



J U N E 2 0 2 0

the Welcome Mat

President's Message



*Carol Figueroa &
Bev Coelho*

Happy Summer!!!

It's already June and the end of this club year is upon us. These past few months we haven't been able to put together all the spring activities we usually like to organize. Two of our interest groups, Book Club and Secret Sisters, were able to continue to be active via zoom. We usually like to hold a year end event for the club this month. But with state of emergency still in place we hope to organize a welcome back event in September. And depending how the "opening up" goes we may be able to host a few events over the summer months – maybe go for a hike or walk on the local trails – keeping 6ft part!!

At June's board meeting we will be voting on where we will donate the monies from the Merrimack Friends & Families charitable fund. We have \$4,700 and the board is looking for any input from the membership for suggestions for the donations. The donation should go to any local organization/non-profit that supports our community. We hope to support organizations that are in need during these times. You can send your suggestion to info@mffnh.org by Friday, June 5th. We will send out an email by the end of the month to inform you of the organizations that were selected to receive a donation.

We hope you have a fantastic summer. Stay safe and well.

We will see you in September!

In Friendship,
Bev and Carol

May calendar

| DATE | TIME | EVENT |
|---|----------|---------------|
| June 16 | 07:00 PM | Board Meeting |
| Please see the Evite for additional information | | |

Second Vice President

Barb Asketh (Gelinas)



Next year I'll be passing the VP baton on to these past two years! Please welcome Catherine to her new role come the fall! Excited we have so many new board members coming on board next year!! We are still in need of someone to fill the Publicity role. Please reach out to use if you would like to fill this role. There is plenty of help available to get you going!!! Also, if you are interested in being a co-president with Carol, please let us know.

Catherine. Thanks for all your support

Treasurer

*Wilma Cunningham
Bev Coelho*



See you in the fall!



Secretary

Heather Murray

The club tends to take summers off in terms of activities, especially with the pandemic this situation this summer. However, please don't hesitate to let me know if you know of any club member that could use our support with meals or any other assistance that a friend might provide. Just because it's warm outside doesn't mean we can't help each other out in a time of need. Even if that person does not require any assistance, we at least would like to reach out and let them know we are thinking of them. As they say, "If you see something, say something." Otherwise, we'll never be able to help out our extended family.

Have a wonderful summer!

Heather Murray



Merrimack
Friends & Families

Ways and Means

Jill Mitchell and Jill O'Toole



Thank you, all, for your support year! While we weren't able to hold

fundraisers during the pandemic (Town Easter Event and Spring Yard Sale), we still managed to raise **\$4,700** for our charitable fund this fiscal year! Never underestimate what a small group of committed individuals can accomplish.

during this crazy club some of our biggest

We'd like for you to welcome your newest Ways & Means Coordinators for the 2020/2021 club year, Julie Akers and Robin Johnson! It's been a pleasure serving Merrimack Friends & Families over the last decade...

Please remember to continue to support us while you shop at <https://smile.amazon.com> @ **Merrimack Friends & Families Charitable Fund Inc!**

Here's hoping we'll be able to have our best yard sale EVER in September...

WaysandMeans@MerrimackFriendsFamilies.org

Jill Mitchell and Jill O'Toole



Service

Julie Akers and Tammy Ditman

Typically, we would finish the MFF year with adopt-a-road and volunteering at FamilyOutFITers but this is definitely not a typical year end. Lawrence Road will just have to wait for us to clean it in the fall. We want to offer a sincere thank you to all the members who helped with service projects throughout the year. From filling backpacks and creating Easter baskets for Merrimack children, stuffing Christmas stockings for the troops, and volunteering your time to help our community in many ways, we appreciate all you've done. It has been so nice getting to know everyone better while we volunteered together and we look forward to being together again soon.

Julie and Tammy



Merrimack
Friends & Families

Membership

*Wilma Cunningham &
Beth Voorhees*



We expect to once again offer our and wine nights in the fall as we begin a new club year. We members and potential members! Enjoy the summer and stay safe.

informational coffee mornings will look forward to seeing MFF

Beth and Wilma

Happy Birthday!!



| | |
|-----------|-------|
| Kara P | 06/04 |
| Katie B | 06/08 |
| Jill M | 06/12 |
| Beth M | 06/12 |
| Nancy M | 06/17 |
| Beth V | 06/21 |
| Tammy D | 06/30 |
| Robin J | 07/05 |
| Julie A | 07/06 |
| Bev C | 07/08 |
| Vivian D | 07/20 |
| Rose S | 07/21 |
| Wilma C | 07/26 |
| Kathryn S | 07/27 |
| Ginny S | 07/31 |
| Eileen H | 08/12 |
| Sharon B | 08/22 |
| Carol F | 08/29 |

Interest Group Happenings

Secret Sisters

Hello, Secret Sisters! What a wonderful year we had. I'd like to thank all of you that participated. It was so much fun, and so rewarding. I hope you all plan to do it again next year! And thank you, participants, for not skipping a beat during the pandemic – our virtual "Reveal" party was a first, and hopefully a last. :-)

This month, you have the opportunity to send a small 'thank you' gift to the wonderful woman who has been surprising you each month since October, now that you know who she is!

Again, thank you for your participation. I hope you all have a healthy and relaxing summer, and we'll see you in September!

Regards,
Jill Mitchell

Fitness Friends

See you in the fall!

Lunch Bunch

See you in the fall!

Ladies Night Out

See you in the fall!

Recipe Swap

See you in the fall!



Crafters Unite

With the governor's stay at home directive currently in place until June 15th and with the uncertainty of another extension, the Crafters Unite group will start in the fall. Watch for an Evite coming in September. You should have many projects for a crafter show and tell at that time .

Thanks - Tammy

Book Club

Book Club members seem to be weathering the challenges of our new reality. Thanks to Ann Marie Wellman and her Zoom expertise, we have had a couple of really entertaining Zoom meetings. It has been a great relief to see the other members and to compare our new life experiences. This is a time of great anxiety and stress so finding ways to support each other is tremendous. We hope that Book Club will get back to a more organized situation in September.

Here is a list of books that our members are currently reading:

The Red Address Book by Sofia Lundberg

Bloody Jack (Adventure Series) by L.A. Meyer

Small Great Things by Jodi Picoult

The Nest by Cynthia D'Apix Sweeney

A Song for Bellafortuna by Vincent B. "Chip" LoCoco

Make an effort to lose yourself in a great book this Summer, then tell us all about it in the Fall. It is a great stress reliever.

Vivian Dano



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