

Good morning!

Going OOB (out of bounds) and actually being the first to touch the ball after being inbounds....take a look at a play where that happens by clicking [HERE](#).

The question that needs answered is 'why/how did he go OOB?' Did he go out on his own 'volition'? Did he go OOB by *choice* or because of his *momentum*? THAT makes all the difference in the world as to whether we have a violation or not. If he went OOB *by choice* it is illegal to come back in and be the first to touch. If he went OOB by his *momentum* and came back in and is the first to touch, we have a **legal play!**

So, in THIS play, we have a legal play!

Just to clarify, to re-establish back inbounds legally, *the player needs to get **one foot** inbounds and the other foot **cannot** be out of bounds (it may be in the air before touching inbounds OR inbounds).*

Some people refer to this as a 'hustle play' much like the player who is running, dives for the ball and slides with it....legal!

These plays do happen occasionally! Hopefully this clip and discussion pops to the front of your brain and doesn't let your hand go up and the whistle to be blown!

Thursday extra: Practice your captain's meeting with a friend, your crew or yourself. What else do you say besides the sportsmanship message?

Have a great game tonight and have fun!

Tim