

Woodwind Lakes



It's all right here

June 2021

Volume 10, Issue 06



May Yard of the Month



9207 Brahms Lane
Section 1



7714 Allegro Drive
Section 2



8747 Serenade Lane
Section 3



8011 Clarion Way
Section 4

Woodwind Lakes

IMPORTANT CONTACTS

CONSTABLE'S OFFICE

Harris County Pct. 4 Constable's Office.....281-376-3472
.....<http://www.cd4.hctx.net>

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NEWSLETTER AND WEBSITE

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Website

"Ask the Board" www.woodwindlakeshoa.com

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PAVILION & ADULT POOL

Leigh Allen lallen@grahammanagementhouston.com

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CHRISTMAS COMMITTEE

Terry Buckner terry214@live.com

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OTHER USEFUL NUMBERS

Graham Management

..... graham@grahammanagementhouston.com, 713-334-8000
Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

Association Manager

Leigh Allen..... Lallen@grahammanagementhouston.com

Improvement Application Submittal

.....arc@grahammanagementhouston.com

Call Before You Dig 1-800-DIG-TESS or 1-800-344-8377

Pct. 4 Constable..... 281-376-3472

Street Light Outage..... 713-207-2222

..... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

..... <http://records.txdps.state.tx.us>

DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

UTILITIES

SECTIONS 1, 2, 3

WASTE MGT CUSTOMER SERVICE.....713-686-6666

Trash Pick-up are Mondays (trash) and Thursdays (trash and recycle).

Heavy trash is 2nd Thursday of each month.

Water/Sewer Issues, all Sections: 281-807-9500

M.U.D. #261 BOARD SECTIONS 1, 2 & 3

S. Brady Whittaker (05.12.18) President

..... 713-333-6411

Jason Vanloo (05.14.20) Vice President

..... 281-236-6419

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..... 713-824-5499

Milt Dooley (05.14.20) Director

..... 713-858-7303

M.U.D. 261 www.HCMUD261.com

SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

TOPS Water - 281-807-9500

Pick-up are Wednesdays (trash, heavy trash) and Saturdays (trash, heavy trash and recycle).

USEFUL LINKS

WL Website.....www.woodwindlakeshoa.com

Sec 1, 2 and 3 Utility.....

..... <http://hcmud261.com/HCMUD261/Index.htm>

Section 4 Utility <http://www.wfud.org/>

Social Media .. https://woodwindlakes.nextdoor.com/news_feed/

Newsletter <http://www.peelinc.com/>

Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

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Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn.Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

Self-Care For The Largest Organ.....Our Skin



The skin is our body's largest organ, weighing anywhere from 6-12 pounds. This organ stays very busy shedding over 1 million cells every hour. A single square centimeter of skin contains:

- 200 nerve endings
- 100 sweat glands
- 15 oil glands
- 2 cold receptors
- 25 pressure-sensing receptors

It also:

- Breaths in oxygen
- Expels carbon dioxide
- Regulates body temperature
- Shields us from rain, snow and sunshine

This and so much more is our skin. Quite an impressive organ, isn't it?

Ok, so how can we best care for this remarkable organ?

Eating healthy is a wonderful start. Here's a list of a few fantastic foods for skin, hair and nails.

Calcium - broccoli, cauliflower, beans, almonds and dairy products.

Essential Fatty - found in fish, flaxseed and flaxseed oil.

Iron - apricots, brown rice, green vegetables and millet oats.

Folic Acid - green leafy vegetables (chard, kale, spinach), bean sprouts, peanuts and wheat germ.

Magnesium - avocados, dark green vegetables, fresh nuts and seeds.

Protein - dairy products, grains, legumes, meat, nuts and seeds.

Selenium - brazil nuts, garlic, onions, shellfish and whole grains.

Vitamin A - red and yellow fruits and vegetables such as (carrots, peaches, pumpkin), eggs and hard cheese.

Vitamin B Complex - avocado, blackstrap molasses, brewer's yeast, collards, chicken, kale, potatoes and whole grains.

Continued on Page 4

HURRICANE SUPPLY KIT

You'll need provisions to carry you through a week or more after a storm. Here are the most important items.

PRECIOUS COMMODITIES BEFORE A STORM:

- Gas
- Cash
- Charcoal, wooden matches & grill
- Ice

DISASTER SUPPLY KIT

- Two weeks supply of prescription medicines
- Two weeks supply of non-perishable foods
- Flashlights and batteries for each family member
- Mosquito repellent and citronella candles
- Two coolers - one for food, the other for ice
- Toilet paper, paper towels & pre-moistened towelettes
- Paper plates, plastic cups and utensils
- Quiet games, books, playing cards and favorite toys
- Drinking water - Minimum 3 gal. per person
- Portable radio and batteries (7 sets)
- Battery operated clock
- First aid book and kit
- Infant necessities
- Non-electric can opener
- Clothing and bedding
- Plastic trash bags
- Important family documents



A 2014 - 2020 Top Producer!

Lynn Collins

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Woodwind Lakes Resident

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Vitamin B12 - chicken, cottage cheese, eggs, tuna and yogurt.

Vitamin C - broccoli, citrus fruits, kiwi, peppers and watermelon.

Vitamin E - avocados, eggs, green vegetables and salmon.

Zinc - asparagus, eggs, endive mushrooms, mussels and pecans.

Additional tips for healthy skin are to:

- Reduce stress. Hopefully, this year will make that easier to do!
- Practice sun protection.
- Stop smoking.
- Bathe in moisture. Water is the cheapest and most effective moisturizer, so drink up!!!
- Exercise to increase blood circulation.
- Get adequate sleep. This is when our skin regenerates, renews and rebuilds tissue.

Want to deep cleanse and nourish your skin in a totally natural way?

Mix 2 tablespoons of ground oatmeal with 1/2 tablespoon of almond oil and 1/2 tablespoon of honey. Stroke over your face and neck and gently massage in. Leave on for up to 20 minutes. Rinse thoroughly. This is great for the entire body but this recipe makes enough for only the face.

There are a lot more natural and inexpensive skin care tips which will be featured in future articles. It is as important what we put on our skin as well as what we put in our bodies.

Wishing everyone healthy and happy days.

Warmest regards, Donna Konopka



HARRIS COUNTY CONSTABLE, PRECINCT 4

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Monthly Contract Stats

WOODWIND LAKES

For April 2021

Categories

Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 2
Alarms: 2	Suspicious Vehicles: 6	Suspicious Persons: 0
Runaways: 0	Phone Harassment: 0	Other Calls: 6

Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	45	22	18	3	5	93	0	7	1747	24
W15	72	39	16	1	0	15	0	1	1058	20
TOTAL	117	61	34	4	5	108	0	8	2805	44

OTHER CALLS:

8700 SERENADE LN: An unknown suspect(s) used the complainant's identifying information without permission to file for unemployment benefits.

8800 ANDANTE DR: Deputies were on routine patrol when they observed a suspicious vehicle. Upon further investigation it was found that one of the occupants was in possession of illegal narcotics.

Alarms

Deputies responded to 2 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles

Deputies responded to a 6 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons

Deputies responded to 0 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 6 other calls within the contract including:

- Motor Vehicle Accidents
- Animal Humane
- Child Custody Disputes
- Domestic Preventions D.W.I.
- Follow Up Investigations

Categories

Burglary Habitation: 0 Theft Vehicle: 0 Assault: 0 Disturbance Family: 0 Alarms: 2

Runaways: 0

Detailed Statistics By Deputy

Theft Habitation: 0 Robbery: 0

Criminal Mischief: 0 Disturbance Other: 2 Suspicious Persons: 0 Other Calls: 6

Felony Misd Tickets Recovered Charges Mileage Days

Information Calls

Meet The Officer

Lost Found Property Sex Offender Verification Stranded Motorist

Traffic Hazard

Unknown Medical Emergency Abandoned/Speeding Vehicles Welfare Checks

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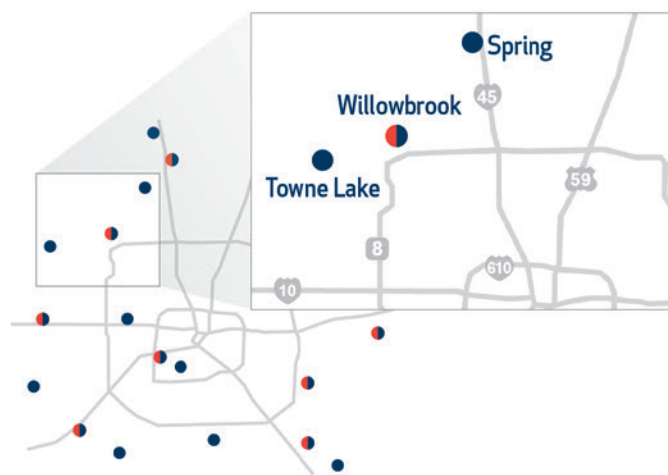


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Woodwind Lakes

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CONNECTION

– Wizzie Brown, Texas AgriLife Extension



I remember way back when I was in college and I called my mom, excited to share with her that I decided to change my major. It went a bit like this.....

Me: “Mom, I decided to change my major. I’m going into entomology!”

Mom: “What?”

Me: “Entomology. It’s the study of insects.”

Mom: “What are you going to do with that? Do you plan on spending your life spraying bugs?”

Me: “I have no idea, but it will be fantastic!”

While at the time, my mom could not see exactly what I was going to do with a career in entomology, fortunately, for me I found an amazing job with Texas A&M AgriLife Extension where I have the opportunity to educate people on insects. Fortunately for my parents, they now have someone to identify all their insects.

So why the story? Well, you all have the same opportunity as my parents to become educated on various insects. There are a variety of ways to do this and all are resources that I directly post or am involved with in some way. If you want to learn more about insects, you can connect with me (or my colleagues in some cases) through:

Instagram: urbanipm

Facebook: www.facebook.com/UrbanIPM

YouTube channel: Wizzie Brown

Podcasts: I am involved in two different podcasts.

- Bugs by the Yard- this one covers insects in the landscape

- Unwanted Guests- this one covers structural pests

Insect ID requests-

- Email me at ebrown@ag.tamu.edu

- Submit images to <http://texashighplainsinsects.net/>

Educational webinars on various insect topics- email me to get onto the list for sign up links

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urbanipm.blogspot.com



Mealybugs

Mealybugs are pests of landscape plants and houseplants. Outdoors, they are often active during times of warm, dry weather but can be a problem indoors at any time of year. Infestations usually start at the base of stems and then spread from there as populations increase.

Mealybugs are a type of unarmored scale insect. They are sexually dimorphic, with males and females looking different. Males have wings and can fly while females remain wingless throughout their life. Immature (nymphs) and female mealybugs are oval, soft-bodied and covered with a white waxy powder.

These insects have piercing-sucking mouthparts which is used to penetrate plant tissue to suck out juices. Feeding by mealybugs can lead to yellowing or wilting of the plant and distortion of the leaves. With larger infestations, the insects may cause stunted growth, premature leaf drop or plant death. Mealybugs excrete honeydew, which is a sweet, sticky substance on which a fungus called sooty mold can grow. Sooty mold can indirectly harm plants by blocking sunlight from reaching plant surfaces and reducing photosynthesis.

Tips for mealybug management:

- Conserve beneficial insects. There are many insects that feed on or parasitize mealybugs.
- To help conserve beneficial insects, use other methods to manage pests before choosing a pesticide.
- **Use high pressure water sprays to dislodge the insects from the plant.
- **Insecticidal soap.

- **Horticultural oils.
- **Other insecticides labeled for mealybug control (look for active ingredients such as azadirachtin, pyrethrum or pyrethrins). Read and follow all label instructions.

• For severely infested plants, it may be best to throw the plant away and buy a new one.

If treating houseplants, move plants outside during treatment then move back inside once treatment has dried.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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GOING NATIVE



If you're like me, you're making regular trips to the nursery to replace plants lost during the big freeze in February. I've decided to plant more native plants and those specifically recommended for Texas landscapes because of the benefits they offer. Certain plants, trees and shrubs are better suited to our soil and climate conditions and are more resistant to insects and diseases.

Some of the plants, shrubs and trees you might want to consider are:

- Turk's cap – some nurseries refer to this shrub as a Drummond wax mallow. It gets 2 to 3 feet tall and prefers partial shade. It gets bright red flowers and got its name because the flower resembles a Turkish turban.

- Dwarf Mexican petunia – this plant gets about a foot tall and spreads so make sure you give it plenty of room. If it gets out of hand, you can always dig up the plants that are spreading too far. It likes sandy soil.

- Gulf coast muhly grass – this is a green, airy ornamental grass getting 2 to 3 feet tall. Its real beauty happens in the fall when the top foot or so turns a lovely purple. I love these en masse!

- Texas lantana – talk about a tough plant! Lantana grows best in full sun. It flowers profusely and once established, requires very little care.

- Eastern purple coneflower – this beautiful plant blooms profusely spring through summer and attracts butterflies.

- Heartleaf rosemallow – this is a type of hibiscus. It produces bright red flowers all year as long as it stays above freezing. It's very drought-tolerant.

- Texas sage – this is a shrub that produces purple, bell-shaped flowers year-round. It can reach 8 feet tall but it looks best if you keep it pruned back.

- Nuttall oak – this is one of the best large shade trees to plant in the Houston area. It's a red oak that is native to Houston. It can be difficult to find, however.

- Drake elm – this is a fast-growing shade tree and is also known as a Chinese elm. It's a beautiful tree and can survive in many soil conditions.

Some nurseries in the area have sections that are devoted to native plants. This makes it much easier to plan your landscaping. You can also do a search on the internet for native Texas plants.

Happy gardening! By Cheryl Conley

