

INVESTIGATION FINAL REPORT S.P.I.R.I.T.S. OF NEW ENGLAND

294 REVERE STREET, WINTHROP, MA 02152

Investigation Location: [REDACTED], Norfolk, CT

Date of Investigation: 22 August 2009

Report Prepared By: Jack Kenna, Investigator, SPIRITS of New England

Reported To: [REDACTED], Norfolk, CT
[REDACTED]

Background:

The Supernatural, Paranormal, Investigations, Research, Intuitive, Truth Society (S.P.I.R.I.T.S.) of New England team was requested by [REDACTED] to conduct a paranormal investigation of their home, located at [REDACTED], Norfolk, CT [REDACTED], on the evening of 22 August 2009.

Both [REDACTED] desired a professional paranormal investigation of their home, after experiencing numerous, unexplainable events within their home. These events were witnessed/experienced by them and their children both on an individual basis and in group settings. What follows is a record of some of these experiences as transcribed by SPIRITS Investigator Jack Kenna from his interview with [REDACTED], as well as the details of the formal investigation by the SPIRITS of New England Team with the assistance of the home owners [REDACTED]. It is important to note that [REDACTED], although not part of the SPIRITS Team, all have experience with conducting paranormal investigations. It should also be noted that the investigation was lead and managed by the SPIRITS of New England Team.

Details & Findings:

- 1) The S.P.I.R.I.T.S. of New England Team, consisting of: Ms. Ellen Campbell - Founder and Lead Investigator; Ms. Sharon Koogler – Investigator, Co-Founder and Tech Department Lead; and Mr. Jack Kenna, Investigator and Tech Department Assistant, arrived at the home of [REDACTED] at approximately 7:30 pm.
- 2) The team was greeted by the home owners [REDACTED], as well as their friends [REDACTED]. After settling in, SPIRITS Investigator Jack Kenna conducted an interview of both [REDACTED] to document some of the experiences they have had in their home, that lead them to requesting an investigation. The following are some of the experiences that they described to Mr. Kenna:

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- a) **Dining Room:** While having dinner with their children, a large (approx. 2ft x 3 ft) glass faced painting that hangs over the fireplace, lifted up off its hook and came off the wall. It landed flat on its glass face, breaking the glass, in the middle of the dining room floor. It also struck two ceramic vases, made by two of the children, located in the center of the fireplace mantel below the picture, knocking them to the floor and breaking them. Strangely though the picture did not hit or knock down photos of the children that were also on the fireplace mantel, partway in front of the picture and on each side of the picture. This incident was witnessed by [REDACTED] and their children.
- b) **Master Bedroom, Master Bath and Basement Stairs:** [REDACTED] related two personal experiences surrounding the Master Bedroom, the bathroom in the Master Bedroom and the basement stairs that lead up into the Master Bedroom. In both cases she was home alone. In the first case she was washing up in the bathroom of the Master Bedroom when she heard what sounded like someone running up the basement stairs. These stairs lead directly into the Master Bedroom and are right next to the bathroom she was in. Before she could turn around to see what was happening, she felt someone touch/push her on her back (as if in a game of tag). This of course startled her and she immediately turned around but there was no one there. The second case involved the bookshelf in the Master Bedroom. Again [REDACTED] was alone in the house when she heard a loud crash from the Master Bedroom. When she investigated she found that the top shelf of the bookshelf near their bed was lying flat on the floor, top side up, about 1 foot away from the wall they are mounted to. All of the contents of the top shelf were on the floor to the right hand side (if facing the shelves). Some items were broken. The bottom two shelves and their contents were undisturbed. It should be noted that there are hooks on the ends of the metal shelf holders that prevent the shelves from sliding/moving forward, thus they can only move side to side. If a shelf were to slide off either side it would fall onto the shelf below it or directly onto the floor to one side or the other, but not in front on the shelves. The SPIRITS Team also inspected the shelves using a bubble level, and found them to be level and not easily removed from the metal shelving supports.

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- c) **Front Hallway Staircase to Upstairs Bedrooms:** [REDACTED] reported another personal experience involving the stair case in the front portion of the home that leads to the upstairs children's bedrooms. This incident also occurred when she was home by herself. She was cleaning in the living room right next to hallway where the staircase is located. She heard what sounded like someone running down the stairs and then a loud "thud" at the bottom of the stairs as if someone had jumped over the last two steps, and landed on the floor at the base of the staircase, like a child would do. She immediately looked over to the hallway while hearing this but there was no one there.
- d) **Doorway Between Living Room and Hallway Staircase:** In this instance both [REDACTED] were sitting in the living room one evening watching TV, when [REDACTED] noticed what she could only described as a kind of glowing mist totally surrounding the inside the open doorway leading to the hallway staircase (like that seen in the TV show "Land of the Lost" where a glowing mist appears in the time doorways on the show). [REDACTED] immediately told [REDACTED] what she was seeing and [REDACTED] ran and got his camera and began taking pictures of the doorway, the hallway, and the staircase leading upstairs. [REDACTED] did not see the mist as described by [REDACTED]. They did show the team the pictures that were taken but no mist appeared in the photos. Some of the photos were dark and there appeared to be some potential odd images, but upon further review the SPIRITS Team attributed these odd images to matrixing. This does not in any way invalidate [REDACTED] personal experience in seeing the mist in the doorway.
- e) **Upstairs Front Bedroom (Daughter's Bedroom):** During the tour of the home given by [REDACTED] to the Team, both [REDACTED] pointed out that their daughter blocks off the closet door in her bedroom, and has refused to put any of her clothes into the closet yet, she continues to store them in boxes in her room. Upon inspection of the closet the team found very high EMF readings in the far corner of the closet (23 mg and higher). This turned out to be the upper corner of the house where the main power cables come into the house and run down the walls into the basement. The Team initially felt that their daughter may be sensitive to EMF. This was confirmed by both [REDACTED] and they also confirmed that Sandy is sensitive to EMF as well. [REDACTED] also informed the Team that the children sometimes tell them that they hear voices and people talking in the upstairs bedrooms, as well as people walking on the stairs and the floors of the bedrooms.

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- f) **Upstairs Bathroom:** [REDACTED] reported an incident in the upstairs bathroom where she got locked in the bathroom while again being alone in the house. She was not able to get the door open for about 20 minutes. She said it felt as if someone was holding it closed from the other side. The SPIRITS Team investigated the bathroom door and found that when inside the bathroom with the door closed it did stick and the inside door handle did not work properly. The team was able to re-create the account given by [REDACTED]. When inside the bathroom the team was able to completely turn the door handle without the door coming unlatched and when pushing on it in that condition it seemed as if someone was holding it shut from the other side.

 - g) **Attic:** Although there were no reports of paranormal activity in the attic, the team was given a tour by the home owners and the attic was investigated.

 - h) **Basement:** [REDACTED] reported that when in the basement both Sandy and her daughter Amber feel “uncomfortable” in the basement especially in the area at the bottom of the basement stairs near the washer and dryer and the house main electrical box. [REDACTED] did report that the electrical box gives off high EMF readings. The SPIRITS Team did an EMF inspection of the box and the main power supply for an electric dog fence mounted next to the electrical box, as well as an EMF inspection of the entire basement. The results were extremely high and are detailed in paragraph 3 of this document along with the results of the EMF inspection of the entire house.

 - i) **Antiques:** The SPIRITS Team also questioned [REDACTED] about any antiques they may have acquired either recently or in the past. [REDACTED] pointed out that he had obtained two true antique swords from a trip to China several years ago. One was kept in the dining room area where the picture had fallen off the wall above the fire place, and the other was hanging on the wall in his son’s upstairs bedroom. [REDACTED] felt that there might perhaps be something attached to the swords, as he also had a few paranormal experiences of his own at his previous residence where the swords had also been kept.
- 3) **EMF Inspection Results of the Home:** Prior to starting the investigation the SPIRITS Team gathered base Electro Magnetic Frequency (EMF) readings of each of the rooms within the home. A typical home will have baseline readings of 0.0mg to

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0.5mg. EMF readings of 1.0mg or higher are known to cause feelings of illness, nausea, headaches, fatigue, and with long term exposure feelings of paranoia and even hallucinations (seeing and hearing things that aren't there). High EMF is also sometimes associated with causing cancer over long term exposure. The EMF readings recorded within each room of [REDACTED] home is as follows:

- a) **Basement:** The main power circuit breaker box in the basement gives off approximately 10.0mg. The dog fence power box emits 156.0mg to 160.0mg. The wiring running throughout the basement ceiling emits an average of 7.0mg. These readings are considered "extremely" high.
- b) **First Floor of Home:** Master Bedroom: Several outlets as well as a window fan were found to be giving off EMF readings of 5.0mg to 20.0mg. The average EMF reading around the bed, wall behind the bed headboard, wall shelf where the top shelf was reported to have fallen, bathroom, and within the center of the bedroom room was 0.3mg. Kitchen: Average EMF reading was 0.3mg. Dining Room: Average EMF reading was 0.3mg. Living Room: Average EMF reading was 0.3mg. Front Hallway and Staircase to Upstairs: the average EMF reading in this area was 5.0mg. The front corner of the hallway where the main power comes in was above 15.0mg.
- c) **Second Floor of Home:** All of the upstairs bedrooms and the bathroom had an average reading of 0.3mg. The closet of the front bedroom ([REDACTED] bedroom) had an average reading of 6.0mg. The far front corner of the closet where the main house power comes in was approximately 20.0mg.
- d) **Attic:** The average EMF reading in the Attic was 0.3mg.
- e) **Conclusions/Recommendations of EMF Investigation:** The home is very old and definitely has some serious wiring problems that need to be addressed as soon as possible. Since it is known that both [REDACTED] and her daughter [REDACTED] are sensitive to EMF it is even more important that these EMF issues be taken care of in order to prevent possible health issues for them. It is also possible that this extremely high EMF is at least part of the reason for some of [REDACTED] [REDACTED] experiences and at times anxiety about certain areas within the home.

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4) Upon completion of the tour the SPIRITS Team gathered all of the individuals present in the main dining room off the kitchen. The Team explained how they intended to investigate the home, and set up IR cameras and audio recorders in the Basement, Master Bedroom, Dining Room/Living Room and Amber's Bedroom upstairs. Since both [REDACTED] would be participating in the investigation, the SPIRITS Team explained the equipment they would be using on the investigation as well as the methods the team uses to investigate and what would be required of the others during the investigation, in order for the investigation to be successful and to limit any human contamination of the data being collected. The entire group was then broken up into smaller teams of three people each for the investigation. The seventh person would stay back at base camp in the main dining room off the kitchen and monitor the DVR cameras. The teams then broke off and headed into different rooms within the house. Team 1 started in the Basement and Team 2 in the Attic. Both teams conducted a KII and EVP session of their respective locations. KII and EVP sessions of the Master Bedroom, [REDACTED] Bedroom, and Living Room were also conducted throughout the evening. The SPIRITS Team along with the home owners and their friends spent a total of 2 hours and 30 minutes investigating the home. The results of these multiple investigative sessions are as follows:

a) **Electronic Voice Phenomena (EVP's) and Audio:** Basement: Multiple EVP's were captured in the basement during the investigation on the digital recorder left in the basement by SPIRITS Team Member Jack Kenna. These EVP's include knocking/walking sounds and potential voices. Several of the EVP's were captured when there was no one in the basement. The other EVP's were captured during the KII/EVP session conducted by Team 1. The EVP's are included on the CD provided with this report. Attic: Three EVP's were captured in the attic on the digital recorder of SPIRITS Team Member Sharon Koogler. These EVP's include knocking sounds, a verbal response with a name in response to a question asked by Team 2 during their KII/EVP session and laughing/giggling sounds. Kitchen: Two knocking sounds and one EVP were captured on the digital recorder set up in the Kitchen area by SPIRITS Team Member Jack Kenna. There was no one in the kitchen at the time these sounds were captured. Investigator Jack Kenna was in the main dining room monitoring the DVR system and had a clear view of the kitchen, when he heard the two knocking sounds that were captured. There was no one there. These sounds also coincided with knocking sounds heard by Team 1 during their KII/EVP

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session in the basement. The one EVP that was captured also occurred during this time. Master Bedroom: One audio file of a creaking noise was captured in the Master Bedroom on the digital recorder of SPIRIT Team Member Jack Kenna, during a KII/EVP session he held with [REDACTED]. The creaking noise is clearly heard on the audio and Jack Kenna is heard identifying it.

- b) **Temperature Changes (Cold Spots):** There were no temperature changes or cold spots experienced by any of the Team Members during the investigation.
- c) **KII Meter Interaction:** During the investigation of [REDACTED] Bedroom upstairs, Team 2 did experience several hits to the KII meter in the closet. [REDACTED] went into the closet after she had a feeling that there was a young boy in the room that was somehow associated with the closet. She had also picked up on an older man that she felt was also in the room with the Team. [REDACTED] does not claim to be a psychic, but did tell the SPIRITS Team that she has had experiences feeling/seeing entities/spirits from time to time. [REDACTED] positioned herself sitting on the floor inside the closet. Jack Kenna placed the KII meter on the window sill next to her in the closet and also placed his digital video camera on the shelf on the opposite wall facing [REDACTED] and the KII meter. [REDACTED] began talking to the boy entity she felt was there and asking him to light up the KII meter. Within a short time several of the lights on the KII meter began to light up. This was sporadic and it cannot truly be stated that this was caused by anything paranormal. It could have been caused by fluctuating EMF readings within the closet. High EMF readings were recorded in the closet prior to the investigation.

Several sporadic KII hits were also encountered by one of the Teams in the Master Bedroom that night. Again the hits were not long enough or consistent enough with direct questioning to be able to state that they were related to paranormal activity.

- d) **Photo & Video Evidence: Basement:** During the Team 1 investigation of the basement a photo was taken by [REDACTED] near the back far wall of the basement looking towards the right side of the basement (See image #1). There is a blurred light in the center of the photo as if something is in motion in front of the lens. When looking at the rest of the photo it can be seen that the surrounding items are all stationary (not blurred) and that the camera itself is not moving. A day or so later, the home owners, at the request of the SPIRITS

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Team, attempted to try and recreate this image. They had some small success in one photo (See image #2) where the blurring motion can clearly be seen by [REDACTED] moving in the photo while tossing a powder into the air. Again all of the surrounding items are stationary indicating that the camera itself is not moving. This recreated photo does not have any success in recreating the blurred light though in the original photo. It was also noted upon review of the DVR footage that there were insects and dust flying/floating around in the basement during Team 1's session. The photo in question was taken using IR lighting which does tend to illuminate insects and dust particles. The light in the photo though does not seem to be an insect or dust as is seen in other photos. The result here is an interesting and somewhat puzzling photo that can neither be proven or disproven as being paranormal in nature. [REDACTED] Bedroom: During Team 2's investigation of the bedroom, SPIRITS Team Member Jack Kenna was taking video of the session using his digital video recorder. He had been trying to focus on the KII meter across the room from him, but he had allowed the camera to wander off of the subject KII. In this instance it is not what was captured on the video itself but on the video's audio that is of interest. An EVP was captured on the camera's audio, but it was not captured on the digital recorder audio. [REDACTED] [REDACTED] asks anything that might be in the room to let them know if it has something to say, the EVP response seems to be "I don't want to". This video file is included on the CD with this report.

- e) **Personal Experiences:** Attic: During the first investigation of the Attic by Team 2, SPIRITS Team Member Sharon Koogler stated that she was touched on her back. She did look around to see if there was anything she may have bumped into but there was nothing and she was near the center of the attic with nothing around her. [REDACTED] Bedroom: During the KII/EVP session with Team 2 ([REDACTED] and Jack), [REDACTED] felt that she had been touched by something several times during the session on the feet, toes and legs. She also felt as if someone sat on her lap during her KII/EVP session in the closet. During this same KII/EVP session in the closet both Jack and [REDACTED] who were still sitting in the bedroom outside the closet stated feeling pulsing chills moving up through their bodies from their feet upward. Both were covered in goosebumps. Jack also felt as though this was getting more intense as [REDACTED] began to get KII hits in the closet. Jack stated that he felt as though someone was trying to push past him in order to get to the closet where [REDACTED] was. He stated that he felt that this might have been the older man that [REDACTED] said she had sensed in the room with them earlier.

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This incident was captured on both the DVR video and the audio from Jack's digital recorder. In the end these are just personal experiences and cannot be used to either validate or disprove the existence of any paranormal activity in the home.

Conclusions & Recommendations:

- 1) Given the results of the investigation the SPIRITS Team is able to reasonably conclude the following:
 - a) Extremely high levels of EMF exist in the home that can be a major contributing factor to some of the activity being experienced by those living in the home, especially Sandy and her daughter Amber who are sensitive to EMF.
 - b) The extremely high EMF levels being created by the wiring and grounding in the home should be addressed by the home owners as they can represent a potential physical hazard to the family with long term exposure.
 - c) While the photo, video, and DVR files collected during the investigation do not reveal any solid evidence of paranormal activity, the audio and EVP evidence collected does indicate that there is some type of paranormal activity occurring within the home, beyond that perhaps being instigated by the high EMF levels. In some respects it is also possible that the high EMF levels are contributing to the ability of any possible entities in the home to communicate/interact with the current home owners, as it is strongly believed within the paranormal community that entities/spirits draw on electrical energy in order to manifest physically (sound, sight and touch).
- 2) Taking into account all of the photos, video, DVR, audio, and personal experiences collected during the investigation, it is the final conclusion of the SPIRITS of New England Team that there is some type of paranormal activity occurring in the home of [REDACTED]. We "cannot" however state at this time that the home is haunted, as no physical apparitions or manifestations were seen or captured on video during the investigation.

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