Imran Ahmad Khan Niazi born 5 October 1952 is a Pakistani Prime Minister in waiting and former cricketer who is member-elect of the National Assembly and current chairman of the Pakistan Tehreek-e-Insaf. He won a plurality of the vote for premiership in the 2018 general elections. Previously, he was a member of the National Assembly of Pakistan from 2002 to 2007 and 2013 to 2018, seats which he won in the 2002 and 2013 general elections respectively. Prior to entering politics, Khan was a cricketer and philanthropist. He played international cricket for two decades and later developed philanthropic projects such as Shaukat Khanum Memorial Cancer Hospital & Research Centre and Namal College.

Khan was born to a Pashtun family in Lahore, Punjab, in 1952 and educated at Aitchison, Worcester, and later at Keble College, Oxford. Khan started playing cricket at the age of 13. Initially playing for his college and later for the Worcestershire Cricket Club, he made his debut for the Pakistan national cricket team at the age of 18 during the 1971 series against England at Edgbaston, Birmingham. After graduating from Oxford, Khan made his home debut for Pakistan in 1976, and played until 1992. Khan also served as the team’s captain intermittently throughout 1982–1992. He notably, led Pakistan to victory at the 1992 Cricket World Cup, Pakistan’s first and only victory in that competition.

Khan retired from cricket in 1992 as one of Pakistan’s most successful players. In total he made 3,807 runs and took 362 wickets in Test cricket, and is one of eight world cricketers to have achieved an ‘All-rounder’s Triple’ in Test matches. He was later, in 2010, inducted into the ICC Cricket Hall of Fame. In 1991, he launched a fundraising campaign to set up a cancer hospital in memory of his mother. He raised $25 million to set up a hospital in Lahore in 1994, and later in 2015 a second hospital in Peshawar. Khan remains a prominent philanthropist and commenter, and served as the chancellor of Bradford University between 2005 and 2014 and was the recipient of an honorary fellowship by the Royal College of Physicians in 2012.

In April 1996, Khan founded the Pakistan Tehreek-e-Insaf (lit: Pakistan Movement for Justice), a centrist political party.
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Telangana CM seeks hike in reservation for SC/STs, separate HC for state

Hyderabad: Telangana Chief Minister K Chandrasekhar Rao on Saturday met Prime Minister Narendra Modi in Delhi and sought the President’s assent for a Bill, enhancing quantum of reservation for Backward Class, Scheduled Caste and Scheduled Tribes.

In his second meeting with Modi in less than two months, Rao discussed various pending issues relating to the state. He sought the President’s assent to the Bill for increasing quantum of reservation in educational institutions and government jobs for backward classes, scheduled castes and scheduled tribes.

The Bill passed by the state legislature last year was sent to the Ministry of Home Affairs for President’s assent. According to a statement from the Chief Minister’s Office in Hyderabad, during the hour-long meeting Rao discussed 11 issues and submitted letters pertaining to them.

KCR, as the Telangana Rashtra Samithi (TRS) chief is popularly known, told the prime minister that the need to increase the percentage of reservations for SCs, STs and BCs arose as the proportion of the population of these sections increased consequent to the formation of Telangana state.

Under the bill passed by the state legislature, quota for STs was increased to 10 per cent from the existing 6 per cent, while that for BC-E category (the backward sections among the Muslim community) increased to 12 percent from the existing 4 percent. The total reservations in the state, consequently, will go up to 62 percent from the existing 50 percent.

KCR brought to Modi’s notice that while capping the total quantum of reservations at 50 percent, the Supreme Court had also clarified that, if it should exceed 50 percent, the State shall make out a case showing compelling circumstances for exceeding the limit. He pointed out that Tamil Nadu is providing 69 percent reservation in the State.

The TRS chief also sought the Centre’s approval for new zonal system in Telangana pertaining to the government employment in the state. He called for immediate steps to amend the Presidential Order of 1975 to facilitate implementation of the new zonal system created keeping in view the requirements of the new state.

As the issue of separate High Court is pending since the creation of Telangana in 2014, KCR urged the Centre to expedite the process. He sought immediate steps for establishing a high court in the residuary state of Andhra Pradesh so that the High Court at Hyderabad exclusively caters to the needs of Telangana.

KCR reiterated the demand for central grant of Rs 20,000 crores for Kaleshwaram Project being built on Godavari river. He said on completion, it would be the life line of Telangana as it is designed to irrigate 18 lakh acres. The total cost of the project if Rs 80,000 crore.

Early completion of pending railway projects, transfer of defence land in Secunderabad for construction of new Secretariat building, funds for development of backward areas, establishment of Indian Institute of Management (IIM), sanctioning Indian Institute of Information Technology at Karimnagar, and funds to develop the Information Technology Investment Region (ITIR) in Hyderabad as per the already approved scheme were the other key issues taken up by KCR.
ICNA Relief CEO Maqsood Ahmed thanking Disaster Relief team for their outstanding services in Houston during and after Hurricane Harvey.

University of Texas, Dallas
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(Davidson Auditorium @ Jindal School of Management)

Saturday, August 11, 2018

Registration/Coffee/Donuts/Seating: 9:00 to 10:00 AM

Program: 9:30 AM to 1:30 PM

Light Lunch & Exhibit of Medieval Muslim Scholars & Scientists 1:30–2:30 PM

Registration is free (10yr and older only). Limited Seats.


Basheer Ahmed 817 907 6080  Moazam Syed  817 733 0104
Muhsin Shaheed 817 235 3449
Client Appreciation Dinner organized by Shawkat Mohammed in Dallas

Client Appreciation Dinner was organized by Shawkat Mohammed of New York Life on July 29th at Gemstone Banquet Hall at Park Plaza Tower, Dallas. Clients and friends attended the fun-filled event. Mr. Shawkat welcomed the guests took pictures with them. Guest artists Farah Salam and Abdul Gafoor travelled from Chicago to entertain the audience through their singing. Number of songs old and new, solos and duets were sung melodiously. Attendees enjoyed the scrumptious dinner. Shawkat Mohammed is also an Advisor at Asia Times US, a monthly magazine.

Mr Dean Panjwani, Senior partner New York Life Insurance spoke about Shawkat Mohammed. Following is his speech:

Shawkat Mohammed joined New York Life almost 13 years ago. The reason he chose this career is because he firmly believed that this was his calling. He believed that through this career, he could impact the community in a positive way and he has been able to do so.

Now why did he chose to represent New York Life. Besides, New York Life is well recognized and respected organization within the South Asian community, New York Life is the oldest and the largest mutual life insurance company in the country and has been part of the fortune 100 companies with unmatched financial strength. What have impressed Shawkat Mohammed about New York Life was the structure of the company and the principles that this company was built on.

New York Life is a mutual company. What that means is that New York Life is not traded in the stock market. It is owned by its policy holders and NYL has shared its profits with the clients for more than 164 years without a fail. Just last year only, we shared more than 1.8 billion dollar in dividends or profits with our clients. NYL just like most organizations like to recognize its successful advisors for having made an impact in the community each year. The recognition at NYL is known as Executive Council member. Shawkat Mohammed has qualified for that recognition every year that he has been with the company. National Association of Insurance and Financial Advisors recognizes advisors in our industry each year for the highest satisfaction rating. Shawkat Mohammed has achieved that recognition as well. Besides getting company wide and nation wide recognition, he has also qualified for the highest international award for several years in a row. There is a international organization called “ Million Dollar Round Table” which recognizes the top 5% of the successful professionals from around the world, not that he qualified for the recognition, but he reached at the pinnacle of the recognition as a Top of the Table member of the organization.

As I said earlier, Shawkat Mohammed is a very caring individual and has a passion to impact the community by helping others. He has helped many individuals in the community selflessly find jobs, qualify and secure social benefits which they have earned, deserved and needed with no expectations in return. He has never said no to any community member when he is called upon to ask for help. He is currently playing a leadership role by serving on the board of Hyderabad Society of North Texas. He is also a fan and supporter of Urdu literature.

Now, it is his humility and modesty as I said earlier, that he has chosen not to take all the credits for all of his success. First of all, he want to thank everyone present here for being his support in his successful career. And he personally wants to thank Mr. Shahid Jaffery and Waseef Ahmed for the untiring support throughout his career. He also have a very high regard for his uncle Mohammed Abdul Waheed who has been an inspiration for him. As you all know that no family man is successful without the full moral and emotional support of the family. Shawkat Mohammed has always been very proud of his wife and two very obedient and respectful children. Last but the most important credit of his success goes to the support, guidance and blessings of his late mother “ Shameem Sultana”
Al Noor presents - Mushaira 2018

An evening dedicated to peace and harmony. Al Noor International organized An Evening for Peace and Unity Mushaira 2018 with royal magnificence. Sweet memories of this celebration will remain down the memory lanes for years. Al Noor international is a literary and social organization of America. It is unique no one is equal in organizing such poetry contest in modern style. This annual international Mushaira was organized at a beautiful spacious hall with glittering glory and sparkling splendor in Dallas Texas on eighth July 2018. The gathering of Urdu lovers was tremendous. Selected dignified Urdu poets and poetess were invited from all over the world to participate in this prestigious Mushaira. A large number of audience were present.

Asia Times US is proud to be a media partner of Al Noor International.

Very attractively decorated hall crowded with Urdu lovers before the scheduled time was excellent motivator and source of inspiration in high spirits of commitment. It was spectacular and worth watching. Urdu admirers and people of literary taste and others restlessly and impatiently waiting for the annual Mushaira to commence. Credit of organization this popular successful program goes to Mr. Noor Amrohvi, he is one of the most respected person. He is not only literary personality but also a literary institution in himself. He believes that our civilization cultural and literary heritage to be passed on and handed over to next generation. Gen secretary of the organization popularly known personality of radio Ms Shazia Khan invited the guests, dignitaries and poets and poetess on to the dais. She had extended a hearty welcome to the audience. Mr. Noor Amrohvi in his welcome address spoke about his tireless efforts. He and his team have emotional attachment towards Al Noor international.

The founder of beauty of humanity Mr. Sheik Ajaz has collection of poetry to his credit has presided the event. Chief guest was Dr. Shamsa Qureshi, a well-known personality of Dallas and an Advisor at Asia Times US a monthly magazine, received annual peace and unity award from famous Pakistani poet Dr. Peerzada Qasim. Members of the community congratulated Dr. Shamsa Qureshi for receiving the award. The famous indian poetess Latha Haya’s poetry ‘Modern Abla” was inaugurated by Mr. Peerzada Qasim. The anchor of the program was Niloufer Abbasi. She was spontaneous, well versed and interesting. The portraits of all the poets and poetess hung in the hall was eye catching and pretty. The master mind behind this brilliant idea is Mr. Noor Amrohvi, he received great appreciation form the gathering. Precious gifts along with their portraits were offered to the participants from different parts of the world.

Indian poet Mr. Manzar Bhopali presented his new poem and said that Mr. Noor has great respect and honor not only in US but also in India. A huge number of his admirers are there in India. Pakistani poet Peerzada Qasim presented his appreciation to Mr. Noor Amrohvi in the form of prayed for his prosperity. Latha Haya and Manzar Bhopali represented India. Dr. Peerzada Qasim from Pakistan Sabiha Saba from New York and Mr. Khalid Irfan were from Dallas. Mr. Jameel Afsar came all the way from Sweden. Mr. Ashfaq Hussain arrived from Canada were the guests invited to attend Mushaira. Apart from Dallas Urdu loving people from other cities and provinces were presented.

The banner was designed by Gravity Art Designers Nanded (Maharashtra). The Mushaira will remain in the hearts and minds of people for years.
BIRTHDAYS IN AUGUST - CONGRATS

CONGRATULATIONS FRIENDS
Dr Umar Farooq at free Health Fair in Bensalem Library!

Ijaz Ahmad in Manhattan NY!! with Mayor de Blasio and Atif Aslam
Indian Business Community at Janadariyah felicitates officials, businessmen and volunteers

Riyadh - The Indian business community in Janadariyah felicitated the Indian Ambassador, Embassy officials, businessmen and volunteers for their relentless contributions and services to make the Janadariyah 2018 a huge success.

This year India was invited by Saudi authorities to participate in Janadariyah as the guest of honor country. Accordingly Indian embassy officials and volunteers from different parts of India strove hard to make it a grand success.

Speaking on this occasion the Indian Ambassador Ahmed Javed congratulated the whole team. He attributed the success to the dedication and team work of the Embassy staff and volunteers who worked round the clock. Due to the collective efforts we have set up a great pavilion displaying the greatness and variety of India. India’s growth story, technical advancement, traditional folk dances, Bollywood performances and state pavilions with sprinkling of localized flavors attracted the huge crowd of Saudis and other expatriates. It increased the level of curiosity among visitors to such an extent that the number of visas issued by Indian Embassy increased in huge numbers.

The Deputy Chief of Mission at the Indian Embassy, Dr. Suhail Aijaz Khan said that the Janadariyah is the most important cultural event of the Middle East. Being the guest of honor country with huge pavilion we got an opportunity to display many attractions. Yoga was demonstrated every day and it attracted the interest of many Saudis. Best of the diverse Indian culture was displayed by the different states. Chairman, Organizing Committee and General Manager, Masah Co., Eng. Mohammed Abdul Nayeem said that Janadariyah offered a great platform to the Indian business community to display their success and achievement in the Kingdom of Saudi Arabia.

The members of the organizing committee comprising T. Srinivasan, Eng. Mohammed Abdul Nayeem, Eng. Mohammed Shakeel, CEO Nawazinda Telecom Technologies C. Ltd. and Dr. Mohammed Ashraf Ali jointly presented the memento of appreciation to the Indian Ambassador Ahmed Javed. Indian Ambassador Ahmed Javed presented plaques of appreciation to the business community who participated in Janadariyah. They included MV Rao, VP and Country Head, L&T; Zameer Mohammed SA, Area Manager KSA & Bahrain, Tata Motors, Mohammed Abdul Nayeem, Masah Co., Dr. Fadi M Al Ghareeb, CEO, Aster Sanad Hospital, Ba-

chu Vidyasagar, VP and Country Head, Shapoorji Palonji Group, Sachin Ibrahim, Lulu Hyper Market, Mohammed Afnas, ITL, Dr. Shinoop Raj, Regional Head Riyadh & Dammam, Abeer Hospital, Mohammed Rafi, Gateway Holidays and Niyas Ellikkal, Sales Manager, Jet Airways.

Ahmed Javed also presented the mementos to Indian embassy officials and the members of the Managing Committee. They included the Managing Committee members T. Srinivasan, Mohammed Abdul Nayeem, Eng. Mohammed Shakeel and Dr. Mohammed Ashraf. While the embassy officials were DCM, Dr. Suhail Aijaz Khan, First Secretary Dr. Hifzur Rahman, Second Secretaries, Naveen Kanwal Sharma, Dr. C. Rambabu and Vijay Kumar Sin. Indian Ambassador appreciated the efforts of the Embassy staff and volunteers who worked round the clock. Due to the collective efforts we have set up a great pavilion displaying the greatness and variety of India. India’s growth story, technical advancement, traditional folk dances, Bollywood performances and state pavilions with sprinkling of localized flavors attracted the huge crowd of Saudis and other expatriates. It increased the level of curiosity among visitors to such an extent that the number of visas issued by Indian Embassy increased in huge number.

One of the main attractions at the Indian pavilion at Janadariyah was the display of diverse culture tradition of India. The volunteers of different states played an important role in this. Their efforts were recognized and appreciated presenting certificates to them. Deputy Chief of Mission at the Indian Embassy in Riyadh Dr. Suhail Aijaz Khan presented the appreciation certificates to Salman Khan (UP), Ahmed Imtiyas (Tamilnadu), Syed Khaled Kareem (Telangana), Anthony (Andhra Pradesh), Santosh Shetty (Karnataka), Debasree (Orissa), Stanley Jose and Saleem (Kerala). Eng. Mohammed Shakeel received the certificate on behalf of Niyaz Ahmed for Bihar. Volunteers of Maharashtra, Madhya Pradesh and West Bengal did not turn up for the event so their certificates will be sent to them.

On this occasion the DCM Suhail Aijaz Khan also presented appreciation certificates to the volunteers of the event Mohammed Junaid Abdul Malik and Eng. Talha Owais. The Indian Ambassador appreciated the efforts of the organizing committee members for celebrating the successful participation of India at Janadariyah 2018. He presented the memento of appreciation to the main sponsor Mohammed Abdul Nayeem, General Manager Masah Co.

Many prominent Saudi businessmen attended the event. They were Dr. Abdullah Al Maglouth, Chairman Al Maglouth Group and head of investment committee at Riyadh Chamber of Commerce and Industry, Dr. Said Al Rabiah Chairman Al Rabiah Group and BGTT, Ibrahim Al Mojel, Chairman Al Mojel Group and many others.

Event Coordinator, Managing Committee Member and the man behind the event Dr. Mohammed Ashraf Ali proposed the vote of thanks. He thanked the organizers of Janadariyah, the Ministry of Na-
Peer Mohammed Iqbal Shami sahab a Sufi scholar of London, U.K, on a tour to different cities in India. Had the privilege of having lunch with him at my residence in Shamshabad, Hyd.

Book launch titled ‘Fifth Mahatma’ Shri K.C.R ji the Chief Minister of Telangana State, written in Telugu and Urdu by great Author Janab Jalaluddin Akber at Media Plus Auditorium ABIDS, Hyderabad. Launched by Honourable Deputy Chief Minister of TELANGANA State Janab Mehmood Ali Sahab, myself, Quyum Anwar Editor T-News Urdu, writer Janab Anand Raj Verma former professor Anwar Uloom College and other VIP guest where present.

Misri Gym inauguration today at Tadbian Cross Road owner Esa Misri and sons.

Mr Iftekhar Shareef presents American Independence Day Cricket cup held at City Cricket Academy between Naubahar team, MPL Team & Colour photo Team. Naubahar Team led by Syed Hussain Won the Cup beating Colour photo & MPL by 8 wickets & 9 wickets respectively. It was very entertaining Night with some Awesome strokes played by Naubahar team batsmans Asad Ali, Jayasuriya & Mast Ali.
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Fardeen weds Allison

-by Mujeeb Osman

A grand wedding ceremony took place for Fardeen Shareef, son of Faiz Shareef, MD and Zara Shareef, to Alison Shareef on July 7 at the AON Grand Ballroom at Navy Pier, Chicago, IL.

There was a Manjhe Party at the Shareef estate in Munster, IN, on July 5. The Nikah ceremony followed the next day at Alhambra Restaurant in Downtown Chicago, IL.

The Prophet (Sallahu alayhi wa sallam) said: “Declare this marriage” before the ceremony, this is the Al-Ijab wal-Qubul (offer and acceptance).

The four-day celebration concluded with a Shareef family reunion on the Odyssey Cruise on Lake Michigan on July 8. The wedding was a lavish experience for all 600 guests, many of which were notable politicians and news media who flew in from all over the world, namely countries in Asia and the Middle East. Fardeen and Alison’s wedding planner, Mohammed Abdul Mubashir, is based in Dubai but offered his services to the new couple.
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"At the stroke of the midnight hour, when the world sleeps, India will awake to life and freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new...India discovers herself again." - Jawaharlal Nehru

After more than two hundred years of British rule, India finally won back its freedom on 15th August, 1947. All the patriotic hearts rejoiced at seeing India becoming a sovereign nation and the triumph of hundreds and thousands of martyred souls. It was a birth of a new nation and a new beginning. The only fact that marred the happiness of the fruits by the blood of martyrs was the fact that the country was divided into India and Pakistan and the violent communal riots took away a number of lives. It was on the eve of 15th of August, 1947 that India tricolor flag was unfurled by Jawaharlal Nehru, the first Prime Minister of India, on the ramparts the Red Fort, Delhi. History

In 1947, after the World War II, Britain could see that it no longer could hold its power over India. It was becoming increasingly difficult and Indian freedom fighters were in no mood to give up. With the international support also coming to an end, Britain decided to relieve India from their power but not before June 1948. However, the impending independence more so enhanced the violence between Hindus and Muslims in the provinces of Punjab and Bengal. The communal violence grew so large that it became impossible for new viceroy Lord Mountbatten to control it and as such, he advanced the date for the transfer of power, allowing less than six months for a mutually agreed plan for independence. Thus, India gained its independence on August 15, 1947 but not without paying a heavy price. Partition was done and a separate state for the Muslims was formed, with Muhammad Ali Jinnah being sworn in as Pakistan's first Governor General in Karachi. On the midnight of August 15, 1947 India was sworn in as an independent country with Pandit Jawaharlal Nehru as the prime minister and viceroy then as Lord Mountbatten. The official ceremony took place in Delhi. Great leaders and freedom fighters like Mahatma Gandhi, Abul Kalam Azad Jinnah, B. R. Ambedkar and Master Tara Singh are few of the many to whom India owes its freedom.

Celebrations

The day is celebrated to commemorate the birth of the world's biggest democracy as a national holiday. All the schools and colleges across nation hoist the national flag on the rooftops and the buildings to symbolize the stature of the national flag as nation's pride. Not only the educational institutions but also offices and business areas celebrate this day. Since it is declared a national holiday by the government of India, all the institutions, government or otherwise, have holiday. People only go to offices to attend the flag hoisting ceremony. The Prime Minister addresses the Nation after the flag has been unfurled recounting the country's achievements of the year, discussing current major issues and future plans for the progress of the country. Kite-flying has also become a tradition on this day and people can be seen flying numerous kites of all colors, sizes and shapes symbolizing the freedom. Independence Day is celebrated throughout India and every corner of the country on 15th August every year. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. It is amazing to see how apart from the normal government offices and educational institutions the day is celebrated even in small colonies and associations. There are costume parties and people, old or young, men or women, dress up in a nationalistic way. There are many documentaries aired and grave of martyrs are paid respect. Every citizen does something or the other to mark this day of freedom. Media is not far behind as most of the channels telecast latest or classic films based on the independence theme. Also, there are patriotic programs that are organized and broadcasted. In short, every person in the country revels in the nationalistic pride.
Pakistan's Independence Day, which is annually held on August 14, celebrates the country's independence from the British rule on that date in 1947. This day is an occasion to promote patriotism and national unity.

Many people dress in or use the colors green and white, which are Pakistan's official colors, during Pakistan's Independence Day. ©Stock photo. com/duncan1890

What Do People Do?
People all over Pakistan celebrate Independence Day with patriotic zest. Many people who attend the Independence Day parades dress up in green and white, which are the Pakistani flag's colors. People visit national monuments and places of national significance to celebrate Independence Day. This is also a time to meet relatives, exchange gifts and visit recreational spots.

Pakistan's national flag is hoisted on public, private buildings, residences and monuments at dawn. Official buildings, including Parliament House, are decorated and colorfully lit. The prime minister and president address and congratulate the nation and talk about the day's significance. Streets and houses are decorated with candles, oil lamps and pennants. Firework shows are put together on the eve of Independence Day.

Pakistan's Independence Day also pays homage to people who devoted their lives for Pakistan's freedom movement and made sacrifices to attain Pakistan's independence. A change of guard takes place at national monuments, including the mausoleums of Muhammad Iqbal, who was a poet, philosopher, and politician, and Muhammad Ali Jinnah, who is considered by many as Pakistan's founder and Quaid-i-Azam (supreme leader).

Events held during the day include special theatre shows, national song competitions, concerts, and Independence Day pageants. Radio and television stations broadcast national songs and specially prepared Independence Day programs.

Public Life
Independence Day is an official holiday in Pakistan on August 14. All governmental, non-governmental offices, organizations, educational institutions, post offices, and major markets are closed. Public transport remains unavailable on all major routes. Traffic congestion is common due to Independence Day parades.

Day parades.
Background
The Indo-Pak subcontinent remained a British colony from 1849–1947. The subcontinent's inhabitants did not approve of the British rule in united India. An uprising that occurred in 1857 eventually formed the shape of a freedom movement, which exemplifies the efforts of the people of British India in gaining their independence.

Muslims ruled the subcontinent before the British incursion and suffered due to the 1857 uprising against the British East India Company. Leaders such as Sir Syed Ahmed Khan and Syed Ameer Ali worked diligently for the Muslim people's political advancement. The Indian National Congress was formed in 1885, which later on became British India's largest political party. Major Muslim political leaders, including Muhammad Ali Jinnah, were members of the Indian National Congress and worked towards Hindu-Muslim unity and India's independence.

The All India Muslim League was founded on December 30, 1906. There was growing demand for an independent Muslim state in India. In 1930 Muhammad Iqbal presented the idea of a separate Muslim state that would geographically consist of the Muslim majority areas in the subcontinent. The word Pakistan is a conjunction of two words Pak meaning Pure and Stan meaning Land, a name coined by Choudhary Rahmat Ali. Strong Hindu nationalism gave birth to the Two Nation Theory, an ideology that is accredited as being the basis for Pakistan's creation. In 1940 the Pakistan Resolution was passed in Lahore demanding greater Muslim autonomy in British India.

After World War II, it was expected that the British colonies would soon disintegrate. The Pakistan Movement, spearheaded by Muhammad Ali Jinnah, resulted in creating a Muslim state. Pakistan gained independence from the British rule on August 14, 1947. At its birth, Pakistan had two parts commonly referred to as East and West Pakistan. In 1971 East Pakistan parted from West Pakistan and became Bangladesh.
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Happy independence day to India and Pakistan
From Wali and Roshan

Congratulations to Imran Khan
We hope you bring prosperity to Pakistan

Left Picture:
Imran Khan with Roshan Waliuddin and others
TWIN HONORS FOR SHER MOHAMMED RAJPUT

In a quick succession, maverick Sher Mohammed Rajput has been honored by the American Federation of Muslims of Indian Origin (AFMI), and just before that by the Indo American Center (IAC).

Both honored him for his Life-Time Service rendered to benefit Chicago Community and the community-based organizations over past 30 plus years. Both the honors came at organizations’ respective Dinner Galas.

Sher Rajput has been the Trustee of the Indo American Center. He has been instrumental in bringing community support to the center at the time when ongoing Governmental sanctions ran IAC’ funds dry.

AFMI, while revisiting Chicago, during its recent 25th Year Annual Convention recognized Rajput’s immense assistance provided to put the event together. The two awards have made Sher Rajput talk of the town.

Chicago-based Sher Mohammed Rajput, has dedicated his life serving the Muslim, Hindu, Sikh, and Christian community in Chicago. Few years back, he carried the mantra of “Hindu, Sikh, Esai! Hum Sab hai Bhai Bhai!” to his native city of Bikaner in Rajasthan, India. On his 20th annual visit to Bikaner past year, he was accorded a rousing welcome. City of Bikaner’s elite citizens felicitated him. Sarav Dharam Maha Sabha of Greater Rajasthan awarded him for being the promoter of the concept of true brotherhood among all religions. Maharajah Dungar Singh College of Bikaner presented him with the Best NRI Natives Award.

Supporting his Iconic hat, he is routinely seen on Devon Avenue. Sher Rajput has a secular outlook and was bestowed with Outstanding Community Service Award by Chicago’s Geetha Mandalam, a Hindu Religious organization.

He is a founding member of the Board of Trustees of East West University and has been recognized by the University Board for his great contributions. He is also a founding member and Board of Trustee of the Indo American Center, Chicago.

Sher Mohammed Rajput, Founder Trustee of Indo American Center, Senior Trustee East West University (Second from left) is seen receiving the Community Service Award from Ms Neeta Bhushan, Consul General of India at Chicago. Also seen are Dr Nakedar, Convener AFMI Chicago Convention, and its incoming President Dr Kutb Uddin Ahmed.
Engr. Mujeeb Osman and Sons felicitate Honorable Jesse White, Illinois Secretary of State

On the evening of Saturday, July 14, Illinois Secretary of State Jesse White was recognized for his decades of services to the Illinois people. Invited by Mujeeb Osman, Secretary White joined members of the South Asian community for a meet and greet dinner at the House of Biryani Restaurant on Devon Ave, a popular spot for locals.

The dinner was organized to celebrate Secretary White’s work in upholding the ideals of democracy. Although his work focus primarily on identification and driving services, the effect of his policies is felt everywhere. At the dinner, Master of Ceremonies Ramisha Haque posed questions sent in by Mujeeb Osman regarding the Secretary of State’s office’s efforts in aiding undocumented and non-visa status students and individuals. The Secretary of State office provides means of obtaining temporary identification and driver’s licenses for such individuals, and the audience at Saturday’s dinner was curious to know Secretary White’s thoughts on the policy.

Easy-access to driver services is one point that the Secretary of State office often asserts, as in the case of the Taste of Chicago festival held annually in downtown Chicago. Among various food stalls was a booth for the Secretary of State office, where attendees could easily renew their identification, purchase license plate stickers, or register as organ/tissue donors, all without leaving the festival.

Following audience questions, Secretary White stressed the importance of diversity in the political field, openly stating his support for various non-white politicians who are currently active. He also discussed the importance of safe driving practices for young drivers, particularly college students. His words are backed by years of dedication to optimizing Illinois driving laws to keep our roads as safe and protected as possible.

The entertainment was the highlight of the night. Five renowned singers within the community showcased their talent to the delight of the dinner guests. Syed Hussain has been singing for the last 25 years and was previously a student of famous classical Indian vocalist Vithal Rao. Syed Mohsin, also well-known, comes from Saudi Arabia. Mohammad Ghafoor of Chicago is both a singer and DJ, offering his sound equipment services for the duration of the event. Ghafoor joined a fine arts academy at a young age, and, since moving to the US in 1979, has received several awards for volunteering politically and helping senior citizens. Farah Salam, an Indian-Pakistani singer, performed both solo songs and duets with the other singers. Finally, the dinner’s honorable guest Laiba Ali gave her own unique performance. Popular globally for her classical singing, Laiba is the great-granddaughter of poet Josh Malihabadi, and she carried on his legacy with a rendition of an original poem, which she wrote as a young girl.
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Madhu Chopra Finally Clears the Air on Priyanka Chopra-Nick Jonas Wedding Rumours

Priyanka Chopra has been much in the headlines lately for her romantic involvement with American singer Nick Jonas. Recently, Priyanka’s mother, Madhu Chopra opened up about the same. In a recent media interaction, when Madhu was quizzed if Priyanka is getting married, she said, “No.” In earlier interviews Madhu Chopra had mentioned that she can’t imagine her daughter with a foreigner, adding that it would be easy to adapt if both sides belong to the same culture.

Madhu has not been very vocal and about Priyanka and Nick being together. When asked about her experience on dinner with the American singer she said that she has met Nick for the first time and it is too early to form an opinion.

Priyanka and Nick were first seen together at the 2017 Met Gala, though the rumours really started after they were seen celebrating the Memorial Day holiday together and later spending time with each other’s families. The marriage rumours were further fuelled when filmmaker Ali Abbas Zafar announced Priyanka’s exit from Bharat for a “very very special reason” in the “Nick of time”. At once the tweet was taken as a hint that the two are taking their relationship to the next level and reports of the duo’s engagement started doing the rounds.

Karnataka makes it compulsory to install CCTV cameras in crowded areas

From now onwards, installing CCTV cameras is compulsory in the state as per the Karnataka Public Safety (Measures) Enforcement Act, 2017 enacted by the Karnataka government.

A release from the office of the Director General and Inspector General of Police (DG&IGP) stated, ‘With immediate effect, all commercial establishments, industrial establishments, religious places, educational institutions, hospitals, sports complexes, railway and bus station and places of organised congregation wherein more than 100 people gather at a time or more than 500 people frequent per day are liable to provide and maintain public safety measures.’

There are penal clauses for those that fail to comply with the provisions of the public safety act and rules.

For the first offence, the defaulter will be penalised Rs. 5,000. For the second default, it will be Rs 10,000. Temporary sealing or closure for continued failure to comply with the provisions is the last step.

The release also states that every establishment should provide information about their establishment in Form No 1 to the jurisdictional inspector of police. They will also have to submit periodical returns in Form No 15 once in 3 months.

This order comes into force with immediate effect.

Karunanidhi at Chennai’s Kauvery hospital

Chennai: President Ram Nath Kovind visited DMK president M Karunanidhi at the Kauvery Hospital and wished him a speedy recovery. “Visited Thiru Karunanidhi, met Kalaignar’s family members and doctors, and inquired about his health. Wishing the former chief minister of Tamil Nadu, a veteran of our public life, a quick recovery,” Kovind tweeted.

Kovind was accompanied by Governor Banwarilal Purohit. He met Karunanidhi’s son MK Stalin and daughter Kanimozhi at the hospital and enquired about their father’s health.

Earlier, Kovind was received at the airport by Purohit, Tamil Nadu chief minister K Palaniswamy and Deputy Chief Minister O Panneerselvam.

A five-time chief minister of Tamil Nadu,
Celebration of 100 meetings of Bazm E Urdu Toastmasters of Riyadh

Celebration of 100 meetings of Bazm E Urdu Toastmasters of Riyadh (BUTMCR). Wonderful evening. We are learning. Our own mother tongue language and trying to keep alive the Urdu language. The function was graced by First Secretary Embassy of India Riyadh Dr. Hifzur Rahman Azmi Sahab and Organized by BUTMCR. Dignitaries, Urdu lovers from all over India living in Riyadh attended the function enjoyed and appreciated. The 100 meetings of BUTMCR we’re completed under the guidance of seniors like Arc. Saleem AR, Engr. Abdul Hameed, Dr. Ozair Ghazi, Dr. Sayeed Nawaz, D’Tm Mohammed Mubin, All TMs of BUTMCR trying run in future successful. Congratulations once again my fellow Toastmasters of BUTMCR.

TM. Engr.Mohammed Azizuddin.
VP Membership.

Karan Johar Will Direct Ranveer Singh in His New Venture

This will be the news that is surely going to make your day. It has been quite some time since Karan Johar’s last blockbuster “Ae Dil Hain Mushkil” which was released in Diwali 2016. We knew that he was working on a script and now since he has finally completed his script, he has signed none other than Ranveer Singh for his new venture.

A source close to Karan Johar confirmed “Yes, that is true that Karan sir has completed the script which he is planning to direct after the last big screen outing in 2016 with Ae Dil Hai Mushkil. In fact, he is looking to go on floors with the project in the start 2019 itself”. He further added that it will be a two hero project and Karan Johar had already selected Ranveer Singh as one of the lead. Adding on to the details of casting, the second lead is yet to be finalized. Karan Johar, who is riding high on the success of Ishan Khattar and Janhvi Kapoor starrer “Dhadak”, will be directing his seventh film Ranveer Singh, who is basking the glory of blockbuster “Padmaavat”, is super-excited these days as he is busy completing the shooting of “Simmba” directed by Rohit Shetty and produced by Karan Johar’s Dharma Productions and is scheduled to release during Christmas 2018. Ranveer Singh is also wrapping up the shoot for Zoya Akhtar’s “Gully Boy” which stars Alia Bhatt.

Watch this space for the latest development for the Karan Johar-Ranveer Singh collaboration.

2019 Hyundai Creta Sport SUV Launched, Gets New Features

Hyundai has had great success with their compact SUV Creta in the Indian market as well as the Brazilian market. Now, the Korean automaker has launched the 2019 Creta Sport in Brazil which takes a sportier approach to the overall styling, giving it an aggressive stance.

The Hyundai Creta Sport gets several touches on the exterior as well as the interiors. On the outside, the car gets several black accents throughout the body with the blacked-out hexagonal grille and a gloss-black skid plate. The outside rearview mirrors and the new 17-inch wheels also get blacked out, adding more to the sportier feel of the car. The black accents continue at the back as well. The Creta Sport gets a sporty spoiler, a shark fin antenna, skid plate and roof rails – all of which, you guessed it, is in a black finish. Inside the Creta Sport, the cabin carries a dark theme. The SUV gets black leather seats with black headliner. All of this is offered along with a new blueMedia infotainment system that supports digital TV, Android Auto and Apple CarPlay.

Other changes inside the car include a blacked-out treatment of all the accents which are generally given a brushed aluminum finish, like the casings around the AC vents, around the gear lever and even on the steering wheel. The only part which carries over the chrome treatment, like the other variants of the Creta, are the door handles.

The new Brazilian spec 2019 Hyundai Creta Sport is powered by 2.0-litre DVVT 16V flex-fuel engine that produces 156 hp and 187.31 Nm of torque in petrol mode. With ethanol, the same engine produces 166 hp and 201.04 Nm of torque. The engine is mated to 6-speed automatic transmission as standard. The new Creta also gets a firmer suspension setup for lesser body roll in dynamic situations. As of now, there are no announcements made by the company on whether this variant will come to India anytime soon, but it will make for an interesting variant if ever it does. Watch this space for updates.
Ensure lasting change for children

DATE: 15th September, 2018
TIME: 9 am to 1 pm
VENUE: Busse Woods,
Grove #27
Elk Grove Village, IL 60007
Arlington Heights Rd. & Higgins Rd.

 TICKETS: Adults- $10 Online | $15 at the venue
Children (Under 12) -Free

ACTIVITIES: 5k Walk/Run | Games for kids | Raffle | DJ
Mehndi | Photo Booth | Certificates & Medals

Register Now: https://events.cryamerica.org/

GET YOUR FREE CRY T-SHIRT!
For participants above 12 years

For sponsorship and volunteer opportunities:
Contact- chicago@cryamerica.org
Avani- 630-788-4683 | Kushal- 630-815-3837 | Ankit-630-518-6315
During his time as a renowned professor and researcher in academia, Dr. Mohamed T. AliNiazee recognized the increasing tuition rates, increasing student loans and debts, and increasing time periods required for acquiring a college degree. Confronting this imbalance, NWSC is here to make a difference by offering more student guidance, smaller classes, and three full terms per year (rather than two). A culmination of his longtime dream of establishing a world-class center of education founded on the principles of service, compassion, and quality, Professor AliNiazee took early retirement after nearly 40 years of a successful career in academia to establish NWSC. Dr. AliNiazee and the NWSC team are dedicated to building a private, non-profit school of higher education that provides affordable and quality education dedicated to science, medicine, and the humanities.

A cultural hub with numerous advanced centers for healthcare and medicine, Chicago was selected as the city to establish NWSC. In 2008, President AliNiazee acquired the property in Rolling Meadows, IL that is now NWSC. After establishing the Corporate Board and the Board of Regents, M.A.Q. Khan (late), a retired professor of biology for the University of Illinois at Chicago joined NWSC as the Chairman of the Board of Regents, and was appointed as the college’s Vice President. Dr. Khan was instrumental in this formative period at NWSC. Additional faculty and staff were hired by Dr. AliNiazee as the school started to grow.

Since its founding in 2008, NWSC has made great progress and continues to diligently work toward providing the very best educational environment. Currently, NWSC is an accredited institution offering accelerated degree seeking and healthcare certification programs. Since NWSC’s first two students in 2009, nearly 500 students have graduated over the past six years. Recent highlights of NWSC’s journey include attaining Title IV funding approval in May 2016 and initial institutional accreditation by the Accrediting Council for Independent Colleges and Schools (ACICS) in August 2014. If past performance is any indicator, NWSC has a bright future ahead.

**Tuition and Fees**
NWSC believes that nothing should hinder the pursuit of education, so we strive to provide an affordable education for our students. Our low tuition rates, combined with our quality, direct instruction and caring community, offers more for less.

**International Students**
International students seeking admission to NWSC are encouraged to apply at least 3 months in advance of the proposed admission date. NWSC trimester start dates are in the first weeks of September, January, and May.

**Housing**
Housing is readily available in the northwest Chicago area, and as a service to students, NWSC will provide a list of available housing options. NWSC has arrangements with private apartment owners nearby for incoming students.

**Visa Process**
Upon review of your admission application package and acceptance, NWSC will provide you with a Letter of Acceptance and completed Form I-20, which is required for the F-1 Visa.

**Programs**
NWSC is committed to preparing its students for advancement and growth in the field of biology. Students whose major is biology explore and understand the concepts and fundamentals of living organisms.

**Apply Now**
Northwest Suburban College warmly welcomes international students to join our diverse community of knowledge-seekers. Regardless of where you call home, when you join NWSC, you will be part of a family that nurtures you both academically and socially.

**Our undergraduates excel in preparation for graduate school and medical school, and either option will prepare students for a variety of careers and enable them to be highly sought-after in this competitive, rapidly evolving, and expanding field.**
Scientists discover liquid water on Mars for the first time

A 12-mile lake of liquid water has been discovered on Mars for the first time as scientists hunt for alien life on the planet.

The huge lake lies beneath the red planet’s southern ice cap. It is the first time a large stable body of liquid water has been discovered on Mars.

The discovery, which has major implications for the chances of life surviving in Martian conditions, was made by an orbiting European probe using ground-penetrating radar.

Prof Roberto Orosei from the Italian National Institute for Astrophysics, who led the study, said: “This is the place on Mars where you have something that most resembles a habitat, a place where life could subsist.

“This kind of environment is not exactly your ideal vacation, or a place where fish would swim,” Orosei added.

“But there are terrestrial organisms that can survive and thrive, in fact, in similar environments. There are microorganisms on Earth that are capable of surviving even in ice.”

In 2015, NASA reported that it had found the strongest evidence so far that there was water on Mars, but were not able to confirm its existence definitively.

NASA’s Mars Reconnaissance Orbiter detected mysterious streaks on the planet’s surface that appeared to ebb and flow over time, and scientists believed the movements of the flows could be attributed to the presence of water.

John Grunsfeld, astronaut and associate administrator of NASA’s Science Mission Directorate in Washington, said at the time: “Our quest on Mars has been to ‘follow the water’, in our search for life in the universe, and now we have convincing science that validates what we’ve long suspected.

“This is a significant development, as it appears to confirm that water – albeit briny – is flowing today on the surface of Mars.”

NASA’s Mars probe began its mission in 2011 with the objective of discovering whether or not microbial life could ever have been supported there. In June this year NASA’s curiosity rover found new evidence to suggest the planet could have supported ancient life Organic molecules were found in three billion-year-old sedimentary rocks which, although not proving that life existed on Mars, are a good sign for future exploration missions.

“With these new findings, Mars is telling us to stay the course and keep searching for evidence of life,” said Thomas Zurbuchen, associate administrator for the Science Mission Directorate at NASA Headquarters, in Washington.

“I’m confident that our ongoing and planned missions will unlock even more breathtaking discoveries on the Red Planet.”

When walking makes your legs hurt

Four conditions that can affect your legs and make walking painful

Fitness experts used to stress the benefits of heavy-duty aerobic exercise — the kind that makes you breathe hard and gets your heart going. But the message changed to moderate-intensity exercise list because it’s easy, convenient, and free, and it requires minimal equipment — a comfortable pair of shoes.

The trouble is that walking isn’t so easy for everyone. Indeed, it’s agony for many. And forget the “brisk” pace of three to four miles per hour advised for health and fitness. With age — and occasionally without it — a number of medical conditions can result in leg pain after walking and make walking difficult.

Some are very familiar, such as arthritis that makes knees and hips creaky; others, such as peripheral artery disease, aren’t.

This article looks at nonvascular conditions that cause leg pain and may affect walking, and some ways to treat and manage them — no need to limp and bear it!

We’re discussing these conditions separately, but people can have two or more of them at the same time, which complicates diagnosis and treatment.

1. Peripheral artery disease

Peripheral artery disease is a form of atherosclerosis, a disease of blood vessels that leads to most strokes and heart attacks. Fat- and cholesterol-plaque filled arteries narrows arteries, and blood clots can collect on the plaque, narrowing them further. Nonvascular artery disease, the arteries affected by atherosclerosis tend to be the ones that supply the leg muscles.

The risk factors are similar to those for heart disease and stroke: smoking, high cholesterol, high blood pressure, and especially diabetes.

The classic symptom is cramping, tight pain that’s felt in muscles “downstream” from the narrowed artery. It can occur in the buttocks, thigh, calf, or foot. It’s generally felt in the calf, although it’s often felt in the thigh rather than the calf. The legs may also feel weak or numb.

Like peripheral artery disease, chronic venous insufficiency is a condition of poor circulation, but it involves the veins and the blood’s return trip back to the heart and lungs. It’s a disorder of the valves in the veins, and like most of these revascularization procedures is mixed, and some studies suggest that the results from a structured exercise program can be as good, or even better.

2. Venous disease

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Arteries affected by atherosclerosis leave leg muscles starved for oxygen. Peripheral artery disease by itself can be trivial and debilitating, but it may also serve as an important warning of even more serious trouble. Atherosclerosis in the legs often means there’s atherosclerosis elsewhere, and people with peripheral artery disease are six to seven times more likely to have a heart attack, stroke, or transient ischemic attack than people without it. A peripheral artery disease diagnosis should prompt a concerted effort to rein in cardiovascular disease risk factors.

Walking hurts, so “just do it” attitude about exercise isn’t helpful. If you’re having these moderately structured, supervised exercise programs can help people increase the amount they can walk before the pain kicks in. These programs usually involve walking til it hurts (which may be only for a few minutes), rest- ing til the pain goes away, and then walking again. These walk-rest-walk sessions are most effective if people do them for about 30 minutes at least 5 days a week. A slow doses of aspirin (75 mg to 325 mg) are often recommended to reduce the risk of heart attack and stroke. Clopidogrel (Plavix), another drug that makes blood clots less likely to form, may hold the key to being more effective.

Other options — it may be more effective, but it’s a lot more expensive. Cilostazol (Pletal), a drug that widens blood vessels, and pentoxifylline (Pentoxyl, Trenal), which decreases the viscosity of the blood, are other options. What’s needed is more research.

There are no specific medicines to treat venous insufficiency. Surgical procedures have improved significantly over the years. Nowa- days, doctors can perform therapy has moved very far away from the old-fashioned saphenous vein stripping. That procedure involved making an incision in the groin and leg, inserting a stripping device into the vein, and pulling out the vein. Today, that’s considered a major surgery.

The goal of these minimally invasive techniques, performed through catheters inserted into the veins under ultrasound guidance. These treatments are performed in outpatient settings, and the patient can walk immediately after treatment.

3. Lumbar spinal stenosis

Stenosis (pronounced ste-NO-sis) is a medical term for any kind of narrowing. Spinal stenosis can be caused by narrowing, along the spine as a result of the vertebral, the disks between them, or their supporting structures impinging on the tube-like spinal canal that holds the spinal cord and roots of the nerves that exit from them. It can happen from the mechanical pressure, and perhaps also from the pinching off of the blood supply that nerves (like any kind of tissue) need.

The lumbar region of the spine consists of the five large vertebrae that form the small of the back. When spinal stenosis occurs in the lumbar region, lower back pain can be a problem, but often it’s the legs that are affected. The pain can resemble the pain caused by peripheral artery disease: cramping tightness that increases with walking, although it’s often felt in the thigh rather than the calf. The legs may also feel weak or numb.

In the past, the leg pain caused by lumbar stenosis was called pseudoclaudication because it was unrelated to blocked arteries, and doctors didn’t think it might be caused by spinal problems. Now the preferred medical term seems to be neurogenic (which means originating from the nervous system) claudication. (Lumbar spinal stenosis, vertebral discs, and other parts of the spine impinge on the spinal cord and nerves branching off of it. The diagnosis starts with discussion of symptoms and medical history. One important clue is whether the pain cases when the back is curved forward, or flexed. That posture tends to take pressure off the lumbar region, and it’s the reason some people with lumbar spinal stenosis find it easier to walk when leaping on a grocery cart or a walker. An MRI scan will often be ordered to confirm a diagnosis, but imaging studies shouldn’t be used to make one. Many people have spinal stenosis that shows up on an imaging study but doesn’t cause any symptoms. Treatment usually begins with physical therapy and exercises aimed at strengthening back and abdominal muscles. Pain relievers may help. Growing numbers of older patients are getting corticosteroid injections into the spine, which worries some experts. Evidence that the shots are effective is mixed.

If the pain persists, surgery is an option. The most common procedure is a laminectomy, which involves cutting away part of a vertebra to create more space for the spinal cord and nerves. Bone spurs and portions of the disks and facet joints can also be removed to relieve pressure. Surgery is usually reserved for patients for whom another drug that makes blood clots less likely to form.

Diabetics are prone to nerve damage, or neuropathy. Exactly why is uncertain. High blood sugar levels may damage the tiny blood vessels that supply nerves, creating “nerve strokes”: nerves starved for oxygen (ischemic) because of damaged vessels.

Diabetes may also dampen the body’s store of neurotrophic peptides, chemicals that normally repair and regenerate nervous tissue. [Diabetic neuropathy] Blood vessels (shown in red) that supply nerve cells can be damaged by high blood sugar. Diabetic neuropathy affects the upper and lower legs in different ways. In the upper leg, the pain from ischemic nerves can come on suddenly and be felt in just one leg. In the lower legs and feet, where it is more common, the symptoms are typically numbness or tingling, and are usually felt about equally in both legs. The numbness often dulls painful sensations, so sores on the feet go unnoticed and get worse. Diabetic neuropathy can make walking difficult, but symptoms may improve with exercise.

People with diabetes can reduce their chances of developing neuropathy by keeping their blood sugar down. It’s less certain that tight blood sugar control is helpful once nerves have been damaged. Still, it’s an important goal for many other reasons. Pain relievers, tricyclic antidepressants (amitriptyline, desipramine, duloxetine), and anticonvulsants (carbamazepine, gabapentin, pregabalin) are used to control the burning and tingling sensations from neuropathy.
Alcohol and age: A risky combination

Most people drink less as they grow older. However, some maintain heavy drinking patterns throughout life, and some develop problems with alcohol for the first time during their later years. The many challenges that can arise at this stage of life — reduced income, failing health, loneliness, and the loss of friends and loved ones — may cause some people to drink to escape their feelings.

Inherited high cholesterol often goes untreated

About four in 1,000 adults in this country are born with a genetic condition marked by abnormally high cholesterol levels, known as familial hypercholesterolemia (FH). Their “bad” LDL cholesterol can be two to three times as high as the common target LDL for healthy people. But only about half of people with FH are getting proper treatment for the disease, according to a recent study.

Eat an egg for breakfast, pre-loads your t-score. Bone density scans for osteoporosis

Several technologies can assess bone mineral density at the heel, shin, or finger, and femoral neck (the top of the thigh bone, or femur). DEXA accomplishes this with only one-tenth of the radiation exposure of a standard chest x-ray and is considered the gold standard for osteoporosis screening — though ultrasound, which uses sound waves to measure bone mineral density at the heel, shin, or finger, is also used at health fairs and in some medical offices.

The DEXA scan or ultrasound will give you a number called a T-score, which represents how close you are to average peak bone density. The World Health Organization has established the following classification system for bone density:

- If your T-score is –2.5 or less: you have osteoporosis.
- If your T-score is between –1 and –2.5: you have low bone density, known as osteopenia, but not osteoporosis.
- If your T-score is –1 or greater: your bone density is considered normal.

What’s your t-score? Bone density scans for osteoporosis

Several technologies can assess bone density, but the most common is dual energy x-ray absorptiometry (DEXA). For this procedure, a machine sends x-rays through bones in order to calculate bone density. The process is quick, taking only five minutes. And it’s simple; you lie on a table while a scanner passes over your body. While this technology can measure bone density at any spot in your body, it is usually used to measure it at the lumbar spine (in the lower back), hip (a specific site in the hip near the hip joint), and femoral neck (the top of the thigh bone, or femur). DEXA accomplishes this with only one-tenth of the radiation exposure of a standard chest x-ray and is considered the gold standard for osteoporosis screening — though ultrasound, which uses sound waves to measure bone mineral density at the heel, shin, or finger, is also used at health fairs and in some medical offices.

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5 ways to boost bone strength early

The best prevention for bone-thinning osteoporosis begins early — during the first two decades of life, when you can most influence your peak bone mass by getting enough calcium and vitamin D and doing bone-strengthening exercise. If you are over age 20, there’s no need to be discouraged. It’s never too late to adopt bone-preserving habits.

If you are a man younger than 65 or a premenopausal woman, these five strategies can help you shore up bone strength as a hedge against developing osteoporosis. Monitor your diet. Get enough calcium and vitamin D, ideally through the foods you eat. Although dairy products may be the richest sources of calcium, a growing number of foods, such as orange juice, are calcium-fortified. Fruits, vegetables, and grains provide other minerals crucial to bone health, such as magnesium and phosphorus.

Maintain a reasonable weight. This is particularly important for women. Menstrual periods often stop in women who are underweight — due to a poor diet or excessive exercise — and that usually means that estrogen levels are too low to support bone growth.

Don’t smoke and limit alcohol intake. Smoking and too much alcohol both decrease bone mass.

Make sure your workouts include weight-bearing exercises. Regular weight-bearing exercise like walking, dancing, or step aerobics can protect your bones. Also include strength training as part of your exercise routine.

Talk with your doctor about your risk factors. Certain medical conditions (like celiac disease) and some medications (steroids and others) can increase the chances that you will develop osteoporosis. It’s important to talk with your doctor to develop a prevention strategy that accounts for these factors.

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You know you should exercise. Regular exercise can add years to your life — healthy, active years. Exercise lowers heart disease risk, protects against some cancers, strengthens joints, and even keeps your mind sharper.

But too often, exercise routines become just that — routine. We get bored, we skip days, we find excuses.

With the Workout Workbook, you may get sore (at first!) — but you won’t get bored. You’ll get moving with more than 80 exercises that will improve your fitness, challenge your body, and hold your interest.

The report presents a blend of exercises that will improve all-around fitness, reduce the risk of developing a host of life-shortening diseases, and boost your ability to fend off infection — not to mention keep your physique firmer and spirits higher. Prepared by master trainers, these workouts will help you achieve better cardiovascular health, greater muscle power, stronger bones, increased flexibility, and enhanced balance. These are workouts that keep you on track and coming back. Each exercise can be tailored to your fitness level and your schedule. And each exercise is illustrated with instructive photographs to help you maintain the proper form for greatest gains.

Discover the exercises that break the routine, respect your time, and reward your efforts.
Preventing Child Heatstroke in Cars

The cause of death was complications from a motor vehicle collision with post-crash fire. Occupational injuries and fatalities are often the result of one or more contributing factors or key events in a larger sequence of events that ultimately result in the injury or fatality. Investigation identified the following unrecognized hazards as key contributing factors in this incident:

1. Not wearing a seat belt
2. Excessive speed
3. No guardrail
4. Exposed rebar
5. Puncture of fuel tank
6. A motor vehicle collision with post-crash fire.

The agency stated that eliminating these deaths requires education, vigilance, and personal responsibility. To help prevent these tragic events, the NHTSA provided the following safety tips:

1. Never leave a child in a vehicle unattended.
2. Make it a habit to look in the back seat EVERY time you exit the car.
3. Always lock the car and put the keys out of reach.
4. If you are a bystander and see a child in a hot vehicle:
   - Make sure the child is okay and responsive. If not, call 911 immediately.

Recommendation #1

Guardrails are safety barriers to protect motorists in the event of a crash. According to the Federal Highway Administration, "the guardrail can operate to deflect a vehicle back to the roadway, slow the vehicle down to a complete stop, or, in certain circumstances, slow the vehicle down and then let it proceed past the guardrail." It is possible that guardrails might have prevented the dump truck from leaving the roadway, overtaking, and the fuel tank rupturing.

Recommendation #2

The truck driver was not wearing his seat belt, and as the truck flipped onto its side, he was thrown to the passenger side of the cab. The resulting force knocked the driver unconscious, and he became trapped. By wearing his seat belt, it is possible he would have been conscious and not trapped in the passenger side of the cab, allowing for an attempted self-rescue or better positioning for rescuers to extract him from the burning truck.

Recommendation #3

Large truck manufacturers should consider an engineering redesign and new placement of fuel tanks within all trucks. With the high number of truck crashes that result in fire, this redesign could save lives as well as equipment. According to the Bunn et al. (2012), large truck vehicle fire rates in Kentucky were significantly increased when compared to light trucks and passenger cars. The study recommended the fuel tanks would be better protected within the truck body and not exposed. For the purpose of this study, large trucks include semi-trucks and single unit trucks. According to the FMCSA, single unit trucks 'are vehicle configurations designed to transport property, where the cargo carrying capability of the vehicle is integral to the body of the vehicle (i.e. - it does not carry its cargo in an attached trailer)'? 7. Dump trucks, including the one featured in this investigation, should be considered for fuel tank redesign.

Recommendation #4

Large truck manufacturers should consider an engineering redesign and new placement of fuel tanks within all trucks. With the high number of truck crashes that result in fire, this redesign could save lives as well as equipment. According to the Bunn et al. (2012), large truck vehicle fire rates in Kentucky were significantly increased when compared to light trucks and passenger cars.

Recommendation #5

According to the Kentucky Transportation Cabinet’s (KYTC) website page concerning roadway maintenance, the roadway maintenance branch is responsible for several programs, including "Contract maintenance activities such as upgrading existing roadside guardrail, drainage structure maintenance and replacement, concrete pavement repair, slide repair, asphalt patching and other miscellaneous maintenance contracts as required." Generally speaking, culverts are hydraulic conduits used to convey water from one side of a highway entrance to the other for the purpose of drainage, making their repairs the responsibility of the KYTC. In this incident, a single piece of rebar measuring approximately 16 inches was protruding from what is referred to as a 'box culvert' - a rectangular four-sided concrete structure used in managing and storing storm water. According to the Kentucky Division of the Federal Highway Administration, in instances when small culverts run on a private landowner’s property, it is the responsibility of the landowner to inform the KYTC of structural deficiencies.

Recommendation #6

Prevention through design emphasizes anticipating possible hazards to workers who will use the system and "designing out" those hazards in the design and engineering phase. In this case, the company could invest in electronic stability devices or electronic logging device that attached to the engine and allows the company to "view the driver's speed and location. Although it is hard to project a return on investment for these products, the financial savings come via crash prevention through reduced speeds and decreased likelihood of rollovers.

This case report was developed to draw the attention of employers and employees to a serious safety hazard and is based on preliminary data only. This publication does not represent final determinations regarding the nature of the incident, cause of the injury, or fault of employer, employee, or any party involved.
Saudi Arabia's royal family tree

Abdulaziz ibn Saud
King
1932-1953

- Saud bin Abdulaziz
  King 1953-1964
- Faisal bin Abdulaziz
  King 1964-1975
- Khaled bin Abdulaziz
  King 1975-1982
- Fahd bin Abdulaziz
  King 1982-2005
- Abdullah bin Abdulaziz
  previous King 2005-2015
- Sultan bin Abdulaziz
- Talal bin Abdulaziz
- Nayef bin Abdulaziz
- Ahmad bin Abdulaziz
- Salman bin Abdulaziz
  new King 2015
- Muqrin bin Abdulaziz
  Crown Prince 2015

- Saud Al Faisal
- Khaled Al Faisal
- Miteb bin Abdullah
- Alwaleed bin Talal

- Mohammed bin Fahd
- Khaled bin Sultan
- Bandar bin Sultan

- Sons of Hassa bint Ahmed Al Sudairi
  - Saud bin Nayef
  - Mohammed bin Nayef
    Crown Prince 2015 - 2017
  - Faisal bin Salman
  - Mohammed bin Salman
    new Crown Prince 2017
  - Sultan bin Salman
A Sojourn Down Under To Remember

Decades Later

Authored by M.S.Zahed, Ex-CMD, HMT Ltd.,

Engineering Export Promotion Council (EEPC) under the patronage of the Ministry of Commerce and Industry, India is spearheading the export promotion of Indian engineering goods for over six decades and is managed by the Industry members. It also acts as an advisory body to the Government in the matters of policies which impact the exports and is head-quartered at New Delhi. In my tenure as the head of exports during 1977, EEPC led a delegation of its members to Australia and I was asked to accompany the delegation for a ten-day sojourn during November 1996. HMT during 60s and 70s, while in its zenith had twenty two office around the world and had three offices in Australia, in Sydney, Melbourne and in Adelaide. When for the first time Janata Government was 1979, and when George Fernandes was the Industry Minister, HMT had to close down most of the offices, but one in Melbourne remained. Company was also facing peculiar issue of retaining the talent deputed abroad. As per the posting which I flew into Perth a day earlier, it was 30th. Jan’97, checked into Sheraton, the delegation arrived next day which was led by a very competent Executive Director Shukla, a very friendly person, fitting extremely well for the job of marketing India. Next morning, just about to go for breakfast, closing the door, lo... a huge surprise, Brian Lara, the captain of West Indies Cricket Team was staying in the next room. I grabbed the opportunity to smile and shake hands with him and we both walked up to lift and exchanged pleasantries, he let me know that there is a Test match at Perth starting on 1st Feb and the whole team is with him and they are waiting for him in the Coffee Shop for breakfast. He pulled me along with and in the Coffee Shop introduced me to Courtney Walsh, Simmons, Ambrose, Chandrapaul and others. I can never forget that the team while conversing with each other, their laughter is ceaseless and extremely simple and joyful always. It was a memorable morning etched as a pleasant spot in my memories of the tour. That evening, there was a official welcome Cocktail Dinner from the West Australian Authorities during which I had the opportunity to meet several important Australian officials. I met Mr.George Joseph, Speaker of the WA Parliament who engaged me in prolonged discussions about the Indian engineering industry, small scale units and HMT being a Public Sector Unit, the interface with the Government. He appeared very impressed and to my surprise extended an invitation to his Office and also to witness the deliberations of the Parliament from the guest box. It was an amazing experience to visit the Parliament, his office, and his hospitality.

Author with the Speaker of WA Australian Parliament

Flew into Melbourne, Mr.Ram, our Export Manager, under separation was at the airport to receive me and the delegation. The drive from Airport to city centre was about 40 minutes and looking through the window of the car, Melbourne was so neat, clean and hardly populated, Why not? It was adjudged as "Most Liveable City in the World.” We checked into “The Windsor – an Oberoi Hotel. The Hotel Windsor is Australia’s most loved and recognised grand hotel. Built in 1883 the 180 room hotel blends stunning Victorian architecture with all the luxury appointments and facilities of a grand 5 star luxury hotel in Melbourne. For over 125 years The Hotel Windsor has set the benchmark for style, elegance, sophistication and charm in luxury hotels in Melbourne.” The Oberoi Group, which was founded in 1934, owns and manages 35 luxury hotels across the seven countries of India, Egypt, Indonesia, Mauritius, Saudi Arabia, Sri Lanka and Australia. The Hotel Windsor is a luxury hotel in Melbourne. The Windsor is notable for being Australia’s only surviving grand 19th century hotel and only official ‘grand’ Victorian era hotel. … The hotel has a significant role in the history of Australia as the place where the Constitution of Australia was drafted in 1898. During our stay the delegation had the honour of being hosted by none other than Ms.Natasha Oberoi, who was getting hands on experience to visit the Parliament, his office, and his hospitality. Melbourne is the coastal capital of the south eastern Australian state of Victoria. At the city’s centre is the modern Federation Square development, with plazas, bars, and restaurants by the Yarra River. In the Southbank area, the Melbourne Arts Precinct is the site of Arts Centre Melbourne – a performing arts complex – and the National Gallery of Victoria, with Australian and indigenous art. The Melbourne Cricket Ground simply called “The G” On 3rd Feb, the test match which was being played at Perth was over in three days.

West Indies won, and the hero Brian Lara scored 132 runs, Australia scored 243 and 194, West Indies scored 384 and 57. Sir Curily Ambrose was declared the “Player of the Match “. I felt very happy for the winning team and for having met them and had breakfast with them at Perth.
Florida gunman will not be charged after killing man in parking dispute because of ‘stand your ground’ law

A woman who watched as a man shot and killed her boyfriend in a Florida parking lot, has claimed the shooter “wanted someone to be angry at”, after police said they would not be charging him with any crime as a result of the state's controversial self defence laws.

Pinellas County Sheriff Bob Gualtieri announced he did not intend to charge 47-year-old Michael Drejka, who is white, over the shooting death of 28-year-old Markeis McGlockton, who is black. Mr Drejka shot and killed Mr McGlockton last week in a parking area outside a convenience store in Clearwater, 25 miles west of Tampa.

Video showed Mr Drejka aiming at and shooting Mr McGlockton as he sat on the floor, after Mr McGlockton had shoved him to the ground, after an argument over a parking space became heated. The video showed Mr McGlockton run back inside the store and shoving Mr McGlockton last week in a parking area outside a convenience store in Clearwater, 25 miles west of Tampa.

Mr Drejka and Mr McGlockton had apparently begun arguing after Mr Drejka got out of his car and began “harassing” Mr McGlockton's girlfriend, Britany Jacobs, for being parked in a spot reserved for disabled people. She told ABC her boyfriend, with whom she had been with since 2009, had come to her defence.

The couple have three children. The couple's four-month-old and three-year-old were in the car with Ms Jacobs, while their five-year-old boy, was inside the store and saw what happened to his father.

“He wanted somebody to be angry at. He just wanted someone to fight him,” Ms Jacobs said of Mr Drejka. “He was picking a fight. I'm just sitting, waiting for my family to come back to the car.”

Surveillance video from the Circle A Food Store in Clearwater, showed Mr McGlockton leaving the store and shoving Mr Drejka to the ground. He immediately reached for his gun and shot Mr McGlockton.

“By this time a witness pulls up and everybody hears us going back and forth with one another. ... A witness goes in the store and he let the owner know that there was somebody out there messing with a woman in a car,” said Ms Jacobs.

Mr Drejka, who has yet to comment on the incident, owned the gun legally and possessed a concealed carry permit.

Florida's stand your ground law went into effect on October 1 2005, but it became under intense scrutiny following the 2012 fatal shooting of unarmed black teenager Trayvon Martin. Police originally cited the law when they said they were not going to charge self-employed community watchman George Zimmerman.

More than 480,000 people signed a petition calling for him to be prosecuted. He eventually stood trial, but was found not guilty on all charges.

“There are efforts to repeal Florida's stand your ground laws, and they were supported by Trayvon Martin's parents. In 2013, giving testimony before the Senate, Jonathan Lowy, of the Brady Centre to Prevent Gun Violence, said: 'Florida's enactment of the gun lobby's stand your ground law only increased the dangers posed by its lax concealed carry laws. A Texas A&M study found that Stand Your Ground laws led to a net increase in homicide, with no evidence of deterrence of other crimes.'

He added: ‘As long as stand your ground laws send a message that encourages people to shoot first and ask questions later, and lax concealed carry laws allow dangerous people to carry loaded hidden handguns in public, we can expect tragedies like Trayvon Martin's. The American public deserves better.’

Florida president-elect writes Trump, urging swift conclusion to NAFTA talks

By Sharay Angulo

MEXICO CITY (Reuters) - Mexican President-elect Andres Manuel Lopez Obrador sent U.S. President Donald Trump a letter calling for a swift conclusion to NAFTA negotiations and pledging his wish to reset relations between the two countries, Mexican officials said.

The letter was delivered during a recent meeting in Mexico with senior U.S. officials, and details were disclosed once Trump had received it, said Lopez Obrador, a leftist who won Mexico's July 1 presidential election in a landslide.

In a news conference with Lopez Obrador, Marcelo Ebrard, the president-elect's proposed foreign minister, read a copy of the letter, which states that the incoming administration's aim is to "start a new chapter in the relationship between Mexico and the United States, based on mutual respect."

Lopez Obrador, who takes office on December 1, also called for the countries to redouble their efforts to wrap up talks to modernize the 24-year-old North American Free Trade Agreement, which includes Canada.

"Prolonging the uncertainty could stop investment in the medium and long-term, which clearly would challenge economic growth," Lopez Obrador wrote in the letter.

"My government is willing to present to our Congress ... the initiative and budgetary proposal to contribute economic resources and experiences in this joint effort," he wrote.

(Reporting by Sharay Angulo; Writing by Julia Love; Editing by Peter Cooney)
Slavery is distinguished as one of the worst forms of cruel and inhuman treatment that has existed in human civilization. Many references pointed out the fact that Slaves were present in ancient and colonial Sri Lanka. Though detail documentation of practice of slavery in ancient Sri Lanka is not available it was shown that Buddhist monasteries in medieval times were the largest owners of slaves in Sri Lanka. In the tenth century the lord’s officials and the village headmen (kamiyani) were paid for their service by ‘maintenance’ (dive) lands, as were also the temple slaves and village servants.14 “...... the prevalence of slavery at monasteries is beyond doubt. According to Cūlavamsa, Silāmegavanna (AD 619-628) granted captives taken in battle as slaves to monasteries, and Aggabodhi IV (667-683), Potthakuttha and Sena I (833-853) provided slaves for the various religious establishments which they founded. The Galpātā-vihāra inscription is even more specific. It mentions that two types of slaves – “hereditary slaves” (anavatāga) and “bought slaves” (ravavahalin). In fact, it records an actual instance in which slaves were purchased with gold belonging to a monastery. It also lists eighty-three slaves, in groups of families, as having been granted to serve the monastery in various capacities as cowherds, potters and tailors.”15

Traitors impaled alive in the Kingdom of Sinhalē, 1638

The picture purports to depict an event that occurred after the combined forces of the Dutch and Sinhalē captured Batticaloa from the Dutch in May 1638. “Some fifty natives who had murdered one of his Majesty’s Courtiers were impaled alive. The rest were sold for slaves with their wives and children.” [Source: Michael Roberts. Sinhala Consciousness in the Kandyan Period 1590s to 1815. VijithaYapa publications, Sri Lanka, 2004]

History often recounts the grant of men and women slaves with other movable property to temples. The unpublished documents connected with the dedication of land to PēpiliyanaVihāra in the fifteenth century show that these slaves were, largely artisans, blacksmiths, potters, lime-burners, and the like, and doubtless the slaves of the tenth century already referred to performed similar duties. The tenants of the king’s villages in the early seventeenth century are definitely stated to have been slaves, and their presence in the royal and temple villages, though long forgotten, accounts for the low esteem in which the tenants on those properties are still held.13 In fact, the Kandyan nation being the slaves of the monarch – slavery was permitted, and practiced to a greater extent throughout the kingdom.16

Davy in his detailed account on the Kandyan kingdom17 describes how slavery was applied across the civilian life and the caste system. “Insolvency amongst the Singalese was very cruelly dealt with; slavery was its consequence. The creditor applied to the Dhassu or Raté-mahatmya, and having proved his claim just, and the debtor having acknowledged his incapacity to meet them, leave was granted to the former to make the debtor and his family his slaves, and to retain them and their offspring in slavery, till payment of the debt were made. The debtor could not be sold, but if he died, leaving his children in slavery, they and their children might be sold. No interest was allowed to accumulate for the original debt, the labour of the slaves being considered an equivalent. In respect to slavery, there was no privileged caste; it was a punishment to which all insolvent debtors were liable. It was not usual for the Goēwansae to become the slaves of people of low caste; when in danger of this degradation, some chief generally paid the debt and made the debtors his slaves. The state of slavery is of course considered irredeemable; by marrying a slave, a free woman would be utterly disgraced.”17 Davy explored further into the slavery issue and had attempted to quantify the slaves in then Kandyan kingdom. “What the total number of slaves may be in the Kandyan country, no register having ever been kept, it is impossible to estimate with any precision: an intelligent chief, from whom I collected the above particulars, guessed that they amount to about 3000.”18 Davy was one senior government servant who recommended the colonial rulers to abolish slavery in Sri Lanka.

The Dutch were involved in extensive slave trade across Indian Ocean and it was recorded that 1791 slaves (most probably of non Ceylonese origin) were found in Colombo in 1694.18 The British continued the slave trade in more vigorous numbers. Although there were no recorded major events of distress or/and uprisings in Asian slave communities during their colonial period many references point out that they were subjected to inhuman living conditions.

It could be seen that in many stages of the ancient and colonial history of Sri Lanka causing fear and terror among public had been the modus operandi of the administrators to maintain their policies and the survival. This practice has been continued in the post independent Sri Lanka by all elected governments up to now. The accuracy of Knox’s description on torturous practices could be verified by the contents of the Kandyan Convention19 signed between the British rulers and the Kandyan chieftains in March 1815, approximately 145 years after Knox’s departure from Sri Lanka. The 1st section of the Kandyan convention states as follows:

“ That the Cruelties and Oppressions of the Malabar ruler, in the arbitrary and unjust infliction of bodily tortures and the pains of death, without trial and sometimes without an accusation or the possibility of a crime; and in the general contempt and contravention of al civil rights, have become flagrant, enormous, and intolerable;”

According to the section 6 of the convention “every species of bodily torture and all mutilation of limb, member or organ are prohibited and abolished”. The Kandyan Convention 1815 could be considered as the first serious attempt in the recent history to eradicate torture in Sri Lanka. The draftsmen of this convention could well have been influenced by a preceding event witnessed in Europe in 1764 which saw the arrival of a landmark publication, “On crimes and punishments” by CesareBeccaria. He was an Italian jurist, philosopher and politician who put forward the first modern argument against torture and death penalty. “Every act of the will is invariably in proportion to the force of the impression on our senses. The impression of pain, then, may increase to such a degree that it becomes necessary as that of fire or water.”

The Convention 1815 could be considered as the first serious attempt in the recent history to eradicate torture in Sri Lanka. The draftsmen of this convention could well have been influenced by a preceding event witnessed in Europe in 1764 which saw the arrival of a landmark publication, “On crimes and punishments” by CesareBeccaria. He was an Italian jurist, philosopher and politician who put forward the first modern argument against torture and death penalty. “Every act of the will is invariably in proportion to the force of the impression on our senses. The impression of pain, then, may increase to such a degree that it becomes necessary as that of fire or water.” Beccaria effectively nullified all reasoning behind the justification of torture in the criminal justice system. However it is regrettable to note that even almost after two centuries of legislative and institutional developments Sri Lanka has still not shown a significant attempt to intervene and prevent torture in civilian life.
Muhammad Zia-ul-Haq

Muhammad Zia-ul-Haq (August 1924 – 19 August 1988) was a Pakistani four-star general who served as the 6th President of Pakistan from 1978 until his death in 1988, after declaring martial law in 1977. He was Pakistan's longest-serving de facto head of state.

Elected at Delhi University, Zia saw action in World War II as a British Indian Army officer in Burma and Malaya, before opting for Pakistan in 1947 and fighting as a tank commander in the Indo-Pakistani War of 1965. In 1970, he led a military training mission to Jordan, proving instrumental in defeating the Black September insurgency against King Hussein. In recognition, Prime Minister Zulfikar Ali Bhutto appointed Zia Chief of Army Staff in 1976. Following civil disorder, Zia deposed Bhutto in a military coup and declared martial law on 5 July 1977. Bhutto was controversially tried by the Supreme Court and executed less than two years later, for authorising the murder of a political opponent. Assuming the presidency in 1978, Zia played a major role in the Soviet war in Afghanistan. As part of the United States and Saudi Arabia, Zia systemically coordinated the Afghan mujahideen against the Soviet occupation throughout the 1980s. This culminated in the Soviet Union’s withdrawal in 1989, and also led to the consideration of millions of refugees, with heroin and weaponry into Pakistan’s frontier province. On the foreign front, Zia also bolstered ties with China and the United States, and emphasised Pakistan’s role in the Islamic world, while relations with India worsened amid the Siachen conflict and accusations that Pakistan was aiding the KhalistMultiplier: Homestay. Domestically, Zia passed broad-ranging legislation as part of Pakistan’s Islamization, curred civil liberties, and heightened press censorship. He also escalated Pakistan’s atomic bomb project, and instituted industrialisation and deregulation, helping Pakistan’s economy become the fastest-growing in South Asia. Averaged over Zia’s rule, GDP grew by an estimated 3.4% per year, the highest in the country’s history. After lifting martial law and holding non-partisan elections in 1985, Zia appointed Muhammad Khan Junejo Prime Minister but accumulated more presidencial powers via the Eighth Amendment to the Constitution. After Junejo signed the Geneva Accords in 1988 against Zia’s wishes, and called for an inquiry into the Ojhri Camp disaster, Zia dismissed Junejo’s government and announced fresh elections in November. Shortly after, he promoted several of his top military officials and two American diplomats in a mysterious plane crash near Bahawalpur on 17 August 1988. To this day, Zia remains a polarising figure for weakening democratic institutions and passing laws encouraging religious intolerance. He is also cited for promoting the early career of Khalid Khan, a close friend, who would be thrice elected Prime Minister. Early life

Muhammad Zia-ul-Haq was born in a Punjabi Arain family in Jalandhar, Punjab State of the British India on 12 August 1924 as the second child of Muhammad Akbar, who worked as a staff clerk in the Army GHQ of India Command of British Armed Forces in Delhi and Shimla, prior to the independence of Pakistan from British colonial rule in 1947. Most accounts confirm that Zia-ul-Haq came from a religious family and religion played an important part in molding his personality. His father was known as ‘Maulvi’ Akbar Ali due to his religious devotion. He completed his initial education in Simla and then attended St. Stephen’s College of the University of Delhi for his BA degree in History, which he graduated with the highest marks in the college in 1943. Prior to his graduation, Zia joined the British Indian Army in 1943. During his collegiate years, he was noted as an extraordinary talent. Zia-ul-Haq occasionally offended his British superiors with his refusal to give up religious and cultural traditions. Muhammad Zia-ul-Haq attributed his personal resistance to the lifestyle of the British Indian cavalry to his faith in ‘God and his teachings’. He married Shafiq Jahan in 1950. Begum Shafiq Zia died on 6 January 1996. Zia is survived by his sons, Muhammad Jazirat-ul-Haq (born 1953), who went into politics and became a cabinet minister in the government of Nawaz Sharif, and Anwar-ul-Haq (born 1960) and his daughters, Zain (born 1972), a special needs child, Rubina Saleem, who was married to a Pakistani banker and has been living in the United States since 1980 and Quratulain Zia who currently lives in London, and is married to Pakistani politician, Adnan Majid. Military service: Zia was commissioned in the British Indian Army in the Guides Cavalry on 12 May 1943 after graduating from the Officer Training School Mhow and fought on 12 May 1943 after graduating from the Officer Training School Mhow against Japanese forces in Burma in World War II. After Pakistan gained its independence through a partition in 1947, Zia joined the newly formed Pakistan Army as a Captain in the Guides Cavalry Frontier Force Regiment. He also served in 13th Lancers and 6 Lancers. He was trained in the United States during 1962–1964 at the US Army Command and General Staff College at Fort Leavenworth, Kansas. After that, he returned to take over as Directing Staff (DS) at Command and Staff College, Quetta During the Indo-Pakistani War of 1965, Zia is said to have been the Assistant Quartermaster of the 101st Infantry Brigade. In 1966 Zia took over command of 22 Cavalry and later was Col Staff of 1st Armoured Division. He was stationed in Jordan from 1969 to 1970 as a Brigadier, helping in the training of Jordanian soldiers, as well as leading them into battle during the Black September operations against the Palestine Liberation Organisation as commander of Jordanian 2nd Division, a strategy that proved crucial to King Hussein’s remaining in power in Jordan. In 1972 he took over command of 9 Armoured Brigade, 6th Armoured Division. By 1973, then Major General Zia was commanding the 1st Armoured Division at Multan. He was then promoted as Lieutenant General and was appointed Commander of the II Strike Corps at Multan in 1975. It was during this time that Zia invited Prime Minister Zulfikar Ali Bhutto as the Colonel-in-Chief of the Armoured Corps at Multan, using his tailor to stitch the Blue Patrols of his size. The next day, Bhutto was requested to climb a tank and engage a target, where the target was quite obviously hit. After the function, Zia met Bhutto and expressed his loyalty to him. On 1 March 1976, Prime Minister Zulfikar Ali Bhutto approved then-three star rank general Lieutenant-General Zia as Chief of Army Staff and to be elevated to a four-star rank. This promotion was ahead of a number of more senior officers. This promotion was highly controversial but had political motives for Bhutto, who saw Zia as firmly religious and an apolitical military figure who had distaste of political pageantry. He was the same motives and move made by future Prime Minister Nawaz Sharif. Zia promoted Peerzada Muzharraff based on his political ambitious. As Chief of Army Staff, but met the same fate as Bhutto in 1999 (although he was not executed). At the time of his nominating the successor to the outgoing Chief of Army Staff General Tikka Khan, the Lieutenant Generals in order of seniority were: Muhammad Shariff, Akbar Khan, Aftab Ahmed, Azmat Bakhsh Awan, Ibrahim Akrar, Abdul Majeed Malik, Gulhar Khan, and Muhammad Zia-ul-Haq. But, Bhutto chose the most junior, superseding seven more senior lieutenant-generals. However, the senior most at that time, Lieutenant-General Muhammad Shariff although promoted to General, was made the Chairman of the Joint Chiefs of Staff Committee, a constitutional post akin to President Fazal Iahir Chaudhry. Zia never called Bhutto “Mr. Prime Minister” instead, he called him sir when speaking to him. Planning of coup

Prime Minister Bhutto began facing considerable criticism and increasing unpopularity as his term progressed, the democratic socialists alliance who had previously allied with Bhutto began to diminish his time progresses. Initially targeting leader of the opposition Vali Khan and his opposition National Awami Party (NAP), also a socialist party. Despite the ideological similarity of the two parties, the clash of ego’s both inside and outside the National Assembly became increasingly fierce, starting with the Federal government’s decision to oust the NAP provincial government in Balochistan Province for alleged secessionist activities and culminating in the banning of the party and arrest of much of its leadership after the death of a close lieutenant of Bhutto’s, Hayat Sherpao, in a bomb blast in the frontier town of Peshawar. Civil disorders against Bhutto’s government intensified as civil liberties remained suspended, and an estimated 100,000 troops deployed were accused of abuses against human rights and killing large numbers of civilians.
Early life and career

Indira Gandhi, Jawaharlal Nehru, Rajiv Gandhi and Sanjay Gandhi

Rajiv Gandhi was born in Bombay on 20 August 1944 to Indira and Feroze Gandhi. In 1951, Rajiv and Sanjay were admitted to Shiv Niketan school, where the teachers said Rajiv was shy and introverted, and "greatly admired an empty glass". He was admitted to the Welham Boys' School and Doon School in 1954, where Sanjay joined him two years later. Rajiv was sent to London in 1961 to study A-levels. From 1962 to 1965 he studied engineering at Trinity College, Cambridge, but did not obtain a degree. In 1966 he began a course in mechanical engineering at Imperial College London, but did not complete it.

Gandhi really was not interested in 'mugging for his exams', as he went on to admit later.

Gandhi returned to India in 1966, the year his mother became Prime Minister. He went to Delhi and became a member of the Flying Club, where he was trained as a pilot. In 1970, he was employed as a pilot by Air India; unlike Sanjay, he did not exhibit any interest in joining politics.

In 1968, after three years of courtship, he married Edwige Antonia Albina Màino, who changed her name to Sonia Gandhi and made India her home. Their first child, a son, Rahul Gandhi was born in 1970. In 1972, the couple had a daughter, Priyanka Gandhi, who married Robert Vadra.

Entry into politics

On 23 June 1980, Rajiv's younger brother Sanjay Gandhi was killed in an airplane crash. At that time, Rajiv Gandhi was in London as part of his foreign tour. Hearing the news, he returned to Delhi and cremated Sanjay's body. As per Agarwal, in the week following Sanjay's death, Shankaracharya Swami Shri Swaroopanand, a saint from Badrinath, visited the family's house to offer his condolences. He advised Rajiv not to fly aeroplanes and instead 'dedicate himself to the service of the nation'. When the Congress party signed a proposal and went to Indira, urging Rajiv to enter politics, Indira told them it was Rajiv's decision whether to enter politics. When he was questioned about it, he replied, "If my mother asks me to help in it, then I will enter politics". Rajiv entered politics on 16 February 1981, when he addressed a national farmers' rally in Delhi. During this time, he was still an employee of Air India.

Prime Minister of India

Rajiv Gandhi was in West Bengal on 31 October 1984 when his mother, Prime Minister Indira Gandhi, was assassinated by two of her Sikh bodyguards, Satwant Singh and Beant Singh, to avenge the military attack on the Golden Temple during Operation Blue Star. Sanjay and Prime Minister Sanjay Singh pressed Rajiv to succeed his mother as Prime Minister within hours of her murder. Commenting on the anti-Sikh riots in Delhi, Rajiv Gandhi said, "If I had been born in God's, the earth below shakes", a statement for which he was widely criticised. Many Congress politicians were accused of orchestrating the violence. Indian politics got the youngest ever Prime minister in Rajiv Gandhi.

This phenomenon attracted attention the world over. His winsome smile, charm and charisma, were his key personal assets... A senior opposition member, while talking to me, conceded that... He could not conceal his feeling that Rajiv Gandhi would be invincible for the opposition.

Sanjay was called the "political savant and in the front rank of the world." According to Laskar, the "whole gamut" of Rajiv Gandhi’s foreign policy was "geared towards" making India "strong, independent, self-reliant and in the front rank of the world." According to Laskar, Rajiv Gandhi’s diplomacy was "properly calibrated" so as to be "conciliatory and accommodating when required" and "assertive when the occasion demanded." In 1986, by request of the President of Seychelles, France-Albert René, Gandhi sent India’s navy to Seychelles to oppose an attempted coup against René. The intervention of India averted the coup. This mission was codenamed as Operation Flowers. Bloomington in 1987, India re-occupied the Quaid Post in the disputed Siachen region of the Indo-Pakistan border after winning what was termed Operation Rajiv. In the 1988 Maldives coup d'état, the Maldives president Maumoon Abdul Gayoom requested help from Gandhi. He dispatched 1500 soldiers and the coup was suppressed.

On Thursday, 9 June 1988, at the fifteenth special session of the United Nations General Assembly, held at Headquarters, New York, Gandhi made a speech before the Japanese National Diet on 29 November 1985, in which he said, "A people's right to the exercise of essential political freedoms, including the ennobling vision of the human family linked together in peace and prosperity. The Buddhist message of compassion is the very condition of human survival in our age. The folded lid of India recently entered the Nuclear Suppliers Group, the policy of non-proliferation to be linked to universal disarmament, which the World Nuclear Association refuses to recognise; non-proliferation being seen by India as essentially a weapon of mass destruction control, of the big nuclear powers as United States, Russia, United Kingdom, France, and China. Pakistan."

In February 1987, the Pakistani President Zia-ul-Haq visited Delhi, where he met Gandhi to discuss "routine military exercises of the Indian army" on the borders of Rajasthan and Punjab. Gandhi reciprocated, in December 1988, by visiting Islamabad and meeting the new Prime Minister of Pakistan, Benazir Bhutto, to reaffirm the 1972 Shimla agreement.

Prime Minister Rajiv Gandhi with Ram Kishore Shukla in 1988.

In his election manifesto for the 1984 general election, he did not mention any economic reforms, but after assuming office he tried to liberalise the country's economy. He did so by providing incentives to make private production profitable. Subsidies were given to corporate companies to increase industrial production, especially of durable goods. It was hoped this would increase economic growth and improve the quality of investment.[10] But according to Professor Atul Kohli of Princeton University in a book published by Cambridge University, Gandhi faced stiff opposition from Congress leadership who thought "it would open the economy to external economic influences". Rural and tribal people protested because they saw them as "pro-rich" and "pro-city" reforms. Gandhi helped MSMEs, government support for science, technology and associated industries, and reduced import quotas, taxes and tariffs on technology-based industries, especially computers, airplanes, defence and telecommunications. In 1986, he announced a National Policy on Education to modernise and expand higher education programs across India. In 1986, he founded the Jawahar Navodaya Vidyalaya System, which is a central government-based organisation consisting of rural populations with free residential education from grades six to twelve. His efforts created MTNL in 1986, and his public call office services—better known as PCOs—helped develop the telephone network in rural areas. He introduced measures to significantly reduce the Licence Raj after 1990, allowing businesses and individuals to purchase capital, consumer goods and import without bureaucratic restrictions.

Foreign policy

President Ronald Reagan, Sonia Gandhi, First Lady Nancy Reagan and Prime Minister Rajiv Gandhi, during a state dinner for Prime Minister Gandhi. June 1985. According to Rejaul Karim Laskar, a scholar of Indian foreign policy and an ideologue of Congress party, Rajiv Gandhi’s vision for a new world order was projected on India’s place in its front rank. According to Laskar, the "whole gamut" of Rajiv Gandhi’s foreign policy was "geared towards" making India "strong, independent, self-reliant and in the front rank of the world." According to Laskar, Rajiv Gandhi’s diplomacy was "properly calibrated" so as to be "conciliatory and accommodating when required" and "assertive when the occasion demanded." In 1986, by request of the President of Seychelles, France-Albert René, Gandhi sent India’s navy to Seychelles to oppose an attempted coup against René. The intervention of India averted the coup. This mission was codenamed as Operation Flowers. Bloomington in 1987, India re-occupied the Quaid Post in the disputed Siachen region of the Indo-Pakistan border after winning what was termed Operation Rajiv. In the 1988 Maldives coup d'état, the Maldives president Maumoon Abdul Gayoom requested help from Gandhi. He dispatched 1500 soldiers and the coup was suppressed.

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See also: Sri Lankan civil war and Indian intervention in the Sri Lankan Civil War

The Liberation Tigers of Tamil Eelam (LTTE), which was demanding an independent Tamil state in Sri Lanka, Gandhi discussed the matter with the Sri Lankan Prime Minister Ranasinghe Premadasa at the SAARC meeting in 1986. In that year, the LTTE boycotted the Tamil majority district of Jaffna. Gandhi ordered relief supplies to be dropped into the area by parachute because the Sri Lankan navy did not allow the Indian Navy to enter.

Gandhi signed the Indo-Sri Lanka Accord in July 1987. The accord 'enshrouded a revolution of power to the Tamil-majority areas', dissolved the LTTE, and designated Tamil as an official language of Sri Lanka Gandhi said: "The Government of India believe that, despite some problems and delays, many of which were foreseen but unavoidable in the resolution of an issue of this magnitude and complexity, this Agreement represents the only way of safeguarding legitimate Tamil interests and ensuring a durable peace in Sri Lanka. Some have chosen to criticise the Agreement. None has shown a better way of meeting the legitimate aspirations of the Tamils in Sri Lanka, restoring peace in that country and of meeting our own security concern in the region. We have accepted a role which is difficult, but which is in our national interests to discharge. We shall not shrink our obligations and commitments. This is a national endeavour. However, the LTTE refused to give up violence and used propaganda against India, threatening Tamils opposed to its cause. In 1987, Gandhi sent the Indian Peace Keeping Force (IPKF) to protect civilians and to apprehend anyone carrying arms. The IPKF was attacked by LTTE, which led to the former disarming the latter. Gandhi withdrew the IPKF in 1989. Assault by Sri Lankan guard

On 30 July 1987, a day after Gandhi went to Sri Lanka and signed the Indo-Sri Lanka Accord, an honour guard named Vijitha Rohana hit him on his shoulder with his rifle; Gandhi's quick reflexes saved him from injury. The guard was then dragged off by his security personnel. The guard said his intention was to kill Gandhi because of "the damage he had caused" to Sri Lanka. Wijemuni was imprisoned for two-and-a-half years for the assault and later said about the incident: "When I was inspecting the guard of honour and as I walked past one person, I saw through the corner of my eye some movement. I ducked down a little bit in a reflex action..."
The brilliant career of Nur Jahan, empress of India

THAT India’s Mughal empresses could be devoted to their queens is no surprise. The Taj Mahal, their most famous monument, was a homage to the memory of Mumtaz Mahal, the emperor Shah Jahan’s most-mourned wife. Less well-known is that Mumtaz’s aunt (and Shah Jahan’s step-mother), Nur Jahan, was, for 16 years from 1611, in effect India’s co-ruler.

In fact, according to Ruby Lal’s biography, she became “prime minister as well as empress”. Uniquely for a Mughal woman, her name featured on coins. Not until Indira Gandhi became prime minister in 1966 would India again be ruled by a woman. (Queen Victoria was rather hands-off.)

Not that Nur Jahan has been forgotten. Hers is a household name in South Asia, and her story has been told in at least eight films, several plays and many historical romances. But she is famous for having won the heart of her husband, the emperor Jahangir, with her beauty, and for using her charm to promote her own interests and her allies. She came to be seen, in Ms Lal’s words, as “a gold-digger and schemer”, the “besotted” Jahangir as a “drunk, stoned and oversexed despot”.

This cartoonish version is not total fantasy. Nur was Jahangir’s 20th and last wife (by his own count; other estimates number his harem in the hundreds). He was indeed a heavy drinker—possibly never fully sober, by one report—and a user of opium. But Ms Lal’s meticulous book seeks to show that history has been unfair to Nur Jahan, a woman of many talents and remarkable force of character.

She designed gorgeous gardens and the tomb that became the model for the Taj Mahal itself. She was a great tiger hunter and brilliant shot (a classic portrait shows her tamping down the gunpowder in a musket). She was an accomplished soldier, planning the operation that rescued her husband from a kidnapping. And she was a skilled exponent of the ruthless power politics of the Mughal court, where it was a tradition for princes to rebel against emperor-fathers, and to take no prisoners.

Nur Jahan’s accomplishments have been belittled for two reasons. One is that history is written by its victors, and her story is written by its victors, and she lost a power struggle on Jahangir’s death—to Shah Jahan. To erase her from history, he may even have tried to withdraw the coins that bore her name. Certainly, his official chronicles over-looked her achievements and blamed her for the turmoil that marked the last years of Jahangir’s reign.

The second reason is that she was a woman, and as such, according to a guide to conduct popular among the Mughal aristocracy, “it were best...not to come into existence, but, being born, she had better be married or be buried.” When Jahangir’s great-aunt wanted to make the haj, his six-year-old brother was told to escort her: even a little boy was man enough to look after the empire’s most senior women.

The great-aunt seems to have bridled, and the boy was left behind. And Nur Jahan’s life shows women could soar beyond the confines of the Mughal empire’s most senior women.

In filling in the details of Nur Jahan’s life, Ms Lal has not only written a revisionist feminist biography; she has also provided a vivid picture of the Mughal court, with its luxuries, beauties, intrigues and horrors. Moreover, at a time when India’s Hindu-nationalist government chooses to emphasise one strain in the country’s history, she offers a reminder of the diversity of Indian tradition. Nur Jahan was a Shi’a Muslim, but “married a Sunny king who had a Hindu mother and both Hindu and Muslim wives and concubines.”

Aamir Khan is immersed in scripting of Mogul:

Bhushan Kumar

A biopic on T-Series owner Gulshan Kumar titled Mogul has been in the headlines for quite some time now. Gulshan Kumar changed the face of Hindi film music and also produced quite a lot of successful Hindi films including Aashiqui (1990), Dil Hai Ke Manta Nahin, among others. He was also the co-producer of Mogul which has been an important part of the film’s scripting. Divulging details about the biopic on his father, Bhushan said, “The story is almost ready. Aamir Khan is immersed in the entire scripting process. Subhash Kapoor (director) has spent the past one-and-a-half years researching every detail about my father’s life. The film will start right from when he was a college student to how he sold juice in Daryaganj, Delhi, to how he became a game changer in the music industry.” Recently, at the IMAX trailer launch of Gold, Akshay was asked whom he thinks is the best alternative for playing Gulshan Kumar in Mogul, to which he replied, “No one besides me.”

Bhushan Kumar, in an interview to Mid Day recently revealed that actor Aamir Khan, also the co-producer of Mogul has been an important part of the film’s scripting. Divulging details about the biopic on his father, Bhushan said, “The story is almost ready. Aamir Khan is immersed in the entire scripting process. Subhash Kapoor (director) has spent the past one-and-a-half years researching every detail about my father’s life. The film will start right from when he was a college student to how he sold juice in Daryaganj, Delhi, to how he became a game changer in the music industry.” Recently, at the IMAX trailer launch of Gold, Akshay was asked.

Young’s lawyers had noted that the board had recommended clemency in a similar case earlier this year that involved a white death row inmate.

Those arguing for clemency, which was backed by the murder victim’s son, Mitesh Patel, wanted his sentence commuted to life in prison.

Texas contended that Young was convicted and deserved to die for the killing, which came shortly after he had sexually assaulted and carjacked a woman.

“Young provides no direct evidence that any member of the board acted with racial animus,” Texas said in a legal filing.

The parole board has not commented on its decision to deny the clemency request.

Mitesh Patel said Young’s conviction over the crime and his work to help others in prison were among the factors that led him and other family members to support clemency, the Texas Tribune reported.

Patel told a rally last week in support of the clemency bid that Young’s execution would not “take us toward any positive outcome.”
Your vehicle MAY BE involved in a safety recall and MAY create a safety risk for you or your passengers. If left un repaired, a potential safety defect could lead to injury or even death. Safety defects must be repaired by a dealer at no cost to you.
WORDS SEARCH

ANTS
BEACH
BICYCLE
BOATING
CAMPING
FISHING

MOSQUITEES
PICNIC
HIKING
HOLIDAYS
SWIMMING
WASP

SPRINKLES
SANDALS
FLIES
FLOWERS
GARDENING

BEES
HAT
GOLF
Like A Royal: Shahid Kapoor’s new house will make you jealous

The new house, in which Shahid Kapoor and his family will live, costs Rs. 55.60 crore, has a sea view and the actor will get six parking spots. Talk about a lavish lifestyle!

The actor inked the deal and paid Rs. 2.91 crore for stamp duty, recently. The new abode is ensconced in the 42nd-43rd floors of Tower B of Three Sixty West, Mumbai.

Beginnings: Expecting parents Shahid and Mira are welcoming new things

The property is spread across 8,625 sq ft. On June 27, the deal was finalized and the registration was done on July 12 in Shahid Pankaj Kapoor and Mira Shahid Kapoor’s names.

Currently, the couple resides at Juhu Tara Road’s Praneta Building.

Notably, the couple is expecting their second child, and now with this new posh apartment, they are definitely welcoming better things.

Neighbors: Shahid and family will be in company of other stars

If one spends Rs. 56 crore on a house, the neighbors will obviously be equally affluent.

The building, in which Shahid bought his house, also has an apartment owned by Akshay Kumar. Kumar bought the property for Rs. 27.94 crore in 2015.

Abhishek Bachchan also purchased an apartment for Rs. 41.14 crore in 2014.

Now, we know where the shutterbugs will be present!

Assignments: On the work front, Shahid is keeping busy Shahid Kapoor’s 2018 started on a splendid note as his movie ‘Padmaavat’ performed exceptionally well at the box office.

The Accidental Prime Minister’ Cast: Who Can You Recognize?

The makers of The Accidental Prime Minister have shared a new photo featuring the entire cast of the film. The Anupam Kher-starrer has been building buzz for its depiction of real life Prime Minister Manmohan Singh and other political figures in the 2004-14 UPA cabinet.

Singh, his wife Gursharan Kaur, Sonia Gandhi, Rahul Gandhi, Priyanka Gandhi, former President APJ Abdul Kalam and former union minister Shivraj Patil are some of the ‘real’ figures spotted in the picture. Trade Analyst Taran Adarsh shared the still on Twitter. Adarsh also revealed that the film is set to release on 21 December, which pits it against the other big Christmas release Shah Rukh Khan’s Zero directed by Aanand L. Rai.

The Accidental Prime Minister is based on the book of the same name by Sanjaya Baru which is a behind-the-scenes look at the UPA administration, particularly the power dynamic between Singh and Sonia Gandhi. Here’s another look at the cast. The film is directed by Vijay Gutte with Hansal Mehta as the creative producer. It features Anupam Kher as Dr Singh, German actor Suzanne Bernert as former Congress president Sonia Gandhi, Ahana Kumra as Priyanka Gandhi and Arjun Mathur as Rahul Gandhi. Akshaye Khanna essays the role of Sanjaya Baru.

Tata will stop selling the ‘world’s cheapest car’

Tata Nano was supposed to start a revolution in automotive design when it was unveiled in 2008 as the world’s cheapest car. In theory, it opened the door welcoming better things.

The new model, in which Shahid Kapoor and his family will live, costs Rs. 55.60 crore, has a sea view and the actor will get six parking spots. Talk about a lavish lifestyle!

However, the biggest obstacle to success may have been the design of the car itself. Tata thought that focusing on price above all else would help sales, but that cost-cutting was arguably a turn-off — it looked like you were settling for a sub-par machine just because of the price tag. India’s burgeoning middle class appeared to be more interested in saving up for cars they’d be happy to own, if they felt pressure to get cars in the first place.

This doesn’t rule out a future Nano, but it likely require a fundamental change in philosophy that focuses on value for money rather than a rock bottom sticker price. And there’s no guarantee that it would be successful even then. While car hailing apps like Uber might not dominate, they still reduce the need for car ownership. In some cases, it could be cheaper to simply rent cars on demand instead of buying one.
Saira Banu

Saira Banu was born in India to actress Naseem Banu, and film producer Mian Ehsan-ul-Haq, who produced the film Phool in Mumbai and the film Wadah in Pakistan. Her maternal grandmother was the, a famous singer and actress in Urdu literature and poetry coached her in Urdu dialogue, and became a successful actress in Hindi cinema. She was married to actor Dilip Kumar, and they had a stable pairing from 1966 to 1976.

Career

Saira Banu was 16 years old in 1960, the year she made her debut in Hindi films. She was a popular actress known for her roles in films such as Victoria No. 203, Diwana, and Shagird. She was also paired with Vinod Mehra, who was cast opposite Vinod Mehra, who was cast opposite Vinod Mehra, who was cast opposite Vinod Mehra, who was cast opposite Vinod Mehra, who was cast opposite Vinod Mehra.

Personal life

Saira Banu married actor Dilip Kumar in 1966. Saira Banu was the third highest paid actress in Hindi Cinema from 1963 to 1969 and the fourth highest paid actress from 1971 to 1976.

Actress Shaheen is her niece. She is Saira Banu's brother's (Sultan Ahmed's) daughter.

Her husband Dilip Kumar revealed in his 2014 memoir "Dilip Kumar: The Substance and the Shadow" that he became pregnant in 1972 with their son, but that she developed high blood pressure in her eighth month of pregnancy and the doctors couldn't save the baby, which had been strangled by the umbilical cord. After that, they never had children, believing that it was God's will.
## HINDI MOVIE RELEASE DATES

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### She’s Staying Strong: Sonali Bendre’s Family Confirms

Sonali Bendre is determined to brave cancer with a smile on her face. She recently took to social media to share a picture of her son, Ranveer and revealed that she derives her strength from him.

She made a case for involving kids, educating them and letting them in on the nature of the illness of near ones with empathy. Sonali revealed how her son’s “madness and shenanigans” helped her “switch on the sunshine” at this difficult time.

Her husband and filmmaker, Goldie Behl has now shared a picture of their son, where the 12-year-old is seen beaming in the company of a friend. The smile resembles the sunny grin of Sonali Bendre.

Sonali Bendre is determined to brave cancer with a smile on her face. She recently took to social media to share a picture of her son, Ranveer and revealed that she derives her strength from him.

She made a case for involving kids, educating them and letting them in on the nature of the illness of near ones with empathy. Sonali Bendre is determined to brave cancer with a smile on her face. She recently took to social media to share a picture of her son, Ranveer and revealed that she derives her strength from him.

As much as we wanted to protect him, we knew it was important to tell him the full facts. We’ve always been open and honest with him and this time it wasn’t going to be different. He took the news so maturity... and instantly became a source of strength and positivity for me. In some situations now, he even reverses roles and takes on being the parent, reminding me of things I need to do!

I believe that it’s imperative to keep kids involved in a situation like this. They are a lot more resilient than we give them credit for. It’s important to spend time with them and include them, rather than make them wait on the side-lines, not being told yet instinctively knowing everything. In our effort to protect them from the pain and realities of life, we might end up doing the opposite. I’m spending time with Ranveer right now, while he’s on summer vacation. His madness and shenanigans help me #SwitchOnTheSunshine. And today, we derive strength from each other. The actor revealed last month that she was diagnosed with ‘high-grade’ cancer and is undergoing treatment in New York.
At a ghazal program organised by the All India Progressive Writers Association.
Sangita Mitra is with Tasneem Jowher and Poorva Guru and Ustad Yakub Ali

Mohammed Mohsin felicitated Nawab Mir Hamid Ali Khan, President IAA on behalf of Fareeduddin Sabiri at Urdu Ghar Moghalpura. Seen in the left picture is Dr Rahi, a well-known Urdu poet, congratulating Khan.

Nooruddin Owaisi, Yaser Mohd Khan Younus, Akberuddin Owaisi, MLA and Saif Khan in Hyderabad

Deputy CM Telangana Mahmood Ali, Asaduddin Owaisi and Chandra Shekhar Reddy at a party in Hyderabad

Asaduddin Owaisi Member of Indian Parliament speaking at an event by Access Foundation in Hyderabad. Also seen in the picture Dr. Amirullah Khan, Khaja Kamaluddin (visiting from Dallas) and others.
A baseball manager who had an ulcer went to see his doctor for a checkup.

“Remember,” the doctor said, “don’t get excited, don’t get mad, and forget about baseball when you’re off the field.”

Then he added, “By the way, how come you let the pitcher bat yesterday with the tying run on second and two men out in the ninth?”

What was the dog doing on the turnpike?

About seven miles an hour.

Electricians are always watching the news...

They like to keep up with current events.

My Doctor told me to avoid any unnecessary stress...

To comply, I did not open his bill.

My boss didn’t come in to work today. He called this morning and said he was having a vision problem.

When I asked what was wrong, he replied, “I just can’t see myself at work today.”

What exactly is junk?

Junk is something you throw away three weeks before you need it.

What does an educated owl say?

Whom... Whom...

A guy calls AAA: “I’m stranded on the side of the road.”

AAA: “At least you have a shoulder to cry on.”

The guy sat next to me on the train pulled out a photo of his wife and said, “She’s beautiful, isn’t she?”

I said, “If you think she’s beautiful, you should see my girlfriend mate!”

He said, “Why? Is she a stunner?”

I said, “No, she’s an optician!”

She entered the office of a noted divorce lawyer. “I want to know if I have grounds for divorce?” she asked.

“Are you married?” asked the lawyer. “Yes, I am.”

“Then,” he replied, “you have ground.”

Teacher: “Which is the best month to study?”

Student: “Octembruary.”

Teacher: “Don’t be silly. There’s no month like that.”

Student: “Exactly...”

The warehouse foreman walked up on a worker and caught him napping.

“Hey!” the foreman shouted. “Why aren’t you working?”

“Because I didn’t see you coming.”

A city slicker goes to visit his cousin who owns an apple orchard. The cousin takes him out to show him the bountiful crop on the trees.

The city slicker sees all the apples and asks, “How many apples grow on trees?”

His cousin smiles and says, “All of them.”

A squirrel was sitting in an apple tree. All of a sudden a cow started climbing up the tree. Surprised to see a climbing cow the squirrel asked the newcomer, “What the heck are you doing here?”

The cow replied, “I thought I’d eat some oranges.”

“But this is an apple tree.”

“I know, I brought my own.”

At 8 p.m. one night, a pilot who had run out of fuel made an emergency landing at a top secret government base. He was quickly surrounded by security and taken inside to be interrogated. The interrogation was grueling because they wanted to make sure it was an unplanned landing and he was not a spy.

The interrogation lasted all night. At 6 a.m. they refueled his plane and let him go with his promise never to return. Four hours later he returned and landed again. Security met him on the runway. They asked him why he had come back.

“I know I promised never to return but I brought my wife and now you have to tell her where I was all night...”