

Woodwind Lakes



It's all right here

August 2020

Volume 9, Issue 8

WOODWIND LAKES YARD OF THE MONTH JULY WINNERS



9202 Brahms Lane



8814 Andante Drive



7811 Adagio Avenue



7918 Sinfonia Drive

CONGRATULATIONS TO EVERYONE

Woodwind Lakes

IMPORTANT CONTACTS

CONSTABLE'S OFFICE

Harris County Pct. 4 Constable's Office.....281-376-3472
.....<http://www.cd4.hctx.net>

BOARD OF DIRECTORS

President..... **Mendi Strendel**
Vice-President.....**Jeffrey Krahn**
Treasurer.....**Robin Sample**
Secretary.....**Kate Weatherford**
Director.....**Darryl Hackfield**

NEWSLETTER AND WEBSITE

Newsletter Editor

Lynn Collins lynn.collins@garygreene.com

Website

"Ask the Board" www.woodwindhoa.com, Contact Us

GROUNDS COMMITTEE

Ann Tatum..... anntatum9203@gmail.com

PAVILION & ADULT POOL

Leigh Allen lallen@grahammanagementhouston.com

FAMILIES OF WWL

Dana Patterson..... greg.dana.patterson@gmail.com

CHRISTMAS COMMITTEE

Terry Buckner terry214@live.com

WOMEN'S CLUB

President: Ann Tatum..... anntatum9203@gmail.com
Vice President: Mindy Guthrie..... cvsups06@yahoo.com
Secretary: Ellen Michaels..... ellenmichaels@earthlink.net
Treasurer: Lynn Collins..... lynn.collins@garygreene.com

OTHER USEFUL NUMBERS

Graham Management

..... graham@grahammanagementhouston.com, 713-334-8000
Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

Association Manager

Leigh Allen..... Lallen@grahammanagementhouston.com

Improvement Application Submittal

..... arc@grahammanagementhouston.com

Call Before You Dig 1-800-DIG-TESS or 1-800-344-8377

Pct. 4 Constable..... 281-376-3472

Street Light Outage..... 713-207-2222

..... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

..... <http://records.txdps.state.tx.us>

DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

UTILITIES

SECTIONS 1, 2, 3

WASTE MGT CUSTOMER SERVICE.....713-686-6666
Trash Pick-up is Monday and Thursday.

Water/Sewer Issues, all Sections: 281-807-9500

M.U.D. #261 BOARD SECTIONS 1, 2 & 3

S. Brady Whittaker (05.12.18) President
..... 713-333-6411
Jason Vanloo (05.14.20) Vice President
..... 281-236-6419
John Oyen (05.14.20) Secretary
..... 713-446-3959
Larry Goldberg (05.12.18) Director
..... 713-824-5499
Milt Dooley (05.14.20) Director
..... 713-858-7303

M.U.D. 261 www.HCMUD261.com

SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

TOPS Water - 281-807-9500

USEFUL LINKS

WL Website..... www.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility.....
..... <http://hcmud261.com/HCMUD261/Index.htm>
Section 4 Utility <http://www.wfud.org/>
Social Media .. https://woodwindlakes.nextdoor.com/news_feed/
Newsletter <http://www.peelinc.com/>
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

ADVERTISING INFO

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn.Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

NEED TIPS FOR MANAGING STRESS DURING A PANDEMIC???



With the recent coronavirus pandemic, the world population has once again been reminded of the potentially devastating effects of pandemics that threaten not just physical health but also our well-being.

There are emotional and social challenges created by pandemic

illnesses. Let's see what we can do to manage the stress, fear, anxiety, hopelessness, loneliness and the psychological challenges that can result from these crises.

Whether we are feeling the stress of social isolation or experiencing anxiety from another cause, consider mindfulness meditation to reset and recharge our emotional battery. We could all benefit from a "meditation break to lower stress." **Let's Get Started With The Following Exercise:**

- Sit in a comfortable chair, rest your feet flat on the floor and point them slightly outward.
- Rest your hands gently on your thighs with your palms facing up.
- Slowly close your eyes.
- Begin taking slow breaths in and out through your nose. Notice the coolness of the air as it enters our nostrils and how it feels warm as we slowly exhale. Let's remain focused on our breath.
- Our mind may naturally wander to random thoughts about various things we need to do or worries we may be having. When we notice that happening, let's gently bring our attention back to the sensation in our nostrils, as the air moves in and out. Please avoid judgment when your mind wanders and know bringing it back is an important element of the relaxation response.
- Feel your body relax as your mind grows peaceful.

Continued on Page 4

Minor Repairs Can Garner Top Dollar

Better Homes and Gardens
REAL ESTATE

GARY GREENE



Imagine you are a buyer looking at your home. What do you think needs repair?

First impressions are key. Taking care of the necessary repairs before putting your home on the market is important to yielding top dollar and ensuring a quick, hassle-free sale. I'd be happy to come by and make some recommendations on how to create an inviting atmosphere.

Please call, text or email me if I can answer any questions or be of any assistance in helping you get top dollar when you are ready to sell.



A 2014, 2015, 2016, 2017, 2018 & 2019
Top Producer

Lynn Collins
REALTOR® | MBA
Woodwind Lakes Resident

281.743.1159

Lynn.Collins@GaryGreene.com
<http://Lynn.Collins.GaryGreene.com>

Woodwind Lakes

Orthotex[®] smile specialists
 Dr. Zane K Haider DMD MS
 Board-Certified Orthodontist / Owner

We're getting better at grinning with our eyes, But straightening smiles is what we do best!

Braces or Invisalign
\$2999
 Free Consultation
 All Insurances Welcome
 \$124 DOWN
 \$125 MONTH FOR BRACES
 Valid through September 30, 2020

TWO LOCATIONS:
 SPRING & CYPRESS
 INFO@ORTHOTEXSMILES.COM
 (281) 937-2540
 WWW.ORTHOTEXSMILES.COM

THANK YOU FOR CHOOSING US AS YOUR NEIGHBORHOOD BOARD-CERTIFIED ORTHODONTISTS!

Continued from Page 5

• Continue for 5-10 minutes, then open your eyes. **Notice how relaxed you feel!!!! We should take this time for ourselves to unwind.**

Like exercise for your body, meditation helps to condition our mind. Though not a cure for chronic emotional and psychological stress disorders, meditation has many extraordinary benefits for mood and overall well-being.

Take Time To Live In The Present:

- We need to get off autopilot so we can slow down.
- Use all our senses. Listening, seeing, tasting, touching, and hearing fully can help us stay grounded in the present moment.
- Keep a gratitude journal. Start by jotting down 3 things we are grateful each day.
- Non-judgment is key to mindfulness. Be forgiving and kind to yourself is the best way to ensure you will come back to the present and continue forward.

Hopefully increased mindfulness will help us sleep better, lower stress levels, decrease loneliness, banish negative feelings, improve attention and help prevent depression relapse. In my humble opinion, it is certainly worth a try!

Take good care and stay safe and well.

Healthy regards,
 Donna Konopka



HARRIS COUNTY CONSTABLE, PRECINCT 4

CONSTABLE MARK HERMAN

"Proudly Serving the Citizens of Precinct 4"

6831 Cypresswood Drive * Spring, Texas 77379 * (281) 376-3472 * www.ConstablePct4.com

CONSTABLE STATS *CONTINUED ON PAGE 5*

Burglary Habitation: 0	Disturbance Juvenile: 0
Theft Vehicle: 0	Suspicious Vehicles: 4
Assault: 0	Phone Harassment: 0
Disturbance Family: 1	Theft Habitation: 0
Alarms: 3	Robbery: 0
Runaways: 0	Criminal Mischief: 0
Burglary Vehicle: 0	Disturbance Other: 1
Theft Other: 0	Suspicious Persons: 2
Sexual Assault: 0	Other Calls: 4

Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	118	0	7	0	0	26	0	3	1060	17
W15	39	32	12	0	0	9	0	0	667	16
TOTAL	157	32	19	0	0	35	0	3	1727	33

(Continued from Page 4)

FAMILY DISTURBANCE:

7700 MELODY CIR- A known male complainant stated that a known female suspect assaulted him. No charges were filed at this time by the investigating officer.

OTHER CALLS:

8000 ENSEMBLE DR- A known female complainant stated that an Estate sales company she hired had not paid or given her documentation for any items sold.

8600 GOLDEN CHORD CIR- A known female stated that she was receiving strange e-mails.

7800 PERCUSSION PLACE- A known female stated that she was assaulted by an ex-boyfriend in the past. The female's parent stated that the incident had occurred a few years back and already been reported.

7700 CADENZA CT- Responded to a Mental Health type call, in reference to a known female juvenile stating she wanted to harm herself.

ALARMS:

- Deputies responded to 3 residential alarms that were all cleared as false or cancelled.
- Deputies responded to a 4 suspicious vehicle calls that were all cleared as GOA or information.
- Deputies responded to 2 suspicious person calls that were all cleared as GOA or information.
- Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.
- Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.
- Deputies responded to 4 other calls within the contract including:
 - Motor Vehicle Accidents
 - Animal Humane
 - Child Custody Disputes
 - Domestic Preventions
 - D.W.I.
 - Follow Up Investigations
 - Information Calls
 - Meet The Officer
 - Lost Found Property
 - Sex Offender Verification
 - Stranded Motorist
 - Traffic Hazard
 - Unknown Medical Emergency
 - Abandoned/Speedin

GRACKLES

They'll eat anything

By Cheryl Conley, TWRC Wildlife Center



We've all been in parking lots where we feel we're being stalked by big black birds just waiting for us to drop a morsel of food. What are they? Ravens, Crows, Grackles? If you said Grackles, you'd be correct.

So how do you tell the difference? Ravens are very large and have a long wedge-shaped tail. They have a thick bill. Their throat looks a little shaggy if you're ever able to get close to one. Their call is deep. Crows are about the size of a chicken. They have smaller beaks and shorter tails that are squared off at the ends. They have a higher-pitched call than Ravens. Grackles are about the size of Robins. They are easily identifiable by their iridescent feathers mostly seen on their heads. They have golden eyes and their call has been compared to the sound of a rusty gate.

There are actually three types of Grackles—Great-tailed Grackle, Common Grackle and the Boat-tailed Grackle. The Common Grackle is found throughout North America, the Boat-tailed Grackle can be found in the southeastern states and the Great-tailed bird is found along the Texas border and into Mexico. What you are seeing in parking lots are mainly Common Grackles.

Grackles are not picky eaters. They'll eat bugs, berries, seeds and just about anything else they can find. They'll wade in water in search of small fish and will even eat leeches off of the legs of turtles. They steal worms from robins, raid the nests of other birds and will even kill and eat other birds. Of course, we all know that they love French fries, cookies and anything else that is dropped in a parking lot or in a trash bin.

Grackles practice a strange behavior known as anting. This involves rubbing ants on their bodies. No one knows exactly why they do this but some scientists believe the ants secrete an acid that kills feather mites. Others believe it has something to do with shedding feathers or molting.

Just like their eating habits, grackles are not very particular when it comes to where they build their nests. Some live and nest in colonies as large as 200 breeding pairs. A female can lay from 4 to 7 eggs in a single season.

Right now, we're in baby bird season. Some birds that are brought to us for care should have been left where they were. If you find a baby bird, please give us a call and let us help you determine if the bird needs help or not. Our website also has some great information on a number of topics. www.twrcwildlifecenter.org 713.468.8972

Woodwind Lakes

At no time will any source be allowed to use The Woodwind Lakes Newsletter contents, or loan said contents, to others in any way, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in The Woodwind Lakes Newsletter is exclusively for the private use of the Woodwind Lakes HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

BUSINESS CLASSIFIED

RAINCO IRRIGATION SPECIALIST: Commercial & Residential. Backflow Testing, Irrigation (Sprinkler) System Service, Maintenance and Repair, Rainbird - Hunter. Fully Insured. License # 9004 & 9226. Call 713-824-5327.

Classified Ads

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.



GO GREEN!

Receive your newsletter in your inbox

FOR DETAILS GO TO WWW.PEELINC.COM
AND CLICK THE "RESIDENTS" TAB

BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Insulation
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Replacement
- Custom Staining
- Custom Texturing
- Wood Replacement
- Interior Carpentry
- Sheet Rock Insulation
- Interior & Exterior Door Replacements
- Stucco Repair
- Wallpaper Removal
- Crown Molding

NO MONEY UP FRONT

30 Years Experience • References Available

Commercial/Residential

~ FREE ESTIMATES ~

BashansPainting@yahoo.com

◆ FULLY INSURED

281-347-6702

281-731-3383



bashanspainting.com
HARDIPLANK®



WIRED GENERATORS

ELECTRICAL SERVICES by WIRED

Residential & Commercial

Family Owned & Operated

713-467-1125

wiredes.com

24/7 Service

Family Owned & Operated

- Panel Upgrade / Replacement
- Additional Plugs and Outlets
- Troubleshooting
- TV Mounting
- Smoke Detectors
- Generators

\$20 OFF

Your Next Service Call!

Not to be combined with any other discount or offer. Expires 9/1/20

10-YEAR WARRANTY

On Air-Cooled Generac Generators

Offered exclusively by Wired!

*Must sign contract by August 31st to receive this warranty, so act fast!





YOUR HEALTH IS STILL IMPORTANT

Seeing your Houston Methodist doctor and staying healthy is smart — and safe.

No matter what's going on in the world, your health matters. And while you may have delayed getting the care you need, maintaining your well-being is vital. We are open and safely seeing patients, and you can be confident we are taking every necessary precaution to keep you safe during your visit, including:



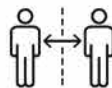
Screening all patients when scheduling appointments and upon arrival.



Implementing enhanced cleaning and sanitizing processes to disinfect all equipment and surfaces.



Wearing masks and other personal protective equipment while providing patient care.



Redesigning waiting rooms and check-in lines to ensure social distancing.

HOUSTON
Methodist[®]
WILLOWBROOK HOSPITAL

Schedule an appointment today.

281.737.2500

houstonmethodist.org/prioritize-health

SKUNKS – Are They Good for Anything?



Actually, yes, they are. For most people, the only thing they know about skunks is that they stink but they are very beneficial to farmers and homeowners. They eat garden and agricultural pests in large numbers. They feed on larvae, worms, fruit, eggs, reptiles, small mammals, bees, wasps and fish.

Texas is home to five species of skunks—the eastern spotted, striped, two types of hog-nosed and the hooded skunk. The hooded skunk is considered a Mexican species and can only be found in a few Texas counties near Mexico. The striped skunk is the most common skunk in North America. It has a white stripe on either side of its back that extends over the head and down the sides of the tail. The spotted skunk can only be found in eastern Texas, the Panhandle and the eastern United States. It gets its name from having a small white spot on its forehead and a spot in front of each ear. The American hog-nosed skunk is the largest skunk in the world. They have one broad white stripe from the top of the head to the base of the tail and a long, bushy white tail. They can be found in southern and central Texas.

The eastern spotted skunk is small and unlike the other species of skunks, its movements are similar to that of the squirrel. They are very active and can even climb trees. Due to threats such as habitat loss, pesticide use and vehicle strikes across the spotted skunk's entire range, the U.S. Fish and Wildlife Service (FWS) is evaluating the species' status and will determine if it should

be listed as threatened or endangered. It plans to make a listing recommendation in 2023.

Skunks are very docile animals and they will warn predators before releasing the oily substance from their anal glands that contains the active ingredient, n-butyl mercaptan. They'll do a little dance, stomp the ground, slap their tail on the ground and may even stand on their back legs. They're giving you fair warning. Once they spray, they are unable to do it again for ten days. If you encounter a skunk, stop immediately and slowly back away.

1. If your pet gets sprayed, here's what the American Kennel Club recommends. It may not completely remove the smell but it'll get rid of most of it.

2. Check the eyes. If affected, flush with cool water or purchase an eye wash from your vet and keep on hand if you live in an area with a high population of skunks.

3. Mix 1 quart of 3% hydrogen peroxide solution (found at any pharmacy or supermarket), 1/4 cup of baking soda and 1 teaspoon of liquid dishwashing soap.

4. Wear rubber gloves and thoroughly wash your pet. Don't leave the solution on too long. You may have to repeat the process.

5. Use a regular pet shampoo and wash your pet again to remove any residual solution.

6. Towel dry your pet.

If you need to wash your clothes, use ½ cup of baking soda with your regular detergent.

DO NOT STORE solution for later use. If kept in a covered container, it can explode. Do not get the solution in your pet's eyes. Don't use a peroxide solution stronger than 3%.

TWRC Wildlife Center is available to answer your questions and guide you through the rescue process should you find an animal needing help. Sometimes animals don't need help and are better left alone. We will help you make that determination. Call us at 713-468-8972 or check our website for helpful information: www.twrcwildlifecenter.org.