

Introduction to Perinatal Music Therapy

Offered for 43 pre-approved CMTE Credits

Instructed by Heidi Lengel, MMT, MT-BC and Kate Taylor, MA, MT-BC

Wednesdays @6:30-7:30 cst April 4th-June 20th or September 5th- November 21st, 2018

An online course that builds clinical skills for serving families throughout the entire perinatal spectrum.

Course Format & Schedule

This online course includes 1 hr of lecture, 1 hr of reading, and 1 hr of assignments each week. The course meets online for 12 weeks and concludes with a final project.

- Week 1 Course introduction: Defining Perinatal music therapy
- Week 2 Perinatal music therapy: Literature review
- Week 3 Applying the CBMT Scope of Practice to perinatal music therapy
- Week 4 Developing a perinatal music therapy treatment orientation & framework
- Week 5 Assessing the therapeutic needs of perinatal families
- Week 6 Perinatal music therapy: treatment planning and interventions
- Week 7 Evaluating efficacy of perinatal music therapy applications
- Week 8 Ethical considerations
- Week 9 Understanding your role
- Week 10 Clinical case examinations
- Week 11 Professional development needs
- Week 12 Course conclusion

Learner Objectives

- Identify and interpret three needs of perinatal individuals and their families for the purpose of music therapy assessment, treatment planning, consultation and care coordination with other perinatal health professionals. I.B.3.a-f,h
- Adapt one existing and two new music therapy applications for perinatal wellness within a variety of perinatal treatment approaches. II.A.3.a-d, f; II.A.4. a, b, d, e, g, i
- Develop two effective techniques to gather data, document and evaluate efficacy of music therapy treatment applications within perinatal clinical settings. I.D.4; III.A.1,2,7; III.B.1,4-6
- Review available research and literature from music therapy and perinatal health professions to examine at least one existing and one new role of the music therapist in perinatal settings. IV.A.1-3,5; IV.B.4,9,14

43 CMTEs offered by TWO experienced instructors

Heidi Lengel, MMT, MTBC, Certified Birth & Bereavement Doula is the founder of Fulheart Family Support, a private practice that specializes in music therapy assisted childbirth, perinatal bereavement, and postpartum mood disorders.

Kate Taylor, MA, MTBC offers music therapy for fertility, childbirth, and postpartum wellness through Creative Childbirth Concepts® her Chicago based private practice. Call Kate @ 216-704-6595 for questions or to sign up!

Cost: A \$500 investment for 43 CMTE credits.

Payment plan option: \$150 Deposit, 2 payments \$175.00. Register at:

<http://tinyurl.com/PerinatalCMTE>

Cost includes access to all scheduled online lectures and digital access to course materials. Books for recommended reading are not included in registration fees.

Who should take this course?

This course is open to all professional music therapists and graduate level students who meet the qualifications to practice music therapy in their state, country or province.

No previous birth work, specialty training or prerequisites necessary.

Introduction to Perinatal Music Therapy is approved by the Certification Board for Music Therapists (CBMT) for 43 Continuing Music Therapy Education credits. Creative Childbirth Concepts® (P-158) maintains responsibility for program quality and adherence to CBMT policies and criteria.

Cancellation and Refund Policy: Participants will receive a full refund if cancellation is made within 21 days of the course. If a participant cancels less than 20 days before there is automatically a 25% or \$125.00 fee. If the spot is filled, the remaining funds will be returned to the participant. In the event that a cancellation occurs within 7 days of the course and the participant spot remains unfilled, there will be no cash refund, only credit for a future class series.