BALSHALA ORIENTATION 2022-23

WELCOME

KIDS & PARENTS



FEES

Free for Perpetual Donor Families

PURPOSE OF BALSHALA



TRADITIONAL FORMAT

- CLASSES ARE HELD AT AUGUSTA HTS PREMISES.
- APPROXIMATELY 15 BALSHALA CLASSES PER YEAR
- SPORTS DAY, ARTS & CRAFTS, END OF YEAR (EOY) PROGRAM
- INTRODUCTION TO YOGA
- 20-20-20 (MINS)
 - FOCUS ITEM DISCUSSION
 - FOCUS BHAJANS
 - FOCUS SHLOKAS

GROUPS

VANARA (PRE K)

BALA (KINDERGARTEN)

LAVA (IST GRADE)

KUSHA (2ND GRADE)

DHRUVA (3RD & 4TH GRADE)

GUHA (5TH GRADE)

YUVA (6TH & 7TH GRADE)

TEACHERS

VANARA(Pre-k)	Surekha Prasad & Jyoti Gotam
BALA(k)	Vinay & Payal Doshi
LAVA(I)	Rashmi Karanth & Sarika Shastry
KUSHA(2)	Sonal Patel & Payal Doshi
DHRUVA(3-4)	Kiran Karanth & Mittal Patel
GUHA(5)	TBD & (Srinivasan Thiyagarajan/ Vidhya Sridharan)
YUVA(6-7)	Nandi Shetty & Vineet Shastry
BACK UPTEACHERS	TBD

TBD:To be decided on 09/11/22

LEARNING OBJECTIVE

VANARA ---- Values such as recognition of Murthi's, coloring Dashavatars, basic symbolism (pradakshina, ringing bell, conch, etc.)

BALA --- Dasha-avatar and concept of Hindu Trinity

• LAVA --- Ramayana

KUSHA --- (Bala) Bhagavatam

DHRUVA* --- Mahabharata

GUHA --- Symbolism & Introduction to Hindu scriptures

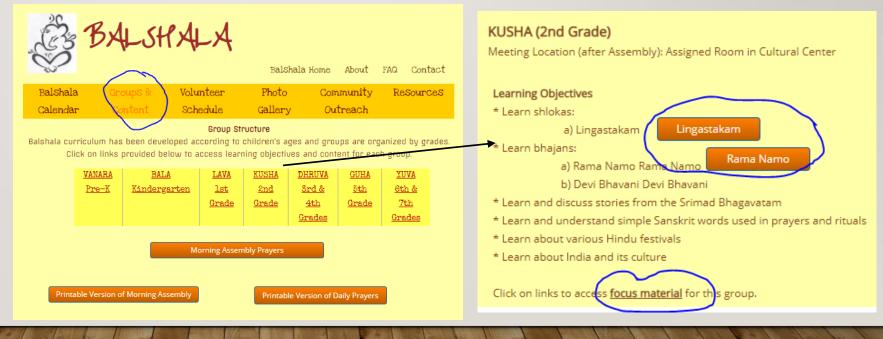
• YUVA* --- Essence of Hinduism (Concepts like Karma, Rebirth, Samsara, Bhakti, Jnana, Yoga, how to perform pooja etc.)

^{*} Two year program

RESOURCES

- Website: Balshala.org
- Email: <u>teambalshala@balshala.org</u> (Updates & Communications)





VOLUNTEER OPPORTUNITIES



CHECKLIST

Registration

Prasad & Clean up Sign up

Volunteer Sign up

FIRST DAY

SEPTEMBER 25, 2022

