



Initial Patient Evaluation

Dr. Jason Smith

Name: \_\_\_\_\_

Chart # (office use) \_\_\_\_\_

MD Referral: \_\_\_\_\_

DOB: \_\_\_\_\_

Family Doctor: \_\_\_\_\_

Age: \_\_\_\_\_

1. Main Problem Today: \_\_\_\_\_

Was there an Injury? \_\_\_\_\_

Did the Injury happen at work? Yes No

Brief Description of MVA/accident (if applicable): \_\_\_\_\_

2. Date THIS problem started: \_\_\_\_\_

3. If your problem is pain related, complete the following questions (If not, go to question 8).

How did the pain start?

- Checkboxes for pain onset: Suddenly, Gradually, Lifting, Other, Fall, Bending, Pulling, Injured at work, Injured in auto accident, Hit from behind, Injured during sport, No apparent cause, Injured at home.

4. What activities make the pain worse?

- Checkboxes for activities making pain worse: Exercise (during/after), Sitting, Other, Standing, Walking, Bending forward, Bending backward, Coughing, Sneezing, At night, By end of day.

5. What reduces the pain?

- Checkboxes for pain reducers: Lying down, Sitting, Other, Standing, Walking, Manipulation, Exercise or Physical Therapy, Medication, Injections for Pain, Tens Unit, Brace/Corset, Nothing.

What medications are you/have you taken for this problem? \_\_\_\_\_

6. My pain is: (Check all that apply)

- Checkboxes for pain characteristics: Present intermittently, Always present but of variable intensity, Improving.

Worsening in that it is:

- Checkboxes for worsening factors: Present more often, More intense, Changing in character, Changing in location.

7. Rate your Pain: 0 (no pain) to 10 (worst pain that you can imagine)

Neck Pain: 0 1 2 3 4 5 6 7 8 9 10

Arm Pain: 0 1 2 3 4 5 6 7 8 9 10

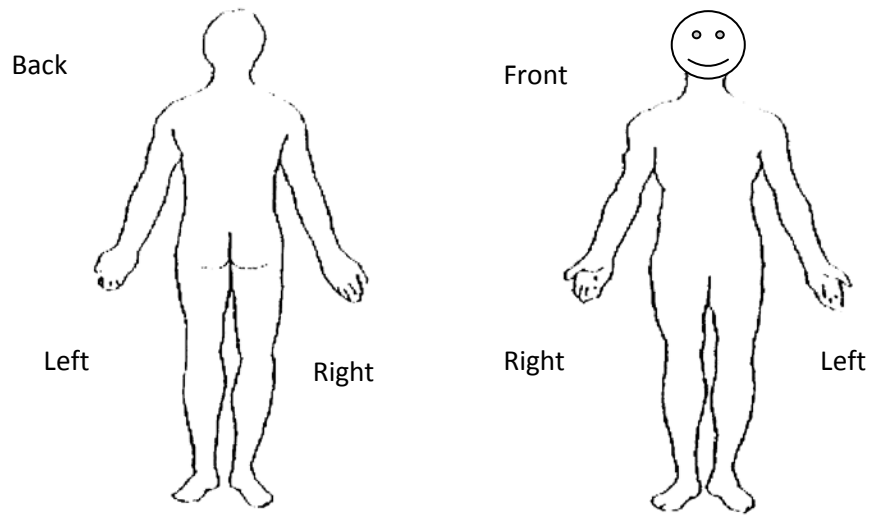
Back Pain: 0 1 2 3 4 5 6 7 8 9 10

Leg Pain: 0 1 2 3 4 5 6 7 8 9 10

**Where is your pain now?**

Mark the areas on your body where you feel the sensations described above, using the appropriate symbol. Mark areas of radiation. Mark all affected areas including your facial area.

- Aching  
△ △ △
- Numbness  
= = = = =
- Tingling  
○ ○ ○ ○ ○
- Pins and Needles  
+ + + + +
- Burning  
X X X
- Stabbing  
/ / / / /



8. Do you have loss of bowel or bladder control (no urge felt): Yes    No
9. More than 15 pounds of weight loss or gain in last 6 months?: Yes    No
10. I feel Weakness in:     Arms     Legs     All Over (generalized)
11. The pain can:     Make it hard to fall asleep     Wake me up in the middle of the night
12. I can comfortably:  
           Stand for \_\_\_\_\_ minutes      Walk for \_\_\_\_\_ minutes      Sit for \_\_\_\_\_ minutes
13. Have you had THIS problem in the past?    Yes    No    If yes, When?: \_\_\_\_\_
14. Have you seen other doctors for THIS current problem?    Yes (Who?)    No
- \_\_\_\_\_

15. What types of treatments have you had for this problem?

Treatment	Date(s)	Was it helpful? (Yes or No)
Physical Therapy (____# of sessions.)		
Exercise		
Brace		
TENS Unit		
Epidural Steroid Injections (____#)		
Chiropractic manipulation		

16. Tests done for CURRENT problem with date if known: \_\_\_\_\_
- Xrays
  - Myelogram
  - CT Scan
  - Bone Scan
  - MRI
  - EMG (Nerve conduction study)
  - Discogram

17. Surgery/Surgeries I have had for THIS CURRENT problem:

Date	Surgeon	Helpful (Yes/No)	What was done?

18. What type of work do you do? \_\_\_\_\_

- Heavy Labor     
  Light Labor     
  Sedentary     
  Professional  
 Homemaker     
  Retired     
  Unemployed

19. Last day worked? \_\_\_\_\_

20. Alcohol Use:

- No     
  1-6 per week     
  6-12 per week     
  12-18 per week     
  >18 per week

21. Tobacco Use:

- No     
  Smokeless     
 Packs per Day \_\_\_\_\_     
 Number of years Smoked \_\_\_\_\_

I have reviewed and fully completed all pages (three pages total) to the best of my ability. I understand the above statements and agree.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_