

# Rolls-Royce Harriers

Newsletter

February 2016

Although dated February, you probably won't read this until March. I held it back so that I could report the outcome of Jon Kinder's attempt on the world 12-hour treadmill record.

## TREADMILL WORLD RECORD!



**Top left:** as the halfway point approaches (62km completed), Jon receives encouragement from timekeeper Steve Leach and witness Keith Covell. **Top right:** rice pudding on the go.

**Below:** job done! Jon has just enough energy to crack a smile and a can of lager (but shouldn't that be Guinness?).



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Editor: Bill Southgate. [billsouthgate337@btinternet.com](mailto:billsouthgate337@btinternet.com). Rolls-Royce Harriers  
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Guinness Book of Records here we come! Subject to confirmation, we will shortly have the name of a Rolls-Royce Harrier in that august publication!

In order to raise money for the Rainbows Children's Hospice, Jon Kinder decided to make an attempt on the world record for a 12 hour run on a treadmill. The treadmill was set up in the Cornmarket, Derby, on Saturday 27<sup>th</sup> February, with the generous support of the adjacent Book Café, and Jon ran continuously (with the exception of hourly comfort breaks) from 8.20am to 8.20pm. Curious passers-by were encouraged to contribute to the Rainbows collection buckets, and quite a crowd gathered as the clock ticked towards 8.20pm, culminating in a huge round of applause as the old record was passed with just under ten minutes to go! Playing to the crowd, and belying his shy and retiring nature, Jon increased the pace for a sprint finish. The old record stood at 131.35km, and unofficially (see the small print below), Jon's new record is 132.90km.

All of this is subject to calibration of the equipment, according to the records kept by Jon's official witnesses, timekeepers and recorders, submission of the records to and ratification by the Guinness officials. As Jon commented a couple of days later, preparing the paperwork and evidence is a marathon in itself! However, from observations on the day, we believe the treadmill was understating the distance, and we hope that the official record will be higher. At the last count, £2,876 had been raised for the Rainbows Hospice.

## DIARY DATES

Sun 6<sup>th</sup> March Great Northern 10k & Half Marathon, Mickleover

Sun 13<sup>th</sup> March Derby Runner League Foremark Reservoir

Sun 13<sup>th</sup> March Weston Run, 5mils and 2mils, Weston-on-Trent, 11am

Sun 8<sup>th</sup> May Holymoorside 10k and 2 mile fun run, near Chesterfield 10.30am

Sun 15<sup>th</sup> May Nottingham 10k

Sun 29<sup>th</sup> May Sinfin 10k (I can email an entry form to anyone who wants one)

Sun 5<sup>th</sup> June Derby Ramathon Half Marathon

See also David Denton's dates below.

## CIRCULATION LISTS

As I think some of you know, when I send out round robin emails I have three circulation lists (and a fourth, "Harriers Friends", who get selected emails only). The reason is that our super-slow narrowband internet service out here in the sticks falls over with a circulation of 50 or more.

That means if you use my circulation list to send out something else, you will only be reaching a third of the membership. For better coverage, I suggest you forward emails to me and ask me to circulate them.

That leads me to ask, would you prefer it if I used blind circulation lists? If you have strong feelings either way, let me know.

## LONDON MARATHON 2016

Best of luck to our club place winner Robert Allen and to John Taylor and any other Harrier who may be running.

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## CHAMPIONSHIP TABLE

### R-R HARRIERS CHAMPIONSHIP 2015-2016

POSITIONS AT 23 FEBRUARY 2016

POS	NAME	POINTS	POS	NAME	POINTS
1	CHRIS CLARKE	162	27	JOHN TAYLOR	22
2	LINDSAY CUTHBERTSON	152	28	MARK SKELTON	21
3=	KAROLINA KUCHAREK	150	29=	ANDY GRIFFITHS	20
	GILLIAN WHITESIDE	150		CHRIS MORRISON	20
5	ANDY WARD	125	31=	ANDREW DEIGHTON	18
6	ROBIN CARTER	102		GREG HOLLAND	18
7	SARAH HAYNES	101		DAVE THOMPSON	18
8	BILL SOUTHGATE	92	34	JOE REES	17
9	ANDY DODSLEY	91	35	BEN HALL	16
10	JON LEEK	90	36=	PETE LONG	14
11	AMANDA CARTER	87		PAUL STEELE	14
12	DARREN POTTER	76	38=	BEN KIRBY	13
13	RUSSELL PARKIN	70		WENDY LAWRENCE	13
14	DEAN SMITH	66	40	CLIVE BARRACLOUGH	11
15	IAN LAMBERT	63	41=	NEAL FELLOWS	10
16	ANDY NORMAN	61		SUKI VERNON	10
17	NEIL BARNES	54	43	PADDY CONNALLY	9
18	CLARE MCKITTRICK	49	44	JOHN IRVING	8
19=	LEE GRIFFITHS	46	45=	BOB BOND	5
	CHRIS SMITH	46		DAVE CAPEL	5
21	RIC BRINEY	44		TONY EDWARDS	5
22=	LISA FILDES	40		ROB GOULDS	5
	MARK FOWELL	40		STEVE LEACH	5
24	TRISTAN COOPER	33		ALBERT PEPPER	5
25	STEVE WAKEFIELD	30		JULIE ROCK	5
26	GAVIN CHADWICK	27		BOB WILSON	5

### Colour Codes

(based on age at start of season (16 September 2015))

	Junior (under 18)		Over 60 men
	Senior men		Over 70 men
	Over 40 men		Ladies (all age categories)
	Over 50 men		

Three ladies in the top four, I'm pleased to see. And three over-60's in the top 20, I'm even more pleased to see!

## CLUB ARCHIVE

I mentioned in the last newsletter that one of my projects was to type up the early Ramathon results for R-R runners and pass them to Richard Scott for the website. That has now been done, for the years 1983 (the first Ramathon) to 1996 (the last before its recent revival). However, although I've found half marathon results for all years, I couldn't find full marathon results for 1987, 1988 and 1991 to 1994. I can't believe there were no R-R participants in those years, so if you know of any results, please get in touch.

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## NORTH MIDLANDS CROSS-COUNTRY LEAGUE 2015-2016

### RR HARRIERS PERFORMANCES

	POSITIONS				POINTS				TOTAL OF BEST THREE
	OCT 10	NOV 14	DEC 5	JAN 16	OCT 10	NOV 14	DEC 5	JAN 16	
	LEAGUE RACES				LEAGUE RACES				
	MARKEATON PARK, DERBY	WEST GLEBE PARK, CORBY	SHIPLEY PARK, HEANOR	WOLLATON PARK, NOTTINGHAM	MARKEATON PARK, DERBY	WEST GLEBE PARK, CORBY	SHIPLEY PARK, HEANOR	WOLLATON PARK, NOTTINGHAM	
<b>MEN</b>									
CHRIS CLARKE		48	62	50		22	21	22	65
ANDY WARD	276	209	203	246	18	20	16	20	58
BILL SOUTHGATE		213	211	254		16	14	18	48
DEAN SMITH	261		192		21		18		39
STEVE WAKEFIELD	288	218			16	14			30
RIC BRINEY	182				22				22
ROBIN CARTER			38				22		22
ANDY DODSLEY		183				21			21
JON LEEK				98				21	21
ANDY GRIFFITHS			149				20		20
LEE GRIFFITHS	272				20				20
ANDY NORMAN		211				18			18
CHRIS SMITH				255				16	16
<b>LADIES</b>									
GILLIAN WHITESIDE	127		100	126	22		20	18	60
AMANDA CARTER			52	46			21	22	43
LINDSAY CUTHBERTSON			48	52			22	21	43
SARAH HAYNES	129				21				21
KAROLINA KUCHARAK				64				20	20

Corby on a wet November afternoon proved unattractive to the ladies, and I must admit its attractions proved elusive as far as I was concerned too!

Otherwise this season's events were reasonably well attended, and we even managed to appear in the men's team championship table, having fielded the requisite 5 runners in each race. Our position, 19<sup>th</sup> out of 19, may not seem too impressive, but at least we were there (unlike our illustrious neighbours Derby AC for instance).

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## NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

Donington Park was the venue for the Nationals on February 27<sup>th</sup>, and eight Harriers were on hand to race against the cream of English cross-country runners. It was pleasing to be able to close a men's team (of six), in a very respectable 107<sup>th</sup> place out of 123. In the ladies event Lindsay Cuthbertson and Amanda Carter continued their close rivalry, with Lindsay finishing ahead on this occasion, by 21 seconds.

## R-R HARRIERS RESULTS

### SENIOR MEN 12K

391	ROBIN CARTER	51-53
536	CHRIS CLARKE	54-00
1057	RIC BRINEY	1-01-13
1167	MIKE WOOD	1-02-50
1600	GAVIN CHADWICK	1-14-48
1698	STEVE WAKEFIELD	1-23-41
1730	finished	

### SENIOR LADIES 8K

450	LINDSAY CUTHBERTSON	44-12
473	AMANDA CARTER	44-33
739	finished	

## AGM

The AGM will be held on Monday 14<sup>th</sup> March at 5pm in the Table Tennis Room, behind the grass tennis courts at the RR Leisure complex at Moor Lane. All welcome.

## THANKS DAVID, BRIAN AND PAM

David Capel has resigned from the Harriers as a result of health issues. David has been a member of the Harriers and of the committee for a long time, and in more recent years has been a great help with the unsung tasks of race organisation – marshalling, marking out, purchasing, storage and transportation of equipment etc. His links with the Scouting Movement have also been very useful in obtaining the loan of marking out posts and traffic cones. I'm pleased to say David has asked to be kept in touch via the news letters, and we wish him well.

Brian and Pam Budd have announced their retirement from timekeeping and recording. Although never members of the Harriers (they are Shelton Striders), Brian and Pam have done the timekeeping for the Broome Cup, RR Handicap, Piggs Trophy 10k and the old 10 mile and Smelly Farm Seven races on nearly every occasion since the mid 1990s, and together we've managed to unscramble some pretty unpromising looking sets of results (one of the volunteer finish recorders once aptly described trying to direct Broome Cup finishers into the finish funnel as like herding cats!). Thank you Brian and Pam for your invaluable help and support.

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## NATIONAL FOREST WAY, JANUARY 9<sup>TH</sup> – 10<sup>TH</sup> 2016

This relatively new national trail links the National Memorial Arboretum near Alrewas in Staffordshire with Beacon Hill in Leicestershire, roughly 20 miles apart, as any sober crow will testify. The trail manages to meander some 75 miles through pleasant, though largely unremarkable, countryside. Perfect for a modest Harriers Winter Mini-Epic relay!

Being so close to home, this one could be tackled in daylight over two days, with no need to arrange overnight accommodation, by a team of fifteen runners (one of them canine), with one minibus, one car and a baby buggy. (The car and the buggy allowed Amanda and Robin to introduce 5-month old Emelie to long-distance running without the need to expose her to the horror of a minibus full of sweaty, muddy runners and their festering kit!).

Much of the route runs in, or close to, the Trent flood plain, and after the long spell of mild wet weather, some of it ran under the Trent, causing a one mile deviation at one point, and wet feet at many others. Sunday was the better day weather-wise, and we all felt the last three stages, through Bradgate Park and up to Beacon Hill, were the best, with the view from Beacon Hill as the sun went down well worth the effort.

Jon Kinder, Keith Covell and Bryan Carr ran the full 75 miles. Varying distances were run by Bob Bond, Amanda and Robin Carter, Chris Clarke, Andy Dodsley, Alan Eccleston, Karolina Kucharek, Steve Leach, Darren Potter, Mark Rogerson, Bill Southgate and Hollie the collie.



Finish at the foot of Beacon Hill. No need for ribald remarks – they've already been made! The resemblance between Alan Eccleston and his much taller cousin over his right shoulder has also been noted.

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## **AWARDS NIGHT**

The Blessington Carriage proved to be a fine location for the annual Awards Night in November. Jon Leek was rewarded for his sterling efforts in organising the event by receiving an award himself. The Whingers Trophy found a worthy home, as Robin Carter's citation made abundantly clear!

## **HISTORIC WHINGE SECTION**

It's amazing what you can find if you delve deeply enough into the archives. The following article appeared in the Rolls-Royce News in 1995, under the heading "Pete fails to outrun job-share sheepdog":

"A good Samaritan act by Derby's Rolls-Royce Harriers runner Pete Dilks has cost him a top place in the rankings – and forced him to take an emergency trip to hospital. On his way to a run at Bosworth in rural Leicestershire kind-hearted Pete stopped his car to rescue some stray sheep. But he was attacked by a sheepdog and had to make a diversion to Derbyshire Royal Infirmary for urgent treatment to a nasty leg wound. Only recently returned, Pete said afterwards that he definitely has no plans to make a new career as a shepherd."

No bulletin was issued on the health of the sheepdog.....

## **BROOME CUP 2016**

The proposed date for this is Wednesday April 13<sup>th</sup>, although the availability of the Moorways field has still to be confirmed. I'll email details as soon as I'm sure.

## **CHARITY RUNS 1980, 1981 AND 1982**

No more details of the 1981 and 1982 events came to light after the last newsletter, except a cutting from the Rolls-Royce News, reproduced below. With help from Clive Bellamy, I was able to name everyone in the photo except two, who may have been officials from the charity. Clive kindly lent me a box full of scrapbooks from the 1970s and 1980s, which helped me to extend the club archive considerably, including Dovedale Dash results for almost every year from 1976.

Complete news to me was the fact that there had been a charity relay in 1980 as well as 1981 and 1982. The 1980 event was a 90-mile, three-lap relay, each lap consisting of ten stages. Clive ran a stage from the old Derby Rugby Club on Kedleston Road to the Allestree Park entrance on the A6. His scrapbook also had a list of the runners allocated to each stage, but the stages were identified only by number, not location. £814 was raised for charity, and the sponsor whose guess was closest to the actual time, 9:27:27, Jackie Walker, won airline tickets. If anyone has any more details, please let me know.

And thanks Clive for all your help.

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**NEWS SPORT** RR NEWS  
NOVEMBER 1981



**THE HARRIERS** took a break for our photographer on a wet and windy night during their 200-mile all-night relay run for the disabled.

Battered by gale force winds and torrential rain the Rolls-Royce heroes fought their way round the clock on the Moor Lane track to raise money for Derby and District Spastics Society.

And after 24 hours the 40 runners had completed 222 miles 18 yd 2 ft precisely.

Derby workers paid for the privilege of guessing the distance run bringing in £550 for the good cause.

As the runners pounded round the track Derby County

**Harriers in 200-mile 24-hour charity run**

Captain Steve Powell dropped in to help with a few laps – only three hours after a key match in Sheffield.

Said Harrier Clive Bellamy: "All our team turned up to do their duty stints of 30 minutes or one hour.

"There were sighs of relief as they passed their promised minimum of 200 miles."

Said Clive: "We want to thank everyone who supported us especially the Pavilion regulars who gave so generously."

Winner of the portable television for guessing the distance run was Ken Davison, Sinfen B.

Soon afterwards a Harriers team took fourth place in the Nottingham Robin Hood 'half marathon' achieved in a field of 3,000 runners. The first Harriers home were Mick Lawson of the Stress Office (32nd), Ken Northard, Ken Broadhurst and Alfie Titterton. Ken and Alfie also won as individuals the over 50 and over 45 age groups – to win binoculars.

19<sup>TH</sup> – 20<sup>TH</sup> SEPTEMBER 1981

BACK ROW: MIKE LAWSON, ?, BARRY WHITTINGHAM, IAN KINNEAR, TERRY RICHARDSON, ERNIE CRIPPS, GERRY STUART, GRAHAM BELCHER  
MIDDLE ROW: TED MATLEY, ?, CLIVE BELLAMY, HARRY LEEMING  
FRONT ROW: JIM KEOGH, TERRY TAYLOR, KEN NORTHARD

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## RUNNINGWITHDAVID.COM FELL RACES 2016

We have received this information in an email from David Denton:

I have just finalised the dates for my annual fell races for 2016 in Derbyshire, the entry fee for adults being £5 and £2 for under 18's with under 16's able to run for free.

- Sun 6<sup>th</sup> March 11am – Bluebell Inn, Farnah Green, Belper DE56 2UP.
- Sun 27<sup>th</sup> March 11am (juniors), 11.30am (adults) – Peat Pit Woods, Bear Inn, Alderwasley, DE56 2RD.
- Sun 22<sup>nd</sup> May 11am (juniors), 11.30am (adults) – Peat Pit Woods, Bear Inn, Alderwasley, DE56 2RD.
- Wed 22<sup>nd</sup> June 6.30pm – Kirk Ireton Junior Fell Races, 5 to 12 years.
- Tue 2<sup>nd</sup> August 6.30pm – Parwich Junior Fell Races, 5 to 12 years.
- Sun 28<sup>th</sup> August 10.20am (juniors), 11am (adults) – Bradbourne Village Fell Race, DE6 1PA.

Further details will appear soon on [www.runningwithdavid.com](http://www.runningwithdavid.com).

David Denton, 07747 776233.

## WEEKLY CLUB RUN

Just a reminder that the club runs start from the Roundhouse changing rooms (adjacent to the Moor Lane site) at 5pm every Wednesday. The 4 to 5 mile runs are taken at a very leisurely pace, and all Harriers, and prospective Harriers, are welcome to join in. More details from Jon Leek ([jon.leek@rolls-royce.com](mailto:jon.leek@rolls-royce.com)) or Richard Scott ([richard.scott2@rolls-royce.com](mailto:richard.scott2@rolls-royce.com)).

## CLUB KIT

If you require a new vest, shorts etc, please contact Jon Leek who is the vendor of all these items, at competitive prices.

Vests : £13.00	Shorts : £10.00
Mens Sizes : S(36in) M(38in) L(40in) XL(42in)	Mens Sizes : S(30in) M(32in) L(34in)
Ladies Sizes : S(34in) M(36in) L(38in)	Ladies Sizes : S(28in) M(30in) L(32in)

Phone Jon Leek on 44005