

Early Learning Programs

APLC DAY SCHOOL

NEWSLETTER



Calendar Dates:

Christmas Program—Dec. 17

Christmas Holidays— Dec. 24— Jan. 3

School resumes—Jan. 7

Learn Nature In-house Fieldtrip—Jan. 8

In-House Registration begins— Jan. 14

Parent Coffee Gathering—Jan. 16 Trail Riders Breakfast—Jan. 30

2025-2026 REGISTRATION BEGINS NEXT MONTH!

We need your help! As you visit with family and friends—spread the word about APLC Day School. It has been difficult rebuilding the school enrollment since Covid. We need an enrollment of 60 children to break even. Currently we have 48 children enrolled. Please help us out by letting other families know about our school! You can give them our website that will give more information or our telephone number. Tours are available anytime!

Website: aplcdayschool.org (210) 491-9565

Christmas Program

Our annual Christmas Chapel Programs will be held on December 17 Beginning at 9:30 and will last about 20 minutes. The children of the Prek-4/5 and Prek-3 classes will act out the trip to

Bethlehem and the arrival of our Savior. The Prek-2 classes will be our special guests on that day. All parents, grandparents, friends and neighbors are invited!



Tuesday Dec. 17—Prek-4/5 and Prek-3

You won't want to miss this heartwarming enactment of the Christmas story! What a great way to start the holiday season.



Many thanks to the families of APLC for our Teacher Appreciation lunch on Wednesday, November 13th. When we walked into the gym—we were transformed into a high end restaurant! We enjoyed food from Lupe Tortilla and yummy pie desserts.

Special thanks to Helen Kieffer and her parent helpers who

worked so hard to cial! I know I teachers when I so appreciated by APLC!

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BEST!

Merry Christmas to all the families of APLC Day School!

Community Events, Parenting Tips and Resources

Tips for Spending Quality Time with your Children

Let's face it—life is busy! Between work and life responsibilities, the days pass us by in the blink of an eye. Many parents worry that they don't spend enough time with their children, wondering if this will lead to developmental delays. Some parents feel guilty about working full time, or experience anxiety about choosing to work out at the gym or go to dinner with friends. Social media posts from stay-at-home parents who are able to take their children to the local zoo or work on colors and the alphabet with them only add to this anxiety.

But have no despair! A recent study in the <u>Journal of Marriage and Family</u> questions the impact the amount of time mothers spend with their children has on the academic achievement, behavior, and emotional well-being of their children. This is not to negate the importance of time spent with children, but rather, to reinforce the point that quality of time is much more important than quantity of time. Children need high-quality time with parents and caregivers—that is what is most beneficial to children and what can have a positive effect on them as they grow. It isn't about endless hours of time—it's about how you choose to spend that time that truly matters.

As parents and caregivers, we can make choices to ensure time spent with our children is high-quality. Here are nine tips for busy families:

- 1. Have a daily "connect" time with your child. Do this face-to-face, if possible; but if this isn't an option, create a routine for doing so in other ways, such as leaving a note in your child's lunch bag, posting a note by his toothbrush, or writing an encouraging saying on a shared whiteboard in the
- Create a special ritual for you and your child—something that can be done every day. For example, let your child choose and read one book with you at bedtime.
- 3. Tell your child you love her every day. And tell her how important she is to you and how she makes you feel.
- 4. Reinforce positive behavior. For example, if your child completes his chores without your asking, acknowledge it with words of appreciation—even if you don't have the chance do so until the next day.
- Make and eat meals with your children whenever possible. If time is limited, look for simple meals that require very little preparation, or grab a healthy snack such as an apple and sit for a few minutes and chat with your child.
- 6. Schedule time for doing an activity of your child's choosing. Be sure to follow through and complete the activity without any distractions.
- 7. Play with your child, even if it's during bath time or outside before you drop her off at preschool. Every little bit of time makes a positive impact!
- 8. Laugh and be silly with your child.
- 9. Turn off technology when you spend time with your child. Try not to text, answer calls, scroll through social media, or watch television.

Meaningful connections are about quality of time, not quantity of time. Keep it simple and connect with your child in ways that make sense for your lifestyle and relationship. Each connection has a lasting impact and provides the support and reassurance that your child needs.

$Holiday\ Weekends\ at\ The\ Historic\ Market\ S\ quare$

- When: Sunday, December 8, 2024, 10:00 am 6:00 pm
- Location: 514 W Commerce Street, San Antonio, TX 78207
- Cost: Free admission

Sponsored by City of San Antonio - Live Music, Pictures with Santa, Letters to Santa, Working Artists, Food Booths.

Website: www.marketsquaresa.com





Live Reindeer at Murdoch's

- When: Sunday, December 22, 2024, 9:00 am -1:00 pm
- Location: 17975 IH 35 N. Ste B200, Schertz, TX 78154
- Cost: Free

Reindeer, with those hooves light as feathers, choose Murdoch's as a favorite pit stop. Fueling up on snacks and bringing joy to kids, they're here to spread Christmas magic! Experience the magic by visiting the live reindeer.

Bring your camera for photos, and while you're here, the kids can write a letter to Santa, color festive holiday activity sheets, and learn how to make reindeer snacks.

Website: www.murdochs.com



- When: Saturday, December 21, 2024, 10:00 am 5:00 pm
- Location: Main Street, Boerne TX 78006
- Cost: several events are Free, Cookie Crawl tickets \$25

What to expect:

- Cookie Crawl on Friday & Saturday from 10:00am-5:00 pm. \$25 each - Your ticket entitles your child to a fun Christmas cookie at over a dozen participating stores and a cute bag to carry them in.
- Santa Scavenger Hunt on Friday & Saturday from 10:00am-5:00 pm. Free to the public! Bring the kiddos to the Hill Country Mile to search for Santa at over 20 participating businesses.
- Father Christmas at The Christmas Shoppe on Friday-Sunday from 1:00-5:00pm. Free to the public First come, first serve.
- STEM activities with The Science Mill on Saturday from 10:00am-5:00pm.

Bring the kiddos over to 248 N Main, the home of Real Fashion & The Iron Hummingbird, to try your hand at a fun engineering challenge.

- Country Christmas Concert with Free Roam Brewing Co. on Saturday 6-9pm.
- Cowboy Christmas Market at Main Plaza on Saturday. Free Admission Find a unique last-minute gift at this Christmas market. Festive booths display everything from collectibles to modern innovations that bring a smile of wonder to those who stroll past.



APLC Church Activities

Abiding Presence Holiday Events

Christmas Caroling

Saturday December 7th at 6:30 pm

Worship Band—Outdoor Chapel

Advent Event - December 11th 6:00—7:00 pm

Adults and children of all ages are invited to participate in this craft and activity event to help prepare for Christmas. Bring your spouse, bring your kids, bring yourself! All are welcome!

Christmas Concert—Adult Choirs & Sunday December 15th at 4:00 pm

Join us on December 15 for a magical evening of Christmas cheer! The Sanctuary Choir will perform Antonio Vivaldi's beloved piece, "Gloria," along with several selections by the Men's Chorus and the Instrumental Ensemble, as part of our annual Christmas concert. Take advantage of this holiday tradition – mark your calendars for December 15!

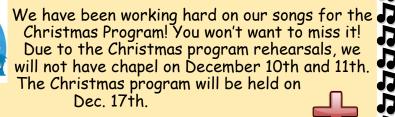
River City Ringers of San Antonio Present: 'Tis The Season Holiday Handbell Concert December 19th 6:45 pm

Annual Christmas Concert featuring Chapel Choir, Youth Handbells, and APLC Bells of Praise. Come enjoy the sounds of the season!

Blue Christmas Worship

A service of Comfort and Hope Wednesday December 18th at 5:00 pm.

Chapel Notes



Mrs. Kleinert-"Miss Ale"

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As a reminder, the other half of your supply fee will be due in January. The first half was paid at the beginning of the school year. The supply fee can be included with your January tuition. Please refer to your pink fee card for the correct amount. If you are still unsure what the amount is—please call the office, we are happy to help!



Open House Fundraiser Results

What a great turn out we had at the Open House and Greenback Night! Due to your generosity and support, we received almost \$1000.00 in donations for our first fundraiser of the year. From the raffle—The Laechelin family won the tickets to the Nutcracker ballet, the James family won the free lunch-

es and snacks for a week and the Bridgman family won the prime parking space for the year. Our goal for the coming year is to increase our enrollment by 10 children! WE NEED YOUR HELP TO ACCOMPLISH THIS! Registration for the next school year is approaching and we need you to get the word



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dayschool@aplc.org

Christmas Holidays

As a reminder, we will be closed from December 24th through January 3rd. School will resume on Tuesday January 7th. We hope you have a great holiday with your family and friends!