

in this issue >>>

Erev Shabbat Speakers
9am Torah Scool
Yom Huledet Sameach
Feast Days for 2022 – 5782
Birkat HaGomel
How Good is Your Mask?
How many times can I reuse my N95 mask?
Homegoing Services for Elder Harris
PIW Flyers

Issue
30

January 2022

CTB NEWLETTER

Upcoming Events and Erev Shabbat Speakers:

Theme: "Built for Glory, Made to Last"

Jan 28 – Rabbi Aronoff

Feb 4,5 **BMA Weekend**

Officiator: Zaken Zephanyah Gladden

Theme: Come and see the works of YAH, who is

held in awe by men for his acts. Psalms 66:5

Feb 4 Erev Shabbat

Speaker: Zaken Shagree Evans

Feb 5 Speaker Rabbu Eliyahu LaPrince

Theme: "Built for Glory, Made to Last"

Feb 11 Speaker: Zaken Zaphanyah Gladden

Feb 18 Speaker: Lady Tikvah Pleasant

Feb 25 Speaker Zaken Shagree Evans

Theme: "Renewed and Healed"

March 3-6, 2022 PIW Virtual Conference

March 11-12 BWA Weekend

March 26, 2022 Rabbi D Bowen to speak in New York
for B'nau Adath (more information to following)

Theme: "Built for Glory, Made to Last"

March 18 – Speaker TBA

March 25 – Speaker TBA

9am Torah Studies

Jan 29 – Rabbi Gonzalez

Parashat Mishpatim / משפטים פרשת

Torah Portion: [Exodus 21:1-24:18](#)

Feb 5 - Parashat Terumah

Feb 12 - Parashat Tetzaveh

Feb 19 - Parashat Ki Tisa

Feb 26 - Parashat Vayakhel

Upcoming Feast Day 2022

High Holy Days 5782

Pesach Seder April 15th Friday @ eve

Unleavened Bread April 16th Saturday

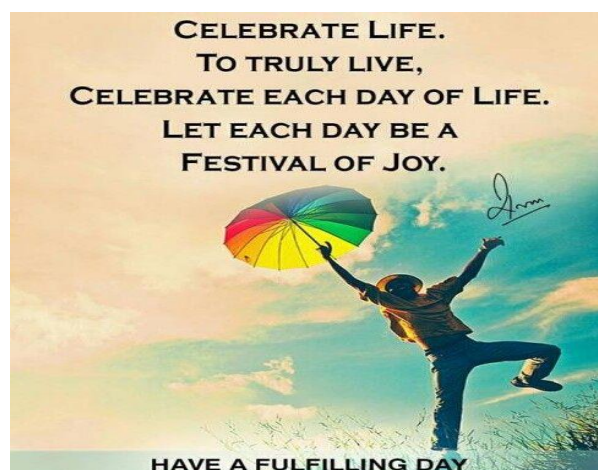
Pesach (7th Day) April 22nd Friday

Shavout - June 5th Sunday

Rosh Hashanah - September 26 Monday 5783

Yom Kippur – October 5th Wednesday

Succouth October 10th Monday



CELEBRATE LIFE.
TO TRULY LIVE,
CELEBRATE EACH DAY OF LIFE.
LET EACH DAY BE A
FESTIVAL OF JOY.

HAVE A FULFILLING DAY

Yom Huledet Sameach



January

Anja' Best

Rabbi Harold Purnell

Min. Sheila Miller

Lady Jeanette Register, z'l

Ariel Grimmage Jr.

Rabbi Charles Register Sr., z'l

Dinah Stanley

Rita Swint

Titus Lowry

Louise Register

Keren Stukes

Tenesha Jonas

Hannah Lowry

Ari Best

Rabbi Debra Bowen

Rabbi Shemuel McClam

Eliana Glover

Rabbi Dahton Nasi, z'l

Calvin Green, z'l

Kim Register

Phoenix James

Maurice Weeks

Ava Best

Justin McClam

Autumn LaPrince

Titus Lowry

Birkat HaGomel

Prayer upon Recovery from Serious Illness, or Escape from Danger.

ברוך אתה יי אלהינו מלך העולם. הגומל לחיבים טובות. שגמלני כל טוב.

Baruch atah Adonai, Eloheynu Melech ho-olam, ha-gomeyl l'cha-yavim tovot, she-g'malani, kol tov.

Praised are you, Eternal our El, Ruler of the universe, Who bestows good beyond our deserving, and Who has dealt graciously with me.

The congregation responds:

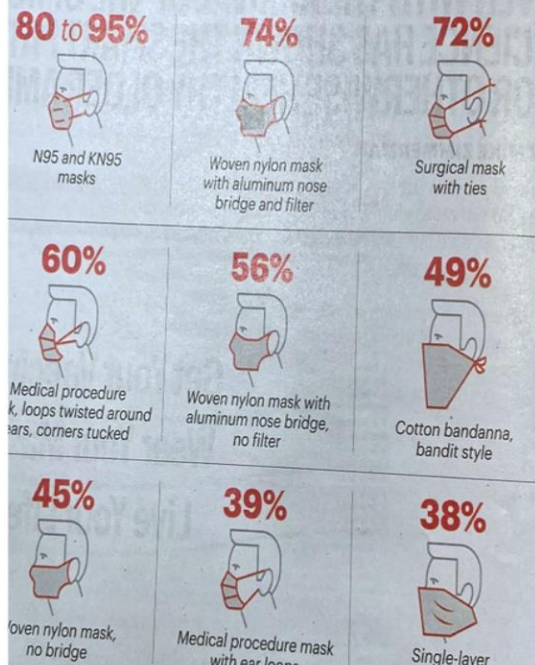
מי שגמלך (שגמלך) כל טוב. תמיד יגמלך (יגמלך) כל טוב סלה.

Mi Sheg-mel-cha (she-g-melech) kol tov. Tamid yig-melecha (yig-melech) kol tov selah.

May HaShem, Who has bestowed kindness upon you in the past, bestow kindness upon you in the future. Selah

HOW GOOD IS YOUR MASK

The Environmental Protection Agency and others have published research on masks and the percentage of COVID-size airborne particles they filter out. Two things matter most: the type of material and how well it fits your face. Surprisingly, medical procedure masks aren't especially protective unless they're modified to fit snugly across your face by twisting the loops around your ears or affixing them with clips or other devices. Here are the findings:



Submitted by Lady Marge Sunners

How many times can I reuse my N95 mask?

It depends, but you should be able to use N95s and KN95s a few times.

The U.S. Centers of Disease Control and Prevention says health care workers can wear an N95 mask up to five times. But experts say how often the average person can safely wear one will vary depending on how it's used. Using the same mask to run to the grocery store, for example, is very different than wearing it all day at work.

The amount of time a mask is worn is more important than how frequently it's worn, says Richard Flagan, who studies masks and aerosols at the California Institute of Technology. In general, he recommends limiting the use of an N95 mask to about two or three days. With every breath you take in an N95, particles accumulate on the mask, Flagan says. That could make it more difficult to breathe if the mask has trapped a lot of particles. "They are degrading the performance of the mask," Flagan says. The elastic band on the mask could also get worn out and not fit around your face as snugly. It might also get dirty or wet, especially if you're using it while exercising. If you notice any of these changes to your mask, it's time to stop using it — even if you've only used it a few hours. And since N95 masks can't be washed, they should be thrown away once you can no longer use them.



Baruch Dayan Haemet

It is with deep sorrow that we inform you
of the passing of Our Beloved

GERALD HARRIS a"h

which occurred on January 25, 2022

CELEBRATION OF LIFE

Monday, January 31, 2022

Viewing 10:00am - 11:00am

Service 11:00am - 12:30pm

INTERMENT

Whitemarsh Memorial Park

1169 Limekiln Pike

Ambler, PA 19002

Viewing & Service

J. Levine & Sons Memorial Chapel

4737 E. Street Road

Feasterville-Treose, PA 19053

Please note that masks are required to be worn at all times
and Social Distancing will be practiced. You are kindly asked to refrain
from hugging and kissing the family. Health and safety comes first!

2022 17TH ANNUAL
PHENOMENAL ISRAELITE WOMEN'S
VIRTUAL CONFERENCE

*Moving forward as
Hashemi's Gam Segula*

*Renewed &
Healed*

Thursday- Sunday
March 3rd -6th, 2022

To register; click on the link below:

<http://17thpiwvirtualconference.eventbrite.com>

Only Elders ages 70+ should contact Rabbinit Plummer to register
& submit conference fee.

Thursday & Friday Workshops / Seminars will be held via Zoom Meeting ONLY.

PIWC ACTS OF KINDNESS 2022

*Moving forward as
Hashemi's Gam Segula*
*Renewed &
Healed*

We are giving attention to the
issue of Domestic Violence
in our communities. When you
purchase your conference
tickets, funds will automatically be donated to
The Heather Hurley Foundation of NY.

<https://www.eventbrite.com/e/2022-17th-annual-phenomenal-israelite-womens-virtual-conference-tickets-226653425497>

Other opportunities to donate.

<https://square.link/u/eYbLyquD>

Sizes Available

S-XL \$25.00

2XL-4XL \$28.00

Shipping is included

Purchase a "Love is Peace" T-Shirt

Contact Sister Tamar

929-266-4947

sistamaryisrael@gmail.com



For more information contact your PIW State Coordinator

NC/SC -Sister Tamar- sistamaryisrael@gmail.com

Dr. B'yafeeyah motivationtothe2ndpower@gmail.com

DMV -Sister ShelliYah-shelliyo@yahoo.com

PA/NJ -Sister Shenice-sheniceevans.se@gmail.com

FL/MS -Sister Tovah-tovah2creations@gmail.com

NY -Emah Deborah Levy-Reuben-yafah4@aol.com

EVERY
SUNDAY
9AM

IT'S YOUR
TIME TO SHINE

WITH RADIO H&T Z STYLEZ

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LIVE" BUTTON