

You Have What It Takes"

You Choose!

1 Corinthians 10:13 niv

In society today many people are stressed and overwhelmed. God has called us to live a life of peace. Through Christ we have been reconciled back to God and through this reconciliation we have peace with God which is a person's ultimate goal in life but society says we must struggle and use our own effort to obtain success in life. It's time to deal with the spirit of being overwhelmed.

The battle we face today is loving the things of God and loving the things of the world. We are in this world but not of this world we are in Christ and called to a different standard of living, true life eternal. (see John 17)

We all face things in this life. We all are faced with temptations. Most people see temptation as those easily identifiable sins but sin is much more than that. Temptation primarily denotes a trial in which man has free choice of either being faithful to God or unfaithful to God. I recently shared this with my children to help them determine which choice to make....

If you are ever confused take what the world says is ok and lay it on top of what God says and see if it fits. If not then it's a lie and you must reject it.

Many of the struggles God allows in our life reveals to us who God is and what is inside of us. God doesn't always remove the trial instead He responds stating "My grace is sufficient." and " I will not give you more than you can bare." In order for these statements to be true for you, you must be in Christ. Without Christ the weighty things of this world will be more than you can handle. In the book of Job we see the devil goes to and fro he wants to apply pressure to prevent you from entering into the next season of your life but God knows how He has constructed you. Pressure can either press you back into old habits or propel you into your destiny if you are willing to let go of the old. The devil's attacks are allowed in order to glorify God and move you toward His promises. God will provide you with a protective covering and heal you in order for you to be able to move forward.

The spirit of being Overwhelmed lies to you. It tries to convince you that if a certain thing never happened you wouldn't be where you are. It tries to turn you from a victor to a victim and make your tragedy a monument. God is allowing it to bring out endurance. Endurance teaches you how to outlast being overwhelmed. Don't feed that spirit, starve it! Whatever starves dies.

I. Feed your faith! Isaiah 26:3

Stop and ask for peace. Pray for perfect peace for your mind. Rest your thoughts on God's word.

II. Step back (mentally, spiritually and emotionally) Phillipians 1:6

Look at the big picture and never think or believe God is not working. Keep your situation in a godly perspective. Allow God to work and don't try to keep Him within your time constraints.

III. Pray for God's guidance. James 1:22-24

80% is knowing what God says about it and 20% is doing what God says about it. You must adapt the mind set of I can, I will, I must!