

	ARIEL	SAVANNAH	MAGALI	
3:30	MYSKILLCHART			3:30
3:45		MYSKILLCHART	MYSKILLCHART	3:45
3:55				3:55
4:00	Level 1 FUN WU			4:00
4:05				
4:10	BARS	Level 3 Warm Up - FLOOR 3	Level 3 Warm Up - FLOOR 3	4:10
4:15				4:15
4:20		BEAM/VAULT	BEAM/VAULT	4:20
4:25	FLOOR			4:25
4:30				4:30
4:35		FLOOR	FLOOR	4:35
4:40	BEAM/VAULT			4:40
4:45				4:45
4:50		BARS1	BARS1	4:50
4:55				4:55
5:00	Tumbling 2 WU - FLOOR 1			5:00
5:05				5:05
5:10		FLOOR 3- TUMBLING 2	LEVEL 2 -WU	5:10
5:15	Super Stars - FLOOR 2			5:15
5:20		Tumbling		5:20
5:25	Bars		Floor	5:25
5:30				5:30
5:35	Vault/Beam			5:35
5:40			Beam/Vault	5:40
5:45	Floor	Trampoline		5:45
5:50				5:50
5:55			BARS 2	5:55
6:00	LEVEL 4 GYMNASTICS			6:00
6:05				6:05
6:10	LEVEL 2	Jr. Gym FUN WU -		6:10
6:15			LEVEL 4 - Bars	6:15
6:20	BARS	Vault/Beam		6:20
6:25				6:25
6:30				6:30
6:35	FLOOR 1	Bars	Vault/Beam	6:35
6:40				6:40
6:45				6:45
6:50	BEAM/VAULT	Floor		6:50
6:55			Floor	6:55
7:00				7:00
7:05				7:05
7:10				7:10
7:15	LEVEL 3 - FLOOR 2	LEVEL 1 - FLOOR 1	level 4 & 5 gymn	7:15
7:20				7:20
7:25	Floor (near Mirror)	BARS	Vault / Beam	7:25
7:30				7:30
7:35				7:35
7:40	Beam/Vault	Floor (Near Mirror)	BARS	7:40
7:45				7:45
7:50				7:50
7:55	Bars	Vault/Beam		7:55
8:00			Floor (Near Mirror)	8:00
8:05				8:05
8:10				8:10
8:15	CLEAN THE GYM	CLEAN THE GYM		8:15
8:20	CLEAN THE GYM	CLEAN THE GYM	Conditioning	8:20
8:30				8:30