

# Linn-Mar Freestyle Schedule

March 2021						
◀ February						April ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Spring Break	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20
21 Practice @ Cornell College 3-4:30 pm	22	23 Practice @ Cornell College 6-7:30 pm	24	25	26	27
28 Practice @ Cornell College 3-4:30 pm	29	30 Practice @ Cornell College 6-7:30 pm	31			

April 2021						
◀ March						May ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Practice @ Cornell College 3-4:30 pm	5	6 Practice @ Cornell College 6-7:30 pm	7	8	9	10
11 Practice @ Cornell College 3-4:30 pm	12	13 Practice @ Cornell College 6-7:30 pm	14	15	16	17 Freestyle/ Greco @ West Delaware
18 Practice @ Cornell College 3-4:30 pm	19	20 Practice @ Cornell College 6-7:30 pm	21	22	23	24 Freestyle/ Greco @ Independence

April 2021						
◀ March						May ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>25</b> Freestyle/ Greco @ Lisbon  Practice @ Cornell College 3-4:30 pm	<b>26</b>	<b>27</b>  Practice @ Cornell College 6-7:30 pm	<b>28</b>	<b>29</b>	<b>30</b>	

May 2021						
◀ April						June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> State Freestyle @ SEP
<b>9</b> State Freestyle @ SEP						

- \* Must Have USA Athlete card for all practices and tournaments \$40: <https://www.iowawrestling.org/>
- \* Cost for practices at Cornell College \$ 80 for all 6 weeks/ 12 practices (March 21 – April 27)
- \* \$115 per month or \$275 for March 1 – June 3
- \* Age divisions for tournaments 8U, 10U, 12U, 14U, 16U(cadet), 18U(junior)
- \* Put down LMWC as your club if you enter a tourney so they separate our wrestlers in the bracket!
- \* We have freestyle singlets to loan out for tournaments
- \* Probably be a car pool for practices on Sunday and Tuesday if we know somebody needs a ride
- \* HS coaches can not actively coach at practices our tournaments until school is out for the summer
- \* Parents and/ or teammates should be coaching at the tournaments