

# Guidelines for Helping Us Explore Our Biblical Heritages

## Guideline #1

### Agreement for Participating in BHC Discussions

*My belief system will be large enough to include all of the facts,  
open enough to be examined and questioned,  
and flexible enough to change if errors or new facts are discovered.*



## Guideline #2

### Identify Different Types of Beliefs

1. **All beliefs are memes** – *information that are parts of memories spread across neural networks of the brain. Below are three types of beliefs:*
2. **Individual Beliefs** – *Beliefs individuals places trust or confidence in, even though there are no factual proofs to support them.*
3. **Institutional Beliefs** – *Beliefs created by institutions backed by authority and/or force. They are beliefs that are in accordance with institutional standards.*
4. **Fact-Based Beliefs** – *Beliefs linked to facts -- things that have the quality of being actual, observable and measurable.*



## Guideline #3

### Identify People Involved in a Communications Experience

A **Source** writes or speaks words that a **Receptor** reads or hears.



## Guideline #4

### Linguistic Model for Determining Meanings of Words

*A word or phrase is a group of symbols or sounds  
with an attached bundle of associations that determine meaning.  
The bundle of associations consists of the Source's culture, historical time period,  
geographical location and personal experiences.*

1. *Discover the Source's meaning(s) of his or her words.*
2. *Discover the Receptor's meaning(s) of the Source's words.*
3. *If the Receptor's and Source's meaning(s) are different, determine why.*