

19th Annual Mont Vernon 5K Run/Walk
 Saturday May 20, 2023 Mt. Vernon, New Hampshire
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Elizabeth Burkhard 43 Mont Vernon NH 24:56

***** MALE OVERALL RESULTS *****

1 ALEX CRAVE 24 MILFORD NH 20:03

FEMALE AGE GROUP: 1 - 19

1 10 Grace Kennedy 14 25:14
 2 12 Aden Anderson 10 25:24
 3 23 Gwendolyn Kennedy 12 27:14

MALE AGE GROUP: 1 - 19

1 2 JOHN JENNINGS 14 MONT VERNON NH 21:19
 2 8 JONATHAN FULLER 9 MONT VERNON NH 24:43
 3 11 Jack Burkhard 13 25:16

FEMALE AGE GROUP: 20 - 29

MALE AGE GROUP: 20 - 29

1 1 ALEX CRAVE 24 MILFORD NH 20:03
 2 42 Andrei Bonnem 27 Mont Vernon NH 34:17

FEMALE AGE GROUP: 30 - 39

1 26 Lori Goodell 36 27:47
 2 47 Taylar Breda 33 Mont Vernon NH 36:25
 3 50 Kaitlyn Bolen 36 36:42

MALE AGE GROUP: 30 - 39

1 5 JONN CARBONNEAU 31 MONT VERNON NH 23:14
 2 6 Tyler Shaughnessy 37 Mont Vernon NH 23:31
 3 17 PETER DISALVO 37 BEDFORD NH 25:38

FEMALE AGE GROUP: 40 - 49

1 9 Elizabeth Burkhard 43 Mont Vernon NH 24:56
 2 13 LORI GAGNE 41 MONT VERNON NH 25:27
 3 29 Lauren Conroy 40 Mont Vernon NH 29:05

MALE AGE GROUP: 40 - 49

1 15 Jamie Kennedy 48 Mont Vernon NH 25:31
 2 19 Napoleon OBrien 40 Nashua NH 26:03
 3 24 Matthew Anderson 46 Mont Vernon NH 27:23

FEMALE AGE GROUP: 50 - 59

1 48 Beth Diehl 54 East Petersburg PA 36:27
 2 53 Roxann Koser 54 Mount Joy PA 38:50
 3 54 Lisa Conrad 58 Fitchburg MA 39:07

MALE AGE GROUP: 50 - 59

1 3 TOM LECKLIDER 50 NASHUA NH 21:24
 2 4 David Rose 52 Mont Vernon NH 22:59
 3 28 Jim OConnell 54 Nashua NH 28:07

FEMALE AGE GROUP: 60 - 69

1 39 Elizabeth DAngeli 61 Boston MA 32:51
 2 43 Diana Ager 64 Amherst NH 34:31

MALE AGE GROUP: 60 - 69

1 7 Walter Meltzer 60 Mont Vernon NH 24:31

2	22	Kevin McCusker	65	Rindge	NH	26:47
3	35	Paul Sorenson	67	MANCHESTER	NH	32:28

FEMALE AGE GROUP: 70 - 79

MALE AGE GROUP: 70 - 79

1	34 DAVID LEDNER	70 MONT VERNON	NH	32:12
2	56 john brown	72 Nashua	NH	41:02

FEMALE AGE GROUP: 80 - 99

MALE AGE GROUP: 80 - 99

1	57 Shu Minami	84 Mont Vernon	NH	42:18
2	62 PETER MCDONOUGH	81 MANCHESTER	NH	1:03:52

