Address _____ City State Zip Email AGE on race day SEX M F SHIRT SIZE (GENDER SPECIFIC) S M L XXL Doing the Relay? Relay Member Name: SEX M F SHIRT SIZE (GENDER SPECIFIC) S M L XXL TEAM NAME INDIVIDUAL (subtract \$10 if under 18 yrs old) \$40.00 TEAM \$60.00 LATE FEE (ADD 10.00) IF AFTER Oct 15, 2017 TOTAL AMOUNT PAID.....\$ WAIVER: In consideration of your acceptance of our entry, we, intending to be legally bound, do hereby for ourselves, our heirs, executors, and administrators, waive and release forever any and all rights and claims or damages we may accrue against the SWEAT Running Club, the National Park Service, volunteers, and any sponsors of the race, their successors, and representatives, for any and all injuries suffered by our members while traveling to and from and participating in the Whiskeytown Duathlon. We attest and verify that we have full knowledge of the risks involved in this event, including, but not limited to, those caused by terrain, wildlife, weather, condition of the athlete, vehicle, other participants, and lack of hydration, that we will assume those risks, that we will assume and pay our own medical emer-gency expenses in the event of an accident, illness, or other incapacity, regardless of whether we have authorized such expenses, and that we are physically fit to participate in this event. We grant permission to use our likenesses taken in connection with this event without compensation. We have read the entry information provided for the event and certify our compliance by our signatures. We certify that all of the information on this form is true and complete. Signature _____ Signature _____

Mail entry to: Whiskeytown Duathlon

Make checks payable to SWEAT

Name _____

PO Box 990188

Redding, CA 96099-0188

WHISKEYTOWN
OFF-ROAD
DUATHLON
OCTOBER 28, 2017
RUN/BIKE/RUN
&
JUST HAVE FUN

JUST HAVE FUN @ WHISKEYTOWN

LAKE

BROUGHT TO YOU BY THE

SWEAT RUNNING CLUB

SHIRTS GUARANTEED TO EARLY
REG PARTICIPANTS
AND TO LATE REG PARTICIPANTS
WHILE SUPPLY
LASTS

Race Specifics

- HELMETS ARE MANDATORY
- COURSE IS SINGLE TRACK /DIRT ROAD
- ONE AIDE STATION ON RUN COURSE
- AWARDS 3 DEEP IN SOLO AND TEAM CATEGORIES
- NATIONAL REC AREA DAY USE FEE ENFORCED

LOCATION:

WHISKEYTOWN NATIONAL
RECREATION AREA
REDDING, CA
SHASTA MINE PARKING LOT
Oct 28, 2017
START TIME 9:00 AM

3 Mile Trail Run 8 Mile Mountain Bike 3 Mile Trail Run

AWARDS

INDIVIDUAL

3 deep in 10 year age groups Unless >5 in an age group RELAY TEAM 3 deep men~ women ~coed

RACE DAY Oct 28th
7:45-8:45 AM AT RACE VENUE

INFORMATION AND MAPS
WWW.RUNWHISKEYTOWN.COM

tparksrun@gmail.com

WWW.RUNSIGNUP (for online registration)

Refund Policy

NO REFUNDS ISSUED

UNLESS EVENT IS CANCELLED