



Come Visit Our Beautiful New Office Suite!

Walk-Ins Welcome

Dr. Perez accepts HMO, PPO, and Medicare

Student, Military, and Service Person Discounts Available

Affordable Monthly Family Plans

Office Hours:

Mon, Tue, Thur
& Friday 9-6
Wednesday 2-6
Saturday 9-2

In Cutter Rock Center:

2065 S. Escondido Blvd, Ste. 105
Escondido, CA 92025
760-690-2227 office

Don't try to tough it out! Call for an appointment NOW!

THINK TWICE BEFORE YOU LOOK DOWN AT YOUR PHONE. Would you hang four bowling balls from your neck? Consider this: Sixty pounds (or about the combined weight of those balls) is the same amount of force exerted when you tilt your head forward at about a 60-degree angle to text or e-mail from your smartphone. For the love and integrity of your cervical spine, raise that phone up to your sight line.

Excerpted from "Secrets Your Body's Trying to Tell You" by Teresa Dumain in Reader's Digest, May 2016.

Always kind, nice and professional. She is such a hard worker. She is willing to work until later hours if you are occupied during normal business hours. Mason S., San Diego

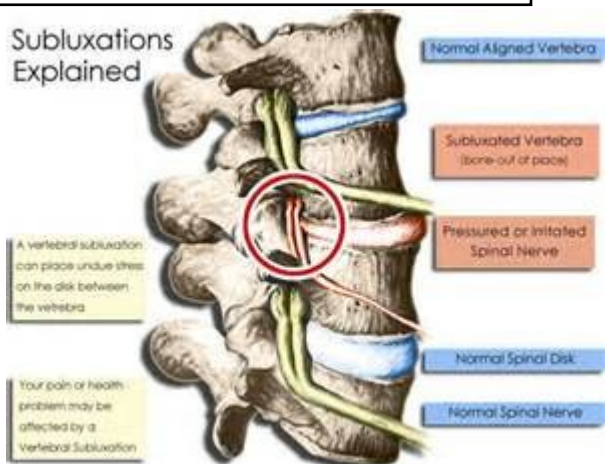
Went to Dr. Perez because my back, neck, and constant headaches were getting worse; so I had a few massages and adjustments and my back and neck feel wonderful, my headaches have disappeared!

Martha Y., San Marcos, CA

MASSAGE THERAPISTS AVAILABLE BY APPOINTMENT

Check out YouTube in EV/**expert village** for:

What does a chiropractor do?



RESPOND BY E-MAIL using the **Subject Line: JUNE16NEWS** for a chance to win this month's **FREE ADJUSTMENT!**

Entries accepted June 1-28, 2016.

One entry per person (must be over 18 and a current or new patient to win). **Winner will be notified by e-mail.**

Schedule an appointment now!