



Rabbi Daniel Polish

Cantor Gail Sirschenfang

President Lindsey Turner

Vol. 17 No. 4

ebruary 2019عی

Services held at the Freedom Plains United Presbyterian Church Route 55 and Stringham Road, LaGrange

FEBRUARY CALENDAR Online at www.shir-chadash.org

- 1 Kabbalat Shabbat 7:30pm
- 2 Sharing Shabbat 9:00am
- 8 Kabbalat Shabbat 7:30pm
- 9 Sharing Shabbat 9:00am
- 11 Board Meeting 7:00pm
- 15 Kabbalat Shabbat 7:30pm
- 22 Kabbalat Shabbat 7:30pm
- 23 Yes!! Line Dancing is coming to Shir Chadash! 7:00pm

Looking Ahead

3/15 Family Purim Celebration 6:30pm Bring pasta to shake and donate!!

- 3/17 Rosh Chodesh
- 3/29 Shabbaton -31 Weekemd
- 4/7 Annual Concert THE MACCABEATS 4:30pm



From the Desk of Rabbi Daniel Polish

Looking Back and Looking Ahead

Looking back at the year 2018, I was stuck by the fact that last year we lost three great Jewish authors. Thinking about them it occurred to me that each of them wrote an important book about living through a significant historical moment. The Israeli author, Aharon Applefeld, wrote the powerful novel, <u>Baddenheim 1939</u>, which

creates such a vivid sense of what it was like to be a Jew in Germany as the terrible future was beginning to unfold. He never mentions what would be coming next; but the reader, who has the benefit of hindsight, is given the discomforting sense living through this period of impending tragedy. Through Applefeld's eyes we, the reader, get to experience viscerally what that fateful moment felt like.

Philip Roth's novel, <u>The Plot Against America</u>, weaves a captivating account of living through a fictional similar moment in America. He imagines the day to day lives of American Jews in the midst of the ascent to power of the anti-Semitic, pro-Nazi, Charles Lindbergh. You feel along with his protagonists the sense of being marginalized, and jeopardized. You live with them as they make their decisions and accommodations. You experience being part of a traumatic moment.

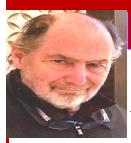
Amos Oz' memoir, <u>A Tale of Love and Darkness</u>, carries us back to his boyhood in British mandate Palestine. Significant events take place around him. But, he being a boy at the time, has only a dim perception of the events themselves and little insight into their implications. He gives us a detailed and evocative sense of what it was like to live in Jerusalem on the brink of statehood and to experience the complexity of all decisions and adjustments people had to make in their daily lives. As with the other two books, he leaves us with a vivid sense of being present in the midst of consequential moments.

The writing of all three of these authors is superb and evocative. They give us insight into different moments of history. But most significantly, they give us a sense of what it is like to live in tumultuous times. This seems especially relevant to me right now. The fact is that we are living through a profoundly consequential moment. We feel the tumult and the disorientation on a daily basis. Reading these authors reminds us to pay close attention to what is taking place around us. How often have we asked ourselves, 'What would it have been like to live through the exodus', or 'what did it feel like in America on the eve of the Civil War.' For better or worse we are given the opportunity to experience the unfolding of deeply significant events. We may not be able to control them. But we can, at least, allow ourselves the experience of steeping ourselves in events that are of the greatest importance.

And, of course, unlike the subjects of <u>Baddenhem 1939</u>, we are blessed with the opportunity to play whatever role we can in moving history forward in a direction that we think is more humane and just. We don't have to consider ourselves passive onlookers. We are given the opportunity to engage. History does not just roll along. It invites us to participate. We may not write powerful books, like these authors. But we can do our part to help write the next chapters of our history.

B'Shalom Rabbi Daniel Polish

A Message from President Lindsey Turner Stronger Together



Dearest Friends,

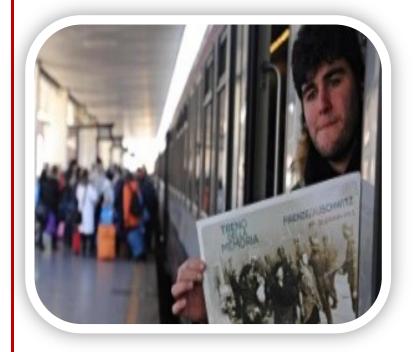
A sunny Shabbat for a Tu B'Shevat Seder with possibilities growing and rising like the sap in the trees

It was a happy time. It always is when we share holidays with each other, but especially when the young folks are with us participating and having fun.

Riva Scheck, who is both an honor and a blessing to us, shared her beautiful voice and directing skills. You could feel Cantor Hirschenfang's pride shining in the room.

What a wonderful Seder we had, all the delicious foods from the trees that we enjoyed, dates, figs, olives, pomegranates and more. Thank you Robbie Schiff for all your work and of course Sue Marcoe, her teachers and ALL the many helpers.

The Maccabeats are coming, have you gotten your tickets yet? This time they are going fast! Thank you Roberta Tracy and your committee for making this happen.



This is kind of a historical note: January 27th, Holocaust Remembrance Day, is celebrated in most of Europe. In Italy, many high school students have the opportunity to board the Train of Memory and to visit Auschwitz. Seeing these young adults and hearing their thoughts evokes a very hopeful wish for Shalom.

"How wonderful it is that nobody need wait a single moment before starting to improve the world." Anne Frank

> B 'Shalom Lindsey Turner

A Smile for Shir Chadash

You can help Shir Chadash when you're shopping on amazon.com? Join the Amazon Smile program - Amazon donates 0.5% of the price of your eligible purchases to the charitable organization of your choice when you shop at smile.amazon.

So start by going to <u>smile.amazon.com</u> and when prompted, type in Shir Chadash as the worthy cause you'd like to support. Then choose the one in LaGrange NY because that's us!





A Message from Sue Marcoe Education Enrichment Coordinator

EXCITING THINGS HAPPENING IN RELIGIOUS SCHOOL:

I can't believe that it is February already. The school year is just going so quickly. Our youngest students, Shawn and Jacob, under the guidance of Andrew Scheck, have been studying Tzedakah and determining ways of contributing to help others. They also looked at the relationship between **Tzedakah** and Tu B'Shevat, the New Year of the Trees. They realized that this holiday is no longer just about the trees but finding ways to help the Earth by recycling and reusing materials. This will easily tie into this month's lessons, **Tikkun Olam**, repairing the world.

Our older students continue their study of Jewish history. Rochelle's class, assisted by Sadie and Ashley, is using "Building Jewish Identity 4: Jewish **History and Heritage**," Each week Rochelle's students walk through a "Time Machine" to see new pictures on their time line. They use their books to help them see what was going on during that period of time. And then they work through some of the activities in the book, giving them questions to think about and discuss, before once more walking through the time machine to return to the present and Kiddish downstairs.

Grace's class is using "**Jewish History Observer**," a set of 4 booklets. Designed as newspapers, these booklets have various activities which encourage the students to think about how various events effected changes in the lives of the Jews. Grace sends her students a new Headline before each class so that they can begin thinking about their upcoming lesson and develop some ideas before even entering the classroom.

In addition, these students are designing their own time line of Jewish history from 2000 BCE to the present, complete with pictures.

New things are happening all the time in our Religious School. If your child(ren) has/have not tried our school yet, we welcome you to bring them to participate in a class at no charge on one of our Sharing Shabbat days. Upcoming dates are February 2nd, February 9th, or March 2nd.

B'Shalom, Sue Marcoe Religious School Coordinator <u>sfmarcoe@gmail.com</u>

845-723-4045

P.S. Parents please bring your children early for Bagel Time (**8:45 before class in the old building**). School begins at 9 a.m. Unfortunately no food is allowed in the classrooms. Students can finish their breakfast or get a nosh at Kiddush at 10:30am before services. Class time upstairs will be short, so come early for breakfast and time to socialize. What is important to you becomes important to your children.

Oneg and Bagel Break Hosts

Friday, February, 1 Saturday, February 2 Friday, February 8 Saturday, February 9 Friday, February 15 Friday, February 22 David and Katharine Karten Dana and Chris Zivica Marion and Irwin Goldberg Nicky and Lindsey Turner Jackie and Stuart Levine Jane Freeman Moore



Oneg Coordinators: Suzanne Neil suzanneneil@mac.com 845-559-3123 Wendy Bill bills1989@msn.com 845-227-7236 Sharing Shabbat Bagel Organizer: Sara Rothman 845-223-5925



Line Dancing is coming to Congregation Shir Chadash!!

1168 Route 55, Lagrangeville

Saturday, February 23rd, 2019

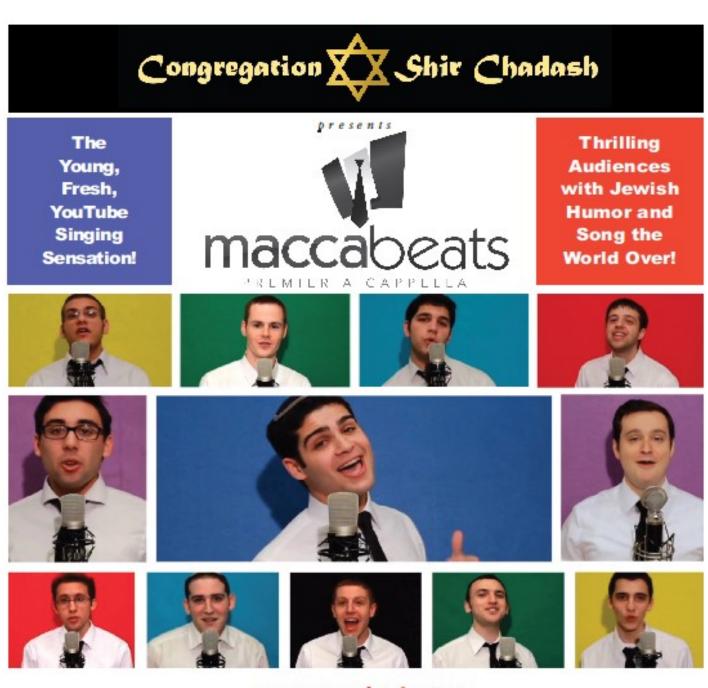
Aisha and Colleen will be teaching simple dances for beginners and there will also be other songs and dances for those line dancers who are more advanced No experience necessary and no partner needed. Come and have some fun!

7:00-9:00pm \$10 per person Free Refreshment Raffles and 50/50 Fun for all ages

For more information or reserve tickets call Sue Marcoe, 845-723-4045

http://www.shir-chadash.org





www.maccabeats.com

SUNDAY • APRIL 7 2019 • 4 PM

AT CONGREGATION SHIR CHADASH 1168 ROUTE 55 LAGRANGEVILLE, NY 12540

TICKETS: ADULTS: IN ADVANCE: \$32 • AT DOOR: \$40 STUDENTS/CHILDREN: IN ADVANCE: \$20 • AT DOOR: \$25 845-232-1029 • info@Shir-Chadash.org PayPal and Major Credit Cards accepted online • www.shir-chadash.org

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Congregation Shir Chadash presents: The Maccabeats!



Sunday April 7, at 4pm (reception following the concert) Shir Chadash 1168 Route 55, Lagrangeville, NY 12540

AD RATES

Concert Sponsor	\$2500	Full page, recognition in all publicity, 4 tickets and a <i>Thank you</i> on concert night
Underwriter	\$1000	Full page, 2 tickets and a Thank you on concert night
Inside Front or Back Cover	\$650	8.0" high x 5.0" wide
Full Page**	\$350	8.0" high x 5.0" wide
Half Page**	\$180	4.0" high x 5.0" wide
Third Page	\$100	2.6" high x 5.0" wide
Business Card	\$50	1.5" high x 2.5" wide
Congratulations	\$25	Not available for business

Company Name & contact person_

Contact email & phone

Make out check to "Congregation Shir Chadash" and mail to: Michael Rothman, 6 Tower Road, Hopewell Junction, NY 12533. Email ad copy (jpg preferred) to: <u>mirothman@earthlink.net</u>. You may also send paper ad copy or business card (please no staples) to the above address.

DEADLINE ad copy must be submitted by April 1st DEADLINE

** Special Incentive to those purchasing half or full-page ads - for an additional \$250 you get fifty more ads. We will put a business card sized ad in our monthly newsletter and a link to your web page in our weekly emails for a full year!

www.shir-chadash.org

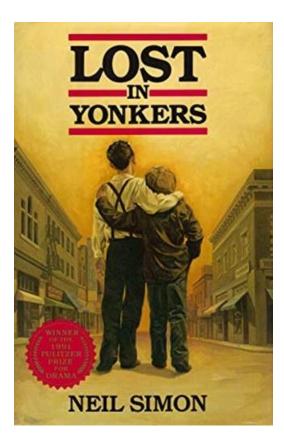
Phone 845-232-1029

Tax ID# 14-1824163

Calling All Readers— Pot Luck Brunch & Discussion 10:30am—12:30pm

Date and Location TBD

Winner of the 1991 Pulitzer Prize and Tony Award



"By America's great comic playwright, this memory play is set in a Yonkers in 1942. The hit Broadway production featured Irene Worth, Mercedes Ruehl and Kevin Spacey in award-winning performances. Bella, is 35-years-old, mentally challenged and living at home with her mother, stern Grandma Kurnitz . As the play opens, ne' r- do-well son Eddie deposits his two young sons on the old lady's doorstep. He is financially strapped and taking to the road as a salesman. The boys are left to contend with Grandma, with Bella and her secret romance, and with Louie, her brother, a small-time hood in a strange new world called Yonkers."

"The best play Simon ever wrote."-New York Post

"Broadway desperately needs a comedy, a drama, and a hit. With Lost in Yonkers, Mr. Simon has given us all three."-Wall Street Journal

"One of Simon's most impressive and funniest plays."-New York Daily News

"Laughter and tears have come together in a new emotional truth. There are moments in this play when you experience a new kind of laughter for Simon, a silent laughter that doesn't explode into a yuk but implodes straight into your heart."-Newsweek





Ch'kn Noodle Soup

Enjoy the flavor and comfort of Bubbe's chicken noodle soup - no chicken required. I made this for TuB'Shevat, it was enjoyed and the recipe asked for - so here it is. Now this is not exact, but enough info for you to make a delicious, steaming pot. It is vegan and Gluten Free and low-fat. Use a 4 quart pot - Recipe can be doubled in a larger pot.

1 yellow onion and 1/2 red onion

2 celery stalks, use the leaves too

2 carrots

1/2 package Nasoya Super Firm tofu*

2 Tablespoons Better Than Bullion No Chicken Base

2 teaspoons poultry seasoning 1 teaspoon dill

1 Tablespoon soy sauce

1/3 cup white wine

1 Tablespoon olive oil

6 ounces Pad Thai noodles (the flat ones that look like linguini - you can usually find some made with brown rice, but either is OK)

Half of a 5 ounce box of baby kale, spinach or Power Greens

First prepare the tofu. The Super firm does not need to be pressed as do the firm and the extra firm. I found it at Tops.

Cut the tofu into small cubes. Mix soy sauce, white wine and poultry seasoning together in a container with a cover ((best to use something you can turn and shake a bit) Add the poultry seasoning. I mixed two kinds, Emeril's and Bell's. McCormick also makes one as do some other companies. If what you have is old you get best results with a fresh box or jar. You could just use one kind, but I saw they each had somewhat different ingredients, so used two kinds.

Add the cubes, turn several times to mix well and allow to marinate overnight or at least three hours. When ready to start, fill the pot about 2/3 full and bring to a simmer, add the No Chicken base. You may need to get this at a Health Food Store, or you could use vegetable bullion cubes.

Heat up a heavy skillet, add the onions and some salt. 'Water saute' by adding small amounts of water at a time, stir frequently; when somewhat brown, add to the pot.

Now add 1 Tablespoon olive oil to the skillet, let it heat up but not smoke and add the tofu cubes. Let them brown for about four minutes without stirring, then turn as many as you can so that the other side will brown. You can't get them all when using small cubes, but enough of them should be brown on two sided for a good flavor.

Add cubes to the pot along with sliced carrots and celery and the dill. Taste after about 15 minutes, add more poultry seasoning if desired. Simmer another 15 minutes and then add the noodles.

The noodles will cook right in the soup in a few minutes. If the ones you have are very long, break in half. Add the greens at this time; simmer until the noodles are done and enjoy! (If you like some parsley in soup, add some, as I said this is not an exact recipe)

*If you do not want to use tofu, then add the poultry seasonings and the soy sauce and white wine directly to the pot. You many want to add another vegetable, maybe cubed turnip or parsnip

All this may sound like a lot of work, but once you have done it, it goes fast. Happy to answer questions; hvvegans@gmail.com or 845.380.2200

Robbie Schiff

Kudos to Roberta Schiff!

Robbie was featured in the December 2018 edition of Living Rhinebeck, a magazine for the Rhinebeck, Rhinecliff, Red Hook, Milan, Staatsburg, and Tivoli area communities. The article, "Hudson Valley Vegans," is by Marybeth Cale-check it out!





My name is Mason Moskowitz and I am a member of Shir Chadash of the Hudson Valley, and a junior at Spackenkill High School. I am also a saber fencer and have been chosen to represent Team USA at the 2019 European Maccabi Games. These are the 11th European Games, being held in Budapest, Hungary. The Games are being held over a week and a half this summer with over 200 athletes from the US competing with Jewish athletes from over a dozen counties.

I am very excited to be a part of these games for many reasons. I will have the opportunity to celebrate Shabbat in the Dohány Street Synagogue and will visit the Holocaust memorial, the Jewish Museum, and Shoes on the Danube.

While I have been competing at the National level as a fencer, this will be my first opportunity to compete at the international level. I am thrilled to represent Team USA as a Jewish athlete, competing against other Jewish athletes from all over the world.

While I am there I will not only be representing my country, but also my family and my temple. Being part of Shir Chadash has shaped who I am as a Jewish young adult and I am thankful for everything the congregation has given to me over the past many years. If you would like to support me on this journey to the Maccabi Games you can do so at the following link,

http://support.maccabiusa.com/goto/masonm

Thank you for your love and support. ~Mason



February Torah Readings

February 1 and 2 <u>Mishpatim</u> Exodus 21:1-24:18 D'var Torah Lisa Roth

February 8 and 9 <u>Terumah</u> Exodus 25:1-27:19 D'var Torah Lori Dritz February 15 and 16 <u>Tetzaveh</u> Exodus 27:20-30:10

February 22and 23 <u>Ki Tisa</u> Exodus 30:11-34:35



February Yahrzeits*

Friday, February 1, 2019 Friday, February 1, 2019 Friday, February 1, 2019 Friday, February 8, 2019 Friday, February 8, 2019 Friday, February 8, 2019 Friday, February 15, 2019 Jerry Zuckerman Tillie Herschbein Morris Roth Esther Roth Bernard Herschbein Sergie Joseph Blatt Dorris Lang Jeanette Shapiro Gina Peluse Meyer Saranga Diane Pollock Father Grandmother Father Mother Sister Mother Father Father Mother Mother Daniel Zuckerman Steve Herschbein Sara Rothman Rochelle Bellach Steve Herschbein Roberta Schiff Lois Lang Beth Herschbein Joe Bertolozzi Sandy Lash Ken Pollock

*To update your Yahrzeit list, please complete the on-line form on our website <u>www.shir-chadash.org</u>

IN SUPPORT OF SHIR CHADASH

Donations to Shir Chadash are a wonderful way to honor the memory of a loved one, honor a friend or celebrate a simcha while supporting the Congregation. We have the "General Fund", the "Building Fund", the "Clergy's Discretionary Fund", the Adult B'nai Mitzvah Scholarship Fund, the Morse and Social Action Projects and the Sy Hirschenfang Scholar-in-Residence Fund. We will accept donations to any of our funds. The General Fund always needs your help to fund all our wonderful programs. Please send your donations to our Treasurer: Jim Thrasher, 31 Timberline Drive Poughkeepsie, New York 12603 or on our website; <u>www.shir-chadash.org</u>. The donation tab is on the home page and please remember to complete the message box.

Lois Lang **in memory** of her grandfather, Benjamin Gottesman Lois Lang **in memory** of her aunt, Betty Gottesman Miriam and Burt Gold **in honor** of the Congregation for the secular New Year Lisa and Marc Kerchman **in memory** of Janet Kerchman Alan and Gail Gamble, **in honor** of the family of Jeffrey Gamble Lisa and Marc Kerchman, **in memory** of Gladys Pine, Aunt of Stuart Bill Rochelle and David Bellach **in honor** of Grace Bass' big birthday Sadie Herschbein **in appreciation** of Sara and Michael Rothman Sue Marcoe **jn** honor of **our religious school students** for leading us in prayer Sue Marcoe **in memory** of Sol Dritz, father of Ron Dritz Sue Marcoe **in honor** of Gladys Pine, Aunt of Stuart Bill Wendy and Stuart Bill **in appreciation** of the Shir Chadash extended family Wendy Bill **in honor** of Riva Scheck Sandy and Jeff Lash **in memory** of Meyer Saranga, Sandy's father Sandy and Jeff Lash **in appreciation** of Nicky and Lindsey Turner





brings you "a new song" Calendar 5779 (2018-2019)

Kabbalat Shabbat Services start Friday evening September 7th at 7:30pm Sharing Shabbat starts Saturday morning, September 8th at 9:00am

> All are welcome! Saturday Morning Sharing Shabbat 9:00 am

September 8 and 22 October 6 and 20 November 3 and 17 December 1 and 15 January 5 and 19 February 2 and 9 March 2 and 23 April 6 and 27 May 4 and 18

Saturday, September 1st Selichot Joint Celebration at Shir Chadash 8:00pm Sunday, September 9th Erev Rosh Hashanah 8:00pm Monday, September 10th Rosh Hashanah 10:00am Family Rosh Hashanah Celebration Service 3:00pm Tuesday, September 18th Kol Nidre 8:00pm Wednesday, September 19th Yom Kippur 10:00am What Brings us Together: A Discussion with Rev. Paul Lent; Moderated by Rabbi Polish 12:30pm Yom Kippur Family Service 2:00pm Yom Kippur Afternoon/Yizkor/Concluding Services from 3:00pm to BreakFast Sunday, September 23rd A Booth-Day Party for Sukkot- PJ Library Event 2:00pm Sunday, September 23rd Sukkah Building and Family BBQ and Service, 3:00pm Friday, September 28th Family Simchat Torah Shabbat 6:30pm Saturday, October 6th Bat Mitzvah Sadie Krueger 10:30am Saturday, October 20th Bar Mitzvah Zachary Wogalter 10:30am Sunday, November 18th Interfaith Thanksgiving Service 5:30pm Friday, December 7th "Light Up the Night" Family Chanukah Service 6:30pm Saturday, January 19th Tu B'Shevat Seder 11:30am FRIDAY, MARCH 15TH PURIM CELEBRATION 6:30PM Saturday, March 23rd Bar Mitzvah Ryan Freedman 10:30am Friday, April 5 Joint with Temple Beth El at Shir Chadash Irvit Grades 5-7 leading service Friday, April 20th No Services – First Passover Seder Friday, April 26 with Temple Beth El at Temple Beth El Irvit Grades 3 and 4 leading service Friday, May 3rd Yom HaShoah Shabbat 7:30pm Saturday, May 4th Bat Mitzvah Lia Malley 10:30am Friday, May 10th Yom Haastmaut Shabbat 7:30pm Saturday, May 18th Bat Mitzvah Samantha Rubinstein 10:30am Saturday, June 8th Tikkun Leyl Shavuot – Time TBD Friday, May 31st Honoring Our Teachers at 7:30pm Friday, June 14th Board Installation at 7:30pm



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					¹ Kabbalat Shabbat 7:30pm	2 Sharing Shabbat 9:00am
SUPER BOWL	4	5	6	7	8 Kabbalat Shabbat 7:30pm	9 Sharing Shabbat 9:00am
10	¹¹ Board Meeting 7:00pm FPUPC	12	13		¹⁵ Kabbalat Shabbat 7:30pm	16
17	HAPPY PRESIDENTS DAY!	19	20	21	22 Kabbalat Shabbat 7:30pm	23 Line Dancing 7:00pm - 9:00pm
24	25	26	27	28		