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**Dr. Aly Cohen Named a Medical Consultant and Lecturer
for the Whole Food Markets Wellness Club in Princeton, NJ**

Monroe Twp., NJ, May 31, 2012 - Dr. Aly Cohen, founder of Integrative Rheumatology Associates in Monroe Township, New Jersey, was recently named a medical consultant and lecturer for Whole Foods Market as part of their new Wellness Club which is located at 3495 US Route 1 South, in Princeton, New Jersey. It is one of five stores in the country that is piloting the new Wellness Club concept.

The Wellness Club is designed to educate, inspire and empower those looking to make positive lifestyle changes, as well as those already on a healthy journey who are interested in continuing education and support. More information on the Whole Foods Market Wellness Club is available at www.wholefoodsmarket.com/wellnessclub/stores/princeton/services.

Integrative Rheumatology Associates, P.C. is a comprehensive, evidence-based rheumatology practice that integrates the best of western medicine, with complementary and alternative medicine options in order to maximize pain relief, disease management, and global health. Dr. Cohen is committed to an integrative approach to medicine that takes into account the whole person (mind, body, and spirit), instead of purely the patient's symptoms. She invests the time to develop a therapeutic relationship with her patients so they are aware of all of the available treatment options and appropriate therapies, both conventional and alternative. More information on Integrative Rheumatology Associates is available at www.irahealth.com.

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About Dr. Aly Cohen

Dr. Cohen is a Board Certified Internist and Rheumatologist who specializes in arthritis, immune system disorders, as well as women's health and wellness. She earned an undergraduate degree from the University of Pennsylvania and completed her medical training at Hahnemann University Hospital School of Medicine in Philadelphia. Dr. Cohen did her internship and residency in Internal Medicine at Beth Israel Medical Center in New York City. She received specialist training in Rheumatology and Autoimmune Diseases at Montefiore Hospital/Albert Einstein University Hospital in the Bronx, New York. She was also trained in medical acupuncture at the Helms Institute at UCLA and in Environmental Medicine at The University of Arizona School of Integrative Medicine, the world's leader in Integrative Medical education where she has been accepted as Jones/Lovell Integrative Rheumatology Fellow in the Winter 2013 Class.