

Enso Dojo Aikido Club

2nd Kyu

150 hours - minimum

Brown Belt

Name		Date of Test	
Age		Date Began Aikido	
Present Rank	3 th Kyu	Hours Completed	

Recomendation: _____

Arts:

Tachi-waza:

Shomen-Uchi Shiho-nage	Left		Right	
Shomen-Uchi Kaiten-nage	Left		Right	
Yokomen-Uchi Gokyo	Left		Right	
Ushiro Tekubi-tori Shiho-nage	Left		Right	
Ushiro Tekubi-tori Juji-nage	Left		Right	
Ushiro Kubishime Koshi-nage	Left		Right	
Morote-tori Nikyo	Left		Right	

Hanmi-Handachi:

Shomen-uchi Irimin-nage	Left		Right	
Katate-tori Nikyo	Left		Right	
Yokomen-uchi Kote-gaeshi	Left		Right	

Randori:

Freestyle – 2 people	
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Reviewer(s): _____

Judgement: _____