

REGISTRATION FORM - HERITAGE 5K RUN/WALK & FUN RUN

I understand that competing in a 5k is a potentially hazardous activity. I will not enter unless I am medically able and properly trained. I agree to abide by any decision of the race officials relative to my ability to safely compete in this event. I certify that I have completed the distance that I registered to compete in prior to completing the 5k/1 mile. I, the undersigned, release and forever discharge the City of Valparaiso, the Heritage Museum of Northwest Florida and all agents, representatives and employees thereof, and their successors, from any and all claims and damage whatsoever which I my heirs, their executors, and administrators have or may have against the City of Valparaiso, the Heritage Museum of Northwest Florida its agents, representatives, employees or volunteers by reason of damage or injuries, which may be incurred by myself while participating in this event. **Registrations are non-refundable & non-transferable.**

X

SIGNATURE OF ATHLETE (PARENT OR GUARDIAN IF MINOR) _____ DATE _____

FIRST NAME: _____ LAST NAME: _____ SEX: MALE _____ FEMALE _____

ADDRESS: _____ PHONE: _____

EMAIL: _____ BIRTHDAY: ____/____/____ AGE: _____

EVENT: 5K Run _____ 5K Walk _____ Kids' 1 Mile Fun Run _____ SHIRT SIZE: XS S M L XL XXL
(shirt size is only guaranteed to those who register prior to April 15)

FEE: Late & Race Day Registration _____ \$30 - 5K Run/Walk (no member discount)
_____ \$20 - Kids' 1 Mile Fun Run

Pre-registration (Before 4/15/2017) _____ \$20 - 5K Run/Walk
_____ \$18 - Northwest Florida Track Club (NWFTC) & Museum Members
_____ \$10 - Kids' 1 Mile Fun Run

NWFTC Member? YES NO

MUSEUM Member? YES NO
(Become a NEW Family Member (\$50 level) receive 1 registration FREE)

Make checks payable to: **HMNWF, 115 Westview Avenue, Valparaiso, Florida 32580**



Heritage Museum of Northwest Florida
115 Westview Avenue
Valparaiso, FL 32580

Heritage 5k Run/Walk & Kids Fun Run

Saturday
April 29, 2017

Start time: 8:00 a.m.

Discount for
EARLY REGISTRATION
thru April 15



Heritage Museum
of Northwest Florida
Valparaiso
(850) 678-2615
www.heritage-museum.org
www.active.com

Heritage 5k Run/Walk and Kids' 1 mile Fun Run

Date: Saturday, April 29, 2017

Place: Heritage Museum of Northwest Florida
115 Westview Avenue, Valparaiso

Course: 3.1 miles along scenic Bayshore Drive

Early Registration Fees (before 4PM April 15):

Best Deal! \$20 - 5k Run/Walk (all ages)
\$18 - NWFTC & Museum Members
\$10 - Kids' 1 Mile Fun Run

Late Registration Fees (after April 15):

\$30 5k Run/Walk (No member discount)
\$20 Kids' Fun Run

Register:

- In-person at the Museum
- On-line www.active.com thru April 24
- Applications available at <http://nwftc.com/> or www.heritage-museum.org

Packet Pick-up:

- Friday, April 28, 4-6PM at the Museum

Race Day Registrations: 7:00 a.m. inside Museum

Race Start Time: 8:00 a.m. at the flag pole
(opening ceremony begins at 7:50 a.m.)

After party in "Paradise Gardens"
(Adult Beverages for 21 yrs or older)

Awards

Running Division: Overall male/female, Master male/female, Grand Master male/female, awards to top 3 in the following age groups: 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Walking Division: Overall male/female, First male/female: 0-39, 40-49, 50-59, 60-64, 65-69, 70+

Fun Run: Overall boy/girl, first boy/girl: 0-3, 4-6, 7-10 and 11-13

For additional information call (850) 678-2615
All proceeds benefit the Heritage Museum of NWF.

Stay after the race for the
41st Saturday in the Park



Thank you community
SPONSORS!

