



RINDIE EAGLE

MA, LPCC

PHILOSOPHY

Rindie has a passion for helping others find their hope and inner strength. She offers a positive approach to therapy that emphasizes encouragement, growth and bringing out your unique creativity to overcome obstacles. She believes you have inside of you positive everything necessary to reach feelings of peace.

CONTACT

PHONE:
763.424.1888 ext. 102

EMAIL:
rindie@northwindscounseling.com

AVAILABLE:
Tuesday and Wednesday

JOINED NORTHWINDS

2016

DEGREES/LICENSE

Master Degree in Psychology from Walden University in Minneapolis, MN
Master Degree in Clinical Mental Health Counseling from Alfred Adler Graduate School in Richfield, MN

Licensed Professional Clinical Counselor; License #1167 Since 2016

WORK EXPERIENCE

Rindie has experience in the Mental Health field including: outpatient with individuals and couples. She has specialized training in biofeedback therapy, and anger management,

SPECIALITIES

Anger Management
Accelerated Resolution Therapy
Anxiety Disorders
Bipolar Disorders
Perfectionism
Shame
Depression