

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037

MAY MENU 2017

Suggested \$3.00 Donation one day advance reservations required. Lunch is served 11:30 until 12:30

| Alternative For the week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 1 thru 5 Tuna Salad Cheese cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk | 1 Pork Chops Baked Potato Malibu Vegetables Applesauce Bread Stick Milk | 2 Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Graham Cracker Whole Grain Bread Milk | 3 Salisbury Steak Mashed Potatoes Broccoli Grape Juice Whole Grain Bread Graham Crackers Pudding Milk | 4 Chili Tossed Salad Peaches Apple Juice Cornbread Oyster Crackers Milk | 5 Roasted Turkey Red Skin Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk |
| 8 thru 12 Egg Salad Cottage Cheese Applesauce Fresh Fruit Grape Juice Wheat Crackers Whole Wheat Bun Milk | 8 Spaghetti Green Beans Hot Apple Slices Cranberry Juice Bread Stick Milk | 9 Pulled Pork Sandwich Carrot Raisin Salad Corn Orange Juice Whole Grain Bun Whole Grain Crackers Jello with Fruit Milk | 10 Chicken Drumstick Oven Brown Potatoes Broccoli Grapes Whole Grain Bread Graham Crackers Milk | 11 Beef & Noodles Peas & Carrots Mixed Fruit Pineapple Juice Whole Grain Bread Milk | 12 Hamburger/Lettuce & Tomato Baked Beans Apple Juice Whole Grain Bun Whole Grain Crackers Milk |
| 15 thru 19 Chicken Salad House Salad Fresh Broccoli Mandarin Oranges Whole Wheat Bread Milk | 15 Marzetti Green Beans Applesauce Cranberry Juice Bread Stick Milk | 16 Chicken Breast Mashed Potatoes Carrots Mandarin Oranges Whole Grain Bread Cookies Milk | 17 Ham Baked Potato Cauliflower Banana Whole Wheat Bread Graham Cracker Milk | 18 CLOSED SENIOR CITIZEN'S DAY | 19 Honey Mustard Chicken Brown Rice Beets Orange juice Whole Grain Bread Milk |
| 22 thru 26 Ham Lettuce & Tomato Fresh Carrots Cranberry Juice Whole Wheat Bread Milk | 22 Chicken Strips Ranch Fries Tossed Salad Pears Whole Grain Bread Fruit Jello Milk | 23 Meatloaf Mac & Cheese Corn Mandarin Oranges Apple Juice Whole Grain Bread Milk | 24 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk | 25 Lasagna Broccoli Banana Whole Wheat Bread Milk | 26 Roast Beef Mashed Potatoes Carrots Orange Juice Whole Grain Roll Milk |
| 30 thru 31 Tuna Salad Cheese cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk | 29 CLOSED FOR MEMORIAL DAY | 30 Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Graham Cracker Whole Grain Bread Milk | 31 Salisbury Steak Mashed Potatoes Broccoli Grape Juice Whole Grain Bread Graham Crackers Pudding Milk | Suggested \$3.00 Donation One day advance Reservations required | Lunch is served 11:30 Until 12:30 |