

Portland Waterfront 5K
 Flatbread Pizza Portland Maine 11/5/22 9:30AM
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	Time	Pace
=====	=====	==	=	=====	==	=====	=====
1	RYAN JACA	35	M	GORHAM	ME	15:17	4:56
2	Adam Hallett	38	M	Portland	ME	17:30	5:38
3	GRADY KEMP	17	M	SOUTH PORTLAND	ME	18:28	5:57
4	AMANDA KAISER	27	F	PORTLAND	ME	19:26	6:16
5	Ezra Gronlund	17	M	Bridgton	ME	19:31	6:17
6	Alecssander Freitas	17	M	Naples	ME	19:43	6:21
7	Justin Lerman	44	M	Scarborough	ME	19:49	6:23
8	MICHAEL CLARKE	16	M	NAPLES	ME	19:54	6:25
9	WEEDEN BAUMAN	29	M	PORTLAND	ME	20:46	6:41
10	Ben Parks-Stamm	42	M	Falmouth	ME	20:54	6:44
11	Darren Winchenbach	41	M	Saco	ME	20:58	6:45
12	BRIAN LADD	62	M	BRIDGTON	ME	21:38	6:58
13	TAMIKO DAVIES	51	F	PORTLAND	ME	21:39	6:59
14	Chris Godin	57	M			21:41	6:59
15	Michael Clark	43	M	Scarborough	ME	21:45	7:00
16	Steven Dubois	50	M	Lisbon Falls	ME	21:48	7:01
17	Clayton Hickey	12	M	Falmouth	ME	21:59	7:05
18	Emily Hickey	40	F	Falmouth	ME	22:00	7:05
19	Timothy Bath	31	M	Kennebunk	ME	22:27	7:14
20	Ryan Means	33	M	Portland	ME	22:36	7:17
21	Jessie Lemieux	40	F	Cumberland	ME	22:59	7:24
22	Carla Groenitz	27	F	Yarmouth	ME	23:11	7:28
23	JEFFREY HAINES	36	M	SOUTH PORTLAND	ME	23:52	7:41
24	Robert Hodgman-Burn	53	M	Fryeburg	ME	24:39	7:56
25	stephen martin	31	M	gorham	ME	24:57	8:02
26	Christopher Hickey	40	M	Falmouth	ME	25:02	8:04
27	Mark Foley	57	M	Falmouth	ME	25:09	8:06
28	Brownlow Parks-Stam	11	M	Falmouth	ME	25:11	8:07
29	Arielle Oosten	32	F	Buxton	ME	25:24	8:11
30	Alex Zaccardelli	19	M	Portland	ME	25:27	8:12
31	Nick McMahon	33	M	Buxton	ME	25:37	8:15
32	Betsy Parks-Stamm	43	F	Falmouth	ME	25:43	8:17
33	Dylan Gard	30	M	Cumberland Cent	ME	25:49	8:19
34	Ryder Clark	10	M			25:58	8:22
35	Andrew Potter	33	M	South Portland	ME	26:05	8:24
36	Lindsay Watts	24	F	Portland	ME	26:15	8:27
37	Stuart Clark	21	M	portland	ME	26:22	8:29
38	Daniel Sonenberg	52	M	Portland	ME	26:27	8:31
39	CHRIS PAULU	56	M	YARMOUTH	ME	26:41	8:36
40	Joshua Glazer	46	M	Portland	ME	26:59	8:41
41	jason nadeau	46	M	biddeford	ME	27:03	8:43
42	Patricia Waters	38	F	Windham	ME	27:23	8:49
43	Birdie Garrity	35	F	Saco	ME	27:26	8:50
44	Bill Reilly	75	M	Brownfield	ME	27:34	8:53
45	Katie Pehowski	36	F	Portland	ME	27:35	8:53

46	Scott Sheehan	55	M	Hampton	NH	27:52	8:59
47	Kate Springer	38	F	Windham	ME	28:01	9:02
48	Alex Ferreira	32	M	Portland	ME	28:21	9:08
49	Annie Popescu	29	F	Portland	ME	28:22	9:08
50	Marya Hickey	9	F	Falmouth	ME	28:23	9:09

Page 2

Portland Waterfront 5K
Flatbread Pizza Portland Maine 11/5/22 9:30AM
Timing & Finish Line Management by 5K Sports Race Management
Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	Time	Pace
=====	=====	==	=	=====	==	=====	=====
51	Agnes Parks-Stamm	9	F	Falmouth	ME	28:26	9:09
52	Anica Hickey	13	F	Falmouth	ME	28:49	9:17
53	Erin Needham	33	F	Kennebunk	ME	28:51	9:17
54	Shawna Hathaway	36	F	Portland	ME	28:54	9:18
55	ERIKA RICHARDSON	32	F	PORTLAND	ME	28:56	9:19
56	PABLO SONENBERG	13	M	PORTLAND	ME	28:58	9:20
57	Louisa Smith	33	F	Cambridge	MA	29:08	9:23
58	Polly Parks-Stamm	13	F	Falmouth	ME	29:29	9:30
59	Geoffrey Maker	39	M	Portland	ME	29:32	9:31
60	emily brooker	29	F	Gorham	ME	29:39	9:33
61	Becky Martell	56	F			29:50	9:36
62	Lori Godin	55	F	Edgecomb	ME	29:51	9:37
63	Alex Curran	41	F			30:06	9:42
64	Jill Devlin	29	F	Portland	ME	30:19	9:46
65	Charlie Baker	39	M	Gray	ME	30:21	9:46
66	Amanda Griffin	31	F	South Portland	ME	30:22	9:47
67	Christina Giblin	40	F	Towson	MD	30:44	9:54
68	Rosa Gonzalez	46	F	Hampton	NH	30:48	9:55
69	Jacob Wisecup	29	M	Windham	ME	30:56	9:58
70	Hillary Read	45	F	Burlington	VT	31:04	10:00
71	Steven Haskins	60	M	Augusta	ME	31:14	10:04
72	Meredith Thompson	26	F	Cambridge	MA	31:22	10:06
73	PARKER HILLAR	14	M	PORTLAND	ME	31:30	10:09
74	Cooper Clark	8	M			31:46	10:14
75	Chris Lambe	37	M	Portland	ME	31:47	10:14
76	Lindsay McArthur	44	F	Peaks island	ME	31:56	10:17
77	Christopher Weitz	43	M	Medford	MA	32:01	10:19
78	Melissa Roberge	46	F	Portland	ME	32:03	10:19
79	John Pulvino	52	M			32:14	10:23
80	Jennifer Pulvino	50	F	Scarborough	ME	32:37	10:30
81	Diane Visich	65	F	Scarborough	ME	32:41	10:31
82	Edith Iyer-Hernande	30	F	South Portland	ME	32:46	10:33

83	Parul Aggarwal	40	F	Falmouth	ME	33:16	10:43
84	April Potter	31	F	South Portland	ME	33:26	10:46
85	Devin Yard	41	F			34:07	10:59
86	Kevin Springer	30	M			34:08	11:00
87	Abigail Maker	32	F	Portland	ME	34:27	11:06
88	LEVI SONENBERG	13	M	PORTLAND		34:47	11:12
89	Bridget Ann Doughty	41	F	Dameron	MD	35:42	11:30
90	Terri Teller	44	F			35:52	11:33
91	Jane Benesch	63	F	South Portland	ME	36:01	11:36
92	Jason Sugata	41	M	Portland	ME	36:31	11:46
93	Josh Levy	48	M			37:15	12:00
94	Keith Levy	73	M	Waban	MA	37:16	12:00
95	Natalie Beck	34	F	Portland	ME	37:19	12:01
96	Jennifer Shackford	52	F	Saco	ME	37:45	12:09
97	Denise Curry	56	F	Windham	ME	37:47	12:10
98	Dana Clark	42	F			39:59	12:53
99	Susan Nutter	59	F	Standish	ME	40:13	12:57
100	CLARA PRATT	14	F	FALMOUTH	ME	44:20	14:17

Page 3

Portland Waterfront 5K
Flatbread Pizza Portland Maine 11/5/22 9:30AM
Timing & Finish Line Management by 5K Sports Race Management
Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	Time	Pace
=====	=====	==	=	=====	==	=====	=====
101	Bill Vickerson	71	M	Scarborough	ME	44:26	14:19
102	Kathryn Pratt	49	F	Falmouth	ME	44:28	14:19
103	Jaclyn Maker	34	F	Portland	ME	48:19	15:34
104	Linda Townsend	56	F	Buxton	ME	54:35	17:35
105	Kathryn Davis	29	F	Woolwich	ME	54:38	17:36
106	Mary Stratton	44	F	Portland	ME	1:00:26	19:28
107	Laurie Menter	48	F	Portland	ME	1:00:28	19:28
108	Julie Cossaboom	48	F	Portland	ME	1:00:30	19:29
109	Bethany Smith	45	F	South Portland	ME	1:00:33	19:30
110	Matthew Turnquist	41	M	Scarborough	ME	1:01:22	19:46
111	Patricia Turnquist	41	F	Scarborough	ME	1:01:26	19:47
112	Matthew Davis	31	M	Brunswick	ME	1:01:30	19:48

