



Has your life shifted? Feeling stuck?

Are you wondering, "What is the next step"?

Are you asking, "Where do I go from here"?

# Join us

## Saturday, October 26, 2019

### 9:00 a.m. to 1:00 pm

Beth Allen from Successful Strides, Inc. certified Educator/Equine Specialist and Linda Yopp from Passionate Reins for Change, LLC certified Equine Life Coach will facilitate your growth and learning through unmounted partnerships with horses to guide and help you CREATE your NEXT STEPS.

**All experiences with horses are on the ground. NO HORSE EXPERIENCE necessary.**

#### Workshop Focus:

For women over 18 years of age who are experiencing a change or shift in their life and looking for direction... \*Empty nest \*Newly retired \*Looking for new opportunity \* Life transitions...

**LOCATION:** Successful Strides @ Lazy Acres Farm, Morganton, NC

**CONTACT:** For more details-

Beth Allen (828)432-9831, [successfulstrideseal@gmail.com](mailto:successfulstrideseal@gmail.com)

Linda Yopp (864)449-8460, [Scyopps@att.net](mailto:Scyopps@att.net)

**COST:** \$75 Pre-registration required

**LIMITED to 10 participants**

Light snacks and water available.

Closed-toe shoes a must!

