In This Issue
- New Cooking Classes!
- Branson Holiday Tour!
- New Musical Excursions!
- Unique, new classes!
Unique & Fun Classes!

Join us for something new, different, and fun!
Spring Lake Park Recreation offers something for everyone:

**Classic Italian Cuisine**
**Thursday, March 5**

Relish the flavors of Italian heritage! We’ll start with a fresh green garden salad tossed with classic, fresh ingredients. You'll enjoy “Chicken Parmigiana,” sautéed and baked with prosciutto ham, tomatoes, and provolone cheese in a robust marinara sauce. To that we'll add "Macaroni Rosa", a wonderful combination of vegetables and pasta in a classic marinara sauce with a splash of cream. We'll finish with "Torta Formaggio", a rich Italian style cheesecake topped with caramel, raspberry or chocolate sauce.

March 5, 2020 - 6:30pm
Registration Deadline: February 27, 2020
Fee: $31 per person
Location: Spring Lake Park High School

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**Your Cleaner, Greener Home Starts Here**

In this engaging demonstration and hands-on class, discover how and where toxins lurk throughout your home. Learn cheap, simple swaps to help you clean your home effectively without toxic chemicals, as well as toxin-reducing actions you can start immediately for free! Best of all, you’ll leave class with your own “Cleaner, Greener Home Kit” to help you create your own natural, toxin-free cleaning products for your home. Classes are taught by Laura Krause.

Wednesday, January 22 *or*
Wednesday, March 4 (Choose One)
1:00pm - 3:00pm
Registration Deadline: 1 week before class
Fee: $12 per person
Location: Spring Lake Park City Hall
Pastries, Fruit, Coffee Seminar w/ Doug Ohman

Go on a visual vacation with a photographer Doug Ohman! Doug has visited all 67 parks and has photos, stories, history and personal adventures to share. His photography is featured in the book Prairie, Lake, Forest-State Parks of Minnesota which Doug will make available for purchase and custom sign each book for presentation attendees.

**Wednesday, March 11:** 9:00am - 11:00am  
**Registration Deadline:** March 4, 2020  
**Fee:** $5/person  
**Location:** SLP City Hall

Film Treasures: Lucy! 
**Wednesday, February 12**

Spend an hour with America’s favorite redhead in this great class about the life and career of Lucille Ball. North Metro TV Studio Manager Eric Houston will lead you through Lucy’s entire career with rare video clips and behind the scenes photos as you fall all over again for the one and only Lucy.

**Wednesday, February 12:** 10am - 11am  
**Registration Deadline:** February 5, 2020  
**Fee:** $2/person  
**Location:** SLP City Hall

Genealogy: Multiple Classes to choose from.

Cathi Weber joins us to teach two popular genealogy classes with us this winter: “Publishing Your Family History” and “Planning a Research Trip.” If you’d like to know more about how to get started with genealogy, come to either class! Cathi is the President of the Anoka County Genealogical Society and enjoys helping others research.

**Publishing Your Family History:** Feb. 18, 2020  
**Planning a Research Trip:** March 4, 2020  
**Registration Deadline:** 1 week before  
**Fee:** $15/person  
**Location:** SLP City Hall, 6-8pm
Monday, February 3 - 10:00am - 3:00pm
The Minnesota Vikings Museum is a place for Vikings fans and legends alike to experience the comprehensive history of the Minnesota Vikings and football in Minnesota. With a 360-degree video theater, multiple interactive exhibits and historical artifacts, fans can learn the fascinating stories and insider details of the franchise throughout its more than 50 year history in fun and unique ways. This is a walking tour. Lunch will be at the St. Paul Grill: Pastrami Sandwich, Spicy Chicken, or Soup & Salad.
Registration Deadline: January 24, 2020; $72/person

Superpower Dogs IMAX Movie & Science Museum, Saint Paul
Wednesday, February 19 - 11:30am - 4:45pm
Celebrate the powerful connection we have with our canine companions in Superpower Dogs, the Minnesota Science Center’s first film on the brand new IMAX® movie theater! In this heartwarming movie, you'll follow six of the world’s boldest four-legged dog heroes (and their human companions) as they brave earthquakes and avalanches, protect endangered species, and transform lives. You’ll also have some time to explore the Science Center’s many incredible exhibits! Boxed Lunch is at the Elements Café. Sandwich choices are either Grilled Vegetable, Italian Hero or California Chicken.
Registration Deadline: February 3, 2020; $59/person

Man in Black : A Tribute to Johnny Cash @ Ives Auditorium, Bloomington
Wednesday, March 18 - 10:40am - 3:30pm
"The Man In Black: A Tribute to Johnny Cash" brings an accurate and energetic recreation of an American music icon. Bringing the legendary Johnny Cash to life with strikingly similar looks, voice and spot-on mannerisms, Cash’s raw prowess and signature sound are brought back to the stage in this one-of-a-kind tribute concert. Fans will see unforgettable performances of their favorite Johnny Cash classics! Lunch includes: Roast Beef, Vegetables, Dinner Rolls, Desserts, Coffee and Hot Tea.
Registration Deadline: March 3, 2020; $75/person

Twins Baseball Experience: Tour Target Field, Minneapolis
Wednesday, April 29 - 10:30am - 3:30pm
Don't miss your chance to explore Target Field! During your guided 90-minute walking tour at Target Field, you'll see areas of the ballpark many guests normally don't see. These spaces may include the Herb Carneal Press Box, clubhouse, dugout, suite level, Bat & Barrel, Delta SKY360 Club, Budweiser Roof Deck, and Thompson Reuters Champions Club. A professional MLB guide will join us for the tour. Lunch is at Gluek's Restaurant, Downtown Minneapolis. Please select at time of registering your lunch option: Grilled Walleye Sandwich, Beef Stroganoff or Grilled Chicken w/BBQ, Cheddar and Bacon Sandwich. Registration Deadline: April 8, 2020; $68/person

The Dixie Swim Club @ The Old Log Theater, Excelsior
Wednesday, May 13 - 11:00am - 5:00pm
This touching comedy centers around five women who became friends on their college swim team. As their lives unfold, these women increasingly rely on one another, through advice and rau
cous repartee, to get through the challenges that life flings at them. And when fate throws a wrench, these friends rally around their own with the strength and love that takes this comedy in a touching & surprising direction. Lunch options: Beef Short Ribs, Dill Roasted Tilapia, Angel Hair Pasta with Marinara or Pork Chop.
Registration Deadline: April 8, 2020; $81/person
Branson Holiday
NOVEMBER 18-23, 2020

Tour Highlights

• 6 Great Branson Shows
• 1 night Drury Inn - Kansas City Independence
• 3 nights at the Holiday Inn Express
• Curling Vine Wine Tasting
• Grand Village
• Downtown Branson Shopping
• Christmas Lights Drive
• 1 night Hampton Inn—Liberty
• 8 meals: 5 breakfasts, 1 lunch, 2 dinners
• Baggage handling for 1 bag
• Deluxe Motor Coach transportation
• Professional Spring Lake Park Tour Manager

COST:
$1,095/person double occupancy
$1,399/person single occupancy
$1,045/person triple occupancy

$100 deposit due with registration. Final payment due 9/17/20

Spring Lake Park has purchased the Group protection plan from Travel Insured International (TII) on behalf of all participants.

2 shows per day.

Final schedule of shows will be available in 2020. Experience the magnificent Christmas season in Branson! With a wide variety of talented performances, you'll enjoy beautiful holiday shows, amazing comedic talents, fabulous dancing and so much more.

During our time in Branson we'll stay at the Holiday Inn Express.

While in Branson, you'll have time to do a little Christmas shopping at the Grand Village and Downtown Branson.

This is a great way to celebrate the Christmas season.

www.slprec.org

* Please Note: shows may be subject to change or cancellation due to circumstances beyond SLP Recreation’s control.
SPRING LAKE PARK RECREATION DEPARTMENT REGISTRATION FORM

To register, please complete the form below and send it along with your check. Or go to www.slprec.org and register online. Extended trips are not available for online registration.

NAME (S)_____________________________________________________ PHONE __________________________

Please use legal name for extended tours.

ADDRESS _____________________________________________________________________________________

CITY ___________________ ZIP _________ EMAIL ADDRESS:  __________________________________________

ACTIVITY _______________________________________

DATE ________________________ COST ____________

ACTIVITY _______________________________________

DATE _________________________ COST ___________

** Please let us know IN ADVANCE if you have any special needs, i.e. using a walker, can’t climb stairs, etc. so we can better serve your needs.

________________________________________________________________________

The Minnesota Data Privacy Act requires that personal information you provide remain private data and is not available to the public. By signing below, you are consenting to allow personal data to be shared with essential personnel involved in administering the program. In consideration of your accepting this entry, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have against the City of Spring Lake Park or their representatives, successors, and assigns for any and all injuries suffered by myself at the activity that I attend.

Adult Participant or Parent/Guardian Signature:

FOR OFFICE USE ONLY

Class # ______________________

Cash/Check # _________________

Receipt # ____________________

Date Rec’d ________ By ________

Spring Lake Park Recreation Department
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