President’s Message
Colleen Janssen 805-813-0844 colleenj02@gmail.com

My heart is warmed at every General Meeting, Chairmen’s Meeting and Board Meeting. It is amazing to see how so many members willingly and cheerfully offer their time and talent to help our club accomplish so much for the benefit of our community, state, nation and world.

I talk to people from other organizations and find that many of them have trouble finding new members and getting their existing members to step forward and volunteer. We DO NOT have these problems. Why is that? What makes us different? I think it is because our members feel the deep desire to make the world around them just a little better every day. Each one of you helps in her own way. Perhaps you serve as a board member, overseeing our efforts and guiding our club toward continued success. Maybe you are a committee chairman, focusing your efforts toward a specific area of club work.

Others of you serve as chairman of a fundraiser, making sure we have sufficient funding for scholarships and charitable donations. While still others serve as helpers for events, meetings, and more. Whatever you choose to do, know that your efforts are truly appreciated.

We have a few new things happening and I would like to shine a light on these to be sure we keep focused. Look for more complete details in this newsletter or at our Inspiration Breakfast meeting.

1. **Cookbook:** Recipes are due by October 3 to Sherre. We are raising money for the Patriotic Service Dog Foundation. We NEED your recipes.
2. **Painting Party:** October 17 is a painting party to offset cookbook expenses. Sign up to attend. We can accommodate 30 people.
3. **Women Vets Event:** October 20 we are helping at this event at Long Beach Veterans Hospital. We need gift cards and gift baskets as prizes for guests.
4. **Alaska Cruise:** On November 5 we are holding a Cruise Information Night. Come learn about this wonderful cruise to Alaska fundraiser for our club.
5. **Ralph’s:** Be sure to sign up with Ralph’s to help us raise $$$.$ See info on last page.
6. **Buddy Boxes:** Get a box (or two) from Joan if you don’t have any yet.
7. **New Members:** Find a friend to visit our club!

How do we get so much accomplished? Here’s how:

**Women Get the Job Done!**

P.O. Box 169, Cypress, CA 90630
EDITOR: Muff Elstran 562-896-7665 elstranm@gmail.com
Website: www.wccypress.org Email: WCCypressCA@gmail.com
Events Calendar

September/October 2018

WED  Sept 26  West Orange County Women’s Conference (WCC Table)
WED  Oct 3   Inspiration Breakfast, Community Center, (9:00 Breakfast, 10:00 Meeting)
WED  Oct 3   Cookbook Recipes to Sherre Yurenko
THURS Oct 11 Public Policy Meeting, Howard’s Restaurant, 9:00 am
THURS Oct 11 Patriot Chapel dedication at Forest Lawn, 4-7 pm, requires RSVP
WED  Oct 17  Committee Chairmen Meeting, Community Center, 9:00 am
WED  Oct 17  Board Meeting, Community Center, 10:00 am
WED  Oct 17  Painting Night at Via Largo, 6:00 pm, raise funds for cookbook
SAT  Oct 20  Event for women vets at Long Beach Vets Hospital

Save the date

MON  Nov 5   Cruise Info Night (Princess Cruises), Via Largo, 6:00 pm, RSVP to Sherre Yurenko
WED  Nov 7   General Meeting, Food Finders, Cookbook Potluck, and Silent Auction
WED  Dec 5   WCC Holiday Party, The Grand, Gift Exchange (up to $5 value)
SAT  Mar 23  Fundraising TEA—our biggest event of the year!

REMEMBER TO BRING THESE TO THE GENERAL MEETING

- Box Tops for Education
- Color Comics for Troops
- Grocery coupons for military
- Old Eyeglasses
- Hotel-sized shampoo, soaps, etc., for H.O.P.E to help the homeless.
- Cash/checks for events & drawings

Carpooling

If you would like to attend an event (such as a General Meeting, Game Night, etc), but need a ride, please contact CAROLE SHAW, phone: 714-723-0132 or email: CaroleShaw12@gmail.com and she will see if she can find a ride for you. If you are willing to be on a driver list, let Carole know.
Joyce Lodato
As you may have already heard, member Joyce Lodato passed away on August 22. A member since 1998, she will be greatly missed by her many friends in our club.

Julie Fernald
Please welcome new member, Julie Fernald and ADD HER information to your NEW Yearbook. Her information: 15421 Capri Circle, Huntington Beach, CA 92647, email: jafernald@hotmail.com, cell: 714-501-9022, spouse: Gordon, Birthday: January 12, Anniversary August 24.

OTHER UPDATES TO YOUR YEARBOOK
Judy Wagner 714-995-4242 tweetywag@aol.com

1. Please update the following on PAGES 11 & 18: Stacy Berry, 714-952-4079 Cell: 714-679-4606 stacyberry1996@gmail.com
2. The dates at the top of ALL pages should read: 2018-2019 Yearbook
3. If anyone has a change for next year’s book, please let me know so I can publish it in the Newsletter and update the Roster. Thank you.
Enthusiasm filled the room as our Chairmen arrived for our first meeting of 2018-2019. It was exciting to hear their plans and ideas. This is a great time for our members to participate in some of the great community service projects supported by our Club. We all just received our 2018-2019 yearbooks. Turn to page 14 and peruse the list of programs that our Club is involved in. Reach out to a Chairman and let them know you would like to help and they will further explain the program and what they need assistance with. Your service will be greatly appreciated and the rewards you receive will be priceless.

You are invited to Woman’s Club of Cypress
Inspiration Breakfast featuring
Patriotic Service Dog Foundation
Wednesday, October 3 9:00 am $10
RSVP to Stephanie by September 28

Patriotic Service Dog Foundation is a non-profit organization focused on serving our veterans by raising awareness for their needs and providing Service Dogs to those who may benefit from long-term mental and physical assistance. We are raising money for them with our club cookbook.

If you have not yet RSVPd, call Stephanie Chagollan at 714-827-4973, cost: $10.00. If you do not want to attend the breakfast, you may arrive at 10:00 am for our General Meeting (no charge).

Woman’s Club Cookbook Committee
Sherre Yurenko 714-827-5203 atasteoftravel@sbcglobal.net

Your recipes are due at or before our October 3 meeting. Please contact me with up to five recipes to help us raise money for our club and the Patriotic Service Dog Foundation. Thanks for your help!

If you are interested in being on the cookbook committee, please contact Sherre Yurenko. Home Phone: 714-827-5203, Cell or Text: 714-348-7964, Email: atasteoftravel@sbcglobal.net.

Co-2nd VP/Membership
Louise Bierei 714-270-4273 mablamb@sbcglobal.net
Joan Larsen 714-865-9705 jglarsen45@hotmail.com

It’s been a busy month for the 2nd VP’s/Membership. We welcomed a new member, Ginger Osman, and presented her with a pin and goodies on behalf of the Woman’s Club. We also will have another new member for October, Julie Fernald who is also part of the Choraliers. Please be sure to say hello and welcome them to the club.

Our tri-fold information brochure is now ready if anyone would like copies to hand out to friends, family & acquaintances. Our challenge is that you bring a new potential member every time you attend.

We have also been busy revising our New Members Handbook, and that is ready as well. We’ll be giving them to our new members shortly. No date has been set yet, but we will be having a new Member Orientation soon and will let everyone know the date when we have it.

Finally, we will have a table at the West Orange County Women’s Conference on September 26th. If you are going to the Conference and know someone there who might be interested in Woman’s Club have her stop by to get more information.
The planning is continuing for the October 20, 2018 Women Veterans Event (Silver Jubilee) at the Long Beach Veterans Hospital Pantages Theater from 11am-2pm. Our club is generously providing two hours of entertainment by the amazing Tony Rogers. Also, the American Legion Women’s Auxiliary Cypress Post 295 gave a generous donation of $200 that ensures that Tony Rogers can perform the additional hour of the event. Several members have signed up to help plate and serve food at the event (please arrive between 9-10). Members have also signed up to provide Gift Cards. We have a couple of members planning to donate special Gift Baskets and a quilt for the door prize drawings. The gifts should be between $20-$25 and we suggest they be placed in a beautiful bag or a small decorated basket. A basket need not be as elaborate as the ones we have at the Tea.

If you signed up to provide a Gift Card, please bring it to the October meeting. Also, if you plan on contributing a gift, please let us know. We can pick it up, or you can bring it to the October meeting. With the generosity of our club and our members, we are expecting this Event to be something that we can be very proud of doing, and possibly continue to do next year. After this first event, we will know more about what we can do to help and possibly seek community sponsors to help cover some of the Veterans Hospital Woman’s Program costs. We greatly appreciate all the expected donations and help that will make this event a special time for these active and retired military women!!

Holiday Buddy Boxes for Veterans
Joan Larsen 714-865-9705 jglarsen45@hotmail.com

Thank you so much to all of you that picked up a Veteran’s Holiday Buddy Box at the September meeting! If you are interested in participating in this project and need a box, a few boxes will be available at the October meeting. Please return your filled box at the October or November meetings.

The Buddy Boxes will be distributed to patients at the Long Beach Veterans Hospital on Saturday, December 1, 2018. Details to participate in the distribution of boxes to be provided at a later date.

The Boys and Girls Club of Cypress will also participate in this project this year by seeking donations of travel size hand lotion or sanitizers to place in our boxes. Stacy Berry will be working with the children to make holiday cards to place on each box!

Voluntarily filling a box and/or helping to pass them out is a wonderful way to give back to veterans who have given so much for our country! We appreciate your voluntary participation in this project!

Home/Life Program
Judy Wagner 714-995-4242 tweetywag@aol.com

Cards for St. Jude Children’s Research Hospital

I will be collecting the FRONTS of cards again this year to send to the St. Jude’s Ranch for Children Recycled Card Program. If you have cards please bring them to the October and November meetings. I will also collect the Christmas Cards in January 2019.

The idea was conceived for turning the previous year’s Christmas cards into ‘new’ cards for the coming season. The recipients were so delighted with their unique “thank you,” they requested the children sell the special cards. And so, the St. Jude’s Ranch Recycled Card Program was born. It has expanded to include all-occasion greeting cards. People from all over the world have sent their used cards. The kids take the fronts and attach a new back. Operated by Kid’s Corp, a program for the children at St. Jude’s Ranch, helps teach entrepreneurship skills. The benefits are two-fold; customers receive “green” holiday cards for use and the children receive payment for their work and learn the benefits and importance of “going green.”
Many local theatrical stage productions are beginning their fall seasons for all of us to enjoy.

**Cypress College Theater and Dance**, www.cypresscollegetheateranddance.com, 714-484-7200, is presenting "Little Shop of Horrors" from Friday, Oct. 5th – Sun. Oct. 14th, 7:00 pm Fri. & Sat. and 4:00 pm on Sundays. Tickets can be bought on-line or at box office and cost between $15-20.00.

**Long Beach Playhouse**, www.lbplayhouse.org is staging "Sherlock Holmes and the Adventure of the Suicide Club", Sep. 22 - Oct. 20th; that finds the famous detective in this new stage thriller; a world of mystery, comedy, and romance with plenty of twists and chills for all. Tickets are approximately $20-24 - there is a senior discount, too. Buy tickets on-line.

**The GEM Theater**, Garden Grove, 714-741-9550, 12852 Main St; is staging the musical comedy, "The Producers", Sep. 27th - Oct. 21st; tickets are $26-30. The wacky, madcap play, inspired by the Mel Brooks’ movie, will have you rolling in the aisles holding your sides. All their productions are in a 153 seat 1920’s building.

**The Long Beach Open Studio Tour**, www.lbstudiotour.com This is a fun self-guided tour of about 40 artists’ own studios on 3 consecutive weekends, Sat & Sun afternoons, Oct. 13-14, 20-21, and 27-28 from noon to 5 pm. It is free. All manner of art and crafts can be seen. Map on their web site.

**The 2019 District Art & Photo Festival** is coming up again on Friday, Feb. 8, 2019, "Put Art in Your Heart". So, begin preparing your own art works, crafts, and photography created in 2018 to be entered and judged (or just displayed) at this District event held from 10 am - 2 pm at the Woman’s Club of Orange, 1st, 2nd, & 3rd places will be awarded; $1.00 per entry, lunch is $15.00.

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**Conservation**

Vivian Panou 949-579-0129 Vivian@ecos.com

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Idle v Idle. Not

It’s a super hot day in sunny Cypress and you’re patiently waiting to pick up your child from her school soccer practice. The radio announcer reminds you of the 95° temperature and you think there’s just no way to survive without keeping the A/C and car running. Actually, the many idling cars stacked neatly behind yours by equally concerned parents are also running their cars waiting for their kid-wonder.

Many people wonder if an idling car is harmful to their health, others don’t even think about it, and some wait with their windows rolled down somewhat infuriated knowing that their child athlete is having her lungs compromised because of the increased ozone caused by idling vehicles.

In 2016, The U.S. Dept. of Transportation, Office of Highway Policy Information published details regarding motor fuel use and concluded that California’s consumption was 17,722,581,000 gallons. It continues to assert more than 600 million gallons of fuel is burned annually from idling and nearly half of all idling occurs from vehicles waiting curbside at schools and other venues causing this to be voluntary and largely avoidable. More than 300 million gallons of fuel emit more than three million tons of unnecessary CO2 in California, alone.

It has been proven that children breathe more air (50%) for every pound than adults. This causes them to have higher cases of lung irritation and cases of asthma due to air pollution from idling vehicles. Idling emissions can also cause cancer and exacerbate heart conditions in adults and children.

Here’s how you could help. Tell your inner circle about the importance of maintaining a “no idling” policy in their daily lives. Inform the athletics department and principal at your school that you’d like to see idle-free zones at pick-up areas. Next, don’t be afraid to stand up to your friends who have the car running as they wait for their child or loved one to give a ride. It may seem like a bold thing to do, but then again... weren’t bold actions what led to progress? Just think of what the suffragists went through!!
MOTIONS

From the September 5 General Meeting:
That the Woman’s Club of Cypress participates in a fundraising drive by collecting used clothing, linens, jewelry, shoes, belts, and purses beginning January 1st through February 28th with the money collected from “Savers” to go to our Philanthropy fund.

RECOMMENDATIONS

From the September 19 Board Meeting:
1. That the Woman’s Club of Cypress send money donated by members in the memory of Joyce Lodato in addition to the donation from the club to H.O.P.E., according to her families request.
2. That the Woman’s Club of Cypress send the front of greeting cards to St. Jude’s Children’s Hospital. Postage not to exceed $20.00. Money to come from the Philanthropy fund.
3. That the Woman’s Club of Cypress holds See’s fundraisers in winter and spring. Profits to be shared 50% to the Philanthropy and 50% to the Crime Survivors.
4. That the Woman’s Club of Cypress holds a holiday card exchange as a fundraiser for the club. The “postage” cost will be .25 cents per card.

Public Policy/Legislation
Lisa Brandon 714-527-2029 LisaBrandon@brandonlaw.net

At last month’s meeting we had a speaker from the school district presenting information in favor of Measure M. This month’s Public Policy Meeting will provide a speaker to present issues in opposition to the Measure. The meeting is open to all members, Thursday, October 11 at Howard’s Restaurant, 9:00 am.

Meet a Member – Sherre Yurenko

If you stood on the family farm in Pottsville, Pennsylvania “back in the day”, and looked to the creek, you’d see some kids playing there. You might recognize Sherre Yurenko, one of the newer but very active members of our club. She might not have been in our club if her family had taken one of their fun road trips.

It’s not surprising, considering that she is spearheading our efforts to produce a cookbook, that among her favorite subjects was Home Economics. (Not sure how her interest in History and Chemistry will influence that book!)

Pursuing her numerous career paths took precedence over getting married and settling down. Instead, she channeled her nurturing inclinations into becoming a nurse where she spent 28 years caring for Trauma, Critical Care/Cardiovascular Critical Care and Cardiac Cath Lab patients. She also spent more than 9 years teaching EMR/EMT and Long Term Care assistants in addition to a 13 year history of teaching CPR. In addition to teaching credentials, she has Administrative Credentials for Residential Care facilities.

As if that’s not enough, Sherre has Travel Agent certification and a degree in Restaurant and Hotel Management. She recently completed CERT (Community Emergency Response Team) training. In her spare time (what spare time??!!!) she enjoys traveling, baking/cooking/crafts and gardening. Traveling around the U.S., her favorite restaurant is Cracker Barrel followed by Cheesecake Factory. If she could do anything in the world, she would open a B&B in Pennsylvania with a bakery and craft store.

Not surprisingly, Sherre’s favorite charities are the American Heat Association, and any Veterans’ organization. Speaking of organizations doing good work, Sherre appreciates how friendly everyone in Woman’s Club of Cypress is and she values the new friends she’s made here. And we certainly value Sherre and the numerous skills she brings to us.

LOS ALAMITOS HOSPITAL
Judy Wagner 714-995-4242 tweetywag@aol.com

We are still in need of Volunteers at the Los Alamitos Hospital. If you would like more information on how you can help, please contact me anytime.
We are holding a Painting Night at the Via Largo Clubhouse on Wednesday, October 17, 6:00 pm. Maximum attendance is 30 persons, including members and friends. The cost is only $30 and you will take home a fall-themed yard art item. The exact design will be presented at the event. The items pictured are similar items from the same painting vendor. The money raised will go to cover cookbook expenses. RSVP to Sherre ASAP, before we reach our maximum.

12-Day Round-Trip Cruise from L.A. to/from ALASKA!

On the Royal Princess
September 17, 2019
Ports:
Ketchikan, Juneau, Skagway, and Victoria B.C.
Full day cruising through Glacier Bay National Park.

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<tr>
<th>Mini-Suites</th>
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<td>Balcony Cabin</td>
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<td>Taxes, fees and port expenses</td>
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Insurance rates available upon request and is highly recommended
3rd and 4th person rates available upon request

Deposit: Mini Suite $755 pp
Balcony Cabin $580 pp
Inside Cabin $354 pp

A Cruise Information Night will be held in early November 2018.
Contact Sherre to be notified of the date, time, location in Cypress (CA), and to RSVP.

A donation will be made to the Woman’s Club of Cypress for all Balcony and Mini-Suite bookings, if reservations are made through Sherre Yurenko. Mention this flier!

Contact Travel Agent
Sherre Yurenko
at A Taste of Travel
714-827-0776
atasteoftravel@sbcglobal.net

[Map of the cruise route from Los Angeles to Alaska]
We've Been Busy!

Just-For-FUNraiser Casino Night August 25 at Lisa Brandon's home. We raised $680, Great Fun!

September 5 meeting. We introduced new member, Ginger Osman, (L-R: Colleen Janssen, Louise Birei, Osman, and Joan Larsen). We learned to decorate cupcakes with speaker Lakyn from Plum Forest! The cupcake is a creation by Carole Stone.

LEFT: (L-R) Creating their cupcakes are Linda Keenan, Stacy Berry, Mary Martinez and Veena Narain.

Right: This is the crowd at the September 13 Public Policy & Legislation Committee meeting. Their guest speaker was Anne Silavs gave an overview of the Cypress School District's Measure M which will be on the November ballot. In this photo, committee chairman, Lisa Brandon, points to an information piece during discussion. The October 11 meeting will feature a speaker from the opposition to Measure M.

Above: (back row L-R) Carole Stone, Mariellen Yarc, Stephanie Chagollan, Carole Shaw, Maria Sterk. (front row L-R) Patty Boggs and Linda Gaviick.

Left: Club members and Tanglewood HOA representatives, Ruth Schnipper and Roberta O'Toole accept recognition from the Cypress City Council. We work with them in the Buddy Box program. Pictured left to right: Council Member Rob Johnson, Mayor Pro-Tem Stacy Berry, Schnipper, O'Toole, Mayor Jon Peat, Council Member Mariellen Yarc, and Council Member Paulo Morales.
Sign up to help GFWC Woman’s Club of Cypress raise funds by signing up for the fundraiser, then shop at Ralph’s. It’s easy; just follow these instructions. This program costs you NOTHING. If you have problems, ask Colleen Janssen or Maria Sterk for help.

If you do not have a Ralph’s Rewards Card, go to any Ralph’s store and fill out an application. Then, follow these instructions using your new Ralph’s Rewards Card.

If you already have a Ralph’s Rewards Card, you can sign up today! Step-by-step process:

1. Be sure to have your Ralph’s Rewards Card in front of you to start this process. You will need the number from the back of the card. Also, friends/relatives may participate.
2. Go online to www.ralphps.com
3. If you are not yet signed up online with Ralph’s, you will need to follow this entire procedure. If you already have an online account with Ralph’s, skip to step #5.
4. Step-by-Step instructions:
   a. Once you are on the Ralph’s site (www.ralphps.com), look to the right, then down a little. Click on the button “NO ACCOUNT.”
   b. Fill in the information they request, i.e., name, etc.
   c. Close the Ralph’s site and go to your email. They will have sent you a link to click into the Ralph’s site. This is how they confirm that your email address is correct.
   d. Click on the link they send to you. It takes you back to the www.ralphps.com site.
5. Fill in your email address and password. (If you are starting here, go to www.ralphps.com, then follow these instructions).
6. Check that your information is correct. Fix any errors.
7. Look to the left and click on COMMUNITY REWARDS (you may have to scroll down a little to see it).
8. In the organization box that comes up enter either our organization number YK336, or type “GFWC Woman’s Club of Cypress.”
9. Complete the process as directed.

Every time you swipe your Ralph’s Rewards Card at the store, it will check for qualifying purchases, and a message will show on the bottom of your receipt. Each quarter Ralph’s will track how much money we raised, and when we reach $25 in donations for the quarter, Ralph’s will send it to our club. That’s it! Super-simple and an easy fundraiser for our club. See other side

Thanks for participating!

If you don’t have email, or would prefer to register by phone, have your Ralph’s card with you when you call:

1-800-443-4438