

Double Duty Swimming Nymph with Russ Shields

Materials

Hook	Tiemco 200R size 12
Head	3/32" black metal bead
Thread	6/0 white
Body	White metallic floss
Rib	Fine gold oval tinsel
Wing	Pearl Krystal Flash
Thorax	Peacock herl



Tying Instructions



1. Squeeze down the hook barb. Put two black metal beads on the swimming nymph hook. Mount the hook in the vise. Using 6/0 white thread, lay a thread wrap for the rear body section. Tie on the white metallic floss and gold rib tinsel and wind thread to the front of the rear body section.



2. Wrap the floss forward to the front of the rear body section in close tight turns. Tie off the floss and cut away the excess. Wrap the gold rib forward and tie it off. Cut away the excess. Tie on two or three strands of pearl Krystal Flash and double it back to form the wing. Cut off the wing at about a hook gap or a little longer. Tie on two strands of peacock herl and wrap several turns to form a thorax. Tie off the herl and form a thread dam to keep the bead from going down over the herl. Put some head cement on the thread dam and move the lower bead into place.

3.



3. Lay a thread base on the upper portion of the hook, going all the way down to the lower bead. Tie on the white metallic floss and gold rib tinsel as before and wrap the thread forward pushing the upper bead all the way to the hook eye.



4. Wrap the floss forward to the bead and tie off. Cut off excess. Wrap the rib tinsel forward, tie off, and cut off excess. Just as before, tie on two or three strands of Krystal Flash for the wing and cut to length. Tie on two strands of peacock herl and form the upper thorax using several turns. Tie off the herl and cut off the excess. Whip finish the thread just behind the bead. Carefully put a small amount of head cement behind the bead and you are finished.