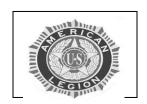
American Legion Gilroy Post #217 West 6<sup>th</sup> Street #D Gilroy, Ca. 95020



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BUGLE NEWSLETTER February, March, April 2019 Edition www.americanlegion217.org

# Coming Events

All Business Meetings And Socials Begin At 6:00 PM

February 7<sup>th</sup> 2019
Business meeting

Social 21st March 7<sup>th</sup>

Business meeting Social 21<sup>st</sup>

**April** 

Business meeting 4<sup>th</sup> Social 18<sup>th</sup>

May 2<sup>nd</sup>

Business meeting Social 16<sup>th</sup>

May 18th

Golf Tournament Gilroy Golf Course

May 27<sup>th</sup> Memorial Day

June (date TBA)
Anniversary Dinner

### Post #217... Who We Are In The Community

Recently during the Taste of Morgan Hill event, Legion members were presented with handmade quilts made by members of the Quilts of Valor Foundation. The foundation's mission statement is " to cover service members and veterans touched by war with comforting and healing Quilts of Valor". We've included pictures from the event in this issue. The American Legion thanks the Foundation for their outstanding gesture and in gratitude presented Jerelyn Lightfoot with a beautiful Certificate of Appreciation. You may see more pictures on our website <a href="www.americanlegion217.org">www.americanlegion217.org</a>. Coming soon will be the awarding of the scholarships at Gavilan College a total of five will be awarded. Each year our post is present at all of the four middle school's promotion ceremonies where we award certificates and medallions to outstanding student who excel scholastically. In June also look for the anniversary dinner. During the course of the year the American Legion in partnership with the Auxiliary will be holding various fundraisers.





The American Legion Auxiliary was founded in 1919 and has nearly one million members from all walks of life. The Auxiliary administers hundreds of volunteer programs, gives tens of thousands of hours to its communities and to veterans and raises millions of dollars to support its own programs, as well as worthwhile charities to Americans. It's all accomplished with volunteers. While originally organized to assist the American Legion, the Auxiliary has achieved its own unique identity while working side by side with the veterans who belong to the American Legion. Like the Legion, the Auxiliary's interests have broadened to encompass the entire community. The American Legion Auxiliary is the world largest women's patriotic service organization. Through its nearly 10,500 units located in every state and some foreign countries. The Auxiliary embodies the spirit of America that has prevailed through war and peace. Along with the American Legion, it solidly stands behind America and her ideals.

For membership information contact Mary Ann Collum 408-842-9995

The Milias Resturant is catering our 3<sup>rd</sup> Thursday dinners which are free to members. Guests are \$10. This is the menu for the coming months.

#### February

Mixed Green Salad Sliced Bread & Butter Baked Ziti Sauteed Italian Squash

Cannoli With Mini Chocolate Chips March

World Famous Chinese menu

Mixed Green Salad Sliced Bread & Butter Herb Roasted Chicken Legs, Baked Mac & Cheese, Crispy Coleslaw Baked Rice Pudding With Cinnamon &

Raisins

Deadline for RSPV is the Monday before the social













#### 2018-2019 Officers Bobby Armendariz.....408-310-9419 1<sup>st</sup> Vice Commander Joe Loquiao.. .408-465-6142 2<sup>nd</sup> Vice Commander

.408-710-2522

Ruben Dominauez....408-799-1948 Adjutant

Pete Diaz...

Finance Officer

Ray Sanchez......408-607-3280 Raymond.sanchez2@verizon.net

Camilo de la Cueva.....408-230-4987 Chaplain

Danny Kinoshida......408-427-5824







MEMBERSHIP..... IF YOU PAID YOUR **DUES AND YOU HAVE** YOUR MEMBERSHIP **CARD AND YOU RECEIVE A REMINDER** FROM NATIONAL **IGNORE IT DO NOT PAY** YOUR MEMBERSHIP **DUES TWICE!!!** 



## Esperanza Self Help Center Santa Clara County Behavioral Health

#### LOOKING FOR SUPPORT?

\*For those who struggle with isolation

\*Peer support for life challenges

\*Wellness tools and strategies for recovery from mental health challenges or substance use issues

\*Somewhere to go during your free time to socialize with others who have experienced similar challenges

Esperanza is a place where you, a veteran can be part of a community focused on recovery and wellness.

> Esperanza Self-Help Center 1235 First Street Gilroy 408-852-2460 www.sccbhd.org

Tuesday-Thursday.....9:30-3:30 pm Friday-9:30-3:30

Look for informative flyers in the lobby of the Veterans Memorial Building

Coping with Depression? Drop-in Group Wednesdays 9-10 AM Out Patient Clinic 2<sup>nd</sup> Floor room

The following skills will be covered \*Learn practical skills to change behaviors and thinking patterns that lead to depression and sadness

\*Learn how to monitor changes in moods and reengage in pleasurable activities again No referrals or appointments required

Stress Reduction Relaxation Drop in group Mondays 1-2 PM **Outpatient clinic room 203** Learn a variety of stress management skills Learn how stress impacts other mental and physical health symptoms Topics will be based on the

relaxation and stress reduction work book by Davis Eshelman & MacCav





American Legion and Legion Auxiliary... Coming Soon **Fundraising Events** Look For The Future **Dates** 

\*Homemade Enchilada Sale \*World Famous Yard Sale \*The Best in Bake Sales \*Christmas Holiday Boutique Sale

\*Tamale Take Out Sale \*Anniversary Dinner Celebration



Commander's Corner 2018 has come

and gone with great success. I would like to thank my membership and all of my officers who did a great iob supporting me this year. We can make 2019 even better by supporting post fundraising events for our scholarship programs and also trying to recruit new members. American Legion (National) will celebrate 100 years was established 1819, Gilroy Post was charted June 10, 1921. I would like to welcome new members and transfer members. Please visit our website at www.american legion217.org. thank you

**Bobby Armendaiz** Commander

#### **GOLF TOURNAMENT**

American Legion Post 217 Annual Golf **Tournament** Fundraiser was a great and successful because of hard work from Pete Diaz and committee. The golf tournament will be May 18, 2019 but with your support and donations. You can sponsor a hole or donate a new raffle item. This helps support our scholarship programs. Please contact Pete Diaz 408-710-2522 or Mark Wells 408-708-0490. Visit website www.americanlegion

217.org

Bobby Armendariz, Commander