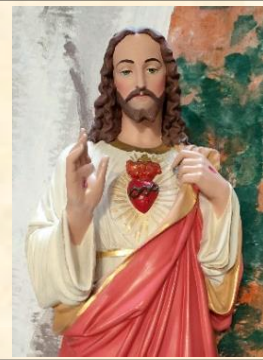




Sacred Heart Parish Preston



322 Bell St, Preston 3072
Phone (03) 9480 3398 or (03) 9484 2124
Email: preston@cam.org.au
Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest: Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD 0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officer: Robert Dullard

Safeguarding Committee: Members:

Mary Harb, Teresa Dang, Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Mark Tierney,

Ben Fortuna, Natalie Baran, Judeline

Wadhvani and Joanne Verga

Liturgy Committee:

Chair – Judeline Wadhvani

Secretary – (To Be Announced)

Co-ordinators:

Lectors and Audio Visual – Jessy Thambiraj

Music – Carolina Constable

Ministers of Communion – Tony Eley

Hospitality, Altar & Environment – Jessica

Stanley and Teresa Bernardini

Safeguarding – Pauline O'Day

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (Italian), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February,

May, August & November at 1:30pm

Next Healing Mass: Friday 1 Nov. 2024

Anointing Mass: Sat 17 Aug at 11am

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)

Holy Rosary: Thurs after the 9:10am Mass

Reconciliation: Every Saturday at 5:15pm

Baptisms & Weddings: By appointment only

Breakfast with Fr Aloysius

1st Monday of the month, the next one is on

Monday 6 August in the presbytery after 9:10am Mass.

Bulletin printed: 12/7/2024

15th Sunday in Ordinary Time (Year B) Sunday 14 July 2024

The Mission: Companionship and the Hospitality of God

Today's gospel highlights a development in the Gospel Mission of Jesus that concerns us all. He makes His disciples sharers of His mission designed by God – the Father of all. In this He is exceedingly daring. He takes a risk in sending His fledgling disciples, the very ones who at this stage seem incapable of understanding who He really is but obviously have the gift of Faith – 'Trust in the face of uncertainty' (Tillich). 'The twelve apostles called by Jesus were an unlikely lot – as we all are - with backgrounds as varied as fishing, tax collecting, rebels against authority for the privileged and companions with and to the 'outcast' and seekers after truth.

Jesus' first instruction seems harsh. Take a good walking stick and sandals – no food, money or collecting bag, no extra coat. They are to take no extra personal resources with them - no back up teams, no reference groups, no emergency services. All they have is one companion and their own everyday life experiences. (How often, in our days do we pass by someone sitting on the ground outside Woolies who could fit that description but without a companion by their side.)

The "sending" was about going in place of and in name of Jesus. What does this say about the correct attitude for a disciple? It means putting one's life on the line in a sense and uniting it with Jesus 'mission'. We are disciples by virtue of what we bring to the role. The journey is to be taken in the name of God and God will provide - through the generosity of hearers of the Word that we share. The disciple is a channel between God and God's people.

The second instruction is also clear. When invited to stay, stay for the duration of the visit. There seemed to be some warning about "shopping around" maybe for better accommodation or entertainment or perhaps because the hospitality of poorer people was ignored in favour of the snobbery of the rich by some - rather than accepting the hospitality of the poor and thus enabling them to be strengthened and encouraged through a mutual companionship that was shared in accordance with Jesus' legacy: "A New Commandment I give to you: love one another as I have loved you."

For us with all our learning, technology, and abundant material resources, this seems the height of folly. But the more we think about it, the more we realise the wisdom in Jesus' action. Jesus' mission was not about isolating Himself from people or removing Himself from the realities, struggles - the hardships of the world. He reminded us through His apostles (the word meaning 'one sent') that the most critical resource we have for sharing the kingdom with others in Jesus' 'name' and enabling others to do the same, is ourselves and our day to day

experiences and lessons learned in life. Nothing evangelizes like the witness of a joyful, loving and welcoming infectious faith in a **God who is Love**. A whole world of resources can never make up for the personal living testimony to God's all faithful non-discriminating and life-giving **Love**.



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00pm Mass Lectors	Saturday 6:00pm Mass - Ministers of Communion
13-Jul	Marlene Vergou Terry Murphy	Charlotte Bains
20-Jul	Mary Harb Rohan Lemos	Terry Murphy
27-Jul	Marlene Vergou Celia Lemos	Mary Harb

	Sunday 10:30am Mass Lectors	Sunday 10:30am Mass Ministers of Communion	Slide Projectionist
14-Jul	Jessica Suppiah Ophelia Swai	Eileen Stevens	Jessica
21-Jul	Ophelia Swai Hannah Thambiraj	Giovanna D'Intino	Jessica
28-Jul	Jessy Thambiraj Hannah Thambiraj	Tony Eley	Jessy

	Sunday 6:00pm Mass Lectors	Sunday 6:00pm Mass Ministers of Communion
14-Jul	Jenifer Cahapay Susan Bakani	Robert Dullard
21-Jul	Susan Bakani John Gafney	Damian Casamento
28-Jul	Snehita Antony Shanthi Antony	Robert Dullard

A Heartfelt
Thanks
To our volunteers!



WE PRAY FOR:

The elderly and the sick

Charlene Apollos, Sandra Bishop, John Storrie, Joan Bonwick,

Our Sacred Heart School student Samantha Corsi

Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

Salvatore Ingardia – RIP 22/6

Michelina Rossi -RIP 28/6

We Commemorate:

Han Mook Kim – 3rd Anniv. (Sun 14/7 at 10:30am)

O Lord may perpetual light shine upon them.

May they rest in peace. Amen.



Last Week's Collection: 7.7.2024

1st Collection for our Church: \$910

2nd Collection for support of clergy: \$668

Thank you for your kind generosity!



Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



† Solemnities / Feasts / Memorials of the Week †

Monday 15 July

St Bonaventure, Bishop, Doctor

Tuesday 16 July

Our Lady of Mount Carmel

Saturday 20 July

St Apollinaris, Bishop, Martyr



THOUGHTS FROM POPE FRANCIS

Our world's problem is not the number of children born into it. The problem is selfishness, consumerism and individualism, which make people satiated, lonely and unhappy.



SEEKING NEW VOLUNTEERS

to be Eucharistic ministers for all weekend Masses

If you are a regular attendee of our weekend Masses, you are most welcome to apply to become a Eucharistic Minister.

Please speak with Fr Aloysius after Mass or phone Tony Eley on 0432 329 830. Minimum requirement is that you have a WWCC linked to the parish and in due course, safeguarding documents are to be signed. Training will be provided.



St Vincent de Paul Society

VICTORIA

good works

St Vincent de Paul Winter Warm-up Appeal - happening soon.

The St Vincent de Paul Society is a lay organisation that aspires to live the Gospel message by serving Christ in the poor with love, respect, justice, companionship, working to shape a more just and compassionate society.

Every week our Conference volunteers visit people in their homes, or in a local setting to provide timely support or advocacy in ways that will encourage and enable them to regain their independence. As we continue this winter following the impact of coronavirus, your commitment to helping our neighbours/companions who are experiencing disadvantage, poverty, loneliness and homelessness will be very much needed and deeply appreciated.

The smallest act of kindness can make a vital difference in the life and encouragement of another.

You can donate on line any time at Vinnies.org.au, by phone - 13 18 12 or donating warm clothing, blankets or household goods to a Vinnies shop.

Or make a monetary donation in the boxes in the porch of church. Thankyou Sacred Heart Family for your ongoing generosity.



Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.





EXTENDING KINDNESS TO A STRANGER

"It's one thing to be taught kindness. It's another thing to be touched by it."

Extending kindness to a stranger can be a powerful way to make a positive impact in the world. It doesn't take much effort or time, but the benefits can be significant for both the giver and receiver.

A simple act of kindness like holding the door for someone, offering a compliment or buying someone a cup of coffee can brighten up their day, lift their spirits and make them feel valued. It can also create a ripple effect where the recipient may be inspired to pay it forward to others. Showing kindness to a stranger can also help to break down barriers and promote a sense of community. It can help to counteract negative news stories and restore faith in humanity.

It's important to remember that extending kindness to strangers is not just about doing good for others but also for ourselves. Studies have shown that performing acts of kindness can increase happiness, reduce stress and promote overall well-being.

So how about we make it a habit to extend kindness to strangers whenever we can. You never know how much of an impact it can have on someone's day, or even their life.

"The greatest gift you can give someone is your kindness because it costs you nothing, but it can mean everything to them."

~ St Francis of Assisi ~

Dear God,
please bestow upon us the invaluable gift of kindness. Teach us to be patient, understanding and compassionate towards one another. May we embody empathy in our words and actions, lifting each other up in times of need. Guide us to spread warmth and love wherever we go. Amen.

Sourced from www.majellan.media



THE CATHOLIC LANDSCAPE

Introduction to the Catechism of the Catholic Church

Presented by Anna Krohn ANIMA Education

St Gabriel's Parish Centre

(rear St Gabriel's Church) Reservoir

Thursdays 7pm August 1, 8, 15, 22, 29

Ideal introduction to the Catechism and the Catholic Faith

for RCIA inquirers, team leaders and members,

parents, teenagers and young adults, adult formation.

Enquiries: Parish Office Reservoir 9460 6036 or

reservoir@cam.org.au



SAFE PARKING PRACTICE AT SACRED HEART PARISH

All visitors and parishioners are reminded **not to park** vehicles in the driveways around the church building, including

1. The straight driveway leading to the rear car park.

2. The curved shaped driveway in front of the church entrance.

Parking in these driveways is a safety risk and restricts access for emergency services such as ambulances in the event of a medical emergency which could have serious consequences. Parking in these areas is also a safety risk for people, including children.

Thank you for being considerate and looking after each other in true Sacred Heart community spirit.

Sacred Heart Church Social Planning Committee – NEWS

Save the Date

- July Cuppa: Sunday 21 July 2024
- Trivia & Karaoke Night: Friday 9 August 2024
- Mass for Anointing of the Sick & Cuppa:
Saturday 17 August 2024
- Mission Sunday Talent Show: Sunday 20 October 2024

Thank You

A heartfelt **"Thank you!"** from the Sacred Heart Church Social Planning Committee to all parishioners who donated, helped out and contributed in every way towards the Feast of Sacred Heart celebration at the Darebin Shire Hall in June. We have reconciled the donations that we have and an interim financial report is as below:

Funds Received

• Donations received and reconciled so far:	\$ 770.00
• Bingo	\$ 310.00
• Raffle	\$ 254.00
○ Total	\$1,334.00

Expenses

• Hall	\$ 772.20
• Food & Beverage	\$ 510.77
• Other – e.g. decoration, kitchen items, prizes	\$ 336.49
○ Total	\$1,619.46

Balance - \$ 285.46

NB: Online Donation reconciliation will be finalized and this report updated soon



Join the YCW Veterans Support Group

Any Member of Sacred Heart Parish who are returned Veterans and were members of the Young Christian Workers (YCW) back in the 60's and 70's are invited to join the Veterans Support Group. The groups's objective is to help revive the YCW Camp at Phillip Island. The Group is just starting out and they keen to hear from anybody that holidayed at the camp or is interested in helping get it back to it's former glory so that it can be used by Returned Veterans for short stays.

If you are interested, please contact me as per details below.

John F Sheehan,

Secretary Veterans Support Group

E : sheehanjf46@gmail.com

Ph : 0409 473 682



☺ Joke Corner ☺

After Mass one Sunday morning the parish priest noticed a young boy staring at a plaque on the wall inside the church. The plaque included names and flags.

"Father," asked the boy. "What's all this about?"

The priest replied, "It's a memorial to all the local men and women who died in the service."

They stood in silence for a minute. The boy with a concerned look on his face then said, "Did they die at the eight thirty or the ten o'clock Mass?"



ENTRANCE ANTIPHON

As for me, in justice I shall behold your face;

I shall be filled with the vision of your glory.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

FIRST READING

Amos 7:12-15

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."'

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 84(85):9-14

The Response Is:

Lord, show us your mercy and love, and grant us your salvation.

I will hear what the Lord God has to say, a voice that speaks of peace, peace for his people.

His help is near for those who fear him and his glory will dwell in our land.

Lord, show us your mercy and love, and grant us your salvation.

Mercy and faithfulness have met; justice and peace have embraced.

Faithfulness shall spring from the earth and justice look down from heaven.

Lord, show us your mercy and love, and grant us your salvation.

The Lord will make us prosper and our earth shall yield its fruit.

Justice shall march before him and peace shall follow his steps.

Lord, show us your mercy and love, and grant us your salvation.

SECOND READING

Ephesians 1:3-14

Blessed be God the Father of our Lord Jesus Christ,

who has blessed us with all the spiritual blessings of heaven in Christ.

Before the world was made, he chose us, chose us in Christ,

to be holy and spotless, and to live through love in his presence,

determining that we should become his adopted sons, through Jesus Christ

for his own kind purposes,

to make us praise the glory of his grace, his free gift to us in the Beloved,

in whom, through his blood, we gain our freedom, the forgiveness of our sins.

Such is the richness of the grace which he has showered on us

in all wisdom and insight.

He has let us know the mystery of his purpose,

the hidden plan he so kindly made in Christ from the beginning

to act upon when the times had run their course to the end:

that he would bring everything together under Christ, as head,

everything in the heavens and everything on earth.

And it is in him that we were claimed as God's own,

chosen from the beginning,

under the predetermined plan of the one who guides all things

as he decides by his own will;

chosen to be,

for his greater glory,

the people who would put their hopes in Christ before he came.

Now you too, in him,

have heard the message of the truth and the good news of your salvation,

and have believed it;

and you too have been stamped with the seal of the Holy Spirit of the Promise,

the pledge of our inheritance

which brings freedom for those whom God has taken for his own, to make his glory praised.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our heart that we might see how great is the hope to which we are called.

Alleluia!

GOSPEL

Mark 6:7-13

Jesus made a tour round the villages, teaching. Then he summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

APOSTLES' CREED

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

