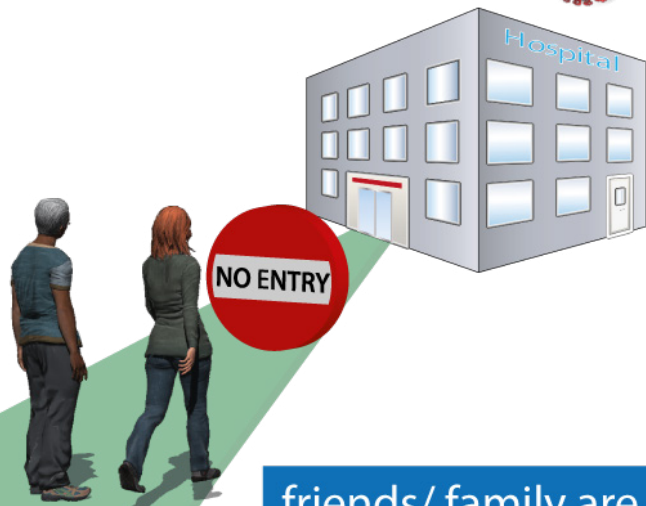


Hello my name is

stick photo here
type or write
name and
profession below

I am a

because of the  virus



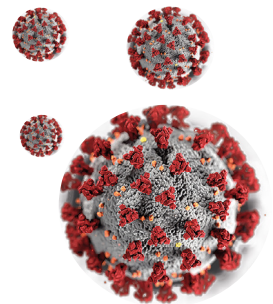
friends/ family are
not allowed
to visit



I am wearing
a mask
to **protect**

YOU and ME

from a new
virus
called
Covid-19

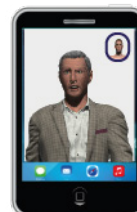


I'm smiling underneath!

We can



Telephone





Video call

friends/ family



How are you?

		
happy	OK	sad
		
frustrated	angry	worried



Cut, laminate and hole punch each card
Tie together with treasury tag/ string
Tuck card in tunic pocket, with name card hanging over top
Or tape name card on to top of PPE