

Post-Op Composite Resin Fillings

- Take caution not to bite or chew on your cheeks, lips and or tongue for they may be numb for several hours following your appointment.
 - It is normal to experience some sensitivity to heat, cold and pressure after your appointment. It is not uncommon for the tooth to be sensitive for several weeks or months. You can also expect some soreness in your gums for several days.
 - It is normal for excess “glue” that is used to help the fillings adhere to your tooth to chip off. This is not your filling or tooth structure.
 - It is normal for your gums to possibly be sore and bleed for a couple of days. To ease discomfort, rinse with warm salt water (teaspoon in warm water, swish and spit)
 - Sometimes, due to the effects of the local anesthesia, it is quite difficult to make sure that your bite is exactly right. If you feel any discomfort in chewing, please let us know. A minor adjustment is usually all it takes to make you comfortable. Don't wait too long! Teeth can become quite sensitive if the bite is "high."
 - Call the office if you have pain in the tooth/teeth that wakes you up at night or if your cheeks/face become swollen.
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