

## FLY SPRAY RECIPES:

These homemade fly spray recipes are gathered from around the web. Please research and use your own judgment and always check with your vet when in doubt.

Special note: Whenever a fly spray recipe calls for citronella, you should use 100 percent pure citronella oil. It is a plant based product. You should **not** use citronella oil that is sold for an outdoor torch. That type of oil is petroleum based with a citronella smell. You can buy pure citronella oil at most health food stores or online.

For those recipes requiring Skin-So-Soft:

Avon Skin-So-Soft - Original Formula & Bug Guard  
To Order, Contact Your Local Avon Dealer  
To Find a Local Dealer Check This  
Web-site: <http://shop.avon.com/shop/findarep.aspx>

**Reminder - Consult your veterinarian and use at your own risk.**

Run out of fly repellent? Use Avon Skin So Soft oil and put it in a spray bottle. It smells great and conditions the hair. The greatest thing about it is that you can use it too! Be careful about putting oil on pink skinned horses during the summer. They can get sunburned.

For a homemade fly spray, use 1 cup white distilled vinegar, 1 cup water, 1/3 cup Blue Dawn dishwashing liquid

Try this homemade fly spray, 3 oz. Avon's Skin-So-Soft, 3 oz. citronella oil, 12 oz. white vinegar, and 12 oz. water. Mix well, put in a spray bottle and you are all ready to spray.

An elderly gent who had worked in the forests with horses told me to use bacon grease where the flies like to bite the horses, base of ears, under jaw, etc. I'd been using petroleum jelly in all those areas as it lasts about 3 days but he said the grease works better.

Also, when a horse starts rubbing the top of his tail in summer, it's usually because the mosquitoes and gnats have been dining under his tail because he lifts it when he walks. Petroleum jelly rubbed all over the genital area and the hairless area under the tail seems to stop the rubbing. A cheap source of oil, instead of petroleum jelly, is restaurants who love to have people cart away their french fry oil. What better way to recycle?

A different variation of the fly sprays:  
6 caps full of Skin so Soft  
1 cup white vinegar  
just a good squirt of Basic Ivory liquid soap  
fill a 32 oz Bronco Spray bottle with water  
Spray it on the horses legs, Watch the Flies fall DEAD !!!

Reminder - Consult your vet and use at your own risk.

1 cup vinegar  
1 cup baby oil  
1/4 cup original pinesol  
1 tbs dish soap  
1 tbs skin so soft  
1 cup water

I used a mixture of half Pinesol and half water. I used it all year last year and it worked wonderful. My horses were never bothered with flies or knats and their coats were shiney.

4 oz Skin So Soft  
1 oz citronella oil  
12 oz vinegar  
12 oz water

Mix all together and it lasts as long as any of the expensive ones do and smells a ton better! It is also good for their coat.

#### U.S. Forest Service Bug Spray Recipe

1 cup water  
1 cup Avon Skin So Soft Bath Oil  
2 cups vinegar

1 tbs. Eucalyptus oil (found in health food stores)  
Optional: few tablespoons of citronella oil.

Shake spray bottle well before spraying on horse, human or dog!

### BEST FLY REPELLANT -

Made by Shaklee (remember them?)- BASIC H. It works. You can use it to spray areas where flies breed or congregate, once they have been misted, they can't fly anymore and die. They hate it, and will not bother or bite horses who have been sprayed with it. You can make a diluted spray with 5-7 parts water and one part basic H . You can adjust the mixture to suit your area, but trust me, that concentration is plenty strong. You can also use to bathe your horses, yourself and your tack too. PH is in the range of human and horse skin, so it is great for sensitive skinned horses and people. No yucky smell either. Try it once and you will NEVER buy another fly repellent .

You can purchase off the Shaklee website, or from a member or distributor (1-800-SHAKLEE (742-5533) in the US.) The price is great too. Buy a gallon and imagine how far it goes- makes about 7 gallons of fly spray and will cost you about \$44.00. Great price, great product. I began using it at the stables where I board, and the whole stable was using it within the month, and continues to use it even after I brought my horses home.

#### Citrus Insect Repellant Spray

2 cups light mineral oil  
1/2 cup lemon juice  
2 tsp. citronella oil  
2 tsp. eucalyptus essential oil  
2 tsp. lemon dish soap

Combine all ingredients in a spray bottle. Label. To use gently shake and spray on your horse avoiding his eyes. NOTE: Do not use this spray before a show as it attracts dust.

#### Quick Fly Spray

18 oz white vinegar  
2 Tbsp dish washing soap.

Mix in a 20 oz spray bottle and shake gently until well blended. You may add water to dilute. Spray liberally on your horse

#### Avon Skin So Soft

Mix 3 parts water to 1 part Avon's skin-so-soft in a spray bottle. Spray liberally on your horse. This also softens his coat.

I have used this mix for years, and it works great. Laurie LaSalle, Rockin' Tree Ranch

#### Fly Repellent

2 cups white vinegar  
1 cup Avon Skin So Soft (Bath oil)  
1 cup water  
1 tablespoon eucalyptus oil

#### Fly Control

An easy do it yourself fly spray that is relatively inexpensive, and I'm told it really works! This spray attracts dust. So don't use it before a show.

500m. (2 cups) light mineral oil  
125ml (1/2 cup) lemon juice  
10ml (2 tsp.) citronella oil  
10ml eucalyptus oil  
10ml lemon dish detergent  
optional 125ml glycerin  
Mix in a spray bottle and spray away!

#### Horse Insect Repellent Mix

1 oz. Citronella Oil  
2 oz. Skin-So-Soft or Coat-So-Soft  
1 Cup Cider Vinegar  
1 cup Water

Mix in a 20 oz. spray bottle.

### Internal Fly Repellant

If your horse is allergic to fly bites, try 1/4 cup of apple cider vinegar on their grain once a day. This raises the blood acid level just enough to bother the flies, but it is completely healthy for the horse. It takes about one week to start seeing the effects. Several old timers have told me that they always put vinegar in their horse's drinking water during the summer to repel flies and mosquitoes.

### Easy Fly Spray

You can mix seven parts water with one part citronella as a fly spray. It's not oily either. Mix it four parts water to one part citronella during the worst of the fly season.

You can take a bottle and fill it with white vinegar and two tablespoons of basic dish soap. Add water if you wish to dilute it a little. Shake and spray it on for a nice and very cheap fly spray. -Debbi

A golf course near my home passes out Bounce fabric softener sheets to the golfers to repel insects. Next time you go riding tie one to your Horse's headstall and stick one in your back pocket. It works better than ANY fly spray I've ever tried. The flies won't even fly around you. -Susan

I was given this recipe and it does work!!!!

15 oz water  
5 oz commercial fly spray ( any brand)  
5 oz vinegar  
2 oz vegetable oil  
2 oz green Dawn dish soap

Mix and use. All natural and will not harm coat.

Visit Stony Mountain Botanicals where you will find recipes for herbal insect repellents! <http://www.wildroots.com/>

## One Ingredient Fly Spray

Pour six caps full of Skin-So-Soft in a 20 ounce spray bottle, and fill the rest with water. Shake and spray. Sien Creytens

## Fly relief

If anyone has problems with flies in the barn, try filling a quart jar with this mixture.

3 cups of water  
¼ (one quarter) cup sugar  
¼ (one quarter) cup white vinegar

Mix, punch holes in the lid, and set it where needed. It works great. -Toni

For cheap fly repellent, mix about 1 1/2 cups of plain white vinegar into about every 75 gallons of water in your horse's water tub. If you use this it in the water about a week before flies start biting, it will have circulated in your horse and it helps keep flies from biting. -Lindsey