

SKILL CLINIC SCHEDULE

Tuesday 6:45-7:30pm - \$10/day

Saturday 3:15-4:00pm - \$10/day

Sign up with office to come.

Ages 6-12 years old.



Month - Date	Clinic Focus:	Prerequisite:
Tues. 2/11, Sat. 2/15	Cartwheel	none
Tues. 2/18, Sat. 2/22	Back Bend, Kick-over	Bridge with straight arms
Tues. 2/25, Sat. 2/29	Pull-over	none
Tues. 3/3	Front/Back Rolls	none
Sat. 3/7	Vault Run/Punch	none
Tues. 3/10	Cartwheel	none
Sat. 3/7	Casting	none
Tues. 3/17, Sat. 3/21	Pull-over	none
Tues. 3/24, Sat. 3/28	Round-off	Lunge Cartwheel Lunge