

Licensed to Lambton Central Collegiate Voc. Inst. Hy-Tek's Meet Manager 5/14/03 05:10 PM
 LSSAA Track and Field Championships 2003 - 5/13/03 to 5/14/03
 Sarnia Central Athletic Complex Results

Event 1 Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50 1994 Rachel Franz, Lambton Central				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	458	VanKempen, Kim	St. Clair SS	13.3Q 2
2	457	Gartley, Ali	St. Clair SS	13.4Q 1
3	2	Jewett, Theresa	Northern Civ	13.4Q 2
4	343	Willemse, Kristy	St Christoph	13.5Q 1
5	100	Coady, Kortney	St. Patrick'	13.5Q 1
6	3	Kohlmeier, Mallory	Northern Civ	13.8Q 2
7	202	Baulcombe, Amber	Lambton Cent	13.7q 1
8	187	Mastronardi, Morga	Sarnia Cits	14.1q 1
9	334	Rocca, Kayla	St Christoph	14.1 2
10	99	Dolbear, Lindsay	St. Patrick'	14.2 1
11	328	Bright, Carly	St Christoph	14.3 2
12	474	Hughes, Brianne	North Lambto	14.4 2
13	475	Wilson, Josee	North Lambto	14.7 1

Event 1 Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50 1994 Rachel Franz, Lambton Central				
Name	Year	School	Finals	Points
=====				
Finals				
1	458	VanKempen, Kim	St. Clair SS	13.2 10
2	2	Jewett, Theresa	Northern Civ	13.5 8
3	457	Gartley, Ali	St. Clair SS	13.7 6
4	343	Willemse, Kristy	St Christoph	13.8 4
5	100	Coady, Kortney	St. Patrick'	13.9 2
6	202	Baulcombe, Amber	Lambton Cent	13.9 1
7	3	Kohlmeier, Mallory	Northern Civ	14.1
8	187	Mastronardi, Morga	Sarnia Cits	14.2

Event 2 Men 100 Meter Dash Midget

=====				
LSSAA: ! 11.30 1993 Steve Maheu, St. Patrick's				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	432	McKechnie, Jason	St. Clair SS	12.2Q 1
2	397	Hutchings, Ryan	St Christoph	12.5Q 2
3	257	Thomson, Dustin	Lambton Cent	12.5Q 2
4	430	Giffels, Justin	St. Clair SS	12.6Q 1
5	491	Burr, Jacob	North Lambto	12.6Q 1
6	384	Ponce, Gabe	St Christoph	12.8Q 2
7	55	Izreig, Said	Northern Civ	12.6q 1
8	56	Sherwin, Dave	Northern Civ	12.9q 1
9	259	Brown, Harry	Lambton Cent	13.3 2
10	258	Freer, Jared	Lambton Cent	13.7 2

Event 2 Men 100 Meter Dash Midget

=====				
LSSAA: ! 11.30 1993 Steve Maheu, St. Patrick's				
Name	Year	School	Finals	Points
=====				
Finals				
1	432	McKechnie, Jason	St. Clair SS	11.3! 10

2	397 Hutchings, Ryan	St Christoph	11.4	8
3	257 Thomson, Dustin	Lambton Cent	11.8	6
4	430 Giffels, Justin	St. Clair SS	11.8	4
5	491 Burr, Jacob	North Lambto	11.9	2
6	55 Izreig, Said	Northern Civ	12.0	1
7	384 Ponce, Gabe	St Christoph	12.2	
8	56 Sherwin, Dave	Northern Civ	12.4	

Event 3 Women 200 Meter Dash Midget

LSSAA: ! 26.00 1998		Tara Halls, St. Clair		
Name	Year	School	Prelims	H#

Preliminaries

1	458 VanKempen, Kim	St. Clair SS	28.3Q	1
2	457 Gartley, Ali	St. Clair SS	28.5Q	2
3	323 Gill, Laura	St Christoph	28.6Q	2
3	100 Coady, Kortney	St. Patrick'	28.6Q	1
5	343 Willemse, Kristy	St Christoph	29.0Q	1
6	4 Currie, Lisa	Northern Civ	29.2Q	2
7	99 Dolbear, Lindsay	St. Patrick'	29.7q	2
8	187 Mastronardi, Morga	Sarnia Cits	29.9q	1
9	202 Baulcombe, Amber	Lambton Cent	30.0	1
10	5 McGoldrick, Liane	Northern Civ	30.5	1
11	475 Wilson, Josee	North Lambto	31.1	1
12	474 Hughes, Brianne	North Lambto	32.9	2
13	333 Ancevicus, Kristi	St Christoph	33.0	2

Event 3 Women 200 Meter Dash Midget

LSSAA: ! 26.00 1998		Tara Halls, St. Clair		
Name	Year	School	Finals	Points

Finals

1	458 VanKempen, Kim	St. Clair SS	27.3	10
2	343 Willemse, Kristy	St Christoph	27.9	8
3	457 Gartley, Ali	St. Clair SS	27.9	6
4	100 Coady, Kortney	St. Patrick'	28.4	4
5	323 Gill, Laura	St Christoph	28.5	2
6	187 Mastronardi, Morga	Sarnia Cits	28.7	1
7	4 Currie, Lisa	Northern Civ	28.8	
8	99 Dolbear, Lindsay	St. Patrick'	29.0	

Event 4 Men 200 Meter Dash Midget

LSSAA: ! 23.30 1986		Wendell Dennis, Northern		
Name	Year	School	Prelims	H#

Preliminaries

1	57 Surman, Jamie	Northern Civ	25.6Q	2
2	432 McKechnie, Jason	St. Clair SS	26.6Q	1
3	434 Smith, Mason	St. Clair SS	26.7Q	1
4	384 Ponce, Gabe	St Christoph	27.0Q	2
4	429 Giffels, Josh	St. Clair SS	27.0Q	2
6	55 Izreig, Said	Northern Civ	27.0Q	1
7	56 Sherwin, Dave	Northern Civ	27.1q	2
8	491 Burr, Jacob	North Lambto	27.2q	1
9	388 O'Connor, Dan	St Christoph	27.5	1
10	397 Hutchings, Ryan	St Christoph	27.7	2
11	494 McDonald, Derek	North Lambto	27.9	2
12	131 Cobb, Adam	St. Patrick'	28.2	1
13	134 Yukit, Aaron	St. Patrick'	28.8	2

Event 4 Men 200 Meter Dash Midget

=====				
LSSAA: ! 23.30		1986	Wendell Dennis, Northern	
Name	Year	School	Finals	Points
=====				
Finals				
1	432	McKechnie, Jason	St. Clair SS	24.6 10
2	57	Surman, Jamie	Northern Civ	24.9 8
3	434	Smith, Mason	St. Clair SS	25.2 6
4	429	Giffels, Josh	St. Clair SS	25.8 4
5	55	Izreig, Said	Northern Civ	26.0 2
6	384	Ponce, Gabe	St Christoph	26.6 1
7	56	Sherwin, Dave	Northern Civ	27.1
8	491	Burr, Jacob	North Lambto	27.4

Event 5 Women 400 Meter Dash Midget

=====					
LSSAA: ! 58.10		1998	Tara Halls, St. Clair		
Name	Year	School	Finals	H#	Points
=====					
1	460	Carr, Sarah	St. Clair SS	1:01.2 2	10
2	326	McHenry, Ainsley	St Christoph	1:02.3 2	8
3	323	Gill, Laura	St Christoph	1:03.2 2	6
4	324	Gill, Carly	St Christoph	1:03.8 1	4
5	457	Gartley, Ali	St. Clair SS	1:04.1 2	2
6	203	Bartelen, Jessie	Lambton Cent	1:05.2 2	1
7	187	Mastronardi, Morga	Sarnia Cits	1:05.9 1	
8	4	Currie, Lisa	Northern Civ	1:06.1 2	
9	102	McDonald, Michelle	St. Patrick'	1:12.0 1	

Event 6 Men 400 Meter Dash Midget

=====					
LSSAA: ! 53.40		1988	Dave Cooper, St. Patrick's		
Name	Year	School	Finals	H#	Points
=====					
1	389	Moore, David	St Christoph	54.3 2	10
2	57	Surman, Jamie	Northern Civ	54.4 2	8
3	434	Smith, Mason	St. Clair SS	56.0 2	6
4	55	Izreig, Said	Northern Civ	56.9 2	4
5	128	Wookey, Ian	St. Patrick'	59.1 2	2
6	58	Barton, Kyle	Northern Civ	1:00.4 2	1
7	491	Burr, Jacob	North Lambto	1:00.4 1	
8	398	Mathieson, Corey	St Christoph	1:01.3 2	
9	492	Pettigrew, Chris	North Lambto	1:01.6 1	

Event 7 Women 800 Meter Run Midget

=====				
LSSAA: ! 2:13.60		5/14/02	Aly Kohlmeier, St. Patrick'	
Name	Year	School	Finals	Points
=====				
1	7	Wark, Kara	Northern Civ	2:22.6 10
2	460	Carr, Sarah	St. Clair SS	2:23.0 8
3	6	Asselin, Marie-Lou	Northern Civ	2:23.5 6
4	325	Crombeen, Candace	St Christoph	2:30.4 4
5	324	Gill, Carly	St Christoph	2:30.9 2
6	97	Joy, Kassie	St. Patrick'	2:38.5 1
7	323	Gill, Laura	St Christoph	2:44.8
8	469	Wellington, Presle	North Lambto	2:50.6
9	472	Sterling, Jamie	North Lambto	2:50.9
10	454	Milliquet, Amanda	St. Clair SS	2:51.3
11	456	Unternauner, Kryst	St. Clair SS	2:57.5

Event 8 Men 800 Meter Run Midget

=====				
LSSAA: ! 2:05.20 1998 Jason Fuller, North Lambton				
Name	Year	School	Finals	Points
=====				
1	389	Moore, David	St Christoph	2:06.7 10
2	260	Baldwin, Jonathon	Lambton Cent	2:08.9 8
3	427	Percival, Mike	St. Clair SS	2:11.2 6
4	428	Poaps, Mike	St. Clair SS	2:12.8 4
5	59	Wright, Jarrod	Northern Civ	2:18.4 2
6	385	Edwards, Dan	St Christoph	2:22.4 1
7	434	Smith, Mason	St. Clair SS	2:24.2
8	183	Lounsbury, Nic	Sarnia Cits	2:32.2
9	127	Vandervies, Joel	St. Patrick'	2:32.9
10	180	Barton, Chris	Sarnia Cits	2:36.8
11	130	Pilkey, John	St. Patrick'	2:40.6

Event 9 Women 1500 Meter Run Midget

=====				
LSSAA: ! 4:38.40 5/14/02 Aly Kohlmeier, St. Patrick'				
Name	Year	School	Finals	Points
=====				
1	6	Asselin, Marie-Lou	Northern Civ	4:55.4 10
2	7	Wark, Kara	Northern Civ	5:03.0 8
3	460	Carr, Sarah	St. Clair SS	5:09.4 6
4	331	Doyle, Jaclyn	St Christoph	5:10.6 4
5	453	Workman, Courtney	St. Clair SS	5:13.8 2
6	325	Crombeen, Candace	St Christoph	5:20.8 1
7	97	Joy, Kassie	St. Patrick'	5:23.9
8	476	Forbes, Kelly	North Lambto	5:39.8
9	215	Campbell, Cara	Lambton Cent	5:41.6
10	204	Clubb, Ashley	Lambton Cent	5:43.0
11	19	Cutbertson, Katie	Northern Civ	5:49.4
12	462	Peters, Amanda	St. Clair SS	5:52.4

Event 10 Men 1500 Meter Run Midget

=====				
LSSAA: ! 4:22.10 2001 Russell Christie, Lambton Central				
Name	Year	School	Finals	Points
=====				
1	389	Moore, David	St Christoph	4:28.2 10
2	428	Poaps, Mike	St. Clair SS	4:32.7 8
3	427	Percival, Mike	St. Clair SS	4:37.9 6
4	260	Baldwin, Jonathon	Lambton Cent	4:40.5 4
5	59	Wright, Jarrod	Northern Civ	4:45.7 2
6	385	Edwards, Dan	St Christoph	4:51.6 1
7	426	DeGroot, Josh	St. Clair SS	5:01.1
8	125	McCann, Ryan	St. Patrick'	5:06.0
9	127	Vandervies, Joel	St. Patrick'	5:08.0
10	184	Wall, Justin	Sarnia Cits	5:12.1
11	496	Ford, Chris	North Lambto	5:17.3
12	180	Barton, Chris	Sarnia Cits	5:27.1
13	183	Lounsbury, Nic	Sarnia Cits	5:27.5
14	60	Dixon, Peter	Northern Civ	5:36.0

Event 11 Women 3000 Meter Run Midget

=====				
LSSAA: ! 10:15.20 1999 Nikki Reckman, Lambton Christ.				
Name	Year	School	Finals	Points
=====				
1	6	Asselin, Marie-Lou	Northern Civ	11:04.3 10
2	7	Wark, Kara	Northern Civ	11:10.9 8
3	453	Workman, Courtney	St. Clair SS	11:15.0 6
4	331	Doyle, Jaclyn	St Christoph	11:21.5 4

5	327 Ayres, Amanda	St Christoph	11:47.4	2
6	97 Joy, Kassie	St. Patrick'	11:55.3	1
7	203 Bartelen, Jessie	Lambton Cent	12:02.6	
8	98 Moran, Laura	St. Patrick'	12:07.7	
9	215 Campbell, Cara	Lambton Cent	12:31.0	
10	204 Clubb, Ashley	Lambton Cent	12:34.8	
11	318 Starr, Katie	St Christoph	12:38.1	
12	476 Forbes, Kelly	North Lambto	12:45.4	
13	8 Douglas, Bronwen	Northern Civ	12:49.4	

Event 12 Men 3000 Meter Run Midget

=====				
LSSAA: ! 9:38.50 1986 Brian Burdett, Sarnia Central				
Name	Year	School	Finals	Points
=====				
1	428 Poaps, Mike	St. Clair SS	10:07.4	10
2	427 Percival, Mike	St. Clair SS	10:18.3	8
3	426 DeGroot, Josh	St. Clair SS	10:28.8	6
4	59 Wright, Jarrod	Northern Civ	10:35.5	4
5	266 Lebert, Rich	Lambton Cent	11:01.9	2
6	127 Vandervies, Joel	St. Patrick'	11:05.0	1
7	496 Ford, Chris	North Lambto	11:30.3	
8	184 Wall, Justin	Sarnia Cits	11:31.2	

Event 13 Women 80 Meter Hurdles Midget

=====				
LSSAA: ! 12.20 1989 Becky Sager, Lambton Central				
Name	Year	School	Finals	Points
=====				
1	205 VanLeerzem, Jaclyn	Lambton Cent	13.9	10
2	459 Nickels, Jaclyn	St. Clair SS	14.6	8
3	9 Taylor, Krystal	Northern Civ	15.1	6
4	10 Keane, Jenna	Northern Civ	15.4	4
5	206 Phillips, Rachel	Lambton Cent	16.0	2
6	11 Heesakkers, Mirand	Northern Civ	16.4	1
7	458 VanKempen, Kim	St. Clair SS	16.5	
--	207 Podolinsky, Amanda	Lambton Cent	DQ	

Event 14 Men 100 Meter Hurdles Midget

=====				
LSSAA: ! 14.30 1993 Cam Thompson, Lambton Central				
Name	Year	School	Finals	Points
=====				
1	262 Barda, Matt	Lambton Cent	15.5	10
2	430 Giffels, Justin	St. Clair SS	16.1	8
3	128 Wookey, Ian	St. Patrick'	16.4	6
4	61 Jakobs, Dave	Northern Civ	17.6	4
5	63 McKenna, Mark	Northern Civ	17.9	2
6	257 Thomson, Dustin	Lambton Cent	18.5	1
7	431 Duong, Mike	St. Clair SS	18.9	
7	62 Benn, Peter	Northern Civ	18.9	

Event 15 Women 300 Meter Hurdles Midget

=====				
LSSAA: ! 46.80 1999 Ashley Morden, Lambton Central				
Name	Year	School	Finals	Points
=====				
1	205 VanLeerzem, Jaclyn	Lambton Cent	52.6	10
2	9 Taylor, Krystal	Northern Civ	54.5	8
3	10 Keane, Jenna	Northern Civ	55.8	6
4	206 Phillips, Rachel	Lambton Cent	56.4	4
5	454 Milliquet, Amanda	St. Clair SS	57.1	2

Event 16 Men 300 Meter Hurdles Midget

=====				
LSSAA: ! 42.70 1993 Cam Thompson, Lambton Central				
Name	Year	School	Finals	Points
=====				
1	432	McKechnie, Jason	St. Clair SS	44.5 10
2	257	Thomson, Dustin	Lambton Cent	45.1 8
3	128	Wookey, Ian	St. Patrick'	45.6 6
4	429	Giffels, Josh	St. Clair SS	46.8 4
5	262	Barda, Matt	Lambton Cent	47.3 2
6	266	Lebert, Rich	Lambton Cent	49.1 1
7	63	McKenna, Mark	Northern Civ	50.3
8	58	Barton, Kyle	Northern Civ	51.5

Event 17 Women High Jump Midget

=====				
LSSAA: ! 1.67m 2000 Lindsey DeGroot, St. Christopher				
Name	Year	School	Finals	Points
=====				
1	190	Rankin, Erica	Sarnia Cits	1.45m 10
2	208	Clubb, Kaili	Lambton Cent	1.40m 7
2	205	VanLeerzem, Jaclyn	Lambton Cent	1.40m 7
4	341	Core, Mallory	St Christoph	1.35m 3
4	13	Routhier, Michelle	Northern Civ	1.35m 3
6	335	Korosec, Lauren	St Christoph	1.30m 1
7	322	Cole, Jessica	St Christoph	1.30m

Event 18 Men High Jump Midget

=====				
LSSAA: ! 1.86m 1996 Martin Kihle, St. Patrick's				
Name	Year	School	Finals	Points
=====				
1	263	Huey, Brad	Lambton Cent	1.63m 10
2	435	Tiggelaar, Travis	St. Clair SS	1.60m 8
3	264	Nutma, Kurtis	Lambton Cent	1.55m 6
4	430	Giffels, Justin	St. Clair SS	1.55m 4
5	129	O'Brien, Wendell	St. Patrick'	1.55m 2
6	387	Franchuk, Jordan	St Christoph	1.50m 1
7	57	Surman, Jamie	Northern Civ	1.45m
8	62	Benn, Peter	Northern Civ	1.45m

Event 20 Men Pole Vault Midget

=====				
LSSAA: ! 2.95m 1961 Tom Stauffer, Sarnia Central				
Name	Year	School	Finals	Points
=====				
1	265	Butler, Cody	Lambton Cent	2.45m 10
2	262	Barda, Matt	Lambton Cent	2.25m 8
3	266	Lebert, Rich	Lambton Cent	2.05m 6

Event 21 Women Long Jump Midget

=====				
LSSAA: ! 5.09m 2000 Sarah Nelson, Northern				
Name	Year	School	Finals	Points
=====				
1	459	Nickels, Jaclyn	St. Clair SS	4.57m 10
2	99	Dolbear, Lindsay	St. Patrick'	4.42m 8
3	209	Marsh, Lindsay	Lambton Cent	4.37m 6
4	211	Dobbin, Brandy	Lambton Cent	4.25m 4
5	2	Jewett, Theresa	Northern Civ	4.09m 2
6	461	Dawson, Jenna	St. Clair SS	4.05m 1
7	3	Kohlmeier, Mallory	Northern Civ	4.05m
8	210	Anjema, Tiffany	Lambton Cent	4.04m

9	341 Core, Mallory	St Christoph	3.75m
10	455 Spragg, Molly	St. Clair SS	3.74m
11	473 Watson, Katie	North Lambto	3.66m
12	472 Sterling, Jamie	North Lambto	3.62m
13	1 Krall, Anne	MacKenzie, A	3.50m
14	16 Scott, Emily	Northern Civ	3.42m
15	471 Downie, Sarah	North Lambto	3.40m
16	330 Buscema, Nicole	St Christoph	3.06m

Event 22 Men Long Jump Midget

=====				
LSSAA: ! 6.13m 1983		Bill Robb, St. Patrick's		
Name	Year	School	Finals	Points
=====				
1	493 Campbell, Sam	North Lambto	5.09m	10
2	131 Cobb, Adam	St. Patrick'	5.04m	8
3	264 Nutma, Kurtis	Lambton Cent	5.03m	6
4	61 Jakobs, Dave	Northern Civ	4.95m	4
5	263 Huey, Brad	Lambton Cent	4.92m	2
6	398 Mathieson, Corey	St Christoph	4.85m	1
7	139 Matthias, Ryan	St. Patrick'	4.70m	
8	402 Pickering, Richard	St Christoph	4.55m	
9	183 Lounsbury, Nic	Sarnia Cits	4.24m	
10	385 Edwards, Dan	St Christoph	4.00m	

Event 23 Women Triple Jump Midget

=====				
LSSAA: ! 10.82m 2000		Sarah Nelson, Northern		
Name	Year	School	Finals	Points
=====				
1	459 Nickels, Jaclyn	St. Clair SS	10.07m	10
2	209 Marsh, Lindsay	Lambton Cent	9.76m	8
3	210 Anjema, Tiffany	Lambton Cent	9.39m	6
4	3 Kohlmeier, Mallory	Northern Civ	9.23m	4
5	206 Phillips, Rachel	Lambton Cent	9.11m	2
6	12 Bass, Bethany	Northern Civ	8.87m	1
7	461 Dawson, Jenna	St. Clair SS	8.86m	
8	471 Downie, Sarah	North Lambto	8.31m	

Event 24 Men Triple Jump Midget

=====				
LSSAA: ! 12.78m 1997		Leron Mitchell, Northern		
Name	Year	School	Finals	Points
=====				
1	493 Campbell, Sam	North Lambto	11.43m	10
2	61 Jakobs, Dave	Northern Civ	10.93m	8
3	263 Huey, Brad	Lambton Cent	10.71m	6
4	131 Cobb, Adam	St. Patrick'	10.26m	4
5	431 Duong, Mike	St. Clair SS	10.12m	2
6	492 Pettigrew, Chris	North Lambto	10.09m	1
7	58 Barton, Kyle	Northern Civ	10.04m	
8	63 McKenna, Mark	Northern Civ	10.00m	
9	264 Nutma, Kurtis	Lambton Cent	9.99m	
10	494 McDonald, Derek	North Lambto	9.04m	
11	267 Shortt, Steve	Lambton Cent	8.95m	

Event 25 Women Shot Put Midget

=====				
LSSAA: ! 10.85m 1989		Emily AInsworth, SCITS		
Name	Year	School	Finals	Points
=====				
1	14 Ross, Kendell	Northern Civ	9.12m	10
2	339 Killoran, Kelly	St Christoph	9.09m	8

3	185 George, Gabrielle	Sarnia Cits	8.31m	6
4	463 Armstrong, Aron	St. Clair SS	8.08m	4
5	191 Wilson, Lisa	Sarnia Cits	7.94m	2
6	212 Helps, Lindsay	Lambton Cent	7.90m	1
7	341 Core, Mallory	St Christoph	7.29m	
8	189 Nisbet, Carolyn	Sarnia Cits	6.97m	
9	216 Warwick, Jessica	Lambton Cent	6.35m	
10	466 Brooks, Jessica	St. Clair SS	6.29m	

Event 26 Men Shot Put Midget

=====				
LSSAA: ! 16.60m		1982	Dave Crombeen, St. Patrick's	
Name	Year	School	Finals	Points
=====				
1	268 Wilson, Josh	Lambton Cent	13.39m	10
2	393 George, David	St Christoph	13.22m	8
3	394 Szabo, Jamie	St Christoph	12.89m	6
4	392 Athanasopoulos, Bi	St Christoph	12.77m	4
5	64 Ruffilli, Tim	Northern Civ	12.68m	2
6	65 McAlpine, Kipp	Northern Civ	12.25m	1
7	440 McCaskill, Micah	St. Clair SS	11.50m	
8	181 Grass, Dan	Sarnia Cits	10.80m	
9	136 Park, Casey	St. Patrick'	10.50m	
10	129 O'Brien, Wendell	St. Patrick'	10.44m	
11	439 Klazinga, Julian	St. Clair SS	10.39m	
12	182 Haddon, Tyler	Sarnia Cits	10.26m	
13	269 Minten, Ted	Lambton Cent	9.90m	

Event 27 Women Discus Throw Midget

=====				
LSSAA: ! 32.70m		1998	Danielle Sabourin, St. Christopher	
Name	Year	School	Finals	Points
=====				
1	186 Hay, Marilynn	Sarnia Cits	24.53m	10
2	465 Westfall, Erica	St. Clair SS	22.10m	8
3	467 Ross, Cassey	St. Clair SS	20.72m	6
4	185 George, Gabrielle	Sarnia Cits	20.58m	4
5	15 Humphrey, Kelsey	Northern Civ	19.92m	2
6	477 Frayne, Alaina	North Lambto	19.86m	1
7	340 DeGroot, Jen	St Christoph	19.14m	
8	18 DuChesne, Elyse	Northern Civ	18.76m	
9	104 Shelley, Jacquelin	St. Patrick'	18.08m	
10	463 Armstrong, Aron	St. Clair SS	17.13m	
11	338 Bandiera, Laura	St Christoph	16.21m	
12	212 Helps, Lindsay	Lambton Cent	15.17m	
13	216 Warwick, Jessica	Lambton Cent	11.91m	
14	321 Howard, Danella	St Christoph	10.93m	

Event 28 Men Discus Throw Midget

=====				
LSSAA: ! 47.16m		1997	Justin Farina, St. Christopher	
Name	Year	School	Finals	Points
=====				
1	268 Wilson, Josh	Lambton Cent	42.45m	10
2	65 McAlpine, Kipp	Northern Civ	41.35m	8
3	386 Fisher, Eric	St Christoph	32.66m	6
4	436 Grant, Jordan	St. Clair SS	32.64m	4
5	269 Minten, Ted	Lambton Cent	32.37m	2
6	130 Pilkey, John	St. Patrick'	31.82m	1
7	395 Anderson, Chris	St Christoph	31.33m	
8	390 Taylor, Brady	St Christoph	29.88m	
9	438 Archer, Jamie	St. Clair SS	29.41m	
10	66 Bartley, Brock	Northern Civ	28.82m	

11	265 Butler, Cody	Lambton Cent	28.13m
12	67 Genge, Andrew	Northern Civ	26.60m
13	437 Griffin, Chris	St. Clair SS	25.85m
14	181 Grass, Dan	Sarnia Cits	23.40m
15	182 Haddon, Tyler	Sarnia Cits	23.21m
16	136 Park, Casey	St. Patrick'	20.21m

Event 29 Women Javelin Throw Midget

LSSAA: ! 36.08m 1998 Danielle Sabourin, St. Christopher				
Name	Year	School	Finals	Points
1 191 Wilson, Lisa		Sarnia Cits	30.89m	10
2 464 Denning, Jenna		St. Clair SS	27.65m	8
3 15 Humphrey, Kelsey		Northern Civ	27.59m	6
4 477 Frayne, Alaina		North Lambto	26.62m	4
5 213 Chapman, Megan		Lambton Cent	25.80m	2
6 463 Armstrong, Aron		St. Clair SS	25.35m	1
7 214 Whiting, Randi		Lambton Cent	23.45m	
8 186 Hay, Marilynn		Sarnia Cits	22.87m	
9 185 George, Gabrielle		Sarnia Cits	20.63m	
10 101 Brandon, Erin		St. Patrick'	19.38m	
11 105 Wright, Marlo		St. Patrick'	17.14m	

Event 30 Men Javelin Throw Midget

LSSAA: ! 61.16m 1982 Dave Crombeen, St. Patrick's				
Name	Year	School	Finals	Points
1 436 Grant, Jordan		St. Clair SS	43.34m	10
2 135 Jubenville, Bob		St. Patrick'	40.37m	8
3 493 Campbell, Sam		North Lambto	39.43m	6
4 67 Genge, Andrew		Northern Civ	38.91m	4
5 129 O'Brien, Wendell		St. Patrick'	37.63m	2
6 441 McCrae, Corey		St. Clair SS	36.47m	1
7 66 Bartley, Brock		Northern Civ	35.27m	
8 265 Butler, Cody		Lambton Cent	35.00m	
9 392 Athanasopoulos, Bi		St Christoph	33.37m	
10 440 McCaskill, Micah		St. Clair SS	32.08m	
11 386 Fisher, Eric		St Christoph	30.92m	
12 270 Bourque, Jeremy		Lambton Cent	27.94m	
13 271 Virgin, Bruce		Lambton Cent	18.10m	

Event 31 Women 4x100 Meter Relay Midget

LSSAA: ! 51.90 1994 Lambton Central				
School	Finals	H#	Points	
1 St. Clair S S 'A'	53.6	2	10	
2 St. Christopher S S 'A'	53.7	2	8	
1) 324 Gill, Carly	2) 323 Gill, Laura			
3) 326 McHenry, Ainsley	4) 343 Willemse, Kristy			
3 Northern C I & V S 'A'	54.1	2	6	
1) 2 Jewett, Theresa	2) 3 Kohlmeier, Mallory			
3) 4 Currie, Lisa	4) 5 McGoldrick, Liane			
4 Lambton Central C & V I 'A'	55.0	2	4	
1) 210 Anjema, Tiffany	2) 202 Baulcombe, Amber			
3) 211 Dobbin, Brandy	4) 206 Phillips, Rachel			
5) 205 VanLeerzem, Jaclyn	6)			
5 St. Christopher S S 'B'	57.2	1	2	
6 Lambton Central C & V I 'B'	57.6	1	1	
7 St. Clair S S 'B'	59.1	1		
8 North Lambton S S 'A'	59.6	1		

1) 470 Albert, Maggie	2) 474 Hughes, Brianne		
3) 473 Watson, Katie	4) 475 Wilson, Josee		
9 Northern C I & V S 'B'		1:00.1	1

Event 32 Men 4x100 Meter Relay Midget

LSSAA: ! 46.60 1986		St. Patrick's			
School		Finals	H#	Points	
1 St. Clair S S 'A'		48.9	2	10	
2 Lambton Central C & V I 'A'		49.4	2	8	
1) 262 Barda, Matt	2) 259 Brown, Harry				
3) 264 Nutma, Kurtis	4) 257 Thomson, Dustin				
5) 268 Wilson, Josh	6)				
3 St. Christopher S S 'A'		50.1	2	6	
1) 384 Ponce, Gabe	2) 388 O'Connor, Dan				
3) 396 Edwards, Matthew	4) 398 Mathieson, Corey				
4 Northern C I & V S 'A'		50.7	2	4	
1) 55 Izreig, Said	2) 56 Sherwin, Dave				
3) 57 Surman, Jamie	4) 58 Barton, Kyle				
5 Northern C I & V S 'B'		51.6	2	2	
6 Lambton Central C & V I 'B'		52.8	2	1	
7 North Lambton S S 'A'		53.3	2		
1) 491 Burr, Jacob	2) 495 Coene, Mitchell				
3) 496 Ford, Chris	4) 494 McDonald, Derek				
8 St. Clair S S 'B'		54.9	2		

Event 33 Women 100 Meter Dash Junior

LSSAA: ! 12.00 1978		Carolyn Ellenor, Northern			
Name	Year	School	Prelims	H#	
Preliminaries					
1 218 Ruyppers, Robyn		Lambton Cent	12.6Q	2	
2 23 Bruce, Mary		Northern Civ	13.4Q	1	
3 106 Drouin, Jill		St. Patrick'	13.1Q	2	
4 25 McLeod, Brianna		Northern Civ	13.5Q	1	
5 219 Herdman, Jenna		Lambton Cent	13.7Q	2	
6 24 Holding, Amanda		Northern Civ	13.8Q	1	
7 306 Kohut, Carissa		St Christoph	14.0q	2	
8 307 Rastin, Julianne		St Christoph	14.2q	2	
9 310 Allardyce, Jacey		St Christoph	14.4	1	
10 114 DaSilva, Amanda		St. Patrick'	14.5	2	
10 235 Jarvis, Jen		Lambton Cent	14.5	1	
12 452 Poirier, Jaylene		St. Clair SS	14.9	1	

Event 33 Women 100 Meter Dash Junior

LSSAA: ! 12.00 1978		Carolyn Ellenor, Northern			
Name	Year	School	Finals	Points	
Finals					
1 218 Ruyppers, Robyn		Lambton Cent	12.6	10	
2 106 Drouin, Jill		St. Patrick'	13.0	8	
3 23 Bruce, Mary		Northern Civ	13.1	6	
4 25 McLeod, Brianna		Northern Civ	13.4	4	
5 24 Holding, Amanda		Northern Civ	13.5	2	
6 219 Herdman, Jenna		Lambton Cent	13.8	1	
7 306 Kohut, Carissa		St Christoph	14.1		
8 307 Rastin, Julianne		St Christoph	14.2		

Event 34 Men 100 Meter Dash Junior

LSSAA: ! 10.80 1990		Shane Hussey, Lambton Central	
Name	Year School	Prelims	H#
Preliminaries			
1 68 Uppal, Dave	Northern Civ	11.7Q	2
2 158 Tidball, John	St. Patrick'	11.8Q	1
3 376 Moniz, Tony	St Christoph	11.9Q	2
4 144 Mason, Joe	St. Patrick'	12.0Q	1
5 378 Flamia, Vince	St Christoph	12.1Q	1
6 371 Runstedler, Darryl	St Christoph	12.3Q	2
7 170 Jones, Jonathon	Sarnia Cits	12.5q	2
7 169 Jillson, Greg	Sarnia Cits	12.5q	1
9 272 Gravelle, Mark	Lambton Cent	12.6	1
10 281 Bailey, Jamie	Lambton Cent	12.8	2
10 503 Verberne, Mark	North Lambto	12.8	1
10 69 Bramham, Jason	Northern Civ	12.8	1
13 71 Budziewicz, Jahn	Northern Civ	13.2	2
14 273 Whitely, Steve	Lambton Cent	13.8	1

Event 34 Men 100 Meter Dash Junior

LSSAA: ! 10.80 1990		Shane Hussey, Lambton Central	
Name	Year School	Finals	Points
Finals			
1 158 Tidball, John	St. Patrick'	11.8	10
2 68 Uppal, Dave	Northern Civ	12.3	8
3 144 Mason, Joe	St. Patrick'	12.4	6
4 378 Flamia, Vince	St Christoph	12.5	4
5 376 Moniz, Tony	St Christoph	12.6	2
6 169 Jillson, Greg	Sarnia Cits	12.6	1
7 371 Runstedler, Darryl	St Christoph	12.7	
8 170 Jones, Jonathon	Sarnia Cits	12.9	

Event 35 Women 200 Meter Dash Junior

LSSAA: ! 25.40 1970		Debbie Boylan, Northern	
Name	Year School	Prelims	H#
Preliminaries			
1 450 Gartley, Steph	St. Clair SS	27.9Q	2
2 218 Ruyppers, Robyn	Lambton Cent	28.6Q	1
3 24 Holding, Amanda	Northern Civ	28.5Q	2
4 23 Bruce, Mary	Northern Civ	29.4Q	1
5 25 McLeod, Brianna	Northern Civ	28.7Q	2
6 485 Vanos, Jenni	North Lambto	29.8Q	1
7 306 Kohut, Carissa	St Christoph	30.5q	1
8 307 Rastin, Julianne	St Christoph	33.0q	2
9 309 Thorne, Jessica	St Christoph	33.7	2
10 177 Matheson, Cassandr	Sarnia Cits	33.9	1

Event 35 Women 200 Meter Dash Junior

LSSAA: ! 25.40 1970		Debbie Boylan, Northern	
Name	Year School	Finals	Points
Finals			
1 218 Ruyppers, Robyn	Lambton Cent	26.2	10
2 450 Gartley, Steph	St. Clair SS	26.8	8
3 24 Holding, Amanda	Northern Civ	27.5	6
4 23 Bruce, Mary	Northern Civ	27.6	4
5 25 McLeod, Brianna	Northern Civ	28.5	2
6 485 Vanos, Jenni	North Lambto	28.6	1

7	306 Kohut, Carissa	St Christoph	29.1
8	307 Rastin, Julianne	St Christoph	35.0

Event 36 Men 200 Meter Dash Junior

LSSAA: ! 22.10 1996 Brian Dicker, St. Patrick's				
Name	Year	School	Prelims	H#
Preliminaries				
1	158 Tidball, John	St. Patrick'	23.7Q	1
2	373 Mott, Mike	St Christoph	24.1Q	2
3	371 Runstedler, Darryl	St Christoph	24.5Q	2
4	272 Gravelle, Mark	Lambton Cent	25.7Q	1
5	68 Uppal, Dave	Northern Civ	24.9Q	2
6	503 Verberne, Mark	North Lambto	25.8Q	1
6	418 Hegarty, Mike	St. Clair SS	25.8Q	1
6	70 D'Esterre, Mike	Northern Civ	25.8Q	1
9	378 Flamia, Vince	St Christoph	25.4	2
10	499 Van Engelen, T. J.	North Lambto	25.5	2
11	170 Jones, Jonathon	Sarnia Cits	26.2	1
12	71 Budziewicz, Jahn	Northern Civ	27.0	2
13	156 Johnson, Craig	St. Patrick'	27.3	2

Event 36 Men 200 Meter Dash Junior

LSSAA: ! 22.10 1996 Brian Dicker, St. Patrick's				
Name	Year	School	Finals	Points
Finals				
1	158 Tidball, John	St. Patrick'	23.2	10
2	373 Mott, Mike	St Christoph	23.9	8
3	68 Uppal, Dave	Northern Civ	24.1	6
4	70 D'Esterre, Mike	Northern Civ	25.3	4
5	371 Runstedler, Darryl	St Christoph	25.3	2
6	272 Gravelle, Mark	Lambton Cent	25.5	1
7	503 Verberne, Mark	North Lambto	25.7	
8	418 Hegarty, Mike	St. Clair SS	26.0	

Event 37 Women 400 Meter Dash Junior

LSSAA: ! 57.20 1998 Jordan Whittington, St. Christopher				
Name	Year	School	Finals	H# Points
1	26 Lynch, Maggie	Northern Civ	59.8	2 10
2	23 Bruce, Mary	Northern Civ	1:00.6	2 8
3	450 Gartley, Steph	St. Clair SS	1:01.4	2 6
4	485 Vanos, Jenni	North Lambto	1:03.8	2 4
5	486 Henderson, Leah	North Lambto	1:04.7	2 2
6	446 Fisher, Jenni	St. Clair SS	1:06.7	2 1
7	302 Smith, Erica	St Christoph	1:07.1	2
8	307 Rastin, Julianne	St Christoph	1:07.7	1
9	177 Matheson, Cassandr	Sarnia Cits	1:18.7	1

Event 38 Men 400 Meter Dash Junior

LSSAA: ! 49.80 1990 Dave Pettit, Lambton Central				
Name	Year	School	Finals	H# Points
1	373 Mott, Mike	St Christoph	51.6	2 10
2	502 Burr, David	North Lambto	51.7	2 8
3	72 Honig, Dave	Northern Civ	54.2	2 6
4	413 Banninga, Jordan	St. Clair SS	55.1	2 4
5	146 Donahue, Dan	St. Patrick'	56.1	1 2

6	151	Brydges, Ryan	St. Patrick'	56.7	2	1
7	371	Runstedler, Darryl	St Christoph	57.3	1	
8	73	Burgess, Sean	Northern Civ	57.4	2	
9	70	D'Esterre, Mike	Northern Civ	57.5	1	
10	499	Van Engelen, T. J.	North Lambto	57.8	2	
11	421	Carr, Sam	St. Clair SS	1:00.2	1	
12	274	Zimmerman, Matt	Lambton Cent	1:03.9	1	
13	284	Warwick, Mark	Lambton Cent	1:04.9	1	
14	416	DeGroot, Darren	St. Clair SS	1:05.7	1	

Event 39 Women 800 Meter Run Junior

=====						
		LSSAA: ! 2:14.00	1998	Jordana Whittington, St. Christopher		
		Name	Year School	Finals	Points	
=====						
1	111	Kohlmeier, Aly	St. Patrick'	2:16.6	10	
2	27	Percival, Claire	Northern Civ	2:26.9	8	
3	110	Baxter, Chelsea	St. Patrick'	2:34.1	6	
4	303	Willemse, Lydia	St Christoph	2:37.3	4	
5	29	Christie, Annie	Northern Civ	2:37.7	2	
6	449	Sing, Tina	St. Clair SS	2:38.5	1	
7	302	Smith, Erica	St Christoph	2:39.0		
8	28	Vanattter, Vanessa	Northern Civ	2:40.2		
9	221	Warwick, Katherine	Lambton Cent	2:41.1		
10	222	DeBoer, Laura	Lambton Cent	2:41.7		
11	223	Russell, Jamie	Lambton Cent	2:55.2		
12	444	DeGroot, Rachel	St. Clair SS	2:56.0		
13	483	Maxfield, Alisha	North Lambto	3:09.4		

Event 40 Men 800 Meter Run Junior

=====						
		LSSAA: ! 1:53.50	1994	Jay Cantin, St. Clair		
		Name	Year School	Finals	Points	
=====						
1	373	Mott, Mike	St Christoph	2:06.3	10	
2	502	Burr, David	North Lambto	2:06.7	8	
3	75	Bremner, Dan	Northern Civ	2:11.4	6	
4	147	Nelson, Jamie	St. Patrick'	2:14.2	4	
5	74	King, Nathan	Northern Civ	2:15.3	2	
6	146	Donahue, Dan	St. Patrick'	2:16.1	1	
7	499	Van Engelen, T. J.	North Lambto	2:17.5		
8	76	Brar, Gagan	Northern Civ	2:20.0		
9	421	Carr, Sam	St. Clair SS	2:20.1		
10	171	McDougall, Mike	Sarnia Cits	2:21.2		
11	377	Lutz, Mike	St Christoph	2:28.0		
12	422	Jacques, Mike	St. Clair SS	2:29.3		
13	275	Brain, Steve	Lambton Cent	2:31.3		
14	274	Zimmerman, Matt	Lambton Cent	2:32.6		
15	416	DeGroot, Darren	St. Clair SS	2:33.1		
16	513	Johnson, Chad	MacKenzie, A	2:40.6		

Event 41 Women 1500 Meter Run Junior

=====						
		LSSAA: ! 4:35.90	2001	Amy Kohlmeier, St. Patrick's		
		Name	Year School	Finals	Points	
=====						
1	111	Kohlmeier, Aly	St. Patrick'	4:33.9!	10	
2	27	Percival, Claire	Northern Civ	4:51.3	8	
3	110	Baxter, Chelsea	St. Patrick'	5:13.6	6	
4	303	Willemse, Lydia	St Christoph	5:15.9	4	
5	221	Warwick, Katherine	Lambton Cent	5:18.3	2	
6	28	Vanattter, Vanessa	Northern Civ	5:29.0	1	
7	29	Christie, Annie	Northern Civ	5:41.0		

8	444 DeGroot, Rachel	St. Clair SS	5:49.3
9	223 Russell, Jamie	Lambton Cent	5:52.3
10	482 Rogers, Courtney	North Lambto	5:54.8
11	301 Garbaty, Andrea	St Christoph	5:56.8
12	222 DeBoer, Laura	Lambton Cent	5:57.2
13	302 Smith, Erica	St Christoph	6:07.9
14	487 McPherson, Brien	North Lambto	6:08.7
15	175 Eyre, Tamara	Sarnia Cits	6:41.9

Event 42 Men 1500 Meter Run Junior

=====				
LSSAA: ! 4:02.60		1994	Jay Cantin, St. Clair	
Name	Year	School	Finals	Points
=====				
1	276 Christie, Russell	Lambton Cent	4:15.9	10
2	147 Nelson, Jamie	St. Patrick'	4:27.9	8
3	277 Lyons, Steve	Lambton Cent	4:28.5	6
4	502 Burr, David	North Lambto	4:35.8	4
5	74 King, Nathan	Northern Civ	4:43.2	2
6	75 Bremner, Dan	Northern Civ	4:44.0	1
7	422 Jacques, Mike	St. Clair SS	4:44.2	
8	372 Cote, James	St Christoph	4:49.3	
9	421 Carr, Sam	St. Clair SS	4:57.0	
10	76 Brar, Gagan	Northern Civ	5:00.5	
11	375 St. Pierre, Alex	St Christoph	5:01.2	
12	150 Irvine, C. J.	St. Patrick'	5:01.5	
13	377 Lutz, Mike	St Christoph	5:16.6	
14	275 Brain, Steve	Lambton Cent	5:22.4	
15	497 Pettigrew, Brad	North Lambto	5:36.6	
16	513 Johnson, Chad	MacKenzie, A	5:38.6	

Event 43 Women 3000 Meter Run Junior

=====				
LSSAA: ! 9:49.10		2001	Amy Kohlmeier, St. Patrick's	
Name	Year	School	Finals	Points
=====				
1	111 Kohlmeier, Aly	St. Patrick'	10:04.3	10
2	27 Percival, Claire	Northern Civ	10:36.3	8
3	303 Willemse, Lydia	St Christoph	11:34.2	6
4	110 Baxter, Chelsea	St. Patrick'	11:36.0	4
5	221 Warwick, Katherine	Lambton Cent	11:43.7	2
6	30 Sivell, Jamie	Northern Civ	12:18.2	1
7	223 Russell, Jamie	Lambton Cent	12:47.6	
8	444 DeGroot, Rachel	St. Clair SS	12:53.4	
9	482 Rogers, Courtney	North Lambto	12:58.9	
10	31 Christie, Charlott	Northern Civ	13:07.5	
11	299 Thompson, Michelle	St Christoph	14:19.0	

Event 44 Men 3000 Meter Run Junior

=====				
LSSAA: ! 8:55.60		1975	Peter Butler, Northern	
Name	Year	School	Finals	Points
=====				
1	276 Christie, Russell	Lambton Cent	9:05.6	10
2	147 Nelson, Jamie	St. Patrick'	9:53.8	8
3	277 Lyons, Steve	Lambton Cent	9:59.1	6
4	422 Jacques, Mike	St. Clair SS	10:11.5	4
5	504 Burch, Cam	North Lambto	10:24.1	2
6	372 Cote, James	St Christoph	10:39.2	1
7	375 St. Pierre, Alex	St Christoph	10:46.9	
8	74 King, Nathan	Northern Civ	10:51.5	
9	78 Theoret, Dan	Northern Civ	11:13.1	
10	77 McLeod, Greg	Northern Civ	11:13.7	

11	417 Parker, Jordan	St. Clair SS	11:13.7
12	284 Warwick, Mark	Lambton Cent	11:21.5
13	150 Irvine, C. J.	St. Patrick'	11:25.7

Event 45 Women 80 Meter Hurdles Junior

=====				
LSSAA: ! 11.70		1990	Becky Sager, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	26 Lynch, Maggie	Northern Civ	12.3	10
2	106 Drouin, Jill	St. Patrick'	12.7	8
3	446 Fisher, Jenni	St. Clair SS	14.4	6
4	32 Honke, Sara	Northern Civ	15.0	4
5	449 Sing, Tina	St. Clair SS	15.2	2

Event 46 Men 110 Meter Hurdles Junior

=====				
LSSAA: ! 14.90		1990	Shane Hussey, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	420 Nickels, Rob	St. Clair SS	16.2	10
2	278 Core, Aaron	Lambton Cent	17.7	8
3	415 Bilagot, Josiah	St. Clair SS	18.4	6

Event 47 Women 300 Meter Hurdles Junior

=====				
LSSAA: ! 45.30		1990	Becky Sager, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	26 Lynch, Maggie	Northern Civ	45.5	10
2	485 Vanos, Jenni	North Lambto	50.9	8
3	446 Fisher, Jenni	St. Clair SS	53.2	6
4	449 Sing, Tina	St. Clair SS	54.5	4
5	300 Stoesser, Anne	St Christoph	57.0	2

Event 48 Men 300 Meter Hurdles Junior

=====				
LSSAA: ! 40.20		1995	Cam Thompson, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	419 Churly, Dustin	St. Clair SS	42.0	10
2	413 Banninga, Jordan	St. Clair SS	42.2	8
3	415 Bilagot, Josiah	St. Clair SS	44.5	6
4	73 Burgess, Sean	Northern Civ	45.3	4
5	278 Core, Aaron	Lambton Cent	46.4	2

Event 49 Women High Jump Junior

=====				
LSSAA: ! 1.70m		1999	Shannon O'Hagan, St. Patrick's	
Name	Year	School	Finals	Points
=====				
1	305 DeGroot, Leanne	St Christoph	1.60m	10
2	106 Drouin, Jill	St. Patrick'	1.50m	8
3	484 Venema, Breanne	North Lambto	1.40m	6
4	219 Herdman, Jenna	Lambton Cent	1.35m	4
5	301 Garbaty, Andrea	St Christoph	1.30m	2

Event 50 Men High Jump Junior

=====				
LSSAA: ! 2.00m		1989	Joe Tuscan, SCITS	
Name	Year	School	Finals	Points
=====				
1	145 Kraemer, Kurtis	St. Patrick'	1.75m	10

2	424 Dafoe, Dave	St. Clair SS	1.75m	8
3	423 Tsotos, Alex	St. Clair SS	1.70m	6
4	279 Metcalfe, Wade	Lambton Cent	1.70m	4
5	497 Pettigrew, Brad	North Lambto	1.70m	2
6	281 Bailey, Jamie	Lambton Cent	1.65m	1
7	273 Whitely, Steve	Lambton Cent	1.65m	
8	69 Bramham, Jason	Northern Civ	1.55m	
--	68 Uppal, Dave	Northern Civ	NH	
--	380 Kameka, Jamie	St Christoph	NH	
--	383 Lubos, Adam	St Christoph	NH	

Event 52 Men Pole Vault Junior

=====				
LSSAA: ! 3.84m 1987 Bill McLay, Northern				
Name	Year	School	Finals	Points
=====				
1	278 Core, Aaron	Lambton Cent	2.25m	10

Event 53 Women Long Jump Junior

=====				
LSSAA: ! 5.29m 5/14/02 Sarah Nelson, Northern CIV				
Name	Year	School	Finals	Points
=====				
1	218 Ruyppers, Robyn	Lambton Cent	5.00m	10
2	33 Westcott, Karen	Northern Civ	4.69m	8
3	225 Clarke, Michelle	Lambton Cent	4.56m	6
4	114 DaSilva, Amanda	St. Patrick'	4.44m	4
5	25 McLeod, Brianna	Northern Civ	4.15m	2
6	448 Purves, Kelsey	St. Clair SS	4.14m	1
7	226 Ryan, Sara	Lambton Cent	4.14m	
8	314 Gallelo, Danielle	St Christoph	3.98m	
9	306 Kohut, Carissa	St Christoph	3.97m	
10	304 Perischetti, Laura	St Christoph	3.94m	
11	452 Poirier, Jaylene	St. Clair SS	3.72m	

Event 54 Men Long Jump Junior

=====				
LSSAA: ! 6.67m 1981 Larry Helwig, St. Clair				
Name	Year	School	Finals	Points
=====				
1	158 Tidball, John	St. Patrick'	6.12m	10
2	420 Nickels, Rob	St. Clair SS	5.77m	8
3	169 Jillson, Greg	Sarnia Cits	5.51m	6
4	72 Honig, Dave	Northern Civ	5.49m	4
5	376 Moniz, Tony	St Christoph	5.43m	2
6	419 Churly, Dustin	St. Clair SS	5.43m	1
7	149 Nolan, Eric	St. Patrick'	5.35m	
8	378 Flamia, Vince	St Christoph	5.19m	
9	281 Bailey, Jamie	Lambton Cent	5.13m	
10	279 Metcalfe, Wade	Lambton Cent	4.87m	
11	500 VanLieshout, Paul	North Lambto	4.82m	
12	501 Verroen, DJ	North Lambto	4.71m	
13	503 Verberne, Mark	North Lambto	4.71m	
14	415 Bilagot, Josiah	St. Clair SS	4.60m	
15	280 Kilpatrick, Korey	Lambton Cent	4.20m	
16	382 Symeonakis, Mark	St Christoph	4.09m	

Event 55 Women Triple Jump Junior

=====				
LSSAA: ! 11.28m 5/14/02 Sarah Nelson, Northern CIV				
Name	Year	School	Finals	Points
=====				
1	225 Clarke, Michelle	Lambton Cent	10.09m	10

2	33 Westcott, Karen	Northern Civ	10.09m	8
3	228 DeBoer, Justine	Lambton Cent	9.12m	6
4	304 Perischetti, Laura	St Christoph	8.68m	4
5	448 Purves, Kelsey	St. Clair SS	8.34m	2
6	227 Alderman, Lindsay	Lambton Cent	8.06m	1

Event 56 Men Triple Jump Junior

LSSAA: ! 13.50m 1999 Leron Mitchell, Northern				
Name	Year	School	Finals	Points
1	420 Nickels, Rob	St. Clair SS	13.11m	10
2	419 Churly, Dustin	St. Clair SS	12.20m	8
3	72 Honig, Dave	Northern Civ	12.01m	6
4	376 Moniz, Tony	St Christoph	11.45m	4
5	279 Metcalfe, Wade	Lambton Cent	11.34m	2
6	70 D'Esterre, Mike	Northern Civ	11.16m	1
7	280 Kilpatrick, Korey	Lambton Cent	10.28m	
8	382 Symeonakis, Mark	St Christoph	9.67m	
9	501 Verroen, DJ	North Lambto	9.36m	
10	500 VanLieshout, Paul	North Lambto	9.31m	

Event 57 Women Shot Put Junior

LSSAA: ! 11.91m 2001 Ashley Camden, St. Patrick's				
Name	Year	School	Finals	Points
1	179 Wilson, Laura	Sarnia Cits	9.89m	10
2	34 Esplen, Michelle	Northern Civ	9.25m	8
3	229 Taraminga, Helena	Lambton Cent	8.75m	6
4	35 Plain, Sylvia	Northern Civ	8.54m	4
5	176 George, Natasha	Sarnia Cits	8.03m	2
6	178 Moran, Beth	Sarnia Cits	7.97m	1
7	448 Purves, Kelsey	St. Clair SS	7.86m	
8	451 Westfall, Jamie	St. Clair SS	7.70m	
9	231 McTavish, Kathleen	Lambton Cent	7.51m	
10	230 Park, Meghan	Lambton Cent	7.32m	
11	298 Langis, Stephanie	St Christoph	6.96m	

Event 58 Men Shot Put Junior

LSSAA: ! 15.45m 1983 Dave Crombeen, St. Patrick's				
Name	Year	School	Finals	Points
1	174 Ysebaert, Andy	Sarnia Cits	15.45m!	10
2	79 Bloxam, Cole	Northern Civ	12.79m	8
3	379 Mooney, Skyler	St Christoph	12.21m	6
4	414 Darbyson, Adam	St. Clair SS	11.18m	4
5	498 Vandeschoot, Greg	North Lambto	10.81m	2
6	172 Nixon, Ryan	Sarnia Cits	10.33m	1
7	282 Frayne, Anthony	Lambton Cent	9.80m	
8	80 Nelson, Rob	Northern Civ	9.25m	
9	285 Piffard, Scott	Lambton Cent	8.54m	
10	425 Moore, Lee	St. Clair SS	8.23m	

Event 59 Women Discus Throw Junior

LSSAA: ! 36.03m 2000 Danielle Sabourin, St. Christopher				
Name	Year	School	Finals	Points
1	451 Westfall, Jamie	St. Clair SS	28.28m	10
2	34 Esplen, Michelle	Northern Civ	26.02m	8
3	179 Wilson, Laura	Sarnia Cits	24.90m	6

4	176 George, Natasha	Sarnia Cits	22.20m	4
5	35 Plain, Sylvia	Northern Civ	21.93m	2
6	315 Sykes, Kathy	St Christoph	19.50m	1
7	231 McTavish, Kathleen	Lambton Cent	19.11m	
8	230 Park, Meghan	Lambton Cent	18.93m	
9	178 Moran, Beth	Sarnia Cits	15.20m	
10	229 Taraminga, Helena	Lambton Cent	12.98m	

Event 60 Men Discus Throw Junior

=====				
LSSAA: ! 43.88m		1963	Bob Santavy, SCITS	
Name	Year	School	Finals	Points
=====				
1	174 Ysebaert, Andy	Sarnia Cits	40.83m	10
2	155 Murray, Zach	St. Patrick'	33.23m	8
3	379 Mooney, Skyler	St Christoph	32.54m	6
4	282 Frayne, Anthony	Lambton Cent	27.89m	4
5	498 Vandeschoot, Greg	North Lambto	27.49m	2
6	157 Companion, Mike	St. Patrick'	25.96m	1
7	81 Horan, Matt	Northern Civ	25.73m	
8	79 Bloxam, Cole	Northern Civ	24.54m	
9	172 Nixon, Ryan	Sarnia Cits	23.26m	
10	152 Martin, Dan	St. Patrick'	22.60m	

Event 61 Women Javelin Throw Junior

=====				
LSSAA: ! 39.26m		1977	Sandra O'Connor, SCITS	
Name	Year	School	Finals	Points
=====				
1	479 Miner, Pam	North Lambto	33.53m	10
2	176 George, Natasha	Sarnia Cits	33.33m	8
3	481 Campbell, Alida	North Lambto	29.06m	6
4	35 Plain, Sylvia	Northern Civ	28.33m	4
5	308 Gavan, Allison	St Christoph	26.60m	2
6	233 Morden, Kristy	Lambton Cent	26.45m	1
7	115 Spitzig, Danielle	St. Patrick'	23.28m	
8	315 Sykes, Kathy	St Christoph	22.14m	

Event 62 Men Javelin Throw Junior

=====				
LSSAA: ! 56.70m		1983	Dave Crombeen, St. Patrick's	
Name	Year	School	Finals	Points
=====				
1	413 Banninga, Jordan	St. Clair SS	46.90m	10
2	374 Parizeau, Joe	St Christoph	46.77m	8
3	170 Jones, Jonathon	Sarnia Cits	42.78m	6
4	505 Henry, Ryan	North Lambto	42.23m	4
5	414 Darbyson, Adam	St. Clair SS	38.41m	2
6	81 Horan, Matt	Northern Civ	36.71m	1
7	501 Verroen, DJ	North Lambto	36.10m	
8	153 Bissonnette, Lee	St. Patrick'	32.93m	
9	154 Herron, Blair	St. Patrick'	26.78m	
10	500 VanLieshout, Paul	North Lambto	26.55m	
11	80 Nelson, Rob	Northern Civ	25.36m	
--	173 White, Trevor	Sarnia Cits	ND	
--	141 Lester, Ben	St. Patrick'	ND	

Event 63 Women 4x100 Meter Relay Junior

=====				
LSSAA: ! 50.40		5/14/02	Northern C I & V S, Northern CIV	
School			Finals	Points
=====				
1	Northern C I & V S	'A'	51.7	10

1) 23 Bruce, Mary	2) 24 Holding, Amanda		
3) 26 Lynch, Maggie	4) 25 McLeod, Brianna		
2 St. Clair S S 'A'		53.7	8
3 St. Christopher S S 'A'		54.3	6
1) 303 Willemse, Lydia	2) 305 DeGroot, Leanne		
3) 306 Kohut, Carissa	4) 307 Rastin, Julianne		
4 Lambton Central C & V I 'A'		56.6	4
1) 235 Jarvis, Jen	2) 206 Phillips, Rachel		
3) 207 Podolinsky, Amanda	4) 236 Babula, Rachel		
5) 220 Annett, Jenna	6)		
5 St. Christopher S S 'B'		58.4	2
6 Sarnia C I & T S 'A'		58.5	1
7 Northern C I & V S 'B'		1:00.6	
8 Lambton Central C & V I 'B'		1:01.4	

Event 64 Men 4x100 Meter Relay Junior

LSSAA: ! 44.30 1990		Lambton Central		Finals	H#	Points
School						
1 Northern C I & V S 'A'				46.6	2	10
1) 69 Bramham, Jason	2) 71 Budziewicz, Jahn					
3) 70 D'Esterre, Mike	4) 68 Uppal, Dave					
5) 72 Honig, Dave	6)					
2 St. Clair S S 'A'				48.3	2	8
3 North Lambton S S 'A'				49.7	1	6
1) 502 Burr, David	2) 499 Van Engelen, T. J.					
3) 498 Vandeschoot, Greg	4) 503 Verberne, Mark					
4 Lambton Central C & V I 'A'				50.1	2	4
1) 281 Bailey, Jamie	2) 278 Core, Aaron					
3) 272 Gravelle, Mark	4) 280 Kilpatrick, Korey					
5) 273 Whitely, Steve	6)					
5 St. Clair S S 'B'				50.9	1	2
6 Northern C I & V S 'B'				51.0	1	1
7 St. Patrick's H S 'A'				51.1	2	
8 Lambton Central C & V I 'B'				52.3	2	
-- St. Christopher S S 'A'				DQ	2	
1) 371 Runstedler, Darryl	2) 373 Mott, Mike					
3) 376 Moniz, Tony	4) 378 Flamia, Vince					

Event 65 Women 100 Meter Dash Senior

LSSAA: ! 12.30 1985		Cyndy Metcalfe, North Lambton			
LSSAA: ! 12.30 1986		Sue McPhail, St. Clair			
Name	Year	School	Prelims	H#	
Preliminaries					
1 38 Nelson, Sarah		Northern Civ	12.5Q	2	
2 40 Farlow, Diana		Northern Civ	13.0Q	1	
3 119 Selman, Katie		St. Patrick'	13.5Q	1	
4 39 Moore, Carly		Northern Civ	13.6Q	2	
5 350 Doyle, Erin		St Christoph	13.9Q	2	
6 238 Rate, Khena		Lambton Cent	14.3Q	1	
7 237 Dam, Janae		Lambton Cent	14.5q	2	
8 346 Trottier, Angele		St Christoph	14.6q	1	
9 349 Hurst, Katie		St Christoph	15.2	1	
10 239 Parsons, Nicole		Lambton Cent	15.7	2	

Event 65 Women 100 Meter Dash Senior

LSSAA: ! 12.30 1985		Cyndy Metcalfe, North Lambton			
LSSAA: ! 12.30 1986		Sue McPhail, St. Clair			
Name	Year	School	Finals	Points	

Finals

1	38 Nelson, Sarah	Northern Civ	12.2!	10
2	40 Farlow, Diana	Northern Civ	13.1	8
3	119 Selman, Katie	St. Patrick'	13.4	6
4	39 Moore, Carly	Northern Civ	13.4	4
5	350 Doyle, Erin	St Christoph	13.8	2
6	238 Rate, Khena	Lambton Cent	14.2	1
7	346 Trottier, Angele	St Christoph	14.6	
8	237 Dam, Janae	Lambton Cent	14.9	

Event 66 Men 100 Meter Dash Senior

LSSAA: ! 10.60 1994 Craig Vandeweghe, St. Patrick's				
Name	Year	School	Prelims	H#

Preliminaries

1	82 Maltin, Josh	Northern Civ	11.4Q	1
2	286 Smith, Tom	Lambton Cent	11.8Q	2
3	364 Fleming, Mike	St Christoph	11.8Q	2
4	196 Leikas, Timo	Sarnia Cits	12.3Q	1
5	162 Mihalich, Mike	St. Patrick'	12.0Q	2
6	84 Lennan, Kyle	Northern Civ	12.4Q	1
7	288 Truman, Rob	Lambton Cent	12.4q	2
7	287 Minten, Chris	Lambton Cent	12.4q	1
9	193 Archer, Steve	Sarnia Cits	12.4	2
10	83 Bentley, Chad	Northern Civ	12.5	1

Event 66 Men 100 Meter Dash Senior

LSSAA: ! 10.60 1994 Craig Vandeweghe, St. Patrick's				
Name	Year	School	Finals	Points

Finals

1	82 Maltin, Josh	Northern Civ	11.3	10
2	364 Fleming, Mike	St Christoph	11.8	8
3	286 Smith, Tom	Lambton Cent	11.8	6
4	196 Leikas, Timo	Sarnia Cits	12.0	4
5	162 Mihalich, Mike	St. Patrick'	12.2	2
6	288 Truman, Rob	Lambton Cent	12.3	1
7	84 Lennan, Kyle	Northern Civ	12.4	
8	287 Minten, Chris	Lambton Cent	12.4	

Event 67 Women 200 Meter Dash Senior

LSSAA: ! 26.00 1976 Deb Lampman, St. Clair				
Name	Year	School	Prelims	H#

Preliminaries

1	40 Farlow, Diana	Northern Civ	27.9Q	2
2	442 MacFarlane, Daniel	St. Clair SS	29.3Q	1
3	39 Moore, Carly	Northern Civ	28.7Q	2
4	350 Doyle, Erin	St Christoph	29.6Q	1
5	41 Lynch, Allison	Northern Civ	30.0Q	1
6	346 Trottier, Angele	St Christoph	31.4Q	2
7	443 Zantingh, Julie	St. Clair SS	31.9q	1
8	349 Hurst, Katie	St Christoph	32.3q	2
9	240 Dalley, Kelsey	Lambton Cent	40.4	1

Event 67 Women 200 Meter Dash Senior

LSSAA: ! 26.00 1976 Deb Lampman, St. Clair				
Name	Year	School	Finals	Points

Finals

1	40 Farlow, Diana	Northern Civ	27.4	10
2	39 Moore, Carly	Northern Civ	27.7	8
3	442 MacFarlane, Daniel	St. Clair SS	28.0	6
4	350 Doyle, Erin	St Christoph	29.3	4
5	41 Lynch, Allison	Northern Civ	29.4	2
6	346 Trottier, Angele	St Christoph	30.9	1
7	443 Zantingh, Julie	St. Clair SS	31.4	
8	349 Hurst, Katie	St Christoph	31.6	

Event 68 Men 200 Meter Dash Senior

LSSAA: ! 22.10 1987 Brian Dicker, St. Patrick's				
Name	Year	School	Prelims	H#

Preliminaries

1	403 Halls, Mark	St. Clair SS	23.4Q	2
2	286 Smith, Tom	Lambton Cent	24.1Q	1
3	364 Fleming, Mike	St Christoph	24.6Q	1
3	196 Leikas, Timo	Sarnia Cits	24.6Q	2
5	85 Doig, Josh	Northern Civ	24.8Q	1
6	287 Minten, Chris	Lambton Cent	25.3Q	2
7	83 Bentley, Chad	Northern Civ	25.5q	1
8	84 Lennan, Kyle	Northern Civ	26.2q	2

Event 68 Men 200 Meter Dash Senior

LSSAA: ! 22.10 1987 Brian Dicker, St. Patrick's				
Name	Year	School	Finals	Points

Finals

1	403 Halls, Mark	St. Clair SS	23.5	10
2	286 Smith, Tom	Lambton Cent	24.0	8
3	364 Fleming, Mike	St Christoph	24.6	6
4	196 Leikas, Timo	Sarnia Cits	24.7	4
5	85 Doig, Josh	Northern Civ	25.2	2
6	83 Bentley, Chad	Northern Civ	25.5	1
7	287 Minten, Chris	Lambton Cent	25.5	
8	84 Lennan, Kyle	Northern Civ	26.2	

Event 69 Women 400 Meter Dash Senior

LSSAA: ! 57.90 1997 Erin Brand, Lambton Central				
Name	Year	School	Finals	Points

1	39 Moore, Carly	Northern Civ	1:01.3	10
2	42 Thorner, Katie	Northern Civ	1:02.4	8
3	442 MacFarlane, Daniel	St. Clair SS	1:04.3	6
4	242 Fisher, Amy	Lambton Cent	1:06.8	4
5	349 Hurst, Katie	St Christoph	1:10.1	2
6	443 Zantingh, Julie	St. Clair SS	1:11.3	1
7	244 Ikert, Karyn	Lambton Cent	1:15.8	
8	354 Filia, Elisa	St Christoph	1:24.9	

Event 70 Men 400 Meter Dash Senior

LSSAA: ! 48.00 1988 Brian Dicker, St. Patrick's				
Name	Year	School	Finals	H# Points

1	82 Maltin, Josh	Northern Civ	49.6	2	10
2	403 Halls, Mark	St. Clair SS	50.9	2	8
3	86 O'Hagan, Graham	Northern Civ	52.7	2	6

4	404 Novakowski, Chris	St. Clair SS	52.8	2	4
5	361 Bain, Andrew	St Christoph	53.8	2	2
6	161 Borek, Chris	St. Patrick'	55.6	2	1
7	287 Minten, Chris	Lambton Cent	56.9	1	
8	289 Christie, Allan	Lambton Cent	57.2	1	
9	83 Bentley, Chad	Northern Civ	58.4	1	

Event 71 Women 800 Meter Run Senior

LSSAA: ! 2:11.10 1997 Erin Brand, Lambton Central					
Name	Year	School	Finals	Points	
1	120 Kohlmeier, Amy	St. Patrick'	2:19.9	10	
2	43 Crate, Jessica	Northern Civ	2:24.8	8	
3	44 Wroblewski, Ania	Northern Civ	2:34.6	6	
4	347 Stewart, Mary Cath	St Christoph	2:37.2	4	
5	242 Fisher, Amy	Lambton Cent	2:41.8	2	
6	348 Wilson, Nicki	St Christoph	2:54.9	1	
7	52 Abbott, Katie	Northern Civ	2:56.7		
8	243 Foster, Jill	Lambton Cent	3:10.1		
9	245 Barnes, Jesse	Lambton Cent	3:16.5		

Event 72 Men 800 Meter Run Senior

LSSAA: ! 1:53.80 1995 Jay Cantin, St. Clair					
Name	Year	School	Finals	Points	
1	87 Currie, Doug	Northern Civ	2:03.7	10	
2	403 Halls, Mark	St. Clair SS	2:10.4	8	
3	86 O'Hagan, Graham	Northern Civ	2:12.3	6	
4	361 Bain, Andrew	St Christoph	2:13.3	4	
5	297 Allen, Jeff	Lambton Cent	2:15.9	2	
6	289 Christie, Allan	Lambton Cent	2:17.1	1	
7	365 Gallelo, Greg	St Christoph	2:17.6		
8	358 Maddison, Andre	St Christoph	2:18.0		
9	290 Lyons, Colin	Lambton Cent	2:25.9		
10	88 Pedlar, Thomas	Northern Civ	2:28.5		
11	410 Rudanycz, Jordan	St. Clair SS	2:28.8		
12	512 Koolen, Adrian	North Lambto	2:31.7		
13	412 Coutts-Smith, Matt	St. Clair SS	2:35.7		
14	194 Elliott, Brandon	Sarnia Cits	2:42.8		

Event 73 Women 1500 Meter Run Senior

LSSAA: ! 4:36.30 2000 Hilary Edmondson, St. Christopher					
Name	Year	School	Finals	Points	
1	43 Crate, Jessica	Northern Civ	4:41.8	10	
2	120 Kohlmeier, Amy	St. Patrick'	4:45.1	8	
3	489 Brouwer, Andrea	North Lambto	5:07.6	6	
4	46 Andruchow, Katie	Northern Civ	5:14.7	4	
5	347 Stewart, Mary Cath	St Christoph	5:21.6	2	
6	44 Wroblewski, Ania	Northern Civ	5:30.2	1	
7	242 Fisher, Amy	Lambton Cent	5:51.3		
8	344 Garbaty, Jenna	St Christoph	5:51.9		
9	348 Wilson, Nicki	St Christoph	5:52.3		
10	244 Ikert, Karyn	Lambton Cent	6:23.4		
11	245 Barnes, Jesse	Lambton Cent	6:36.8		

Event 74 Men 1500 Meter Run Senior

LSSAA: ! 3:51.10 1995 Jay Cantin, St. Clair					
Name	Year	School	Finals	Points	

1	87 Currie, Doug	Northern Civ	4:09.5	10
2	362 Wodzinski, Mike	St Christoph	4:33.0	8
3	511 Burr, Ben	North Lambto	4:37.4	6
4	290 Lyons, Colin	Lambton Cent	4:37.8	4
5	404 Novakowski, Chris	St. Clair SS	4:38.1	2
6	358 Maddison, Andre	St Christoph	4:41.7	1
7	89 Campbell, Michael	Northern Civ	4:45.5	
8	365 Gallelo, Greg	St Christoph	4:52.6	
9	291 MacDonald, Alex	Lambton Cent	4:56.2	
10	90 Brooker, Brad	Northern Civ	4:58.5	
11	166 Heynen, Jim	St. Patrick'	4:58.8	
12	159 Linesman, Mark	St. Patrick'	5:00.2	
13	410 Rudanycz, Jordan	St. Clair SS	5:01.8	
14	512 Koolen, Adrian	North Lambto	5:14.7	
15	409 Moore, Brad	St. Clair SS	5:21.2	
16	194 Elliott, Brandon	Sarnia Cits	5:24.7	

Event 75 Women 3000 Meter Run Senior

LSSAA: ! 9:53.10 2000 Hilary Edmondson, St. Christopher				
Name	Year	School	Finals	Points
1	43 Crate, Jessica	Northern Civ	10:17.0	10
2	120 Kohlmeier, Amy	St. Patrick'	10:20.3	8
3	489 Brouwer, Andrea	North Lambto	11:20.2	6
4	46 Andruchow, Katie	Northern Civ	11:28.4	4
5	124 Reckman, Nikki	St. Patrick'	11:46.0	2
6	347 Stewart, Mary Cath	St Christoph	11:46.3	1
7	47 Jackson, Leigh	Northern Civ	11:58.7	
8	348 Wilson, Nicki	St Christoph	13:24.1	

Event 76 Men 3000 Meter Run Senior

LSSAA: ! 8:47.60 1983 Harvey MITro, St. Patrick's				
Name	Year	School	Finals	Points
1	87 Currie, Doug	Northern Civ	9:05.6	10
2	362 Wodzinski, Mike	St Christoph	9:56.3	8
3	511 Burr, Ben	North Lambto	10:11.5	6
4	290 Lyons, Colin	Lambton Cent	10:12.5	4
5	404 Novakowski, Chris	St. Clair SS	10:17.7	2
6	358 Maddison, Andre	St Christoph	10:22.1	1
7	297 Allen, Jeff	Lambton Cent	10:22.2	
8	291 MacDonald, Alex	Lambton Cent	10:40.7	
9	89 Campbell, Michael	Northern Civ	10:43.7	
10	365 Gallelo, Greg	St Christoph	11:02.0	
11	159 Linesman, Mark	St. Patrick'	11:21.4	
12	88 Pedlar, Thomas	Northern Civ	11:25.1	
13	410 Rudanycz, Jordan	St. Clair SS	11:25.8	
14	409 Moore, Brad	St. Clair SS	11:35.6	
15	512 Koolen, Adrian	North Lambto	11:51.3	

Event 77 Women 100 Meter Hurdles Senior

LSSAA: ! 15.10 1992 Becky Sager, Lambton Central				
Name	Year	School	Finals	Points
1	42 Thorner, Katie	Northern Civ	15.9	10
2	40 Farlow, Diana	Northern Civ	16.0	8
3	241 Phillips, Tiffany	Lambton Cent	16.2	6
4	48 Taylor, Katie	Northern Civ	18.0	4

Event 78 Men 110 Meter Hurdles Senior

LSSAA: ! 14.80 Trevor Hall, SCITS				
Name	Year	School	Finals	Points
1 161 Borek, Chris		St. Patrick'	17.2	10
2 85 Doig, Josh		Northern Civ	18.5	8

Event 79 Women 400 Meter Hurdles Senior

LSSAA: ! 1:05.20 1992 Carrie Thompson, Lambton Central				
Name	Year	School	Finals	Points
1 42 Thorner, Katie		Northern Civ	1:08.4	10
2 442 MacFarlane, Daniel		St. Clair SS	1:13.4	8
3 241 Phillips, Tiffany		Lambton Cent	1:13.9	6

Event 80 Men 400 Meter Hurdles Senior

LSSAA: ! 54.90 1987 Mark Detailleur, Lambton Central				
Name	Year	School	Finals	Points
1 82 Maltin, Josh		Northern Civ	56.3	10
2 161 Borek, Chris		St. Patrick'	1:04.1	8
3 85 Doig, Josh		Northern Civ	1:08.6	6
4 90 Brooker, Brad		Northern Civ	1:14.7	4

Event 81 Women High Jump Senior

LSSAA: ! 1.73m 2001 Shannon O'Hagan, St. Patrick's				
Name	Year	School	Finals	Points
1 201 Melhuish, Angela		Sarnia Cits	1.55m	10
2 351 Hagens, Linnea		St Christoph	1.40m	8
3 49 Maaten, Dayna		Northern Civ	1.25m	6

Event 82 Men High Jump Senior

LSSAA: ! 2.05m 1992 Larry Helwig, St. Clair				
Name	Year	School	Finals	Points
1 508 Faulds, Blake		North Lambto	1.80m	10
2 363 Franchuk, Paul		St Christoph	1.75m	8
3 509 Wilcox, Keegan		North Lambto	1.70m	6
4 292 Hyatt, Eric		Lambton Cent	1.60m	4

Event 83 Women Pole Vault Open

LSSAA: ! 2.15m 2000 Katie Whitehead, Lambton Central				
Name	Year	School	Finals	Points
1 247 Anderson-Armstrong		Lambton Cent	1.75m	10
-- 246 Anderson-Armstrong		Lambton Cent	NH	

Event 84 Men Pole Vault Senior

LSSAA: ! 3.94m 1975 Ted Gawinski, Northern				
Name	Year	School	Finals	Points
1 293 Core, Nathan		Lambton Cent	2.25m	10

Event 85 Women Long Jump Senior

LSSAA: ! 5.40m 1992			Sherri Griffin, Northern		
Name	Year	School	Finals	Points	
1	38	Nelson, Sarah	Northern Civ	5.48m!	10
2	119	Selman, Katie	St. Patrick'	4.76m	8
3	48	Taylor, Katie	Northern Civ	4.30m	6
4	345	MacCharles, Crysta	St Christoph	4.18m	4
5	237	Dam, Janae	Lambton Cent	3.96m	2
6	350	Doyle, Erin	St Christoph	3.75m	1
7	443	Zantingh, Julie	St. Clair SS	3.53m	
8	249	Thompson, Kelly	Lambton Cent	3.47m	
9	317	Sabitini, Sam	St Christoph	3.45m	

Event 86 Men Long Jump Senior

LSSAA: ! 6.62m 1997			Mike McLaughlin, St. Patrick's		
Name	Year	School	Finals	Points	
1	292	Hyatt, Eric	Lambton Cent	6.04m	10
2	405	Palin, Steve	St. Clair SS	5.83m	8
3	196	Leikas, Timo	Sarnia Cits	5.33m	6
4	286	Smith, Tom	Lambton Cent	5.23m	4
5	162	Mihalich, Mike	St. Patrick'	5.21m	2
6	366	Eves, Nick	St Christoph	5.20m	1
7	509	Wilcox, Keegan	North Lambto	4.98m	
8	510	Fraser, Joel	North Lambto	4.81m	
9	367	McCoy, Jason	St Christoph	4.75m	
10	84	Lennan, Kyle	Northern Civ	4.07m	
11	91	Toye, Derek	Northern Civ	3.56m	

Event 87 Women Triple Jump Senior

LSSAA: ! 10.85m 1992		Sherri Griffin, Northern			
Name	Year	School	Finals	Points	
1	38	Nelson, Sarah	Northern Civ	11.27m!	10
2	350	Doyle, Erin	St Christoph	9.53m	8
3	345	MacCharles, Crysta	St Christoph	9.17m	6
4	119	Selman, Katie	St. Patrick'	9.16m	4
5	48	Taylor, Katie	Northern Civ	9.15m	2
6	237	Dam, Janae	Lambton Cent	8.60m	1
7	354	Filia, Elisa	St Christoph	7.85m	
8	249	Thompson, Kelly	Lambton Cent	7.57m	
9	117	Walker, Krystal	St. Patrick'	6.86m	

Event 88 Men Triple Jump Senior

LSSAA: ! 13.89m 1982		Larry Helwig, St. Clair			
Name	Year	School	Finals	Points	
1	292	Hyatt, Eric	Lambton Cent	12.05m	10
2	405	Palin, Steve	St. Clair SS	11.76m	8
3	509	Wilcox, Keegan	North Lambto	11.57m	6
4	508	Faulds, Blake	North Lambto	11.30m	4
5	90	Brooker, Brad	Northern Civ	11.29m	2
6	366	Eves, Nick	St Christoph	10.78m	1
7	367	McCoy, Jason	St Christoph	10.21m	
8	510	Fraser, Joel	North Lambto	10.19m	
9	356	Weaver, Graeme	St Christoph	10.13m	

Event 89 Women Shot Put Senior

LSSAA: ! 12.48m 1985 Bonnie Brooks, SCITS

	Name	Year	School	Finals	Points
1	50 VanDam, Laura		Northern Civ	11.60m	10
2	118 Camden, Ashley		St. Patrick'	11.37m	8
3	352 Rocca, Chiarra		St Christoph	10.73m	6
4	353 Chamberlain, Erin		St Christoph	9.06m	4
5	250 Woodfinden, Katie		Lambton Cent	8.32m	2
6	199 Scott, Jessica		Sarnia Cits	7.63m	1
7	355 Steven, Jesse		St Christoph	7.42m	
8	253 Christie, Pam		Lambton Cent	7.22m	
9	198 Fillion, Amanda		Sarnia Cits	5.66m	

Event 90 Men Shot Put Senior

LSSAA: ! 16.98m 1987 Tim Crossland, Northern					
	Name	Year	School	Finals	Points
1	197 Pevec, Joe		Sarnia Cits	13.43m	10
2	506 Cameron, Greg		North Lambto	12.93m	8
3	357 Gough, Tom		St Christoph	12.44m	6
4	92 Fader, Derek		Northern Civ	12.42m	4
5	407 Baine, Jason		St. Clair SS	12.34m	2
6	294 McGuire, Mike		Lambton Cent	11.82m	1
7	356 Weaver, Graeme		St Christoph	11.44m	
8	408 Cassetta, Curtis		St. Clair SS	11.18m	
9	93 Hanly, Cory		Northern Civ	10.76m	
10	163 Morpew, Scott		St. Patrick'	10.29m	
11	370 Kong, Mike		St Christoph	10.26m	
12	295 Langstaff, Nathani		Lambton Cent	10.13m	
13	293 Core, Nathan		Lambton Cent	8.98m	

Event 91 Women Discus Throw Senior

LSSAA: ! 34.50m 1986 Shannon Robertson, SCITS					
	Name	Year	School	Finals	Points
1	50 VanDam, Laura		Northern Civ	30.13m	10
2	118 Camden, Ashley		St. Patrick'	28.12m	8
3	250 Woodfinden, Katie		Lambton Cent	21.39m	6
4	199 Scott, Jessica		Sarnia Cits	20.81m	4
5	200 VanPraet, Vanessa		Sarnia Cits	20.11m	2
6	123 Boccanfuso, Meredi		St. Patrick'	19.68m	1
7	355 Steven, Jesse		St Christoph	18.61m	

Event 92 Men Discus Throw Senior

LSSAA: ! 56.81m 5/14/02 Mike Marsh, Northern CIV					
	Name	Year	School	Finals	Points
1	408 Cassetta, Curtis		St. Clair SS	33.68m	10
2	93 Hanly, Cory		Northern Civ	33.40m	8
3	407 Baine, Jason		St. Clair SS	31.93m	6
4	197 Pevec, Joe		Sarnia Cits	31.84m	4
5	369 Barry, Chris		St Christoph	30.54m	2
6	163 Morpew, Scott		St. Patrick'	28.62m	1
7	357 Gough, Tom		St Christoph	28.13m	
8	370 Kong, Mike		St Christoph	27.64m	
9	295 Langstaff, Nathani		Lambton Cent	23.68m	
10	293 Core, Nathan		Lambton Cent	22.79m	
11	294 McGuire, Mike		Lambton Cent	22.31m	
12	167 Jay, Chandler		St. Patrick'	21.09m	
13	92 Fader, Derek		Northern Civ	20.31m	

Event 93 Women Javelin Throw Senior

LSSAA: ! 42.70m 1985 Bonnie Brooks, SCITS				
Name	Year	School	Finals	Points
1	122	Stevens, Danielle	St. Patrick'	31.60m 10
2	344	Garbaty, Jenna	St Christoph	29.29m 8
3	51	Shrumm, Holly	Northern Civ	28.61m 6
4	353	Chamberlain, Erin	St Christoph	28.57m 4
5	488	Kristoferson, Sama	North Lambto	26.12m 2
6	50	VanDam, Laura	Northern Civ	25.82m 1
7	117	Walker, Krystal	St. Patrick'	24.92m
8	250	Woodfinden, Katie	Lambton Cent	24.87m
9	121	Young, Amy	St. Patrick'	19.42m
10	254	Smith, Annie	Lambton Cent	14.18m

Event 94 Men Javelin Throw Senior

LSSAA: ! 64.12m 1969 Rick Dowswell, Sarnia Central				
Name	Year	School	Finals	Points
1	360	Bryce, Kole	St Christoph	47.08m 10
2	296	McCormick, Curtis	Lambton Cent	44.55m 8
3	407	Baine, Jason	St. Clair SS	41.14m 6
4	507	VanLieshout, Greg	North Lambto	40.36m 4
5	356	Weaver, Graeme	St Christoph	38.39m 2
6	408	Cassetta, Curtis	St. Clair SS	37.77m 1
7	195	Klompstra, Kale	Sarnia Cits	36.65m
8	94	Taylor, Trevor	Northern Civ	33.00m
9	193	Archer, Steve	Sarnia Cits	29.85m
10	165	Schwemler, Ben	St. Patrick'	29.26m
11	168	Hobin, Brad	St. Patrick'	27.95m
12	192	Kuehl, Darryl	Sarnia Cits	26.15m

Event 95 Women 4x100 Meter Relay Senior

LSSAA: ! 51.00 1983 Lambton Central				
School	Finals	H#	Points	
1 Northern C I & V S 'A'	50.8!	2	10	
1) 40 Farlow, Diana				2) 39 Moore, Carly
3) 38 Nelson, Sarah				4) 42 Thorner, Katie
2 St. Patrick's H S 'A'	52.8	2	8	
3 Lambton Central C & V I 'A'	54.2	2	6	
1) 227 Alderman, Lindsay				2) 219 Herdman, Jenna
3) 218 Ruyppers, Robyn				4) 241 Phillips, Tiffany
4 Northern C I & V S 'B'	54.6	2	4	
5 North Lambton S S 'A'	55.1	2	2	
1) 486 Henderson, Leah				2) 490 McIntyre, Jenna
3) 485 Vanos, Jenni				4) 484 Venema, Breanne
6 St. Clair S S 'A'	56.4	1	1	
7 Lambton Central C & V I 'B'	57.7	1		
-- St. Christopher S S 'A'	DNF	2		
1) 345 MacCharles, Crystal				2) 349 Hurst, Katie
3) 350 Doyle, Erin				4) 354 Filia, Elisa
-- St. Christopher S S 'B'	DQ	1		

Event 96 Men 4x100 Meter Relay Senior

LSSAA: ! 43.70 1987 St. Patrick's			
School	Finals	Points	
1 Northern C I & V S 'A'	46.1	10	

1) 82 Maltin, Josh	2) 86 O'Hagan, Graham		
3) 85 Doig, Josh	4) 83 Bentley, Chad		
5) 84 Lennan, Kyle	6)		
2 St. Patrick's H S 'A'		46.6	8
1) 161 Borek, Chris	2) 164 Ferguson, Ryan		
3) 162 Mihalich, Mike	4)		
3 Lambton Central C & V I 'A'		46.7	6
1) 288 Truman, Rob	2) 292 Hyatt, Eric		
3) 286 Smith, Tom	4) 287 Minten, Chris		
5) 297 Allen, Jeff	6)		
4 Sarnia C I & T S 'A'		47.1	4
5 St. Clair S S 'A'		47.2	2
6 St. Christopher S S 'A'		49.7	1
1) 361 Bain, Andrew	2) 364 Fleming, Mike		
3) 367 McCoy, Jason	4)		
7 Northern C I & V S 'B'		51.6	
8 Lambton Central C & V I 'B'		52.4	

Event 98 Men 2000 Meter Steeplechase Open

LSSAA: ! 6:13.10 1987 Scott McLellan, St. Clair				
Name	Year	School	Finals	Points
1 276 Christie, Russell		Lambton Cent	6:27.5	10
2 297 Allen, Jeff		Lambton Cent	7:04.5	8
3 277 Lyons, Steve		Lambton Cent	7:04.8	6
4 362 Wodzinski, Mike		St Christoph	7:11.0	4
5 75 Bremner, Dan		Northern Civ	7:14.2	2
6 76 Brar, Gagan		Northern Civ	8:16.8	1

Event 99 Women 4x400 Meter Relay Open

LSSAA: ! 4:01.00 1998 St. Christopher				
School			Finals	H# Points
1 Northern C I & V S 'A'			4:05.2	2 10
1) 23 Bruce, Mary		2) 26 Lynch, Maggie		
3) 39 Moore, Carly		4) 38 Nelson, Sarah		
5) 42 Thorner, Katie		6)		
2 St. Clair S S 'A'			4:12.1	2 8
3 Northern C I & V S 'B'			4:15.4	2 6
4 St. Patrick's H S 'A'			4:18.5	2 4
1) 107 Bujaki, Lindsay		2) 106 Drouin, Jill		
3) 111 Kohlmeier, Aly		4) 120 Kohlmeier, Amy		
5 St. Christopher S S 'A'			4:22.7	2 2
6 Lambton Central C & V I 'A'			4:29.3	2 1
1) 203 Bartelen, Jessie		2) 242 Fisher, Amy		
3) 218 Ruyters, Robyn		4) 241 Phillips, Tiffany		
5) 205 VanLeerzem, Jaclyn		6)		
7 North Lambton S S 'A'			4:29.5	1
1) 480 Jamieson, Laura		2) 489 Brouwer, Andrea		
3) 486 Henderson, Leah		4) 485 Vanos, Jenni		
8 St. Christopher S S 'B'			4:35.1	1
9 Lambton Central C & V I 'B'			4:43.7	2
10 St. Clair S S 'B'			4:49.8	1

Event 100 Men 4x400 Meter Relay Open

LSSAA: ! 3:24.90 1992 Lambton Central				
School			Finals	H# Points
1 Northern C I & V S 'A'			3:32.3	2 10
1) 82 Maltin, Josh		2) 86 O'Hagan, Graham		

3) 57 Surman, Jamie	4) 72 Honig, Dave			
2 St. Clair S S 'A'	3:39.2	2	8	
3 St. Christopher S S 'A'	3:42.8	1	6	
1) 361 Bain, Andrew	2) 389 Moore, David			
3) 373 Mott, Mike	4) 371 Runstedler, Darryl			
4 Northern C I & V S 'B'	3:49.3	2	4	
5 Lambton Central C & V I 'A'	3:51.2	2	2	
1) 276 Christie, Russell	2) 297 Allen, Jeff			
3) 287 Minten, Chris	4) 257 Thomson, Dustin			
5) 289 Christie, Allan	6)			
6 North Lambton S S 'A'	3:59.8	1	1	
1) 511 Burr, Ben	2) 512 Koolen, Adrian			
3) 502 Burr, David	4) 499 Van Engelen, T. J.			
7 St. Patrick's H S 'A'	4:02.1	2		
1) 161 Borek, Chris	2) 162 Mihalich, Mike			
3) 146 Donahue, Dan	4) 151 Brydges, Ryan			
5) 158 Tidball, John	6)			
8 Lambton Central C & V I 'B'	4:03.8	2		
9 St. Clair S S 'B'	4:14.4	1		
10 North Lambton S S 'B'	4:21.9	1		

Event 111 Men Discus Throw Physically Challenge

Name	Year School	Finals
1 95 Vandervies, Josh	Northern Civ	7.74m

Event 112 Men Javelin Throw Physically Challenge

Name	Year School	Finals
1 95 Vandervies, Josh	Northern Civ	18.18m

Event 113 Men Shot Put Physically Challenge

Name	Year School	Finals
1 95 Vandervies, Josh	Northern Civ	5.05m

Women - Midget - Team Rankings - 15 Events Scored

1) St. Clair S S	134	2) Northern C I & V S	119
3) Lambton Central C & V I	76	4) St. Christopher S S	71
5) Sarnia C I & T S	43	6) St. Patrick's H S	16
7) North Lambton S S	5		

Women - Junior - Team Rankings - 15 Events Scored

1) Northern C I & V S	148	2) St. Patrick's H S	74
3) Lambton Central C & V I	73	4) St. Clair S S	55
5) St. Christopher S S	43	6) North Lambton S S	37
7) Sarnia C I & T S	32		

Women - Senior - Team Rankings - 15 Events Scored

1) Northern C I & V S	210	2) St. Patrick's H S	81
3) St. Christopher S S	66	4) Lambton Central C & V I	36
5) St. Clair S S	22	6) Sarnia C I & T S	17
7) North Lambton S S	16		

Women - Open - Team Rankings - 2 Events Scored

1) Northern C I & V S	16	2) Lambton Central C & V I	11
-----------------------	----	----------------------------	----

3) St. Clair S S	8	4) St. Patrick's H S	4
5) St. Christopher S S	2		

Men - Midget - Team Rankings - 16 Events Scored

1) St. Clair S S	149	2) Lambton Central C & V I	127
3) St. Christopher S S	73	4) Northern C I & V S	71
5) St. Patrick's H S	40	6) North Lambton S S	29

Men - Junior - Team Rankings - 16 Events Scored

1) St. Clair S S	115	2) St. Patrick's H S	79
3) Northern C I & V S	70	4) Lambton Central C & V I	68
5) St. Christopher S S	63	6) North Lambton S S	38
7) Sarnia C I & T S	34		

Men - Senior - Team Rankings - 16 Events Scored

1) Northern C I & V S	117	2) Lambton Central C & V I	79
3) St. Clair S S	77	4) St. Christopher S S	69
5) North Lambton S S	50	6) St. Patrick's H S	32
6) Sarnia C I & T S	32		

Men - Open - Team Rankings - 2 Events Scored

1) Lambton Central C & V I	26	2) Northern C I & V S	17
3) St. Christopher S S	10	4) St. Clair S S	8
5) North Lambton S S	1		