

MINUTES

Southeast Washington Regional FYSPRT

01/14/2021 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from December 10, 2020 – Quorum not achieved Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill shared a Google form she created to gather agency information for those interested in a share of the lockboxes. There were no suggestions. Jill encouraged anyone with any appropriate causes or passion projects to share them here to consider.</p>
<p>Roundtable</p>	<p><u>Carolyn Cox from SPARK</u>: Carolyn was excited about SPARK’s many accomplishments last month, including a new contract with the State Youth Network to train youth to become certified counselors, specific training for peers working as peers, being asked to provide the youth role for the WISe symposium, grant funding for several more counties (Chelan, Douglas, Okanogan, and Grant) opening three more SPARK facilities including one for outgoing incarcerated youth, SPARK youth planning a Statewide Network for Youth, and graduating 11 SPARK students this semester. SPARK is looking into a way to pay FYSPRT Tri-Leads.</p>

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01/14/2021 3:00-5:00 p.m.

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	<p><u>Kaila Epperly, Lutheran</u>: Kaila reported receipt of lock boxes from FYSPRT. Lutheran is holding steady with WISE and the Swift program of crisis stabilization.</p> <p><u>Kelly McCullough, TCCH</u>: Kelly is looking forward to not only learning about available resources, but becoming one as well. This was her first time attending.</p> <p><u>Theresa Malley, CPS</u>: Theresa reported intake for Benton/Franklin Counties remained steady.</p> <p><u>Sarah Gillard, GCBH</u>: Sarah mentioned the list of resources she sent out to FYSPRT recently. She has started attending a few related community meetings including a youth suicide coalition and a Franklin County Behavioral Health Committee. The Chaplaincy is also providing trainings, including compassionate fatigue understanding grief trainings. Sarah finished and submitted the FYSPRT quarterly report and noted a continuing partnership with Youth Group National. Kris will give an update on CLIP at the next meeting if possible, noting they are just investigating streamlining the CLIP process.</p>	
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation will be sent via email and is available at this link:</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>	
Regional FYSPRT meeting dates	February 11, 2021 <i>THIS MEETING WILL BE HELD via ZOOM.</i>	
State FYSPRT meeting dates	Tuesday February 23, 2021 online from 9:00 to noon Wednesday, May 26, 2021 online from 9:00 to noon Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person)	Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

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AGENDA

Southeast Washington Regional FYSPRT

02/11/2021 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	<p>to see a child psychiatrist it takes a significant time and the more we can do to support our providers is important. We have very few providers and people are getting worn out and the need is growing.</p> <p>Group Discussion: Workforce shortages and issues/concerns</p> <p>Ruvine: League of Education Voters, investing in Student Potential Coalition is helping to change policy for students with disabilities/special needs. Advocacy week the week of Feb. 23-26</p> <p>Studentpotential.org</p> <p>Jill: Statewide FYSPRT meeting next week</p> <p>Meeting time moved to 3:30pm</p>
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation is available at this link:</p> <p>https://www.surveymonkey.com/r/NWXSDS6</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	<p>March 11, 2021</p> <p><i>THIS MEETING WILL BE HELD via ZOOM.</i></p>
State FYSPRT meeting dates	<p>Tuesday February 23, 2021 online from 9:00 to noon</p> <p>Wednesday, May 26, 2021 online from 9:00 to noon</p> <p>Thursday August 19, 2021 TBA (9:00 to 3:00 if in person)</p> <p>Thursday November 18, TBA (9:00 to 3:00 if in person)</p> <p>Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p> <p><i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i></p>

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MINUTES

Southeast Washington Regional FYSPRT

03/11/2021 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead, Baltazar Torres</p>	<p>Baltazar lead the welcome and introductions.</p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Cindy Adams moved to approve meeting minutes from December 10, 2020, from January 14, 2021, and February 11, 2021; Baltazar Torres seconded, motion passed. Motion made by: <u> Cindy Adams </u> Seconded by: <u> Baltazar Torres </u> Did the vote carry? YES</p>
<p>Lock Box Update</p>	<p>Jill shared and reviewed her Lock Box form on screen and the link to it in chat: https://docs.google.com/forms/d/e/1FAIpQLSe9j9TI6Xr9sCxTe5I5gJ_GaRPsAnH9AjQmml60Qa_c3yONng/viewform?usp=sf_link</p>

MINUTES

Southeast Washington Regional FYSPRT

03/11/2021 3:00-5:00 p.m.

Location – ZOOM PHONE-IN ONLY

Practice the Pause	Brissa Perez, GCBH ACH Practice the Pause: -- https://gcach.org/practice-the-pause Brissa reviewed the history of the ACH Practice the Pause program, website and materials in detail, noting any of the resources can be downloaded directly from the website. Train the trainer and presentations are available if you're interested.
Washington State Community Connectors Resources	Sarah noted this was an informational item, with details about these events and resources available at WA State Community Connectors Resource Sharing Email (mailchi.mp) : <ul style="list-style-type: none">• Washington Legislative and Policy Advocates (WLPS)• Behavioral Health Call to Action• Dad's MOVE• Washington State Fathers Network• Kindering• NAMI• PAVE• National Federation of Families• Southwest Region FYSPRT's Newsletter
Roundtable	<ul style="list-style-type: none">• Cindy Adams from Ombuds briefly reviewed some of the legislation regarding Ombuds in particular and behavioral health in general. She encourages review of the actual bills if you're interested.• Kris Brown from GCBH noted a CLIPit State meeting is scheduled next week, so he will have a full report next month. He also noted the waitlist is holding at 60-90 days.• Jill Mulhausen noted she missed the recent State FYSPRT due to a scheduling conflict, but shared from the minutes some meeting highlights, including program successes; upcoming projects; and that Youth Move shared a template and touched on next steps.• Madelaine Zielinski from Youth Move International encouraged anyone interested to reach out for more information on Youth Move.• Carolyn Cox from SPARK noted they have turned in their first deliverables on the State Youth Network contract and that they will also be working with Youth Move National. She announced the new Interim Director for the State Youth Network Leadership and after a Co-Director is hired to help cover both sides of the State. They will be working with FYSPRT's throughout the state. They have several events coming up, including an Inclusion and Equity event. They are heavily involved in Train the Trainer programs to have youth train youth. Since their classes are on Zoom, they will be able to offer their training Statewide.• Kaila Epperly from Lutheran said referrals for WISE have been increasing with 110 in the first two months of 2021. She noted it is currently taking about two weeks to get the referral in. Lutheran is recruiting for a Mental Health Clinician.

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03/11/2021 3:00-5:00 p.m.

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	<ul style="list-style-type: none">• Dan Aspiri from CHPW shared that TCCH has hired a new psychiatric provider, although it will be August before relocation. They are also looking to hire one or two practitioners.• Ruvine Jimenez noted The League of Education Voters Reviews every education bill that passes through the legislature and tracks its progress on our Legislative Bill Tracker https://educationvoters.org/resources/bill-tracker/• Salomon Carrasco from Lourdes noted a significant increase in youth evaluations and that the law changing initial detentions from 3 to 5 days has gone in to effect.
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation is available at this link:</p> <p>https://www.surveymonkey.com/r/TRNB7RS</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	April 8, 2021 <i>THIS MEETING WILL BE HELD via ZOO</i>
State FYSPRT meeting dates	Tuesday February 23, 2021 online from 9:00 to noon Wednesday, May 26, 2021 online from 9:00 to noon Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person) Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

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MINUTES

Southeast Washington Regional FYSPRT

05/13/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead, Baltazar Torres</p>	<p>Baltazar lead the welcome and introductions.</p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>No motion was made for approving the March, 11, 2021 meeting minutes due to lack of quorum. Motion made by: _____ Seconded by: _____ Did the vote carry? No motion made.</p>
<p>Lock Box Update</p>	<p>Jill has received a few responses to her inquiries to organization regarding whether they want any, and will continue gathering until there is enough for an order.</p>
<p>BHAB Data Review</p>	<p>Matthew Kuempel reported on BHAS information available on the website https://fortress.wa.gov/hca/wisebhasreports/GreaterColumbia.html He reviewed information relevant to our region, noting trends and anomalies and answering questions.</p>
<p>WSCC Event</p>	<p>Sarah announced a technical training sponsored by WSCC at next month’s meeting on Thursday, June 10 starting at 3:30 p.m. The training is titled The Who, What, and Why of FYSPRT by Karen Kelly, WSCC Project Director.</p>

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05/13/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

Roundtable	<ul style="list-style-type: none">• Cindy Adams confirmed the Ombuds bill has been approved. This will ending the current Ombuds system as of October 1, 2022. An RFP is being created for the State office, who will in turn hire, train and certify regional staff.• Sarah Gillard reported on CLIP for Kris who could not attend. After months of not having any applications, there was one last month and another scheduled for May.• Carolyn Cox announced a revision in the name of their organization, which is Spark Peer Learning Center. They have recently realized their goal of getting the program in to juvenile rehab facilities and are in the process of identifying other possibilities including group homes, youth in detention and perhaps even jail. They are also investigating alternative programs for you youth who do not qualify. Carolyn expressed her appreciation to the MCO and WISE programs offering opportunities to youth who have completed the program.• Kenny Alford offered his thanks and appreciation to Carolyn.
Closing Announcements and Evaluation (5 minutes)	The FYSPRT meeting evaluation was available at this link: https://www.surveymonkey.com/r/TRNB7RS Evaluations are submitted in reports to the State and are much appreciated.
Regional FYSPRT meeting dates	June 10, 2021 <i>THIS MEETING WILL BE HELD via ZOOM</i>
State FYSPRT meeting dates	Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person) Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

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AGENDA

Southeast Washington Regional FYSPRT

06/10/2021 3:30-5:00 p.m.

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<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Review of meeting minutes from March 11, 2021 (April meeting cancelled), and May 13, 2021. Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill</p>
<p>WSCC Event</p>	<p>Karen Kelly, WSCC Project Director presents The Who, What, Why of the FYSPRT</p>
<p>Roundtable</p>	
<p>Closing Announcements and Evaluation (5 minutes)</p>	<p>Your FYSPRT meeting evaluation is available at this link: NEW LINK HERE <i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>

AGENDA

Southeast Washington Regional FYSPRT

06/10/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

Regional FYSPRT meeting dates	June 10, 2021 -- THIS MEETING WILL BE HELD via ZOOM
State FYSPRT meeting dates	Wednesday, May 26, 2021 online from 9:00 to noon Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person) Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

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MINUTES

Southeast Washington Regional FYSPRT

07/08/2021 3:30-5:00 p.m.

Location – ZOOM PHONE-IN ONLY

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<p>Welcome & Introductions (5 minutes) Youth Tri lead, Baltazar Torres</p>	<p>Baltazar lead the welcome and introductions.</p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Review of meeting minutes from March 11, 2021 (April meeting cancelled), May 13, 2021 (June meeting WSCC Presentation) due to lack of quorum Motion made by: _____ Seconded by: _____ Did the vote carry? No motion made.</p>
<p>Lock Box Update</p>	<p>Kaila reported she has used all the lock boxes they were given – about 30 or them. Sara has medication bags on order, paid for by FYSPRT funds due to inability to access the Kadlec funds. She plans to take the bulk of them to the Tribe and outlying counties.</p>
<p>FYSPRT Contract Changes</p>	<p>Sarah Gillard reported on the significant changes to the FYSPRT contract, including broadening Tribal relations, only having to do a needs assessment every other year instead of annually, ten meetings instead of 12 are required in a year, BHAS reporting twice a year, and the requirement of a 5-year strategic plan was dropped.</p>
<p>Roundtable</p>	<ul style="list-style-type: none"> • Jill Mulhausen announced that the Kennewick School District has hired four more mental health counselors for a total of 5, although their specific roles have not yet been defined.

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07/08/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	<ul style="list-style-type: none">• Sarah Gillard announced the new resource of the Washington Indian Behavioral Health Hub. GCBH has posted for a part-time position focused solely on FYSPRT.• Sherel Webb relayed information from Matthew Keumpel regarding a virtual WISe gathering coming up on August 24, 2021 from 9:00 a.m. to noon.• Cindy Adams reported working with her Outreach Coordinator to get posters and brochures up to date and out to providers in person after missing last year due to COVID. They are also working on a WRAP Training and a PowerPoint on Advanced Directives. She noted that all of this will be obsolete as of July 1, 2022 due to the closure of the existing Ombuds program• Kaila Epperly announced an expansion to an office in Pasco off Road 100, which is in the process of being renovated. Part of the WISe team will be located there. She noted losing staff to the school districts which is intensifying their struggles with the workforce shortage, but the SWIFT Program is still up and running• Sherry Mashburn noted it has been a busier than usual summer addressing all the changes and parent's needs.• Paul Davis noted they are very close to being able to say they are out of the settlement that required the development of the FYSPRT and WISe programs.• Sully Gama from ESD 105 reported on finally getting a good start on their Healthy Transitions program which was the result of a grant received from SAMSHA for a Health Transportation Program. They have started collaborating with the Yakama Nation's Healthy Transitions program which is well developed and has been a great resource. Community engagements for the program are in development.
Closing Announcements and Evaluation (5 minutes)	The FYSPRT meeting evaluation was available at this link: https://www.surveymonkey.com/r/TRNB7RS Evaluations are submitted in reports to the State and are much appreciated.
Regional FYSPRT meeting dates	August 12, 2021 <i>THIS MEETING WILL BE HELD via ZOOM</i>
State FYSPRT meeting dates	Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person) Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 (Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)

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Southeast Washington Regional FYSPRT

07/08/2021 3:30-5:00 p.m.

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Meeting Minutes September 2021
Southeast Washington Regional FYSPRT
09/09/2021 3:30-5:00 p.m.
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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	<p><i>Baltazar lead the welcome and introductions. Baltazar reviewed meeting purpose and ground rules.</i></p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Review of meeting minutes from March 11, 2021 (April meeting cancelled), May 13, 2021 (June meeting WSCC Presentation) July 8, 2021, (August meeting cancelled): Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO No motion made, no quorum.</p>
<p>FYSPRT Contract Meeting Requirements</p>	<p><i>Sarah Gillard provided on update on the FYSPRT contract requirements one of which is there should be a policy and procedure for proposing an agenda item for future Regional FYSPRT meetings. Sarah reports that currently there is a section at the end of the meeting evaluation for meeting topics and suggestions. Members discussed various ways that this could be addressed/modified. Kaila Epperly stated that it would be beneficial for people to be able to submit topics/ideas even when they are not able to attend the meeting. Meredith Piehowski suggested that being able to submit topics/ideas both via email and in the evaluation would be beneficial and suggested that at the upcoming Tri Lead Meeting this could be discussed in future emails. Jill Mulhausen and Baltazar Torres emphasized that it would be important to communicate to the person who made the suggestion when the topic would be discussed. Sarah Gillard reports that Meredith Piehowski will be working on updating the Charter to reflect new contact language.</i></p>

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	<p><i>Jill Mulhausen</i> provided clarification regarding using the Challenge and Solution Submission Form. Cindy Adams also mentioned the importance of letting individuals know when their agenda items would be discussed.</p> <p>Sarah Gillard also discussed that the Needs Assessment will be due in October of 2022 and this will be something the FYSPRT team will be addressing and working on over the next year which will lead to the development of the Work Plan that will be due in 2023.</p> <p>Sarah Gillard reported the recent CLIP meeting was cancelled and therefore no update on CLIP.</p>
<p>Roundtable</p>	<p><i>Jill Mulhausen</i> initiated roundtable discussion. Discussed new convener and looking forward.</p> <p>Sarah Gillard provided an update on GCBH LLC. GCBH LLC is expanding several services and an SUD Navigator was hiring in August 2021 and would like to present some information on his new role and some of the expanded services that will be coming to the community including some housing opportunities for individuals coming out of long term care facilities.</p> <p>Baltazar Torres reports also looking forward to the changes.</p> <p>Meredith Piehowski voiced looking forward to being the new convener and FYSPRT continuing to make an impact safely amid COVID concerns. Asked meeting members to share any events, including virtual, that would be beneficial for the FYSPRT team to attend.</p> <p>Cindy Adams reports on continued changes for the OMBUDS services and states that there are some positive changes including more consistency of services provided as well as more procedural consistency as well. They are working on developing a power point presentation for agencies that will provide more updated information on the changes that will be taking place. Brochures and posters in English and Spanish have been updated and will be sent to agencies to be included with their intake information.</p> <p>Nicole Murphy discussed the COPE project and how to access the services. They provide support to families with highly trained Parent Leaders that help them navigate through various systems including schools, juvenile justice, mental health, DDA, and IEPs as well. COPE also provides access to community resources as needed. Youth do not need to be enrolled in mental health services and there is no cost or red tape. Referrals can be made directly to Nicole from the family. Information is also available on the HCA website.</p> <p>Salomon Carrasco states that Crisis has moved from Kennewick to the counseling center in Richland, phone number is the same. Lourdes in hiring for DCR and Crisis Counselors.</p>
<p>Closing Announcements and Evaluation (5 minutes) Jill Mulhausen</p>	<p>Your FYSPRT meeting evaluation is available at this link: https://www.surveymonkey.com/r/DNHZ62J</p> <p>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</p> <p>Jill Mulhausen encouraged everyone to complete the evaluation at the end of the meeting.</p>

Meeting Minutes September 2021
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Location - ZOOM PHONE-IN ONLY

Regional FYSPRT meeting dates	October 14, 2021 -- THIS MEETING WILL BE HELD via ZOOM November 18, 2021-- **Note schedule change to 3rd Thursday in November due to Veterans Day Meredith Piehowski reminded everyone of the change to the November meeting.
State FYSPRT meeting dates	Wednesday September 15, 2021 TBA (9:00 to Noon) Thursday November 18, TBA (9:00 to 3:00 if in person) Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 (Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)

Want to become a voting FYSPRT member?

Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org/get-involved.html>

AGENDA

Southeast Washington Regional FYSPRT

10/14/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions & Gift Card Drawing (5 minutes)</p>	<p>Youth Tri lead-Baltazar Torres and Jill Mulhausen <i>Baltazar reviewed the purpose and mission of FYSPRT. Briefly reviewed ground rules and lead introductions. Encouraged group members to enter their names in the chat for an entry into the gift card drawing. Group members introduced themselves and indicated if they were a youth, system or family partner.</i> <i>Contact Meredith at meredithp@gcbh.org for pick up/drop off/mail options if you win!</i></p>
<p>Meeting Minutes (10 minutes)</p>	<p>System Tri lead-Jill Mulhausen Review of meeting minutes from March 11, 2021 (April meeting cancelled), May 13, 2021 (June meeting WSCC Presentation) July 8, 2021, (August meeting cancelled), September 9, 2021 Motion made by: <u> Kaila Epperly </u> Seconded by: <u> Baltazar Torres </u> Did the vote carry? YES / NO <i>Jill reviewed the meeting minutes from prior meetings (May, July and September) and asked if there were any questions, concerns or discussion. It was determined that there was a quorum and the meeting minutes for each month were approved with no amendments or additional discussion.</i></p>
<p>FYSPRT State Meeting Update</p>	<p>Jill Mulhausen, Baltazar Torres <i>Tri-leads reviewed the meeting minutes from the state meeting in September. Discussed concerns about virtual versus in-person meetings and determining if the current time (9am-12) was workable for all that wanted to attend. There was a respite update that was brought to the state level as a gap in the system. Baltazar discussed the possibility of developing or finding a guideline for respite as there continues to be some confusion about who respite is for and what does it look like. Jeannette discussed her lived experience with utilizing respite. Discussed COPE project update.</i></p>
<p>Education Ombuds</p>	<p><i>Danielle from Education Ombuds introduced herself and discussed her role in the Ombuds and the Ombuds being a partnership with schools, families and educators on behalf of students. Reviewed background of organization and how referrals are made.</i></p>

AGENDA

Southeast Washington Regional FYSPRT

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	<p><i>Discussed the amount of time they can spend with individuals. Danielle will return next month to answer additional questions and provide further information. Provided direct phone number and email in chat. Can also contact via tip line. Community partners also work with Educational Ombuds in conjunction with family and students. Danielle reviewed that they work with Special Education services (OSPI) but are not limited to working only with students who are enrolled in special education. Educational Ombuds works with any student that needs assistance in K-12 system, they are outside of the school system but can partner with Ombuds that are affiliated with the school.</i></p>
GCBH SUD Navigator Update/Info	<p>Cameron Fordmeir <i>Cameron provided background information regarding the SUD navigator program, which was a result of the State vs. Blake and senate bill 5476. Diversion program criteria will be made regionally. Proposal was turned in October 1, looking to hear back from the state regarding approval of the program which will include 7 response teams throughout our region. The team will be composed of a program manager who provides supervision and 4 SUD peers that will do outreach and case management. Discussed ways individuals can access the program and the referral processes which is point of contact through law enforcement and anyone else in the community (social contact) can refer someone to the program, does not need to come from an agency or program. Reviewed the unique nature of the program as a harm-reduction, no barrier form of SUD treatment. This program will be a community wide program that anyone can access, there is no benefit to refer internally. The staff will be able to go out wherever the person may be and it is a "people first" program. Program is designed to develop a relationship with the individual first, then determine a plan for treatment and what the person needs. When the relationship is established, then there can be discussion about treatment options. Treatment is voluntary and there is no length of time for treatment. The only way the person is exited the program is if the individual decides they don't want to be in the program or they are aggressive/violently acting out with program staff. Peer support staff will ideally have lived experience and will vary from area to area depending on the clientele they serve. Program is looking to partner with marginalized populations and want everyone with experience who have not been brought to the table in the past to come to the table. Program will not be in competition with other programs in the area because it is different than other programs that are in the community currently. No age range for participation in the program, age of consent is 13. Will keep the group updated on the status of the program and what agencies are awarded the contacts and who to make referrals to. There will need to be a Policy and Coordinating group that will be attached to the program and will eventually include a multi-disciplinary team including marginalized populations and groups which will address the program and make any changes that might be needed.</i></p>
Meeting topic submission process	<p>Meredith Piehowski <i>Reviewed ways to submit ideas for meeting topics and ideas via the survey monkey that is attached to the agenda as well as located in the chat box, and via email as well.</i></p>
WISE data	<p>Matthew Kuempel and Paul Davis https://fortress.wa.gov/hca/wisebhasreports/GreaterColumbia.html <i>Matthew and Paul reviewed most recent data which was from 2020. Discussed that during this time period, needs went down, but strengths did not go up, which breaks with the usual trend of needs going down and strengths going up. Discussed the potential effects of COVID on the data. Strengths continued to go down these past few months. Strengths have continued to go down which could be an indication that people are still struggling due to COVID. Paul explained that spiritual, religious and community connection strengths did go up which is encouraging. Group discussed several hypothesis for why we are seeing these</i></p>

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	<p>trends. Discussed how COVID may have impacted people during this time. Paul reports that COVID has been the only time when strengths decrease. Discussed the difference between natural supports versus family supports. Data collected from WISE is available more quickly than data from other sources and Paul discussed the unique opportunity we have to analyze data that is so recently gathered.</p>
CLIP update	<p>Meredith Piehowski Meredith provided an update on CLIP. Meredith reports that there is funding for a new CLIP facility that will be serving individuals on the Autism spectrum and they are hoping to have that facility open in July (12-16 beds). Paul indicated that they are still looking for a building to use. Child study is also opening another cottage as well that will have 18 beds. Pearl Street is adding beds and Sunstone at Navos will no longer be a CLIP provider. Encouraged group to look at additional information on TCFI and COPE project that is also located on the agenda in a link below.</p>
Training information	<p>Meredith Piehowski WSCC Training notification Meredith encouraged the group to review the flyers on the agenda that discuss the WSCC training for SUD Navigators. The training is for parents, family members, and caregivers who are interested in learning how to support their loved ones who have a substance use disorder. More information is in the links provided below.</p>
Roundtable Closing Announcements and Evaluation (5 minutes)	<p>Jill Mulhausen Due to time constraints, Jill requested those individuals who have something they want to share with the group that they would normally share during the roundtable put that information into the chat so others can access the information as needed. Your FYSPRT meeting evaluation is available at this link:</p> <p style="text-align: center;">https://www.surveymonkey.com/r/HZ33NGG</p> <p>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated! Remember to submit your meeting ideas and gift card requests!</p>
Regional FYSPRT meeting dates	<p>Meredith Piehowski Asked everyone to note the new day and date of the next meeting that had to be changed due to Veteran's Day and the State FYSPRT meeting. Also there will be new sign in information and the information will also be updated on our website. Wednesday November 17, 2021-- **Note schedule change due to Veterans Day and State FYSPRT Meeting NEW Meeting Sign-in Information!!! https://us06web.zoom.us/j/3761234588 Meeting ID: 376 123 4588 One tap mobile</p>

AGENDA
Southeast Washington Regional FYSPRT
10/14/2021 3:30-5:00 p.m.
Location - ZOOM PHONE-IN ONLY

	<p>+12532158782,,3761234588# US (Tacoma) +13462487799,,3761234588# US (Houston) Meeting ID: 376 123 4588 Find your local number: https://us06web.zoom.us/j/3761234588 December 9, 2021 January 13, 2022</p>
State FYSPRT meeting dates	<p>Thursday November 18, 3:00-5:00pm via ZOOM Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p>

Additional hand-outs/materials/links

Job Notice:

The Prenatal to 25 Lifespan Behavioral Health Section (P-25 section) within Division of Behavioral Health and Recovery (DBHR) at HCA is currently recruiting for a Youth Liaison position, which is a contracted position with Washington State University (WSU). Even though this is a contracted position, it is embedded within the P-25 section. The ideal candidate will be someone who has had lived behavioral health (mental health or substance use) experience as a transition age youth (between 16 to 27 years old) and meets the other listed criteria.

https://wsu.wd5.myworkdayjobs.com/en-US/WSU_Jobs/job/Youth-Liaison_R-2834

COPE Project link:

<https://www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project>



Family Navigator
Flyer - FYSPRT No D



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Treatment Foster
Care Initiative TFCI

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Agenda Items	
Agenda Items	Discussion & Notes
<p>Welcome & Introductions (10 minutes)</p>	<p>Youth Tri-lead Baltazar Torres On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner into the chat box. This will help with attendance and with the gift card drawing. Thank you! <i>Tri-Lead Jill and Tri-Lead Baltazar lead introductions and ice breaker.</i></p>
<p>Meeting Minutes (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen Review of meeting minutes from October 14, 2021 Motion made by: _Jeanette _____ Seconded by: ___Baltazar _____ Did the vote carry? YES <i>Jill Mulhausen reviewed the minutes from the October meeting. Meeting minutes were passed without amendments.</i></p>
<p>Telebehavioral Health “best practices” study (5 minutes)</p>	<p>Meredith Piehowski https://qaz1.az1.qualtrics.com/jfe/form/SV_3fRH8sAc35vdt42 <i>Meredith discussed a study through the University of Washington regarding telebehavioral health services in WA state. The study will be a 2 year long evaluation/information gathering process to develop guidance for telebehavioral health. The first stage will include individual’s opinions about telebehavioral health, pros, cons and concerns. After mapping the concerns the team will work with various individuals/groups to develop a more thorough research plan. The project is intended to inform possible future investments in building telehealth infrastructure and/or policies for children’s mental health services in WA state. Asked participants to complete survey and contact FYSPRT convener if there was interest in more information about the study.</i></p>
<p>Educational Ombuds Presentation (40 minutes)</p>	<p>Danielle Eidenberg <i>Education Ombuds provides services to students enrolled in public, charter, and tribal schools across the state of WA. They can provide resources and referrals to anyone that contacts them, but provides additional supports and services for individuals who</i></p>

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	<p><i>are identified as a part of their strategic plan (priority populations). Ombuds can work with a student or family for up to 4 months. Ombuds spend most of their time listening to concerns that are shared and try to address concerns through collaborative problem solving, facilitative conversations, and sometimes they provide navigation help. Can work directly with parents, can work with parents and students, and with the students and the school. Referrals can be made by students, parent/guardian, and community professionals. The work can also work with the family or community health provider in a consultation role. Ombuds will take students mental health into consideration and what is best for all parties involved when assisting and developing plans. They are an impartial 3rd party. Ombuds can assist with a variety of issues including bullying/harassment, intimidation, school avoidance, anxiety, discriminatory complaints. Ombuds will help create a safety plan. There are many resources on the website and many of the resources are available in multiple languages. Danielle provided some information and shared some of the various materials available on the website. Ombuds can also address issues within the school district such as racism and discrimination and have had positive feedback in their efforts to create a more cohesive and unified school community. Currently there is an increase of discriminatory issues and complaints that they are hearing about and addressing. Had a question and answer session. Provided information on contact information and ways to contact Education Ombuds for referrals or services. Discussed current concerns with districts in particular with LGBTQ students and how the Education Ombuds can work with the districts on behalf a student(s) to resolve an issue(s) with the district particularly regarding issues of discrimination, etc.</i></p>
<p>Gift Card drawing (5 minutes)</p>	<p>Baltazar Torres Gift card drawing Contact Meredith at meredithp@gcbh.org for mail options if you win! <i>Due to composition of meeting members, it was decided that 2 FYSPRT attendees would be drawn this month for gift cards (excluding the GCBH ASO staff). A policy regarding giving gift card eligibility will be reviewed by the Tri-leads and then presented at the next FYSPRT meeting for approval. My Thai and Katie Z won the gift cards this month. Congratulations!</i></p>
<p>Tri-Lead Application (5 minutes)</p>	<p>Tri-Leads  FYSPRT Tri-Lead Application 11.12.20 <i>Tri-Leads discussed the search for Co-Tri Leads and where the applications can be found.</i></p>
<p>Roundtable Discussion (15 minutes)</p>	<p>All members <i>Meredith – Informed group that crisis cards have been updated, will be printed and can contact FYSPRT, Cameron at GCBH ASO or Kirk at Benton Franklin Health Coalition if they want cards, also available in Spanish as well Jeanette – Discussed involvement in CPC training and training specifically for youth and youth in juvenile justice facility Cameron – SUD program was approved by the state and will update when the provider contracts have been assigned Rikki – 3 Rivers Therapy added WISe team and Peer Counselors and are implementing a “WISe like” model for individuals that will provide peer services, outreach, support to families outside of the Medicaid population. Discussed equal access and new Crisis Stabilization Center that is currently being built. Interested in feedback and community needs and want to fill gaps in services where we can. Discussed triage process for new patients and referrals and crisis services that are available. Cindy – Ombuds update, upcoming Ombuds Connect meeting, several complicated cases that are being worked on, new state Ombuds office will be in effect in October 2022.</i></p>

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11/17/2021 3:30-5:00 p.m.

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	<i>Jill – Several openings at Phoenix at this time, understanding of all mental health conditions, able to do therapy after school</i>
Closing Announcements and Evaluation (5 minutes)	Tri-Leads Your FYSPRT meeting evaluation is available at this link: https://www.surveymonkey.com/r/RDZT3PZ <i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to the State, and are much appreciated!</i> <i>Asked participants to complete survey monkey. No state meeting this month. Promoted looking for Co Tri-leads.</i>
Regional FYSPRT meeting dates	December 9, 2021 – Presentation by SPARK January 13 th , 2022 February 10, 2022 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	November meeting is cancelled and has not been rescheduled at this time. Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

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Additional Information/Links:

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AGENDA
Southeast Washington Regional FYSPRT
12/9/2021 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

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Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (10 minutes)</p>	<p>System Tri-Lead Jill Mulhausen On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance. <i>Jill reviewed the purpose, mission, vision and ground rules for our meeting. Jill leads the group in introductions including name, agency or organization and if you are a system, family or youth partner. Lead group in icebreaker to get meeting started.</i></p>		
<p>Meeting Minutes (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen Review of meeting minutes from November 17, 2021 Motion made by: <u> Kaila Epperly </u> Seconded by: <u> Jeanette Barnes </u> Did the vote carry? YES <i>Jill reviewed the meeting minutes for the month of November. Minutes were reviewed with no changes or additions and a motion was made to approve the minutes. Minutes were approved as written.</i></p>		
<p>Gift Card Policy review and discussion (10 minutes)</p>	<p>Meredith Piehowski, Convener Motion made by: <u> Jeanette Barnes </u> Seconded by: <u> Sharon Alfaro </u> Did the vote carry? YES / NO <i>Meredith reviewed the gift card attendance stipend policy and purpose of the policy. Discussed that up to 10 gift cards will be given out per month at this time for those youth and family partners in attendance. Gift card policy is subject to funding available and may be changed depending on the needs of the FYSPRT. Meredith requested approval for the policy and the policy was approved with no amendments or changes. Jill asked FYSPRT members to encourage youth and family who may be interested in attending the meeting to let them know that they will receiving a gift card for attending.</i></p>		

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Southeast Washington Regional FYSPRT

12/9/2021 3:30-5:00 p.m.

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<p>Roundtable Discussion (15 minutes)</p>	<p>ALL MEMBERS Cindy Adams – Stated she would be participating in Tri-City Family Expo and discussed the potential for reaching many people during this event. Kaila Epperly – Lutheran is setting up a shopping experience for their families, sent out 70 Thanksgiving baskets, Saturday is Lutheran night at the hockey game, part of the proceeds go to Lutheran to fund services and events for their families Cameron Fordmeir – contract is in final review for the Recovery Navigator Program, goal to roll out program in March, discussed 1/10th of 1% tax for local mental health services in the area, one of the ideas for the money is a Recovery Center, encouraged group members to get involved in how these services Theresa Malley – lost multiple staff due to the COVID mandate, Kids in Care program is accepting donations and almost all 350 kids in care get sponsored annually during the holiday Brittany Aguilar – ESD has 7 new grant positions including behavioral health advocate, coordinator and SAPs, SAP will be able to focus on both substance use and mental health promotion Katie Toth – Busy with meeting with families and trying to make sure they have what they need for the upcoming holiday season Meredith Piehowski – Participating in Tri City Family Expo and requested volunteers, 3 Rivers Therapy is presenting in January</p>
<p>Special Holiday Gift Card drawing (5 minutes)</p>	<p>Meredith Piehowski, Convener & Jill Mulhausen Winner of Walmart cards – Sharon “Chapi” and Heather McCollom Winner of Target cards – Sully Gama and Brittany Aguilar Everyone at the meeting that wants to participate in the holiday drawing put name in the chat! 4 people will be drawn (Excluding GCBH ASO staff) Contact Meredith at meredithp@gcbh.org for pick up/drop off/mail options if you win! (Family Partners and Youth Partners are eligible to get their regular gift card as well as participate in the special holiday drawing.) Happy Holidays!!!!</p>
<p>SPARK Presentation (30 minutes)</p>	<p>Carolyn Cox and SPARK Team Due to technical issues, the round table discussion was held before the presentation. Carolyn, Maria and Jasmine discussed the SPARK program and it’s original vision was that it was to be run by the youth. Mari Nunez will be the Executive Director for the Spark Peer Learning Center and Tobias Reed will be the Assistant Director. There will also be a licensed therapist joining the team in January. Muhammad will also be a certified peer counselor and a trainer as well. DCYF partnered with them to continue to do the SPARK program while in JR and will come out with their certificate and be able to meet with agencies to be able to become employed. Jasmine will be leading the school program with youth peers in the Pasco school district with New Horizons. Spark is continuing to grow and facilities are reaching out when someone is being released to make sure that there are services in place and a working plan for them. DCYF is working with Peer Bridger with JR. Discussed the need for youth peers. Continue to work with the WISE Collaborative to talk about the workforce and work with them to send youth to agencies in the region. Discussed that youth are experts in their lives and they know more than adults give them credit for. Spark program will be consultants for the Transition Age Youth Program with the HCA and how we can work with that underserved population differently. Mari discussed starting a youth podcast at SPARK called Spark Presents No Cap. The podcast will be geared toward discussing their experiences in the</p>

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	<p><i>SPARK program and being honest and sharing experiences purely. Jasmine will also begin a SPARK newsletter in January. Upcoming SPAR classes will be released in January. New website will be up in January and youth will be able to register for classes online. Will be able to sign up for individual classes if they can't attend group class times. Allowed group members to ask questions. Training from WSU regarding talking with youth about addiction and substance use disorders. Will be able to do trainings and engagements in the community. Discussed the importance of talking with youth about substance use issues.</i></p>
Upcoming Event(s)	<p>Tri-City Family Expo January 28th and 29th Happy Holidays! Stay safe and healthy, see you in 2022!!!!</p>
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation is available at this link: https://www.surveymonkey.com/r/PLRX67D</p> <p><i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to the State, and are much appreciated!</i></p> <p>For all Youth and Family Partners, please put your contact info in the chat so I can reach out about gift cards for attendance</p> <p><i>Reminder to fill out the survey and that any family and youth partners present will be getting a gift card as well. Promoted becoming Co Tri-leads.</i></p>
Regional FYSPRT meeting dates	<p>January 13th, 2022 – Presentation by 3 Rivers Therapy February 10, 2022 March 10, 2022</p> <p>Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>November meeting cancelled, next meeting not yet scheduled Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i></p>

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