

# ASTHMA AND ALLERGY CARE ASSOCIATES

399 W. Campbell Rd, Suite 308  
Richardson, TX 75080

469-330-0800  
469-330-0803 fax  
richardsonallergy.net

## New Patient History

Date: \_\_\_\_\_

Name \_\_\_\_\_ If minor, name of guardian \_\_\_\_\_

Referred by: \_\_\_\_\_

What is the main reason for your appointment? \_\_\_\_\_

Please circle all that apply:

<b>Nose:</b>	Itching	Running	Sneezing	Blocking	Nosebleeds
<b>Eyes:</b>	Itching	Watering	Swelling	Redness	Blurring of vision
<b>Ears:</b>	Itching	Blocking	Infections	Ringing	Hearing loss
<b>Throat:</b>	Itching	Voice Loss	Infections	Postnasal Drip	
<b>Chest:</b>	Coughing	Wheezing	Infections	Shortness of Breath	Asthma
<b>Headache:</b>	Sinus	Migraine	Tension	Muscular	Other
<b>Skin:</b>	Hives	Eczema	Itching	Swelling	
<b>Stomach:</b>	Nausea	Heartburn	Indigestion	Diarrhea	Constipation
<b>Other:</b>	Fatigue	Fever	Infections	Loss of weight or appetite	

When did these symptoms occur for the first time in your life? \_\_\_\_\_

Where were you living then? \_\_\_\_\_

Are the symptoms you circled All year round OR Seasonal – Spring, Summer, Fall, Winter

Are the symptoms? Mild Moderate Severe

Do the symptoms result in time missed from work/school (if so how much):

\_\_\_\_\_

Have the symptoms resulted in hospital visits or admissions:

\_\_\_\_\_

Have you had allergy testing before? If so, when and where? \_\_\_\_\_

Have you taken allergy shots before? If so, when? \_\_\_\_\_

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Please list the number of antibiotic prescriptions taken in the past year: \_\_\_\_\_

Please list any known food allergies: \_\_\_\_\_ Please list any known medication allergies \_\_\_\_\_

Please list ALL prescription AND over the counter medications (including supplements, vitamins, etc). Attach a list if preferred. \_\_\_\_\_

Please list other medical conditions: \_\_\_\_\_

Please list any surgeries or issues that required hospitalization: \_\_\_\_\_

**Environmental and Social History:**

Have you ever smoked cigarettes? \_\_\_ Cigars? \_\_\_ Vapor? \_\_\_ Other? \_\_\_ Are you still smoking? \_\_\_ When did you begin? \_\_\_ For cigarettes, how many packs per day? \_\_\_ How often do you exercise and what forms? \_\_\_\_\_

Please list all pets: \_\_\_\_\_

Are you exposed to smoke at home? \_\_\_ Do you have carpet in your bedroom? \_\_\_\_\_

What is your occupation? \_\_\_\_\_ Please indicate if you are exposed to fumes, dust, smoke, chemicals, or other triggers at work \_\_\_\_\_

**Family History:**

Condition	Mother	Father	Sibling	Child	Other Family
Allergic rhinitis					
Asthma					
Eczema					
Thyroid disease					
Migraines					
Heart Disease					
Stroke					
Diabetes					
Cancer					
Arthritis					
Cystic Fibrosis					
Other					