

# November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			<b>1</b> Practice SOUTHWEST 3:30 to 6 PM	<b>2</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>3</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>4</b> Practice SOUTHWEST 8:30 to 11 AM
<b>5</b>	<b>6</b> Practice SOUTHWEST 3:30 to 6 PM	<b>7</b> Practice SOUTHWEST 3:30 to 6 PM	<b>8</b> Practice SOUTHWEST 3:30 to 6 PM	<b>9</b> Section Prelim Meet @ Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (4:30 PM)	<b>10</b> Section Diving Meet @Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (3:30 PM)	<b>11</b> Section Final Meet @Art Downey Aquatic Center 1 PM 4725 South View Lane Bus Leaves SW (11:30 AM)
<b>12</b>	<b>13</b> Practice SOUTHWEST 3:30 to 6 PM	<b>14</b> Practice SOUTHWEST 3:30 to 6 PM	<b>15</b> Practice SOUTHWEST 3:30 to 6 PM	<b>16</b> MSHSL STATE PRACTICE AT U OF MN TBA	<b>17</b> State Meet Swim Prelims @ University of MN 6 PM	<b>18</b> State Meet Swim Finals @ University of MN 6 PM
<b>19</b> Season Ending Banquet TBA	<b>20</b> Captains Practice TBA	<b>21</b> Captains Practice TBA	<b>22</b> NO SCHOOL Captains Practice TBA	<b>23</b> NO SCHOOL Captains Practice TBA	<b>24</b> NO SCHOOL Captains Practice TBA	<b>25</b>
<b>26</b>	<b>27</b> <u>Boys Season Begins</u> Practice SOUTHWEST 3:30 to 6 PM	<b>28</b> Practice SOUTHWEST 3:30 to 6 PM	<b>29</b> Practice SOUTHWEST 3:30 to 6 PM	<b>30</b> Practice SOUTHWEST 3:30 to 6 PM		

**Bold = Meets**  
Times = Practice at  
NE

If you are going to  
miss Practice at NE  
and/or meet for any  
reason I must be  
notified before hand!

(H) 763-494-3045  
(C) 612-290-6113  
[caarseth@mpls.k12.mn.us](mailto:caarseth@mpls.k12.mn.us)  
[mplsswim@gmail.com](mailto:mplsswim@gmail.com)

## 2017

# December

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b> Practice SOUTHWEST 3:30 to 6 PM	<b>2</b> Practice SOUTHWEST 8:30 to 11 AM
<b>3</b>	<b>4</b> Practice SOUTHWEST 3:30 to 6 PM	<b>5</b> Practice SOUTHWEST 3:30 to 6 PM	<b>6</b> Practice SOUTHWEST 3:30 to 6 PM	<b>7</b> Practice SOUTHWEST 3:30 to 6 PM	<b>8</b> <b>City Pentathlon</b> @ SW 5:30 PM	<b>9</b> Mpls. Laker Invite (WE HOST) @ University of St. Catherine 12:00 PM
<b>10</b>	<b>11</b> Practice SOUTHWEST 3:30 to 6 PM	<b>12</b> Practice SOUTHWEST 3:30 to 6 PM	<b>13</b> 1st Conference Dual @ 5:30 PM at SW	<b>14</b> Practice SOUTHWEST 3:30 to 6 PM	<b>15</b> Practice SOUTHWEST 3:30 to 6 PM	<b>16</b> Practice SOUTHWEST 8:30 to 11 AM
<b>17</b>	<b>18</b> Practice SOUTHWEST 3:30 to 6 PM	<b>19</b> Vs. Fridley @ Fridley Middle School 6:00 PM Bus Leaves SW 3:45 PM	<b>20</b> Practice SOUTHWEST 3:30 to 6 PM	<b>21</b> Practice SOUTHWEST 3:30 to 6 PM	<b>22</b> Practice SOUTHWEST 3:30 to 6 PM	<b>23</b> Practice TBA
<b>24/31</b>	<b>25</b> NO SCHOOL NO Practice	<b>26</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>27</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>28</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>29</b> NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	<b>30</b> NO SCHOOL Practice SOUTHWEST TBA

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[mplsswim@gmail.com](mailto:mplsswim@gmail.com)

## 2017

# January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b>	<b>2</b> Triangular Vs. Cretin & Bloomington Kennedy @ St. Kates 6:00 PM Bus Leaves SW 3:45 PM	<b>3</b> <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	<b>4</b> <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	<b>5</b> <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	<b>6</b> Maroon and Gold Invite @ University of Minnesota TBA Division
<b>7</b>	<b>8</b> Practice SOUTHWEST 3:30 to 6 PM	<b>9</b> Practice SOUTHWEST 3:30 to 6 PM	<b>10</b> Practice SOUTHWEST 3:30 to 6 PM	<b>11</b> Practice SOUTHWEST 3:30 to 6 PM	<b>12</b> Practice SOUTHWEST 3:30 to 6 PM	<b>13</b> Practice SOUTHWEST 8:30 to 11 AM
<b>14</b>	<b>15</b> <i>NO SCHOOL Practice SOUTHWEST 9:00 AM to 11:30 AM</i>	<b>16</b> Practice SOUTHWEST 3:30 to 6 PM	<b>17</b> 2nd Conference Dual @ 5:30 PM at SW	<b>18</b> Practice SOUTHWEST 3:30 to 6 PM	<b>19</b> Practice SOUTHWEST 3:30 to 6 PM	<b>20</b> True Team Sections 1 PM @ Art Downey Aquatic Center 4725 South View Lane Bus Leaves SW (11:00 AM)
<b>21</b> FINALS WEEK!!!	<b>22</b> Practice SOUTHWEST 3:30 to 6 PM	<b>23</b> Practice SOUTHWEST 3:30 to 6 PM	<b>24</b> Practice SOUTHWEST 3:30 to 6 PM	<b>25</b> <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	<b>26</b> <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	<b>27</b> Practice SOUTHWEST 8:30 to 11 AM
<b>28</b>	<b>29</b> Practice SOUTHWEST 3:30 to 6 PM	<b>30</b> Practice SOUTHWEST 3:30 to 6 PM	<b>31</b> Practice SOUTHWEST 3:30 to 6 PM			

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If you are going to miss practice and/or meet for any reason I must be notified before hand!

2018

# February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				<b>1</b> Practice SOUTHWEST 3:30 to 6 PM	<b>2</b> <b>City Championships</b> <b>@SW 4:00 PM Dive</b> <b>6:00 PM Swim</b>	<b>3</b> Practice SOUTHWEST 8:30 to 11 AM
<b>4</b>	<b>5</b> Practice SOUTHWEST 3:30 to 6 PM	<b>6</b> Practice SOUTHWEST 3:30 to 6 PM	<b>7</b> Practice SOUTHWEST 3:30 to 6 PM	<b>8</b> Practice SOUTHWEST 3:30 to 6 PM	<b>9</b> Practice SOUTHWEST 3:30 to 6 PM	<b>10</b> <b>VARSITY</b> <b>Practice</b> <b>8:30 to 10:30 AM</b> <b>JV Championships @ SW</b> <b>Dive 10 AM Swim 12 PM</b>
<b>11</b>	<b>12</b> Practice SOUTHWEST 3:30 to 6 PM	<b>13</b> Practice SOUTHWEST 3:30 to 6 PM	<b>14</b> Practice SOUTHWEST 3:30 to 6 PM	<b>15</b> Practice SOUTHWEST 3:30 to 6 PM	<b>16</b> <b>NO SCHOOL Practice</b> <b>SOUTHWEST</b> <b>10:00 AM to 12:30 PM</b>	<b>17</b> Practice 8:30 to 11 AM
<b>18</b>	<b>19</b> <b>NO SCHOOL Practice</b> <b>SOUTHWEST</b> <b>10:00 AM to 12:30 PM</b>	<b>20</b> Practice SOUTHWEST 3:30 to 6 PM	<b>21</b> Practice SOUTHWEST 3:30 to 6 PM	<b>22</b> Section Prelim Meet @ Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (4:30 PM)	<b>23</b> Section Diving Meet @Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (3:30 PM)	<b>24</b> Section Final Meet @Art Downey Aquatic Center 1 PM 4725 South View Lane Bus Leaves SW (11:30 AM)
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[mplsswim@gmail.com](mailto:mplsswim@gmail.com)

## 2018

# March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>Bold = Meets</b> <b>Times = Practice</b> <b>(H) 763-494-3045</b> <b>(C) 612-290-6113</b> <a href="mailto:caarseth@mpls.k12.mn.us">caarseth@mpls.k12.mn.us</a> <a href="mailto:caarseth@centurylink.net">caarseth@centurylink.net</a>	<b>If you are going to miss practice and/or meet for any reason I must be notified before hand!</b>			<b>1</b> <b>MSHSL STATE PRACTICE AT U OF MN TBA</b>	<b>2</b> <b>State Meet Swim Prelims @ University of MN 6 PM</b>	<b>3</b> <b>State Meet Swim Finals @ University of MN 6 PM</b>
<b>4</b> <b>Season Ending Banquet TBA</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>

2018