



PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community  
*Rev Fr Patrick Massang, C.Ss.R.* (Parish Priest)  
*Rev Fr Philip Lai, C.Ss.R.* (Assistant Parish Priest)

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### CHRISTMAS CARNIVAL

Our three Ipoh Catholic Parishes (SMC, OLOL & OMPH) are jointly organizing a Christmas Carnival filled with fun performances, games & food stalls held in OMPH church grounds on  
(date) **Friday, 20 December, 2019.**  
(time) 6.30 pm – 10.00 pm  
Come with your family and friends to spread Christmas cheer and goodwill among ourselves, with other fellow Christians and people of other faiths.

### SUNDAY CATECHISM NEWS:-

# **Sacrament of Reconciliation** for the candidates – Sat. 4 Jan., 2020 at 9.30am

# **Rehearsal for Confirmation** – Sat. 11 Jan at 10.00 am.

# **SACRAMENT OF CONFIRMATION** on **Sunday, 12 January, 2020 will start at 7.45am.**

Kindly take note of the changed of time.

### CANDLES

Thank you parishioners for your donation of candles for our church use. Please be informed that we will be using candles that are smokeless, slow burning and non-drip that comes in the black box. Fumes and smoke from ordinary candles have caused damage to our air-cond. coils and filters.

### PENITENTIAL SERVICE

In preparation for Christmas, penitential service will be held at –

\* **OMPH church** –

Tues. 17 Dec., 2019 at 8.00 pm

\* **Church of St. Michael, Ipoh** –

Wed. 18 Dec., 2019 at 8.00 pm

\* **Church of Our Lady of Lourdes, Ipoh**

Thurs. 19 Dec., 2019 at 8.00 pm

### RECHOSO CAROLLERS

Carollers will be visiting homes to bring Christmas joy and glad tidings to one and all on –

\* Thurs., 19, Sat. 21 & Sun 22 of December, 2019 from 7pm till 11 pm.  
Please fill the request form from the parish office or contact Christopher Wong (017 5785223)

### SCHEDULE FOR CHRISTMAS at OMPH church

\* Tues., **24/12/2019** –

Carols (T) – 7.45pm

Christmas night Mass (T) – 8.00 pm

Carols (E) – 10.30 pm

Christmas Midnight Mass (E) – 11.00 pm

\* Wed. **25/12/2018**

Christmas Day - Carols (E) – 8.00am

- Mass (E) – 8.30 am

Christmas Day – Carols (C) – 11 am

- Mass (C) – 11.30am

**St.Mary's Chapel, Tersusun**

25/12/2019 – 8.00 am Mass.

(food for thought)

Gospel: Matthew 11: 2-11.

***“Be strong, fear not! Here is your God”***

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The spirit of the Advent season is filled with the images of some of the most powerful figures in all of Scripture. This third week of Advent highlights the personality of one of these: the prophet Isaiah - whose words are full of expectation, hope and joy.

God's people were dispersed. Isaiah isn't speaking just to the exiled in Babylon; but to all those scattered throughout the world. God is bringing them back and nature is sharing in their joy. "The desert and parched land will exult..." Indeed, nature is transformed from a desert wilderness into a blooming garden so that the travelers will be refreshed and delighted on the journey itself.

The "glory of the Lord" is to be made known to the people because God has intervened and has prepared a "holy highway" for their trip. He has come to save them. "Then will the eyes of the blind be opened, the ears of the deaf be cleared; then will the lame leap like a stag, then the tongue of the mute will sing."

Advent calls each of us to transformation: to resist the crass, cultural emphasis on frenzied purchasing, partying and noise - and instead foster a time of quiet and contemplation... to step out on a path towards peace and the birth of a new level of human consciousness – which is what the birth of Jesus the Christ called us to 2,000 years ago. The nature of this path - this "holy highway" - what it will demand and what we will encounter along the way, is laid out in graphic detail in the readings for the four Sundays in Advent..

Our God is the God of life, abundance, deliverance and joy. That's the Good News that consoles us, gives meaning to our lives and challenges us to cry out: "Be strong, fear not; Here is your God."

**MARRIAGE:** Please contact the Parish Priest at least SIX MONTHS in advance.

**BAPTISM:** Please contact the Parish Priest at least ONE MONTH in advance.

**PARISH ACTIVITIES & MEETINGS:**

(Dec, 2019/Jan 2020)

- \* 15/12/2019 - 11.30am - RCIA (T) (St.Matthew Rm.)  
- 10.00am - PHDC distribution of rations (Wallace hse.)  
- 11.30 am - Tamil Apostolate (St.Paul's Rm.)  
- 2.00 pm - Combined Choir practice (church)
- \* 16/12/2019 - 9.30am - Religious mtg. (St.Mark's Rm.)  
- 8.00 pm - RCIA (E) (St.Mark's Rm.)
- \* 17/12/2019 - 8.15 pm - Legion of Mary (C) (St.Matthew's Rm.)
- \* 19/12/2019 - 8.00 pm - Tamil Choir (St.Paul's Rm.)
- \* 20/12/2019 - 6.30pm - Christmas carnival
- \* 24/12/2019 - 10.00 am - Choir practice (Sun) (church)
- \* 30/1/2020 - 8.00 pm - Area Coordinators, Representatives (St.Mark's Rm.)

**BIBLE REFLECTION & HOME-GATHERING:-**

- \* 16/12/2019 – 6.00 pm – BEC St.Benedict; Home of Sebastian Yoon.

**COFFEE MORNINGS 2019:**

- \* 15/12/2019 – Tamil Hospitality.

**COFFEE MORNINGS 2020:**

- \* 12/1/2020 – BEC St.Jude (Catherine S.)
- \* 19/1/2020 – BEC St.Augustine (Benny)
- \* 26/1/2020 – Tamil Hospitality (Preto)
- \* 2/2/2020 - BEC St.Faustina (Sara)
- \* 9/2/2020 - Sun. Sch. Form 3
- \* 16/2/2020 – Divine Mercy
- \* 23/2/2020 – Eucharistic Ministers.
- \* 1/3/2020 - Lectors & Commentators
- \* 8/3/2020 - PHDC
- \* 22/3/2020 - Tamil Hospitality.
- \* 29/3/2020 - Tamil Liturgy.

**ETERNAL HAPPINESS TO:**

- + Philomena a/p Ariasami departed on 5 December, 2019.
- + Virginia Tang Ngaan Yung departed on 9 December, 2019.
- + Alexander Hoh Loong Yeen departed on 9 December, 2019.

**CHRISTMAS APPEAL IN AID OF THE POOR –**

PHDC would like to say Thank You to all generous Donors over the years. As the Yuletide season is just round the corner, we once again appeal to your generous Christmas donation. Any contribution that comes from your heart is greatly appreciated. Contributions in cash & cheque can be handed to the parish office. Enclosed is our newsletter 2018/2019 to share with you the work done by the PHDC.

**DISCOVERING CHRIST**

Eight (8) Saturdays  
9am – 12 pm starting on  
Sat. 15 February till 4 April, 2020.

(venues:)

PDPC, Penang Island/  
Church of St. Michael, Ipoh/  
Church of St. Louis, Taiping  
(Fee) RM25 per person only (incl. course materials and refreshments)

Registration: before 31 Jan., 2020.

Inquiry: Jeanne J.Saw (016 4554597)

email: necpgdiocese

**HEALING & DELIVERANCE**

Organized by the Penang Diocese  
Healing & Deliverance ministry Core  
Team with Bishop of Penang.

A 3D2N weekend seminar on God's  
Saving Love on 27 – 29 March, 2020 at  
Domus St.Anne, Bukit Mertajam.  
Cost: early bird sign-up (RM160/-)  
Deadline to sign-up: 14 March.(RM200/-)  
The cost is inclusive of accommodation  
and meals.

Email: [hdmpenang@gmail.com](mailto:hdmpenang@gmail.com)

Contact: Molly (012 4860400)/William  
(019 4149921)/ Jude (0195175180)

**NOVENA PRAYERS TO ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the  
Meditation Room. During this  
Novena Devotion, names of cancer  
patients will be lifted up. All are  
invited. For enquiries, call: 019-  
5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian  
Meditation group which meets

\* **EVERY SATURDAY** AT 11.00 A.M. –  
12 NOON in the Meditation room.

**TAMIL MARRIAGE PREPARATION  
WEEKEND - 2020**

Closing date for registration (T): on 1st day of  
each month.

Dormitory	Feb 21-23
St.Anne,	May 22-24
Bukit	Aug. 28-30
Mertajam	Nov.27-29

**Please see your Parish Priest for  
registration.**