

Triangle North Healthcare Foundation Announces 2017-2018 Grantees

TNHF's Board of Directors is pleased to recognize the 2017-2018 Grant Recipients:

Boys & Girls Clubs of North Central NC – SMART Girls Outdoors – a health, fitness, and self-enhancement program for girls ages 8-16, which is designed to encourage healthy attitudes and lifestyles that will enable adolescent girls to develop their full potential.

Community Partners of Hope – Health Interventions – a coordination of access to primary care, behavioral health, and dental services for 40 homeless men served by Hope House and the Emergency Shelter; skills for self-management will be taught to all participants.

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726 S. Garnett St., Henderson, NC
www.tnhfoundation.org

Executive Director: Val Short
Editor: Carolyn Powell, Grants Coordinator

Community Workforce Solutions, Inc. – Healthy Boundaries – Safe Living – using the Circles curriculum to help individuals with intellectual and developmental disabilities navigate social situation, learn healthy relationship boundaries, and to recognize and react appropriately to sexual abuse or exploitation.

Franklin-Granville-Vance Smart Start – Teens Fit for Life – the existing Adolescent Parenting Program will expand to include a Nutrition & Fitness

component in partnership with the YMCA & Cooperative Extension.

Franklin County Health Department – Physical Healthcare, and Trauma-Informed to improve patient-provider engagement and improve health in the priority areas of heart disease and obesity.

Granville-Vance Public Health – Improving Child Health & Academic Achievement in Vance County – collection and analysis of baseline anthropometric data in at least 7 elementary schools to be used to pilot child health project in at least one elementary school; *Improving Birth Outcomes in Granville & Vance counties* – expanding the evidenced-based Centering Pregnancy program to Vance County; prenatal care and learning activities to address and improve high rates of infant mortality and significant disparities in birth outcomes.

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Henderson Family YMCA – *Girls on the Run/STRIDE* – a self-esteem, self-respect and healthy lifestyles program for girls & boys culminating in a 5k run/walk at the end of each semester; *Safety Around Water* – teaches water safety skills and what to do if unexpectedly in the water to 2nd graders in Vance County.

NC Med Assist – *Free Pharmacy Program & Over-the-Counter Giveaways* - provides free medications and support for low income and uninsured individuals in the Triangle North Region. In addition two over-the-counter medicine giveaways will be implemented this year (Vance & Granville counties).

Occoneechee Council, Boy Scouts of America – *SCOUT Strong* – expands existing alcohol & drug prevention program designed for boys & girls ages 5-20. Emphasizes healthy living, physical fitness and the dangers of substance abuse.

Strength and Mending (S.a.M) Child Advocacy Center – *Child Forensic Interviews* – provides a centralized, child-centered approach to investigation that reduces the risk of trauma and increases opportunities for healing for the child and non-offending family members.

TROSA (Triangle Residential Options for Substance Abusers, Inc.) – *Rebuilding Lives: Mental Health & Substance Abuse Recovery* – provides a two-year residential recovery program with treatment, education, vocational training and care for residents of the Triangle North region who suffer from alcohol and substance abuse, free of charge.

Westcare North Carolina, Inc. – *Staff Certifications in Trauma-Focused Cognitive Behavioral Therapy & Substance Abuse Counseling* – training for staff to become certified in trauma-focused cognitive behavioral therapy so a higher level of therapy can be provided to clients.



Community Partners of Hope was among ten local organizations that received a grant from Triangle North Healthcare Foundation during an awards ceremony held October 12 at the Foundation office. Pictured from left to right are, Carolyn Powell, Grants Coordinator, Brenda Gant, CPH grant project leader, Dr. Roddy Drake, TNHF Board Chairman, Jane King, CPH Board, Dr. Ron Cava, CPH Board Chairman, and Val Short, TNHF Executive Director.

Visit our website at www.tnhfoundation.org for information about Triangle North Healthcare Foundation's funding priorities and grant application process.

Our History

The Evolution of a Grantmaking Foundation

Triangle North Healthcare Foundation is a regional healthcare grantmaking organization, which evolved from the previous fundraising organization, Maria Parham Healthcare Foundation.

Established in 1987, Maria Parham Foundation was governed by a group of community and hospital leaders. The revenues and operating funds were generated by individual donations and fundraising activities to support health education, health promotion, and the purchase of health equipment at the hospital.

The Foundation was reorganized and the name was changed in November, 2011, after Maria Parham Medical Center merged with the for-profit Duke LifePoint organization. Triangle North Healthcare Foundation has been funded by an endowment that was created from the assets of the former nonprofit hospital. Board members are appointed by the Board of Henderson Vance Healthcare, its parent organization.

The Foundation's mission, to encourage, support, and invest in quality efforts that measurably improve health in the Triangle North area, is achieved through funding initiatives, programs, and projects of nonprofit organizations, governmental agencies, and schools.

"Our grantees provide the boots on the ground, the expertise in the field, and the committed hearts and minds that will make our community a healthier place to be," said Val Short, executive director. The Foundation's community focus includes four counties in the region north of the Triangle-- Franklin, Granville, Vance, and Warren counties.

The Foundation has launched a grant cycle each year since its grantmaking began in 2013. To date, the Foundation has invested over \$1 million in over 50 projects serving the four-county region.

"The Foundation's Board of Directors is always looking for ways that we can have a deeper, broader impact on the health status of our communities that will not only benefit current residents, but also future generations," said Short.

The Foundation Board's hope is that through our grantees and the people they serve, the Board's vision for the future of our region will be realized... "to live in a healthy community."



State of Healthcare Forum

January 23, 2018 7am-9am
Henderson Country Club
Invitation Only Event
(Call 430-8643 to inquire)

Grant Writing Workshops

Wednesday, January 10, 2018

2pm-4pm

Granville County Expo & Convention Center
4185 US 15 Oxford, NC

Wednesday, February 7, 2018

2pm-4pm

Franklin County Cooperative Extension Annex
103 S. Bickett Blvd., Louisburg, NC

**To register, contact grants@tnhfoundation.org or
call 252-598-0763**

Nonprofit Leadership Program*

February 8-April 19

12:30 – 3 p.m. at VGCC

Designed for new nonprofit executives and
board members.

Call for more information: 252-430-8643

*More information is on page 4**

Triangle North Healthcare Foundation and Vance Granville Community College offer Management Program to Nonprofit Leaders*

If you are a new executive director or volunteer leader for a nonprofit organization, Triangle North Healthcare Foundation invites you to consider participating in a Nonprofit Leadership Program coming soon to Vance Granville Community College. Triangle North Healthcare Foundation and the Small Business Center at Vance Granville Community College have partnered to develop a leadership development program that will provide essential management skills for new nonprofit leaders. The series will begin in February. There will be six sessions and a final "graduation" reception.

Below are the tentative dates and topics for the series. Each class will begin with lunch at 12:30 and will end by 3 p.m. The final dates and registration information will be announced soon. The Foundation will cover all costs of this series, including tuition, lunch, and reading materials.

The Leadership Program will include the following classes:

Leading a Nonprofit Organization- February 8

Developing a Business Plan- February 22

Financial Management for Nonprofit Leaders- March 8

Board Management and Development- March 22

Fundraising 101- April 5

Finding and Writing Grants- April 19

"We are very pleased to be able to offer you this learning opportunity," announced Val Short, TNHF Executive Director, who said the program will also be open to officers of nonprofit boards of directors!

For more information, call 252-430-8643. Here is the link for registration for the series: <https://www.ncsbc.net/workshop.aspx?ekey=530370088>.



726 S. Garnett Street
Henderson, NC 27536

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