

## COLON AND RECTAL SURGERY, LTD.

KENNETH J. BOYD, M.D. • SAMIR N. PARIKH, M.D. • SHIRLEY S. SHIH, M.D.  
610-565-3435

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Hospital: \_\_\_\_\_

Date: \_\_\_\_\_ @ \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Procedure: \_\_\_\_\_

### **Please follow these instructions prior to surgery**

1. DO NOT EAT **ANY FOOD** OR DRINK **ANY LIQUIDS** (INCLUDING WATER) FOR AT LEAST EIGHT (8) HOURS BEFORE YOUR PROCEDURE.
2. IF YOU TAKE PRESCRIPTION MEDICATIONS, BRING THEM TO THE HOSPITAL WITH YOU. IF YOU HAVE ANY QUESTIONS ABOUT MEDICATIONS, PLEASE DISCUSS THEM WITH YOUR DOCTOR.
3. TAKE A FLEET® ENEMA ONE AND A HALF TO TWO HOURS BEFORE LEAVING HOME FOR THE HOSPITAL ON THE DAY OF SURGERY. THIRTY MINUTES LATER, USE ANOTHER FLEET® ENEMA.

If you are currently taking daily medications, please continue to do so, with the exception of aspirin, Plavix and Coumadin. ASPIRIN AND PLAVIX SHOULD BE DISCONTINUED 10 DAYS BEFORE SURGERY. COUMADIN SHOULD BE DISCONTINUED 3 DAYS BEFORE SURGERY. If this presents a problem, please check with your Primary Care Physician/Internist. If you are unable to check with them, please notify our office.

### PHONE NUMBERS:

Riddle Memorial Hospital	610-566-9400
Riddle Surgical Center	484-931-2270
Crozer Chester Medical Center	610-447-2000
Taylor Hospital	610-595-6000

Should you become ill prior to surgery, please contact our office as soon as possible. If you have any questions concerning your hospitalization and/or surgery, please do not hesitate to call our office. The office is open Monday through Friday, 9 AM to 5 PM. Dr. Boyd, Dr. Parikh or Dr. Shih is available for emergencies 24 hours a day.

If you have HMO coverage or a managed care plan that requires a referral, we must have the correct referral in our office 24 hours before your scheduled procedure. Failure to provide the correct referral may cause cancellation of your procedure.