-3882
Terros Health (Glendale) 602-685-6000
Trumpet Behavioral Health (Peoria) 602-535-8341
Copper Springs (Avondale) 480-565-3035
Aurora Behavioral Health (Tempe) 480-345-5400
Banner Behavioral Health Hospital (Scottsdale) 480-244-4949
Marc Center Outpatient Clinic (Mesa) 480-218-6569
Center for Behavioral Health (Tempe) 480-897-7044

Domestic Violence/ Sexual Assault
Arizona Coalition to End Sexual and Domestic Violence 602-279-2900 or 800-782-6400
Maricopa County Shelter Line 480-890-3039
National 24 hour Domestic Violence Hotline 800-799-7233
National Sexual Assault Hotline - RAINN 800-656-4673
 Visit www.des.az.gov and search 'Domestic Violence Contracts Directory' for a list of providers offering community resources such as shelter, housing, and legal assistance.

MENTAL HEALTH & SUBSTANCE USE
 *Most public mental health/substance use services require AHCCCS (state public health insurance program).
Private Insurance: Contact member services to see what is offered.
If you are not on AHCCS, or are not sure if you are eligible - contact Mercy Maricopa Integrated Care at 602-586-1841
Want to apply for Medicaid/AHCCCS?
 Visit: healthcarezonaplus.gov or call 855-432-7587
You can also search online for a community assistor.