



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
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NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	C	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	C	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	C	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	C	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	C	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	C	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	C	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	C	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	C	0-65493-00007-4	G O	K
0118	Original ~ salted	150g	12	C	0-65493-00008-1	G O	K
0119	Buckwheat ~ unsalted	150g	12	C	0-65493-00012-8	G O	K
0120	Buckwheat ~ salted	150g	12	C	0-65493-00013-5	G O	K
0121	Millet ~ unsalted	150g	12	C	0-65493-00014-2	G O	K
0122	Millet ~ salted	150g	12	C	0-65493-00015-9	G O	K
0125	Mixed grain ~ unsalted	150g	12	C	0-65493-00125-5	G O	K
0126	Mixed grain ~ salted	150g	12	C	0-65493-00126-2	G O	K

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12	½	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12	½	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12	½	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12	½	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12	½	0-65493-01020-2	O	K

TAMARI ~ SELECT IN BULK

6104	Authentic ~ black label	4L	1	U	0-65493-06104-4		K
6110	Organic ~ black label	4L	1	U	0-65493-06110-5	O	K

TAMARI

6001	Classic ~ purple label	150mL	12	½	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12	½	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12	½	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12	½	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12	½	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12	½	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12	½	0-65493-06009-2	O	K

MISO

6150	Mame ~ soybean	300g	12	½	0-65493-06150-1		K
6173	Hatcho ~ unpasteurized soybean	300g	12	½	0-65493-06173-0		K

ORGANIC MISO

6160	Genmai ~ soybean & brown rice	300g	6	C	0-65493-06160-0	O	K
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**SPECIAL
ORDER ITEM**



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	6161	Shiro ~ soybean & white rice MITOKU ~ INSTANT MISO SOUP	300g	6	C	0-65493-06161-7	O K
	6193	Red miso with wakame	40g	6	C	0-21009-11730-8	
	6194	Mellow white with tofu DRIED SEAWEEDS	40g	6	C	0-21009-11728-5	
	6256	Arame	50g	10	½	0-65493-06252-2	G K
	6272	Wakame	50g	10	½	0-65493-06260-7	
	6276	Kombu	50g	10	½	0-65493-06276-8	G K
	6296	Kombu seaweed salad	10g	6	C	0-65493-06296-6	
	6260	Nori ~ 10 sheets	25g	6	C	0-65493-06272-0	
	6360	Sushi nori ~ 7 sheets AGAR-AGAR	15g	12	½	0-65493-06360-4	
	6263	Flakes	28g	10	½	0-65493-06263-8	
	6267	Bars ~ 2 bars AGAR-AGAR <u>IN BULK</u>	15g	10	½	0-65493-06267-6	
SPECIAL ORDER ITEM	6264	Flakes DRIED SEAWEEDS <u>IN BULK</u>	910g	1	U	N/A	
	6361	Sushi nori ~ 50 sheets MITOKU ~ DRIED SEAWEEDS	190g	1	U	0-65493-06361-1	
	6285	Kizami nori ~ fine cut nori	10g	10	½	0-21009-13013-0	
	6287	Sushi nori ~ 7 roasted sheets	17g	12	½	0-21009-13022-2	
	6289	Ao-nori flakes	20g	20	½	0-21009-12910-3	
	6290	Nori strips ~ spicy MITOKU ~ DRIED SEAWEEDS <u>IN BULK</u>	13.5g	10	½	0-21009-13003-1	
	6257	Arame	1Kg	1	U	0-21009-12301-9	K
	6279	Kombu	1Kg	1	U	0-21009-13511-1	K
	6294	Sushi nori ~ 50 toasted sheets ORGANIC NOODLES	125g	1	U	0-21009-13017-8	
	6420	Fine udon	227g	12	½	8-13551-00102-6	O
	6421	Round udon	227g	12	½	8-13551-00103-3	O
	6423	Soba	227g	12	½	8-13551-00110-1	O
	6424	Udon	227g	12	½	8-13551-00101-9	O
		ORGANIC RAMEN NOODLES					
	6430	Mushroom ~ 89% organic	57g	12	C	0-65493-06430-4	O
	6431	Seaweed ~ 89% organic	57g	12	C	0-65493-06431-1	O
	6432	Tofu and miso ~ 89% organic	57g	12	C	0-65493-06432-8	O
	6433	Asian vegetables ~ 88% organic	60g	12	C	0-65493-06433-5	O
	6434	Lemongrass ginger ~ 88% organic	60g	12	C	0-65493-06434-2	O
	6435	Garlic pepper ~ 88% organic	60g	12	C	0-65493-06435-9	O
	6436	Soba ramen ~ 89% organic ORGANIC RAMEN NOODLES ~ REDUCED SODIUM	60g	12	C	0-65493-06436-6	O
	6437	Asian vegetables ~ 92% organic	60g	12	C	0-65493-06437-3	O



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	6438	Garlic pepper ~ 92% organic	60g	12	C	0-65493-06438-0	O
	6439	Tofu and miso ~ 92% organic	60g	12	C	0-65493-06439-7	O
		MITOKU ~ ORGANIC TEAS					
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	½	0-21009-14119-8	O K
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	½	0-21009-14120-4	O K
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	½	0-21009-14204-1	O K
	6531	Sencha ~ green tea ~ loose leaf	85g	12	½	0-21009-14201-0	O K
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags	20g	12	½	0-21009-14308-6	O K
		MITOKU ~ ORGANIC TEAS ~ IN BULK					
SPECIAL ORDER ITEM	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	U	0-21009-14102-0	O K
	6532	Sencha ~ green tea ~ loose leaf	1Kg	1	U	0-21009-14202-7	O K
		PICKLES					
	6641	Umeboshi ~ pickled plums	200g	12	½	0-65493-06641-4	
	6645	Umeboshi ~ pickled plum paste	200g	12	½	0-65493-06645-2	
	6668	Organic umeboshi ~ pickled plum paste	200g	12	½	0-65493-06668-1	O
		MITOKU ~ PICKLES					
	6651	Daikon ~ pickled white radish	200g	12	½	0-21009-27004-1	
	6658	Sushi ginger ~ lightly pickled ginger root	50g	20	¼	0-21009-27007-2	
		MITOKU ~ PICKLES IN BULK					
SPECIAL ORDER ITEM	6643	Umeboshi ~ pickled plums	11Kg	1	U	0-21009-14713-8	
	6647	Umeboshi ~ pickled plum paste	12Kg	1	U	N/A	K
	6665	Organic umeboshi ~ pickled plums	1Kg	1	U	0-21009-17907-8	O K
		CONDIMENTS					
	6773	Mirin ~ liquid seasoning	150mL	12	½	0-65493-06773-2	K
	6774	Mirin ~ liquid seasoning	475mL	12	½	0-65493-06774-9	K
		MITOKU ~ CONDIMENTS					
	6820	Tekka ~ hatcho miso & dried vegetables	80g	12	½	0-21009-21005-4	
	6840	Wasabi powder ~ japanese horseradish	25g	6	C	0-21009-22902-5	K
		VINEGARS					
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	½	0-65493-06735-0	O K
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	½	0-65493-06736-7	O K
	6785	Ume-su ~ plum vinegar	150mL	12	½	0-65493-06785-5	K
	6786	Ume-su ~ plum vinegar	475mL	12	½	0-65493-06786-2	K
		MITOKU ~ VINEGAR IN BULK					
SPECIAL ORDER ITEM	6787	Ume-su ~ plum vinegar	4L	1	U	N/A	
		OIL					
	6751	Toasted sesame oil	250mL	12	+ ½	0-65493-06751-0	
	6752	Toasted sesame oil	500mL	12	+ ½	0-65493-06752-7	
		SEA SALT					
	6811	Amashio ~ japanese sea salt	250g	12	½	0-65493-06811-1	
	6812	Amashio ~ japanese sea salt	500g	12	½	0-65493-06812-8	
		SEA SALT IN BULK					
SPECIAL ORDER ITEM	6814	Amashio ~ japanese sea salt	20Kg	1	U	N/A	



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SPECIAL ORDER ITEM		MITOKU ~ ORGANIC KUZU					
	6920	Kuzu ~ wild japanese arrowroot	100g	12	½	0-21009-20003-1	G O K
		MITOKU ~ KUZU <u>IN BULK</u>					
	6921	Kuzu ~ wild japanese arrowroot	5Kg	1	U	N/A	G K
		MAGNESIUM CHLORIDE					
	7295	Magnesium chloride for tofu	250g	1	U	0-65493-07295-8	T
		COOKWARE					
	7525	Suribachi (earthenware mortar)	15cm	1	+	U	N/A T
	7526	Suribachi (earthenware mortar)	17cm	1	+	U	N/A T
	7531	Surikogi (wooden pestle) #6	18cm	1	U	4571101-554021	T
	7532	Surikogi (wooden pestle) #8	25cm	1	U	4571101-554038	T
	7561	Bamboo sushi mat	1 mat	1	U	0-65493-07561-4	T
	7564	Tawashi (vegetable brush)	1 brush	1	U	4971871-101010	T

AÇAÍ ROOTS

		ORGANIC AÇAÍ DESSERTS					
✱	7005	Sorbet	473mL	8	C	8-98685-00109-8	O
		ORGANIC SMOOTHIE POUCH					
✱	7007	Pure açai ~ unsweetened	4x100g	16	½	8-98685-00112-8	G O K



AMANO

		ORGANIC UNPASTEURIZED MISO					
≡	6220	Shiro miso (white)	400g	12	½	0-67334-07001-7	O K
≡	6221	Aka miso (red)	400g	12	½	0-67334-07002-4	O K
≡	6222	Genmai miso (brown rice)	400g	12	½	0-67334-07003-1	O K
≡	6223	Mugi miso (barley)	400g	12	½	0-67334-07004-8	O K

NEW



AMINO BALLS

**NEW
NEW
NEW
NEW**

		PLANT BASED PROTEIN SNACKS					
≡	7950	Caramel macchiato	40g	12	C	6-28451-20804-4	G K
≡	7951	Peanut butter chocolate chip	40g	12	C	6-28451-20806-8	G K
≡	7952	Chocolate chip cookie dough ~ nut free	40g	12	C	6-28451-20808-2	K
≡	7953	Caramel ~ nut free	40g	12	C	6-28451-20810-5	K



AMYCO

DRIED MUSHROOMS

5900	Morel	20g	6	C	6-28055-03516-9
5902	King bolete (Porcini)	20g	6	C	6-28055-03518-3
5903	Oyster mushroom	20g	6	C	6-28055-03507-7
5904	Shiitake	20g	6	C	6-28055-03508-4
5905	Forest mix	20g	6	C	6-28055-03515-2
5906	Black trumpet	20g	6	C	6-27843-14777-0
5907	Chanterelles	20g	6	C	6-27843-14774-9



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5908 Pine Mushroom (Matsutake) 20g 6 C 6-27843-14772-5

AMY'S KITCHEN

ORG. CANNED SOUPS ~ GLUTEN FREE

5859	Quinoa, kale & red lentil	398mL	12	½	0-42272-90669-7	G O	K
5860	Golden lentil dal	398mL	12	½	0-42272-90593-5	G O	K
5880	Lentil	398mL	12	½	0-42272-90502-7	G O	K
5890	Lentil vegetable	398mL	12	½	0-42272-90535-5	G O	K
5862	Hearty french country vegetable	398mL	12	½	0-42272-90591-1	G O	K
5863	Chunky vegetable	398mL	12	½	0-42272-90540-9	G O	K
5864	Fire roasted southwestern vegetable	398mL	12	½	0-42272-90547-8	G O	K
5870	Tomato bisque	398mL	12	½	0-42272-90536-2	G O	K
5884	Cream of tomato	398mL	12	½	0-42272-90501-0	G O	K
5885	Black bean vegetable	398mL	12	½	0-42272-90504-1	G O	K
5886	Split pea	398mL	12	½	0-42272-90505-8	G O	K
5891	Mushroom bisque with porcini	398mL	12	½	0-42272-90626-0	G O	K
5892	Carrot Ginger	398mL	12	½	0-42272-90740-3	G O	K

ORG. CANNED SOUPS

5881	No chicken noodle	398mL	12	½	0-42272-90503-4	O	K
5882	Minestrone	398mL	12	½	0-42272-90507-2	O	K
5883	Cream of mushroom	398mL	12	½	0-42272-90506-5	O	K
5887	Vegetable barley	398mL	12	½	0-42272-90508-9	O	K
5888	Alphabet	398mL	12	½	0-42272-90514-0	O	K
5889	Butternut squash	398mL	12	½	0-42272-90534-8	O	K

ORG. CANNED SOUPS

~ LOWER IN SODIUM & GLUTEN FREE

5865	Lentil	398mL	12	½	0-42272-90583-6	G O	K
5866	Minestrone	398mL	12	½	0-42272-90585-0	G O	K
5868	Lentil vegetable	398mL	12	½	0-42272-90582-9	G O	
5867	Tomato bisque	398mL	12	½	0-42272-90586-7	G O	K
5869	Split pea	398mL	12	½	0-42272-90584-3	G O	K

ORG. CHILI ~ GLUTEN FREE

5877	Medium	398mL	12	½	0-42272-90510-2	G O	K
5878	Medium with vegetables	398mL	12	½	0-42272-90511-9	G O	K
5879	Spicy chili	398mL	12	½	0-42272-90512-6	G O	K

ORG. BAKED BEANS ~ GLUTEN FREE

5873	Vegetarian	398mL	12	½	0-42272-90517-1	G O	K
5874	Traditional	398mL	12	½	0-42272-90550-8	G O	K
5875	Black beans	398mL	12	½	0-42272-90551-5	G O	K
5876	With green chiles	398mL	12	½	0-42272-90552-2	G O	K

FAMILY SIZE MEALS

❄	8735	Cheese enchilada with beans & corn	756g	8	C	0-42272-90964-3	G O	K
❄	8736	Vegetable lasagna	920g	8	C	0-42272-91396-1	G O	K



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	* 8737	Broccoli & cheddar bake LASAGNA	860g	8	C	0-42272-91398-5	G O K
	* 8705	Vegetable	269g	12	1/2	0-42272-90032-9	O K
	* 8710	Vegetable ~ gluten free & dairy free WHOLE MEAL ~ GLUTEN FREE	255g	12	1/2	0-42272-90814-1	G O K
	* 8754	Cheese enchilada with beans & corn	255g	12	1/2	0-42272-90057-2	G O K
	* 8715	Veggie loaf ~ mashed potatoes & vegetables INDIAN MEALS ~ GLUTEN FREE	284g	12	1/2	0-42272-90053-4	G O K
	* 8712	Palak paneer	283g	12	1/2	0-42272-90059-6	G O K
	* 8714	Mattar paneer	284g	12	1/2	0-42272-90058-9	G O K
	* 8716	Vegetable korma BOWLS ~ GLUTEN FREE	269g	12	1/2	0-42272-90250-7	G O K
	* 8764	3 cheese & kale bake bowl	241g	12	1/2	0-42272-91056-4	G O K
	* 8739	Mac & 3 Cheese with Cauliflower Bowl BOWLS	234g	12	1/2	0-42272-91320-6	G O K
	* 8738	Asian Dumpling Bowl	241g	12	1/2	0-42272-91219-3	O K
	* 8767	Spinach & ricotta cheese ravioli MACARONI & CHEESE	241g	12	1/2	0-42272-91129-5	O K
	* 8703	With aged cheddar cheese	255g	12	1/2	0-42272-90030-5	O K
	* 8704	Rice mac & cheese ~ gluten free	255g	12	1/2	0-42272-90045-9	G O K
	* 8708	Rice mac & cheese ~ gluten free & vegan PIZZAS	227g	12	1/2	0-42272-91389-3	G O K
	* 8722	Cheese pizza	369g	8	C	0-42272-90101-2	O K
	* 8723	Spinach pizza	397g	8	C	0-42272-90102-9	O K
	* 8728	Margherita pizza BURRITOS	369g	8	C	0-42272-90199-9	O K
	* 8706	Bean & rice burrito	170g	12	C	0-42272-90070-8	O K
	* 8707	Bean rice & cheese burrito	170g	12	C	0-42272-90071-5	O K
	* 8745	Black bean burrito	170g	12	C	0-42272-90073-9	O K
	* 8719	Vietnamese bahn mi burrito BURRITOS ~ GLUTEN FREE	170g	12	C	0-42272-91238-4	O K
	* 8747	Bean & cheese burrito	156g	12	C	0-42272-90353-5	G O K
	* 8748	Bean & rice burrito (non dairy) WRAPS	156g	12	C	0-42272-90352-8	G O K
	* 8749	Tofu scramble breakfast wrap ~ gluten free	156g	12	C	0-42272-90807-3	G O K
	* 8750	Indian samosa wrap	142g	12	1/2	0-42272-90260-6	O K



ATLANTIC MARICULTURE

ORGANIC SEAWEED

6301	Dulse	40g	12	1/2	0-67835-77405-6	O
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AVAFINA ORGANICS

CHIA BASED VEGAN SPREAD



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	* 8380	<i>The vegan's caviar</i>	200g	8	C	8-50321-00033-9	G O
		CASHEW BASED VEGAN CHEESE SPREAD					
	* 8381	<i>Cream cheese</i>	200g	8	C	8-50321-00032-2	G O
	* 8382	<i>Pesto cream cheese</i>	200g	8	C	8-50321-00040-7	G O
	* 8383	<i>Spicy chipotle</i>	200g	8	C	8-50321-00043-8	G O
	* 8384	<i>Onion and chives</i>	200g	8	C	8-50321-00038-4	G O



BARISTA

ORGANIC COFFEE BEANS

3150	<i>Bio uno espresso ~ lemon and almond</i>	340g	6	C	8-30764-00198-8	O
3152	<i>Bio due espresso ~ bright chocolate notes</i>	340g	6	C	8-30764-00200-8	O
3154	<i>Bio tre espresso ~ rich and caramelized</i>	340g	6	C	8-30764-00202-2	O
	ORGANIC GROUND COFFEE					
3153	<i>Bio uno espresso ~ lemon and almond</i>	340g	6	C	8-30764-00201-5	O
3151	<i>Bio due espresso ~ bright chocolate notes</i>	340g	6	C	8-30764-00199-5	O
3155	<i>Bio tre espresso ~ rich and caramelized</i>	340g	6	C	8-30764-00204-6	O



BASE VEGETALE

TOFU

* 8023	<i>Pumpkin seed ~ original</i>	300g	12	1/2	6-28011-17906-7	G O
* 8024	<i>Pumpkin seed ~ fine herbs</i>	300g	12	1/2	6-28011-17907-4	G O



BENTILIA

RED LENTIL PASTA

7009	<i>Ziti + 10 superfoods</i>	227g	6	C	6-28055-20963-8	G K
7010	<i>Penne</i>	227g	6	C	6-28055-20921-8	G K
7011	<i>Rotini</i>	227g	6	C	6-28055-20920-1	G K
7012	<i>Macaroni</i>	227g	6	C	6-28055-20925-6	G K



BETTER RAMEN

BROWN RICE RAMEN ~ GLUTEN FREE & VEGAN

8150	<i>Original</i>	65g	12	C	8-51335-00078-0	G
8151	<i>Japanese curry</i>	65g	12	C	8-51335-00079-7	G
8152	<i>Just the noodles</i>	280g	12	C	8-51335-00058-2	G



BLUE MONKEY

COCONUT WATER IN CAN ~ 330ML

4170	<i>Pure coconut water</i>	330mL	24	C	0-59654-17003-4	G
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COCONUT WATER IN CAN ~ 520ML

4168	<i>Pure coconut water</i>	520mL	24	C	0-59654-17001-0	G
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	4169	Pure coconut water with pulp ORG COCONUT WATER	520mL	24	C	0-59654-17002-7	G
	4189	Pure coconut water ~ 1L in tetra pak	1L	12	C	0-59654-22222-1	G O
	4184	Pure coconut water ~ 500mL in can ORGANIC COCONUT CREAM	500mL	12	C	0-59654-13333-6	G O
	4185	Coconut cream	400mL	24	C	0-59654-33001-8	G O

BOB'S RED MILL

BOB'S BAR ~ GLUTEN FREE OAT BAR

4911	Peanut butter & jelly	50g	12	C	0-39978-25902-8	G	K
4912	Peanut butter & chocolat	50g	12	C	0-39978-24902-9	G	K
4913	Peanut butter & honey	50g	12	C	0-39978-00371-3	G	K

BAKING AIDS

±	4869	Xanthan gum	227g	5	C	0-39978-35555-3	G	K
	4866	Nutritional yeast - large flakes	142g	4	C	0-39978-32546-4	G	K
	4857	Active dry yeast	227g	5	C	0-39978-32501-3	G	K
	4860	Arrowroot starch/flour	454g	4	C	0-39978-33505-0	G	K
	4861	Baking powder	397g	4	C	0-39978-31392-8	G	K
	4862	Baking soda	454g	4	C	0-39978-32391-0	G	K
	4863	Corn starch	510g	4	C	0-39978-32583-9	G	K
	4870	Egg replacer - gluten free	340g	5	C	0-39978-30620-3	G	K
	4868	Guar gum	227g	5	C	0-39978-31554-0	G	K
	4864	Potato starch	624g	4	C	0-39978-32525-9	G	K
	4915	Shredded coconut ~ unsweetened	340g	4	C	0-39978-33578-4		K
	4979	Tapioca flour	454g	4	C	0-39978-32536-5	G	K

NUT FLOUR

4934	Almond flour ~ blanched almonds	907g	4	C	0-39978-33381-0	G	K
4945	Almond flour ~ blanched almonds	453g	4	C	0-39978-34381-9	G	K
4971	Natural almond flour	453g	4	C	0-39978-33380-3	G	K
4984	Organic coconut flour	453g	4	C	0-39978-32815-1	G O	K

GLUTEN FREE FLOUR & MEALS

5011	1 to 1 baking flour	624g	4	C	0-39978-34453-3	G	K
5012	1 to 1 baking flour	1.24Kg	4	C	0-39978-35453-2	G	K
5017	1 to 1 baking flour	1.8kg	4	C	0-39978-36453-1	G	K
4955	All purpose baking flour	624g	4	C	0-39978-33452-7	G	K
4982	All purpose baking flour	1.24Kg	4	C	0-39978-34452-6	G	K
4974	Brown rice flour	680g	4	C	0-39978-00197-9	G	K
4983	Brown rice flour ~ organic	680g	4	C	0-39978-00242-6	G O	K
4970	Cassava flour	567g	4	C	0-39978-30178-9	G	K
4956	Garbanzo & fava bean flour	624g	4	C	0-39978-00228-0	G	K
4954	Chickpea flour	454g	4	C	0-39978-00240-2	G	K
5146	Paleo baking flour	454g	4	C	0-39978-33349-0	G	K
4973	Potato flour	680g	4	C	0-39978-00238-9	G	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	4924	Sweet white rice flour	680g	4	C	0-39978-00244-0	G K
	4957	Sweet white sorghum flour	624g	4	C	0-39978-00234-1	G K
	4975	White rice flour	680g	4	C	0-39978-00198-6	G K
	5072	Whole grain oat flour	510g	4	C	0-39978-00227-3	G K
		FLOUR & MEALS					
	5104	Artisan bread flour	2.27Kg	4	C	0-39978-30236-6	K
	5105	Unbleached white fine pastry flour	2.27Kg	4	C	0-39978-32298-2	K
	5106	Whole wheat flour	2.27Kg	4	C	0-39978-33300-1	K
	5103	All purpose flour ~ unbleached white	2.27Kg	4	C	0-39978-33301-8	K
	4951	Cornmeal medium	680g	4	C	0-39978-00196-2	K
	4988	Cornmeal medium - organic	680g	4	C	0-39978-00214-3	O K
	4949	Masa harina corn flour	624g	4	C	0-39978-00215-0	K
	4961	Organic buckwheat flour	624g	4	C	0-39978-00187-0	O K
	5077	Organic spelt flour	567g	4	C	0-39978-00210-5	O K
	4976	Semolina flour	680g	4	C	0-39978-00213-6	K
		GLUTEN FREE MIXES					
	5029	Corbread mix	567g	4	C	0-39978-00199-3	G K
	5019	Brownie mix	595g	4	C	0-39978-00200-6	G K
	5028	Chocolate chip cookie mix	624g	4	C	0-39978-00207-5	G K
	5018	Muffin mix	454g	4	C	0-39978-00226-6	G K
	5013	Pie crust	454g	4	C	0-39978-00224-2	G K
	5032	Pizza crust	454g	4	C	0-39978-00208-2	G K
		OATS ~ GLUTEN FREE					
	5046	Extra thick rolled oats	907g	4	C	0-39978-33374-2	G K
	5049	Old fashioned rolled oats	907g	4	C	0-39978-32375-0	G K
	5047	Quick-cooking rolled oats	794g	4	C	0-39978-32376-7	G K
	5048	Steel cut oats	680g	4	C	0-39978-32373-6	G K
	5068	Oat bran cereal	454g	4	C	0-39978-32378-1	G K
		ORGANIC OATS ~ GLUTEN FREE					
	5143	Extra thick rolled oats	907g	4	C	0-39978-32386-6	G O K
	5144	Old fashioned rolled oats	907g	4	C	0-39978-32387-3	G O K
	5145	Quick cooking oats	794g	4	C	0-39978-32388-0	G O K
	5142	Steel cut oats	680g	4	C	0-39978-32385-9	G O K
		ORGANIC OATS					
	5065	Extra thick rolled oats	454g	4	C	0-39978-34954-5	O K
	5063	Extra thick rolled oats	907g	4	C	0-39978-35954-4	O K
	5061	Old fashioned rolled oats	454g	4	C	0-39978-34952-1	O K
	5062	Old fashioned rolled oats	907g	4	C	0-39978-35952-0	O K
	5059	Quick-cooking rolled oats	454g	4	C	0-39978-33953-9	O K
	5060	Quick-cooking rolled oats	907g	4	C	0-39978-34953-8	O K
	5064	Scottish oatmeal	567g	4	C	0-39978-32956-1	O K
	5066	Steel cut oats	680g	4	C	0-39978-32957-8	O K
	5058	Oat bran cereal	510g	4	C	0-39978-32955-4	O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
		ROLLED OAT					
	5052	Extra thick	907g	4	C	0-39978-35155-5	K
	5053	Old fashioned	907g	4	C	0-39978-00379-9	K
	5054	Quick cooking	907g	4	C	0-39978-00384-3	K
		OATS					
	5051	Scottish oatmeal	567g	4	C	0-39978-34121-1	K
	5057	Steel cut oats	680g	4	C	0-39978-34140-2	K
	5055	Extra thick rolled oats	454g	4	C	0-39978-34155-6	K
		OATMEAL - MICROWAVABLE CUP					
	5135	Apple cinnamon	67g	12	C	0-39978-30184-0	G K
	5136	Blueberry hazelnut	71g	12	C	0-39978-31184-9	G K
	5137	Classic	51g	12	C	0-39978-32184-8	G K
	5138	Maple brown sugar	61g	12	C	0-39978-33184-7	G K
		MUESLI					
	4894	Muesli ~ gluten free	453g	4	C	0-39978-32366-8	G K
	4888	Old country style	510g	4	C	0-39978-34103-7	K
	5149	Paleo style ~ gluten free	396g	4	C	0-39978-30350-9	G K
	5150	Tropical ~ gluten free	396g	4	C	0-39978-30368-4	G K
		GRANOLA					
	4908	Maple sea salt	312g	6	C	0-39978-00361-4	G K
	4909	Lemon blueberry	312g	6	C	0-39978-00363-8	G K
	4910	Peanut butter	312g	6	C	0-39978-00370-6	G K
		SEEDS					
	4991	Flaxseeds ~ brown	368g	4	C	0-39978-33620-0	G K
	5001	Hulled hemp seeds	227g	5	C	0-39978-32596-9	K
	5002	Chia seeds ~ organic	340g	5	C	0-39978-30844-3	O K
	4952	Flaxseed meal	453g	4	C	0-39978-33330-8	G K
	4953	Flaxseed meal	907g	4	C	0-39978-34330-7	G K
	4962	Flaxseed meal ~ organic	453g	4	C	0-39978-33937-9	G O K
	4964	Flaxseed meal ~ organic golden	453g	4	C	0-39978-33940-9	G O K
		PANCAKE MIX					
	5021	Pancake mix	680g	4	C	0-39978-32462-7	G K
	5027	Pancake / waffle mix ~ buttermilk	680g	4	C	0-39978-32880-9	K
	5025	Pancake / waffle mix ~ 10 grain	680g	4	C	0-39978-32204-3	K
	5026	Pancake / waffle mix ~ buckwheat	680g	4	C	0-39978-31881-7	K
	5024	Pancake / waffle mix ~ paleo	368g	4	C	0-39978-00185-6	G K
		GRAIN FREE MIXES					
	5007	Blueberry muffin mix	255g	5	C	0-39978-00300-3	G K
	5008	Chocolate cake mix	300g	5	C	0-39978-00318-8	G K
	5009	Brownie mix	340g	5	C	0-39978-00322-5	G K
	5010	Flatbread mix	200g	5	C	0-39978-00329-4	G K
		GRAINS & SEEDS					
	4999	Hulled millet	794g	4	C	0-39978-00253-2	G K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	4997	Organic buckwheat groats	454g	4	C	0-39978-00189-4	G O K
	5005	Organic farro	680g	4	C	0-39978-00211-2	O K
	4995	Organic quinoa grain ~ white	737g	4	C	0-39978-34323-9	G O K
	4916	Organic quinoa grain ~ white	369g	5	C	0-39978-33323-0	G O K
	CEREALS						
	4884	"Creamy rice" brown rice farina	737g	4	C	0-39978-00121-4	G K
	4883	10 grain	709g	4	C	0-39978-00119-1	K
	4880	5 grain rolled	454g	4	C	0-39978-00115-3	K
	4882	8 grain - gluten free	709g	4	C	0-39978-00118-4	G K
	4889	Mighty tasty hot cereal	680g	4	C	0-39978-00117-7	G K
	4896	Organic creamy buckwheat	510g	4	C	0-39978-00106-1	G O K
	4905	Wheat bran	227g	4	C	0-39978-00217-4	K
	4907	Wheat germ	340g	4	C	0-39978-00216-7	K
	ENTREES						
	4936	13 beans soup mix	822g	4	C	0-39978-00127-6	K
	4932	Gloden couscous	680g	4	C	0-39978-00258-7	K
	4935	Organic corn grits / polenta	680g	4	C	0-39978-00257-0	O K
	4930	Red bulgur - cracked whole grain wheat	680g	4	C	0-39978-00248-8	K
	4939	Typ ~ textured veg protein ~ gluten free	340g	4	C	0-39978-00129-0	G K
	4937	Vegi soup mix	794g	4	C	0-39978-00128-3	K
	4958	Vital wheat gluten flour	567g	4	C	0-39978-00212-9	K
	DISPLAY						
	5079	Empty shipper (can hold 8 CS)	--	1	U	N/A	

BRAGG

ORGANIC VINEGAR IN GLASS BOTTLE

3966	Organic apple cider vinegar	946mL	12	½	0-74305-10132-8	O K
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LIQUID SOY SEASONING

3962	Liquid soy seasoning	946mL	12	½	0-74305-10032-1	G K
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ORGANIC SOY FREE ALL PURPOSE SEASONING

3969	Coconut nectar	296mL	12	½	0-74305-10610-1	G O K
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ORGANIC SALT-FREE SEASONING BLEND

3958	Sprinkle - 24 herbs & spices	42.5g	12	½	0-74305-06002-1	G K
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BY2048

PLANT BASED SEAFOOD

≡	8305	Smoked salmon	105g	8	C	6-28678-92000-2
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CESARES

SNACKS

7880	Chestnuts ~ roasted & peeled	150g	24	½	8-19377-00012-0	G
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CITY SNACKS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
FREEZE DRIED FRUIT SNACKS							
	7870	Banana & strawberry	17g	8	C	8-19377-00824-9	G T
	7871	Pineapple	16g	8	C	8-19377-00819-5	G
	7872	Peach	15g	8	C	8-19377-00821-8	G
	7873	Pear	15g	8	C	8-19377-00823-2	G
	7874	Apple	18g	8	C	8-19377-00822-5	G
	7875	Banana	20g	8	C	8-19377-00820-1	G
	7876	Strawberry	11g	8	C	8-19377-00818-8	G

NEW

CLOUD 9 ~ GLUTEN FREE

GLUTEN FREE BAKING MIXES

NEW
NEW
NEW
NEW
NEW
NEW

3800	Brownie	550g	8	C	8-16512-00004-5	G
3801	Chocolate cake & cupcake	600g	8	C	8-16512-00029-8	G
3802	Vanilla cake & cupcake	600g	8	C	8-16512-00177-6	G
3803	Chocolate chip cookie	405g	8	C	8-16512-00005-2	G
3804	Pancake & waffle	1Kg	8	C	8-16512-00090-8	G
3805	All-purpose	1.25Kg	6	C	8-16512-00050-2	G

COLD MOUNTAIN

MISO

✱	6232	Mellow red miso	397g	6	C	8-13074-00170-1	G K
✱	6235	Mellow white miso	397g	6	C	8-13074-00171-8	G K
✱	6233	Kyoto red miso (low sodium)	397g	6	C	8-13074-00168-8	G K
✱	6234	Kyoto white miso (low sodium)	397g	6	C	8-13074-00169-5	G K
✱	6236	Light yellow miso	397g	6	C	8-13074-00172-5	G K
✱	6237	Red miso	397g	6	C	8-13074-12173-2	G K

CRAFTED CANDY

VEGAN CANDY

8142	Gummy bears	100g	12	C	8-51335-00052-0	T
8143	Peach hearts	100g	12	C	8-51335-00053-7	T
8144	Cola gummies	100g	12	C	8-51335-00054-4	T

EARTH BALANCE

TRADITIONAL SPREAD

✱	8814	Soy free	425g	12	+	1/2	0-33776-01169-7	G K
✱	8815	Original	425g	12	+	1/2	0-33776-01172-7	G K
✱	8816	Organic	368g	12	+	1/2	0-33776-01184-0	G O K
✱	8817	Soy free made with olive oil	368g	6	+	C	0-33776-01170-0	G K

COOKING & BAKING STICKS

✱	8820	Vegan	454g	18	+	1/2	0-33776-01182-6	G K
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TRADITIONAL SPREAD ~ 1.3KG

✱	8819	Original	1.3Kg	6	+	C	0-33776-01188-8	G K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
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EARTHBOUND FARM

ORGANIC FRUITS ~ VALUE SIZE

NEW	❄	9940	Blueberries	900g	6	C	0-32601-95415-4	O
NEW	❄	9941	Mango chunks	900g	6	C	0-32601-95416-1	O
NEW	❄	9942	Triple berry blend	900g	6	C	0-32601-95417-8	O
NEW	❄	9943	Strawberries	900g	6	C	0-32601-95418-5	O

ORGANIC FRUITS

❄	9400	Blueberries	300g	12	+	½	0-32601-02530-4	O
❄	9401	Dark sweet cherries	300g	12		½	0-32601-02529-8	O
❄	9402	Strawberries	300g	12		½	0-32601-02528-1	O
❄	9404	Berry blend ~ straw, black, blue & raspberries	300g	12	+	½	0-32601-02531-1	O
❄	9405	Mango chunks	300g	12		½	0-32601-02533-5	O
❄	9407	Sliced peaches	300g	12	+	½	0-32601-02535-9	O

ORGANIC VEGETABLES ~ VALUE SIZE

NEW	❄	9944	Broccoli	750g	6	C	0-32601-95419-2	O
NEW	❄	9945	Sweet corn	900g	6	C	0-32601-95420-8	O
NEW	❄	9946	Green peas	900g	6	C	0-32601-95421-5	O

ORGANIC VEGETABLES

❄	9410	Green peas	350g	12	+	½	0-32601-02522-9	O
❄	9411	Sweet corn	350g	12	+	½	0-32601-02526-7	O
❄	9412	Cut spinach	300g	12		½	0-32601-02524-3	O
❄	9413	Butternut squash	400g	12	+	½	0-32601-02525-0	O
❄	9414	Whole green beans	300g	12	+	½	0-32601-02521-2	O
❄	9415	Kale	300g	12		½	0-32601-02554-0	O
❄	9416	Broccoli	300g	12	+	½	0-32601-02527-4	O

EARTHBOUND FARM

ORGANIC VEGETABLES

❄	9410	Green peas	300g	12	+	½	0-32601-95423-9	O
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EARTH'S OWN

OAT BEVERAGE ~ 946ML

4135	Original unsweetened ~ zero sugar	946mL	12	C	6-26027-84402-3	K
4136	Vanilla unsweetened ~ zero sugar	946mL	12	C	6-26027-84404-7	K
4130	Original	946mL	12	C	6-26027-81402-6	K
4131	Vanilla	946mL	12	C	6-26027-81404-0	K
4133	Chocolate	946mL	12	C	6-26027-81405-7	K
4132	Barista blend	946mL	12	C	6-26027-81407-1	K

SO NICE ~ SOY COFFEE CREAMER

4138	Barista blend	946mL	12	C	6-26027-08770-3	G K
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ECHOCLEAN



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
FABRIC SOFTENER SHEETS							
	2763	Lavender	80 sheets	12	½	0-63827-60043-3	T
	2764	Vanilla citrus	80 sheets	12	½	0-63827-60042-6	T
EDEN FOODS							
ORGANIC BEANS IN A CAN							
	3360	Pinto beans	398mL	12	½	0-24182-00350-5	O K
	3362	Garbanzo beans	398mL	12	½	0-24182-00351-2	O K
	3363	Adzuki beans	398mL	12	½	0-24182-00352-9	O K
	3364	Black beans	398mL	12	½	0-24182-00353-6	O K
	3366	Kidney beans	398mL	12	½	0-24182-00354-3	O K
	3367	Navy beans	398mL	12	½	0-24182-00355-0	O K
	3368	White kidney beans (cannellini)	398mL	12	½	0-24182-00358-1	O K
	3370	Black soy beans, no salt added	398mL	12	½	0-24182-00320-8	O K
	3371	Small red beans	398mL	12	½	0-24182-00356-7	O K
	3373	Black eyed peas	398mL	12	½	0-24182-00357-4	O K
	3374	Great northern beans	398mL	12	½	0-24182-00387-1	O K
	3387	Butter beans	398mL	12	½	0-24182-00359-8	O K
ORGANIC BEANS IN A CAN (LARGE SIZE)							
	3865	Pinto beans	796mL	12	½	0-24182-28350-1	O K
	3866	Black beans	796mL	12	½	0-24182-28353-2	O K
	3867	Garbanzo beans	796mL	12	½	0-24182-28351-8	O K
	3868	White kidney beans (cannellini)	796mL	12	½	0-24182-28358-7	O K
	3869	Navy beans	796mL	12	½	0-24182-28355-6	O K
	3870	Kidney beans	796mL	12	½	0-24182-28354-9	O K
	3871	Black eyed peas	796mL	12	½	0-24182-00379-6	G O K
ORGANIC BEANS IN A CAN IN BULK							
	3855	Garbanzo beans	3.06Kg	6	C	0-24182-00263-8	O
	3856	Black beans	3.06Kg	6	C	0-24182-00265-2	O
	3857	Pinto beans	3.06Kg	6	C	0-24182-00262-1	O
	3860	Navy beans	3.06Kg	6	C	0-24182-00267-6	O
ORGANIC PRECOOKED BEANS							
	3396	Baked beans with mustard	398mL	12	½	0-24182-00385-7	O K
	3397	Lentils-onion & bay leaves	398mL	12	½	0-24182-00388-8	O K
ORGANIC REFRIED BEANS							
	3400	Organic black beans	398mL	12	½	0-24182-00399-4	O K
	3402	Organic kidney beans	398mL	12	½	0-24182-00396-3	O K
	3403	Organic pinto beans	398mL	12	½	0-24182-00398-7	O K
ORGANIC NUT BUTTER							
	4253	Roasted black sesame butter	454g	12	½	0-24182-00393-2	G O
GOMASHIO							
	3880	Original sesame shake (with sea salt)	100g	12	½	0-24182-00301-7	K
	3881	Garlic shake (with sea salt)	100g	12	½	0-24182-00305-5	K

**SPECIAL
ORDER
ITEM**



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	3882	Seaweed shake (with sea salt)	100g	12	½	0-24182-00309-3	K
	3883	Organic black & tan gomashio	100g	12	½	0-24182-00203-4	O K
		ORGANIC MUSTARD ~ GLASS JAR					
	3845	Brown stone ground mustard	253mL	12	½	0-24182-00312-3	O K
		ORGANIC MUSTARD ~ SQUEEZE BOTTLE					
	3848	Brown mustard with apple cider vinegar	253mL	12	½	0-24182-00314-7	O K
	3849	Yellow mustard with apple cider vinegar	253mL	12	½	0-24182-00313-0	O K
		SEA SALTS					
	3885	French celtic	397g	12	½	0-24182-00315-4	
	3886	Portuguese	453g	12	½	0-24182-00316-1	
		EDENSOY ORGANIC SOY BEVERAGE					
	3461	Original	946mL	12	C	0-24182-02705-1	O K
	3463	Carob	946mL	12	C	0-24182-02515-6	O K
	3466	Unsweetened	946mL	12	C	0-24182-02706-8	O K
		FRUITS					
	4246	Organic apple sauce	398mL	12	½	0-24182-00349-9	O K
	4255	Organic apple butter	482g	12	½	0-24182-00369-7	O K
		ORGANIC POPCORN					
	5082	Organic popcorn	566g	12	½	0-24182-03386-1	O K
		CONDIMENTS					
	3844	Wasabi powder in tin can	25g	6	C	0-24182-00218-8	K
		FIRST PRESSED OILS					
	4648	Sesame	473mL	12	½	0-24182-00025-2	O K
	4652	Toasted sesame seed	148mL	12	½	0-24182-00030-6	K
	4653	Toasted sesame seed	295mL	12	½	0-24182-42329-7	K
		ORG 100% WHOLE GRAIN PASTA					
	5643	Kamut & buckwheat rigatoni	340g	6	C	0-24182-11153-8	O K
	5644	Kamut elbows	396g	6	C	0-24182-11157-6	O K
	5619	Kamut spirals	340g	6	C	0-24182-11351-8	O K
	5630	Kamut vegetable spirals	340g	6	C	0-24182-11356-3	O K
	5655	Spelt ribbons	227g	6	C	0-24182-00109-9	O K
		ORGANIC GOLDEN AMBER DURUM WHEAT PASTA					
	5626	Vegetable spirals	340g	6	C	0-24182-11340-2	O K
		IMPORTED TRADITIONAL PASTA					
	6450	Mung bean ~ harusame	70g	12	½	0-24182-20502-2	G
		ORGANIC SAUERKRAUT					
	3822	Sauerkraut in jar	796mL	12	½	0-24182-01300-9	O K
	3818	Sauerkraut in jar	447mL	12	½	0-24182-01304-7	O K
	3819	3 onion sauerkraut in jar	447mL	12	½	0-24182-01306-1	O K
	3820	Kimchi sauerkraut in jar	447mL	12	½	0-24182-01305-4	O K
		DRIED SEAWEEDS					
	6345	Kombu	60g	6	C	0-24182-15273-9	K
	6352	Sushi nori (7 sheets, toasted)	17g	6	C	0-24182-15769-7	



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
SNACKS							
	3217	Organic pumpkin seeds	113g	15	C	0-24182-02084-7	O K
	3218	Organic spicy pumpkin seeds	113g	15	C	0-24182-02081-6	O K
ORGANIC TEAS							
	6495	Sencha green tea (16 bags)	24g	12	½	0-24182-18137-1	O K
	6505	Hojicha (16 bags)	24g	12	½	0-24182-18145-6	O K
	6497	Hojicha chai roasted green tea (16 bags)	43g	12	½	0-24182-18138-8	O K
	6496	Chamomile herb tea(16 bags)	16g	12	½	0-24182-18142-5	O K
	6502	Kukicha (16 bags)	32g	12	½	0-24182-18120-3	O K
	6504	Genmaicha (16 bags)	29g	12	½	0-24182-18156-2	O K
VINEGAR							
	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	½	0-24182-00362-4	O K
	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	½	0-24182-00361-1	O K
	3955	Red wine vinegar	473mL	12	½	0-24182-00162-4	
	6790	Brown rice vinegar	148mL	12	½	0-24182-42086-9	K
	6791	Brown rice vinegar	296mL	12	½	0-24182-42087-6	K
	6794	Umeboshi Vinegar	296mL	12	½	0-24182-42590-1	K
ORGANIC TOMATO SAUCES							
	3379	Spaghetti sauce in jars, unsalted	680mL	12	½	0-24182-00318-5	O K
	5610	Pizza & pasta sauce (amber glass)	398mL	12	½	0-24182-03313-7	O K
ORGANIC CRUSHED TOMATOES IN AMBER GLASS							
	5608	Crushed tomatoes	680mL	12	½	0-24182-03312-0	O K

EDWARD & SONS

EXOTIC RICE TOAST							
	9766	Purple rice & black sesame	65g	12	½	0-43182-00062-8	G
ORGANIC BAKED BROWN RICE SNAPS							
	9794	Black sesame	100g	12	½	0-39631-00046-2	G O
	9830	Unsalted plain	100g	12	½	0-39631-00041-7	G O
	9833	Vegetable	100g	12	½	0-39631-00044-8	G O
BAKED BROWN RICE SNAPS							
	9834	Tamari sesame	100g	12	½	0-11206-00034-3	G
	9835	Tamari seaweed	100g	12	½	0-11206-00035-0	G
	9836	Unsalted sesame	100g	12	½	0-11206-00036-7	G
MISO SOUP							
	9838	Organic miso Japanese restaurant style	82g	6	C	0-43182-00098-7	O
	9839	Reduced sodium miso soup	29g	12	C	0-43182-00091-8	
	9840	Original golden miso soup	72g	12	C	0-11206-00093-0	
	9841	Seaweed miso soup	72g	12	C	0-11206-00094-7	
	9844	Organic traditional tofu miso soup	36g	12	C	0-43182-00092-5	O
ORGANIC MASHED POTATOES							
	9770	Home style	100g	6	C	0-43182-00070-3	G O K
	9771	Roasted garlic	100g	6	C	0-43182-00071-0	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
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ORGANIC BREADCRUMBS

9760	Panko ~ japanese style	300g	6	C	0-43182-00060-4	O
9761	Lightly salted	425g	6	C	0-43182-00058-1	O
9762	Italian herbs	425g	6	C	0-43182-00059-8	O

ENLIGHTENED

FROZEN DESSERT ~ KETO

* 8355	Chocolate	473ml	8	C	8-10036-94502-8	G T
* 8356	Vanilla bean	473ml	8	C	8-10036-94503-5	G T
* 8357	Mint chocolate	473ml	8	C	8-10036-94504-2	G T
* 8358	Coffee chip	473ml	8	C	8-10036-94505-9	G T
* 8360	Caramel fudge	473ml	8	C	8-10036-94508-0	G T
* 8361	Brownies & cookie dough light	473ml	8	C	8-10036-94601-8	T

GREEK YOGURT BARS

* 8370	Caramel brownie	4x106ml	8	C	8-10036-94100-6	T
* 8371	Peanut butter cup	4x106ml	8	C	8-10036-94101-3	T

FROZEN DESSERT BARS ~ KETO

* 8365	Dark chocolate ~ caramel peanut	4x31ml	8	C	8-10036-94300-0	T K
* 8366	Peanut butter chocolate	4x31ml	8	C	8-10036-94301-7	T K
* 8367	Dark chocolate ~ vanilla almond	4x31ml	8	C	8-10036-94302-4	T K



EVERLAND

NUTRITIONAL YEAST

7320	Engevita yeast powder	285g	6	+	C	0-59443-10006-8
7321	Flakes	250g	6	+	C	0-59443-10027-3

ORGANIC PEANUT

7323	Organic redskin raw peanuts	400g	12	½	0-59443-10326-7	O
7324	Organic roasted peanuts	400g	12	½	0-59443-10328-1	O
7325	Organic roasted peanuts ~ salted	400g	12	½	0-59443-10329-8	O

ORGANIC CHOCOLATE CHIPS

7326	Organic dark chocolate chips ~ 55%	400g	12	½	0-59443-10381-6	O
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OIL

7329	Avocado oil	375mL	12	½	0-59443-11423-2	
7330	Organic flax oil	500mL	6	C	0-59443-11426-2	O

ORGANIC VINEGAR

7331	<i>Organic rice vinegar</i>	375mL	12	½	0-59443-60215-9	O
7332	<i>Organic balsamic vinegar</i>	375mL	12	+ ½	0-59443-60216-6	O

ORGANIC OAT

7333	Organic small rolled oats	2lbs	12	½	0-59443-91544-0	O
7334	Organic large rolled oats	2lbs	12	½	0-59443-91546-4	O

BAKING PRODUCT

7322	Baking soda	400g	6	C	0-59443-10181-2	
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
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7327	Organic almond meal ~ raw	340g	12	½	0-59443-10602-2	O
7328	Organic coconut flour	454g	12	½	0-59443-10609-1	O
7335	Organic chickpea flour	500g	6	C	0-59443-91585-3	O

FITBITE

CASSAVA CHIPS

7700	Spicy	100g	12	+	C	6-28055-77500-3	T
7701	Sea salt	100g	12	+	C	6-28055-77501-0	T
7702	Avocado	100g	12	+	C	6-28055-77506-5	T
7703	Chili lime	100g	12	+	C	6-28055-77505-8	T

FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

* 8314	Flax ~ yellow label	680g	6	+	C	0-73472-00124-0	O	K
* 8320	Original ~ orange label	680g	6	+	C	0-73472-00120-2	O	K
* 8321	Sesame ~ green label	680g	6	+	C	0-73472-00123-3	O	K
* 8323	Low sodium ~ light orange label	680g	6	+	C	0-73472-00153-0	O	K

GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

* 8317	Original ~ blue label	680g	6	+	C	0-73472-00141-7	O	K
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BREADS (WHEAT FREE & GLUTEN FREE)

* 8333	Brown rice bread	680g	6	+	C	0-73472-00169-1	G	K
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EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

3250	Original	454g	6	+	C	0-73472-00255-1		K
3251	Golden flax	454g	6	+	C	0-73472-00256-8		K
3253	Almond	454g	6	+	C	0-73472-00258-2		K

EZEKIEL 4:9

~ SPROUTED FLOURLESS FLAKE CEREAL

3254	Original	397g	6	+	C	0-73472-00260-5	O	K
3255	Flax + chia	397g	6	+	C	0-73472-00261-2	O	K
3256	Raisin	397g	6	+	C	0-73472-00262-9	O	K
3257	Almond	397g	6	+	C	0-73472-00263-6	O	K

GLUTEN FREE ENGLISH MUFFINS

* 8315	Brown rice	510g	6	+	C	0-73472-00185-1	G	K
* 8316	Multi seed	510g	6	+	C	0-73472-00186-8	G	K

EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS

* 8318	Cinnamon raisin ~ purple label	454g	6	+	C	0-73472-00117-2	O	K
* 8319	Original ~ orange label	454g	6	+	C	0-73472-00119-6	O	K

EZEKIEL 4:9 ~ TORTILLAS

* 8340	Organic sprouted grain tortillas ~ 10 inch	340g	12	+	½	0-73472-00200-1	O	K
* 8342	Gluten free brown rice tortillas ~ 10 inch	340g	12	+	½	0-73472-00369-5	G	K
* 8343	Org sprouted whole kernel corn ~ 6 inch	283g	12	-	½	0-73472-00370-1	O	K



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KOYO
FOODS INC.

MAIN LISTING

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FUNCTION NATURAL FOODS

KALE & QUINOA BITES

* 9475	Mediterranean ~ sundried tomato & basil	280g	8	C	8-51335-00072-8
* 9476	Teriyaki ~ garlic and ginger	280g	8	C	8-51335-00073-5
* 9477	Bombay ~ coconut curry	280g	8	C	8-51335-00076-6

QUINOA ARANCINI

* 9478	Rosemary + lemon	280g	8	C	8-51335-00074-2
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GARDEIN

FISH FREE

* 9253	Golden filets	288g	8	C	8-42234-00170-1
* 9265	Crabless cakes	205g	8	C	8-42234-00222-7

MEAT FREE PORK

* 9259	Porkless bites ~ sweet & sour	255g	8	C	8-42234-00322-4
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MEAT FREE BEEF

* 9262	Meatless meatballs ~ classic	360g	8	C	8-42234-00171-8
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PLANT BASED VEGAN SAUSAGE

* 9284	Supreme saus'ge links ~ spicy italian	397g	6	C	8-42234-41678-9	K
* 9285	Supreme saus'ge links ~ bratwurst	397g	6	C	8-42234-41677-2	K

MEAT FREE CHICKEN

* 9250	Crispy chick'n ~ mandarin orange	300g	8	C	8-42234-00087-2	
* 9251	Crispy tenders ~ seven grain	255g	8	C	8-42234-00064-3	
* 9254	Crispy fingers ~ chipotle line	270g	8	C	8-42234-00089-6	
* 9255	Barbeque wings ~ sweet & tangy	255g	8	C	8-42234-00088-9	
* 9258	Chick'n strips	225g	8	C	8-42234-00320-0	
* 9260	Chick'n patties ~ crispy	350g	8	C	8-42234-00323-1	
* 9275	Chick'n tenders ~ nashville style hot	260g	8	C	8-42234-00137-4	
* 9277	Crispy golden chick'n nuggets	245g	8	C	8-42234-00135-0	
* 9280	Supreme chick'n filets	425g	6	C	8-42234-40997-2	K
* 9281	Supreme chick'n nuggets	417g	6	C	8-42234-40996-5	K
* 9282	Supreme chick'n wings ~ bbq	415g	6	C	8-42234-41674-1	K
* 9283	Supreme chick'n wings ~ buffalo	419g	6	C	8-42234-41673-4	K

MEAT FREE BEEF ~ GLUTEN FREE

* 9252	Beefless ground ~ the ultimate	390g	8	C	8-42234-00109-1	G
* 9278	Supreme black bean burger	226g	8	C	8-42234-00175-6	
* 9279	Supreme falafel burger	226g	8	C	8-42234-00182-1	

MEAT FREE TURKEY

* 9256	Turk'y cutlets ~ lightly breaded	300g	8	C	8-42234-00114-5	
* 9273	Stuffed turk'y ~ herbed	454g	8	C	8-42234-00093-3	K

GO BIO!

ORGANIC BOUILLON CUBES



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	8925	Vegetable	66g	15	C	6-87789-05120-3	G O K
	8928	Beef	66g	15	C	6-87789-05111-1	G O K
	8927	Chicken	66g	15	C	6-87789-05115-9	G O K
	8931	Mushroom	66g	15	C	6-87789-05113-5	G O K
	8932	Vegetable ~ yeast free	66g	15	C	6-87789-05114-2	G O K
	ORGANIC BOUILLON CUBES ~ NO SALT ADDED						
	8929	Chicken	54g	15	C	6-87789-05100-5	G O K
	8926	Vegetable	54g	15	C	6-87789-05101-2	G O K
	ORGANIC BROTH POWDER ~ YEAST FREE						
	8935	Vegetable ~ glass jar	100g	6	C	6-87789-05121-0	O K
	8936	Vegetable ~ refill bag	200g	8	C	6-87789-05122-7	O K
	8937	Chicken ~ low sodium ~ glass jar	75g	6	C	6-87789-05123-4	O K
	8938	Chicken ~ low sodium ~ refill bag	150g	8	C	6-87789-05124-1	O K
	ORGANIC PESTO CUBES						
	8895	Genovese	54g	15	C	6-87789-03223-3	G O
	ORGANIC GRAVY CUBES						
	8898	Brown gravy	60g	15	C	6-87789-02113-8	G O
	8899	Poultry gravy	60g	15	C	6-87789-02112-1	G O
	ORGANIC GELATIN						
	8910	Gelatin ~ 6 sheets	10g	20	C	6-87789-12528-7	G O
	8911	Gelatin powder	30g	18	C	6-87789-12511-9	G O
	8912	Gelatin powder	150g	12	C	6-87789-12512-6	G O
	ORGANIC CANDIES						
	8920	Fruit gummi bears	75g	10	C	6-87789-21601-5	G O T
	8922	Sour gummies	75g	10	C	6-87789-21701-2	G O T
	8921	Vegan gummi bears	75g	10	C	6-87789-21501-8	G O T
	8944	Wine gums	75g	10	C	6-87789-22001-2	G O T

GRANNY'S

LIQUID LAUNDRY

2787	Ultra liquid laundry	3.78L	4	C	0-63827-31038-7	T
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GROUND LEEF

VEGAN CRUMBLES

9445	Unseasoned	100g	12	C	8-51335-00049-0	
9446	Taco	120g	12	C	8-51335-00048-3	
9447	Thai curry	110g	12	C	8-51335-00046-9	

HABIBI'S

TOUM ~ GARLIC SAUCE & SPREAD

8120	Original	250g	8	C	6-83830-01936-9	G
8121	Ranch herb	250g	8	C	6-83830-01928-4	G

**NEW
SIZE**



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
& NEW UPC	8122	Garam masala	250g	8	C	6-83830-01929-1	G
	8123	Spicy buffalo	250g	8	C	6-83830-01930-7	G
	8124	Shawarma style	250g	8	C	6-83830-01931-4	G

HENRY'S TEMPEH

ORGANIC TEMPEH

≡	9240	Basil	250g	12	½	8-51193-00003-8	G O
≡	9243	Original	250g	12	½	8-51193-00002-1	G O
≡	9244	Red pepper	250g	12	½	8-51193-00006-9	G O
≡	9245	Crumble	200g	12	½	8-51193-00004-5	G O

HERBARIA

HERBAL TEAS

9900	Chamomile flowers	25bags	10	C	5-997005-33010-0
9901	Elder flowers	25bags	10	C	5-997005-33004-9
9902	Horsetail	25bags	10	C	5-997005-33043-8
9903	Lemon balm	25bags	10	C	5-997005-33006-3
9904	Linden flowers	25bags	10	C	5-997005-33009-4
9905	Peppermint leaves	25bags	10	C	5-997005-33005-6
9906	Rosehip	25bags	10	C	5-997005-33008-7
9907	Stinging nettle leaf	25bags	10	C	5-997005-33007-0
9908	Yarrow	25bags	10	C	5-997005-33044-5
9909	Fennel	25bags	10	C	5-997005-32423-9
9910	St. John's wort	25bags	10	C	5-997005-33076-6
9911	Milk thistle	25bags	10	C	5-997005-33091-9
9912	Marigold blossoms	25bags	10	C	5-997005-33088-9
9913	Senna leaves	25bags	10	C	5-997005-33089-6
9914	Hawthorn flowers & leaves	25bags	10	C	5-997005-33090-2
9915	Dandelion leaves	25bags	10	C	5-997005-33093-3
9916	Small flowers willow herb	25bags	10	C	5-997005-33094-0
9917	Thyme leaves	25bags	10	C	5-997005-33129-9
9918	Valerian root	25bags	10	C	5-997005-33092-6
9919	Echinacea herb	25bags	10	C	5-997005-34360-5
9920	Eyebright herb	25bags	10	C	5-997005-34359-9
9921	Hyssop	25bags	10	C	5-997005-34361-2
9922	Rosemary leaf	25bags	10	C	5-997005-34362-9
9923	Sage leaves	25bags	10	C	5-997005-34363-6
9924	Passion flower	25bags	10	C	5-997005-34364-3
9925	Spearmint	25bags	10	C	5-997005-34372-8
9926	Agrimony herb	25bags	10	C	5-997005-34373-5
9927	Lavender flowers	25bags	10	C	5-997005-34371-1
9928	Birch leaf	25bags	10	C	5-997005-34374-2
9929	Lady's mantle	25bags	10	C	5-997005-34383-4



ALIMENTS
KOYO
FOODS INC.

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	9930	Plantain leaf	25bags	10	C	5-997005-34381-0	
	9931	Shepherd's purse	25bags	10	C	5-997005-34384-1	
	9932	Uva ursi leaf	25bags	10	C	5-997005-34382-7	

HOME FREE

ALLERGEN FRIENDLY COOKIES

7160	Mini chocolate chip cookies	144g	6	C	8-57313-00167-1	G	K
7161	Mini vanilla cookies	144g	6	C	8-57313-00169-5	G	K
7162	Mini double chocolate chip cookies	144g	6	C	8-57313-00168-8	G	K
7163	Mini lemon burst cookies	144g	6	C	8-57488-00436-1	G	K



HONEY BAR

BARS ~ DISPLAY BOX

8520	Almond salted caramel	40g	15	C	6-23612-00080-2	G	K
8522	Peanut butter & jam	40g	15	C	6-23612-00064-2	G	K
8523	Sweet & salty	40g	15	C	6-23612-00065-9	G	K
8524	Trail mix	40g	15	C	6-23612-00066-6	G	K
8525	Quinoa & cranberry	40g	15	C	6-23612-00067-3	G	K

IF YOU CARE

COFFEE FILTERS

7400	No.2 coffee filters	100ct	12	1/2	7-70009-00112-3	T
7401	No.4 coffee filters	100ct	12	1/2	7-70009-00114-7	T
7402	8" basket filters	100ct	12	1/2	7-70009-00111-6	T

UNBLEACHED PANS

7411	Loaf baking pans	4ct	6	C	7-70009-25071-2	T
7418	Cake and pie pans	4ct	6	C	7-70009-25070-5	T

COOKING & BAKING PRODUCTS

7404	Parchment baking paper	70 sq.ft.	12	1/2	7-70009-01020-0	T
7405	Parchment baking sheets	24ct	12	1/2	7-70009-01192-4	T
7409	Cheesecloth - unbleached 72" x 36"	2 sq yd	24	1/2	7-70009-05004-6	T
7410	Natural cooking twine	200ft	24	1/2	7-70009-05001-5	T

BAKING CUPS

7398	Mini	90ct	24	1/2	7-70009-25018-7	T
7403	Large	60ct	24	1/2	7-70009-01048-4	T
7399	Jumbo	24ct	24	1/2	7-70009-25019-4	T

100% RECYCLED ALUMINUM FOIL

7406	Aluminum foil	50 sq.ft.	12	1/2	7-70009-12011-4	T
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BAGS & WRAPS

7408	Unbleached waxed paper	75 sq.ft.	12	1/2	7-70009-25025-5	T
7397	Sandwich bags	48 bags	12	1/2	7-70009-25026-2	T
7413	Compostable food waste bags ~ 3 gal	30ct	12	1/2	7-70009-25064-4	T



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
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7414	Compostable food waste bags ~ 13 gal	12ct	12	½	7-70009-225065-1	T
	HOUSEHOLD GLOVES					
7394	Small	1 pair	12	½	7-70009-25027-9	T
7395	Medium	1 pair	12	½	7-70009-25028-6	T
7396	Large	1 pair	12	½	7-70009-25029-3	T

JUÇÁÍ

JUÇÁÍ AÇÁÍ SORBET

❄	8030	Original	200ml	12	½	7-898954-51151-1	G O T
❄	8031	Banana	200ml	12	½	7-898954-51113-9	G T
❄	8032	Blackberry	200ml	12	½	7-898954-51161-0	G T

ORGANIC JUÇARA AÇÁÍ PULP

NEW	❄	8033	Unsweetened	400g	10	½	7-898954-51153-5	G O T
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NEW

JUST EGG

PLANT-BASED EGG

NEW	❄	8810	Folded patties	227g	6	C	1-91011-00098-8	
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KNUDSEN

100% FRUIT JUICE

3658	Just blueberry	946mL	6	C	0-74682-12324-1	
3665	Just pomegranate	946mL	6	C	0-74682-12329-6	
3673	Just black cherry	946mL	6	C	0-74682-12309-8	
3675	Just cranberry	946mL	6	C	0-74682-12350-0	

NEW

3670	Pineapple coconut	946mL	6	C	0-74682-00012-2	
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100% ORGANIC FRUIT JUICE

NEW	3668	Beet with lemon juice	946mL	6	C	0-74682-00014-6	O
NEW	3669	Blueberry pomegranate with apple juice blend	946mL	6	C	0-74682-00011-5	O

3672	Just grapefruit	946mL	6	C	0-74682-20064-5	O
3674	Just tart cherry	946mL	6	C	0-74682-12318-0	O
3678	Just prune	946mL	6	C	0-74682-12312-8	O
3659	Just cranberry	946mL	6	C	0-74682-12335-4	O

KOMO COMFORT FOODS

ENTREES ~ PLANT BASED ~ FAMILY FORMAT

❄	8780	Lasagna	1.42kg	6	C	6-27987-61955-3	
❄	8781	Shepherd's pie	1.42kg	6	C	6-27987-61956-0	G
❄	8782	Mac & greens	1.42kg	6	C	6-27987-99309-9	

ENTREES ~ PLANT BASED ~ 2 SERVINGS

❄	8786	Mac & greens	600g	6	C	6-27987-99308-2	
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OTHER ~ PLANT BASED



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	* 8787	Walnut bolognese	454g	6	C	6-27987-61959-1	G

KOOPS' ORGANIC

ORGANIC MUSTARD ~ GLUTEN FREE

3340	Dijon	325mL	12	½	0-70281-00151-5	G O	K
3341	Original yellow	325mL	12	½	0-70281-00150-8	G O	K
3342	Stone ground	325mL	12	½	0-70281-00153-9	G O	K
3343	Spicy brown	325mL	12	½	0-70281-00152-2	G O	K

MUSTARD ~ GLUTEN FREE

3344	Arizona heat	325mL	12	½	0-70281-41370-7	G	K
3345	Honey mustard	325mL	12	½	0-70281-00127-0	G	K
3346	Horseradish	325mL	12	½	0-70281-00131-7	G	K
3347	Jalepeno	325mL	12	½	0-70281-41373-8	G	K
3348	Düsseldorf	325mL	12	½	0-70281-41371-4	G	K
3349	Honey dijon	325mL	12	½	0-70281-41372-1	G	K

LAKESWOOD

PREMIUM JUICES

4020	Pure cranberry	946mL	6	C	0-42608-63066-1		K
4021	Pure black cherry	946mL	6	C	0-42608-63048-7		K

ORGANIC JUICES

3985	Pure tart cherry	946mL	6	C	0-42608-63008-1	O	K
3993	Beet	946mL	6	C	0-42608-63070-8	O	K
3996	Pure carrot	946mL	6	C	0-42608-63045-6	O	K
4003	Pure pineapple	946mL	6	C	0-42608-63005-0	O	K
4004	Pure prune	946mL	6	C	0-42608-63009-8	O	K
4006	Pure cranberry	946mL	6	C	0-42608-63011-1	O	K
4007	Tart cherry blend	946mL	6	C	0-42608-63077-7	O	K
4014	Pure lemon	946mL	6	C	0-42608-63094-4	O	K

ORGANIC SUPPLEMENT JUICES

4009	Pure aloe	946mL	6	C	0-42608-63014-2	O	K
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ORGANIC CULINARY JUICES

4012	Pure lemon	370mL	12	½	0-42608-36094-0	O	K
4013	Pure lime	370mL	12	½	0-42608-36091-9	O	K

LET'S DO...GLUTEN FREE

GLUTEN FREE CONES

9848	Ice cream cones	36g	6	C	0-43182-00352-0	G	K
9849	Sugar cones	132g	6	C	0-43182-00353-7	G	K

LET'S DO...ORGANIC

ORGANIC CORN STARCH

9811	Corn starch	170g	6	C	0-43812-00529-6	O	
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
		ORGANIC TAPIOCA					
	9781	Tapioca ~ granules	170g	6	C	0-43182-00527-2	G O
	9782	Tapioca ~ starch	170g	6	C	0-43182-00528-9	G O
		ORGANIC COCONUT ~ SHREDS & FLAKES					
	9806	Shredded coconut	250g	12	½	0-43182-01520-2	G O
	9808	Unsweetened coconut flakes	198g	12	½	0-43182-01522-6	G O K
		ORGANIC COCONUT ~ MILK & CREAM					
	9800	Sweetened condensed coconut milk	195mL	6	C	0-43182-02205-7	G O K
	9803	Creamed coconut	200g	6	C	0-43182-00525-8	G O K
	9802	Heavy coconut cream	398ml	12	½	0-43182-00210-3	G O K
		ORGANIC CONES					
	9845	Ice cream cones	36g	12	½	0-43182-00355-1	O K
	9846	Sugar cones	132g	12	½	0-43182-00357-5	O K

LUPINI

		LUPINI SPREAD DIP					
≡	8013	Kalamata olives	227g	6	C	6-27987-85187-8	G
≡	8014	Garlic-basil	227g	6	C	6-27987-85102-1	G
≡	8015	Sundried tomatoes	227g	6	C	6-27987-85184-7	G
≡	8016	Roasted peppers	227g	6	C	6-27987-85101-4	G
		LUPINI SPREAD CHEESE					
≡	8017	Vegan cheese	175g	8	C	6-27987-85186-1	

MANNA ORGANICS

		ORGANIC MANNA BREAD					
❄	9501	Carrot raisin	400g	8	C	0-58449-00003-7	O K
❄	9504	Fruit & nut	400g	8	C	0-58449-00009-9	O K
❄	9509	Fig, fennel and flax	350g	8	C	0-58449-00026-3	O K
❄	9510	Date & cinnamon	400g	8	C	0-58449-70801-8	O K

MARANATHA

		ALMOND BUTTER					
	4396	Creamy ~ raw	340g	6	C	0-51651-09306-4	G K
		ORGANIC PEANUT BUTTER					
	4392	Creamy	500g	6	C	0-51651-09330-9	G O K
	4393	Crunchy	500g	6	C	0-51651-09331-6	G O K

MARUKAN

**NEW
NEW**

		ORGANIC APPLE CIDER VINEGAR					
	6730	Organic apple cider vinegar with mother	710mL	6	C	0-70641-95401-7	O K
	6731	Organic apple cider & rice vinegar ~ drink blend	710mL	6	C	0-70641-95402-4	O K
		RICE VINEGAR ~ 355mL					
	6740	Organic	355mL	6	C	0-70641-06412-9	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	6741	Organic seasoned dressing	355mL	6	C	0-70641-06413-6	G O K
	6742	Genuine brewed	355mL	6	C	0-70641-00006-6	G K
	6739	Lite seasoned gourmet dressing	355mL	6	C	0-70641-00039-4	G K
	6743	Seasoned dressing	355mL	6	C	0-70641-00009-7	G K
		RICE VINEGAR ~ 710mL					
	6748	Genuine brewed	710mL	6	C	0-70641-00005-9	G K
		PREMIUM SOY DRESSING					
	6746	Yuzu Ponzu ~ with yuzu citrus	355mL	6	C	0-70641-06631-4	G K
	6747	Ponzu ~ with sudachi citrus	355mL	6	C	0-70641-06621-5	G K

MIRACLE NOODLE

READY TO EAT MEALS

8540	Pad thai	280g	6	C	8-53237-00384-5	G
8541	Vegan pho	216g	6	C	8-53237-00365-4	G
8542	Japanese curry	280g	6	C	8-53237-00355-5	G
8543	Thai tom yum	280g	6	C	8-53237-00356-2	G

READY TO EAT NOODLES

8544	Spinach angel hair	200g	6	C	8-50033-23503-6	G K
8545	Spaghetti	200g	6	C	8-54126-00893-4	G K
8546	Fettuccine	200g	6	C	8-54126-00895-8	G K

NEW



MUSKOKA BREWERY

VEER ~ NON-ALCOHOLIC BEER

3501	Lager with lime	355ml	24	C	6-28669-09412-5	
3502	Hazy IPA	355ml	24	C	6-28669-09457-6	

RALLY ~ NON-ALCOHOLIC PALE ALE

3500	Dry run	355ml	24	C	6-27987-58512-4	
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NEW

NATIVE

ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	½	7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	½	1-87759-00003-8	O

NATIVE FOREST

VEGETABLE PRODUCTS

9823	Artichoke hearts, quartered	400g	6	C	0-43182-00891-4	
9825	Organic hearts of palm	398mL	12	C	0-43182-00890-7	O
9826	Organic cut baby corn	400g	6	C	0-43182-00830-3	O
9824	Artichoke hearts, whole, jar	170mL	6	C	0-43182-00892-1	

COCONUT CREAM

9810	Unsweetened coconut cream ~ premium	160mL	12	½	0-43182-00207-3	G O K
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COCONUT MILK

9799	Coconut milk powder	150g	6	C	0-43182-01101-3	G K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	9804	Organic light coconut milk	398mL	12	½	0-43182-00209-6	G O K
	9805	Organic coconut milk	398mL	12	½	0-43182-00208-9	G O K
	ORGANIC FRUIT PRODUCTS						
	9791	Organic young jackfruit	398mL	6	C	0-43182-01869-2	G O
	9785	Mandarin oranges	284g	6	C	0-43182-01868-5	O K
	9789	Pineapple chunks	398mL	6	C	0-43182-01851-7	O K
	9790	Pineapple slices	398mL	6	C	0-43182-01852-4	O
	9786	Peach slices	398mL	6	C	0-43182-01859-3	G O K

NATUR-A

**NEW
NEW**

ORGANIC FORTIFIED OAT BEVERAGE 200mL

3452	Vanilla unsweetened	200ml	24	C	0-63667-43102-0	G O K
3453	Chocolate	200ml	24	C	0-63667-43108-2	G O K

ORGANIC FORTIFIED OAT BEVERAGE

3454	Original	946mL	12	C	0-63667-20101-2	G O K
3455	Vanilla	946mL	12	C	0-63667-20102-9	G O K
3456	Chocolate	946mL	12	C	0-63667-20108-1	G O K

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	C	0-63667-00601-3	G O K
3433	Vanilla	946mL	12	C	0-63667-00602-0	G O K

ORGANIC FORTIFIED SOY BEVERAGE 200mL

3430	Original	200mL	24	C	0-63667-50101-3	G O K
3434	Vanilla	200mL	24	C	0-63667-50201-0	G O K
3435	Strawberry	200mL	24	C	0-63667-50301-7	G O T K
3436	Chocolate	200mL	24	C	0-63667-50801-2	G O K

ORGANIC FORTIFIED SOY BEVERAGE 946mL

3437	Unsweetened	946mL	12	C	0-63667-51100-5	G O K
3438	Original light	946mL	12	C	0-63667-51000-8	G O K
3440	Cappuccino	946mL	12	C	0-63667-30180-4	G O K
3445	Original	946mL	12	C	0-63667-30140-8	G O K
3446	Vanilla	946mL	12	C	0-63667-30155-2	G O K
3447	Strawberry	946mL	12	C	0-63667-30170-5	G O T K
3448	Chocolate	946mL	12	C	0-63667-30185-9	G O K

FORTIFIED ALMOND BEVERAGE 946mL

4193	Vanilla unsweetened	946mL	12	C	0-63667-09026-5	G K
4194	Coconut unsweetened	946mL	12	C	0-63667-09046-3	G T K
4195	Original	946mL	12	C	0-63667-09001-2	G K
4196	Vanilla	946mL	12	C	0-63667-09002-9	G K
4197	Unsweetened	946mL	12	C	0-63667-09006-7	G K
4198	Chocolate	946mL	12	C	0-63667-09008-1	G K

FORTIFIED ALMOND BEVERAGE 200mL

4192	Chocolate	200mL	24	C	0-63667-49008-9	G K
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GLUTEN FREE OAT BEVERAGE 946mL



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
NEW	3457	Barista ~ organic	946ml	6	C	0-63667-20109-8	G O K
	3451	Barista ~ premium blend	946ml	6	C	0-63667-20119-7	G K



NATURE'S PATH

CEREAL ~ ORGANIC & GLUTEN FREE ~ BOX

9523	Honey'd corn flakes	300g	12	½	0-58449-60218-7	G O K
9519	Golden turmeric	300g	6	C	0-58449-18910-7	G O K
9512	Sunrise ~ crunchy honey	300g	12	½	0-58449-77204-0	G O K
9538	Sunrise ~ crunchy maple	300g	12	½	0-58449-77152-4	G O K
9539	Sunrise ~ crunchy vanilla	300g	12	½	0-58449-77154-8	G O K

CEREAL ~ ORGANIC ~ BOX

9526	Heritage crunch	400g	12	½	0-58449-77174-6	O K
9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	½	0-58449-77102-9	O K
9534	Optimum power ~ blueberry cinnamon flax	400g	12	½	0-58449-77700-7	O K

QI'A SUPERFOOD ~ ORGANIC BREAKFAST TOPPER

9739	Original	225g	10	½	0-58449-32004-3	G O K
9740	Cranberry vanilla	225g	10	½	0-58449-32006-7	G O K

ENVIROKIDZ

~ CEREAL ~ ORG & GLUTEN FREE ~ BOX

9582	Gorilla Munch ~ corn puffs	284g	12	½	0-58449-86002-0	G O K
9584	Panda puffs ~ peanut butter	300g	12	½	0-58449-86004-4	G O K
9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	½	0-58449-86006-8	G O K
9580	Choco chimps ~ chocolate	284g	12	½	0-58449-87023-4	G O K

CEREAL ~ ORGANIC & GLUTEN FREE ~ ECO-PAC

9551	Mesa sunrise	750g	6	C	0-58449-77901-8	G O K
9543	Honey'd corn flakes	750g	6	C	0-58449-77094-7	G O K
9545	Fruit juice corn flakes	750g	6	C	0-58449-60056-5	G O K
9556	Crispy rice	750g	6	C	0-58449-55002-0	G O K
9620	Whole o's	750g	6	C	0-58449-77912-4	G O K
9621	Sunrise ~ crunchy vanilla	675g	6	C	0-58449-18110-1	G O K
9622	Sunrise ~ crunchy maple	675g	6	C	0-58449-18112-5	G O K
9557	Mesa sunrise ~ with raisins	825g	6	C	0-58449-77161-6	G O K

CEREAL ~ ORGANIC ~ ECO PAC

9540	Multigrain oat bran flakes	907g	6	C	0-58449-60231-6	O K
9546	Heritage o's	907g	6	C	0-58449-77001-5	O K
9542	Millet rice	907g	6	C	0-58449-77008-4	O K
9547	Heritage flakes	907g	6	C	0-58449-77021-3	O K
9550	Flax plus ~ cinnamon flakes	907g	6	C	0-58449-77163-0	O K
9552	Khorasan wheat flakes	750g	6	C	0-58449-77069-5	O K

GRANOLA ~ ORGANIC ~ ECO-PAC

9541	Hemp hearts	750g	6	C	0-58449-89017-1	O K
9544	Pumpkin seed + flax	750g	6	C	0-58449-89019-5	O K

ENVIROKIDZ



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
		~ CEREAL ~ ORG & GLUTEN FREE ~ ECO-PAC					
	9553	Gorilla Munch ~ corn puffs	650g	6	C	0-58449-87008-1	G O K
	9554	Panda puffs ~ peanut butter	700g	6	C	0-58449-87009-8	G O K
	9555	Koala crisp ~ chocolate	725g	6	C	0-58449-87010-4	G O K
	9558	Leapin lemurs ~ peanut butter & chocolate	650g	6	C	0-58449-21241-3	G O K
		PUFFED CEREALS ~ ORGANIC ~ ECO-PAC					
	9577	Rice puffs	170g	12	½	0-58449-62001-3	O K
	9579	Khorasan wheat puffs	170g	12	½	0-58449-62004-4	O K
		GRANOLA ~ ORGANIC					
	9516	Pumpkin seed + flax	325g	12	½	0-58449-89007-2	O K
	9532	Coconut chia	350g	12	½	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	½	0-58449-89000-3	O K
	9731	Peanut butter	325g	12	½	0-58449-89008-9	O K
		LOVE CRUNCH ~ GRANOLA ~ ORGANIC					
	9748	Dark chocolate peanut butter	325g	6	C	0-58449-16206-3	O K
	9749	Dark chocolate macaroon	325g	6	C	0-58449-77201-9	O K
	9750	Dark chocolate and red berries	325g	6	C	0-58449-77176-0	O K
	9751	Espresso vanilla cream	325g	6	C	0-58449-20223-3	O K
		LOVE CRUNCH					
		~ GRANOLA ~ ORGANIC ~ FAMILY SIZE					
	9718	Dark chocolate and red berries	700g	6	C	0-58449-18203-0	O K
	9719	Dark chocolate & peanut butter	700g	6	C	0-58449-21143-3	O K
		SUPERFOOD OATMEAL ~ ORGANIC & GLUTEN FREE					
	9742	Cinnamon pumpkin seed	228g	6	C	0-58449-15404-4	G O K
	9743	Creamy coconut	228g	6	C	0-58449-15402-0	G O K
	9744	Superseeds & grains	228g	6	C	0-58449-15400-6	G O K
	9745	Turmeric	210g	6	C	0-58449-20408-4	G O K
	9746	Cacao	210g	6	C	0-58449-20409-1	G O K
		INSTANT OATMEAL ~ ORGANIC					
	9559	Variety pack	400g	6	C	0-58449-45000-9	O K
	9560	Apple cinnamon	400g	6	C	0-58449-45004-7	O K
	9561	Maple nut	400g	6	C	0-58449-45003-0	O K
	9562	Flax'n oats	400g	6	C	0-58449-45002-3	O K
	9563	Original	400g	6	C	0-58449-45001-6	O K
	9568	Optimum blueberry cinnamon	320g	6	C	0-58449-45013-9	O K
		ORGANIC PURE OATS HOT OATMEAL					
	9676	Spiced apple flax	320g	6	C	0-58449-45067-2	G O K
	9677	Brown sugar maple	320g	6	C	0-58449-45069-6	G O K
	9678	Variety pack	320g	6	C	0-58449-45071-9	G O K
		WAFFLES ~ ORGANIC					
✱	3272	Flax plus	210g	12	½	0-58449-59055-2	O K
		WAFFLES ~ ORGANIC & GLUTEN FREE					
✱	3271	Homestyle	210g	12	½	0-58449-59052-1	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	* 3273	Buckwheat ~ wildberry	210g	12	½	0-58449-59057-6	G O K
	* 3280	Chia plus ~ quinoa & amaranth	210g	12	½	0-58449-59074-3	G O K

NEW WORLD

PEANUT BUTTER

4263	Peanut butter - crunchy unsalted	2Kg	6	+	C	0-59443-40004-5	K
4264	Peanut butter - smooth unsalted	2Kg	6	+	C	0-59443-40005-2	K
4295	Organic peanut butter - smooth unsalted	500g	12	½		0-59443-40190-5	O K
4296	Organic peanut butter - crunchy unsalted	500g	12	½		0-59443-40192-9	O K

ORGANIC SESAME TAHINI

4293	Organic sesame tahini - raw	500g	12	+	½	0-59443-40112-7	O K
4279	Organic sesame tahini - raw	365g	12	½		0-59443-40073-1	O K
4280	Organic sesame tahini - roasted	365g	12	½		0-59443-40072-4	O K

NATURAL NUT BUTTERS

4256	Cashew butter ~ raw	365g	12	½		0-59443-40029-8	K
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NOBLE JERKY

PLANT BASED VEGAN JERKY

9470	Sweet BBQ	70g	12	½		8-51335-00090-2	T
9471	Chipotle	70g	12	½		8-51335-00091-9	T
9472	Teriyaki	70g	12	½		8-51335-00092-6	T
9473	Original	70g	12	½		8-51335-00093-3	T
9474	Hickory	70g	12	½		8-51335-00094-0	T
9486	Smokehouse	70g	12	½		8-51335-00096-4	T
9487	Sweet sesame	70g	12	½		8-51335-00097-1	T
9488	Sriracha	70g	12	½		8-51335-00098-8	T
9489	Original ~ no sugar added	70g	12	½		8-51335-00060-5	T
9490	Smokey ~ no sugar added	70g	12	½		8-5133-500061-2	T

NUTRI FLORA

NUTRITIONAL YEAST

5413	Flakes	200g	12	½		0-65493-05413-8	
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NUTRITIONAL YEAST IN BULK

5411	Flakes	25Kg	1	U		N/A	
5412	Flakes	5Kg	1	U		N/A	

**SPECIAL
ORDER ITEM**

NEW

ORGANIC RUBY

ORGANIC JUICE

NEW

3510	100% pomegranate ~ not from concentrate	1L	6	C		6-27987-29888-8	O
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PAPERCHEF

PAPERS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	7175	Pre-cut sheets	24 sheets	12	½	6-28689-70024-2	T
	7176	Parchment paper	41 sq. ft	12	½	6-28689-00001-4	T
	7177	Parchment paper	123 sq. ft	12	½	6-28689-70098-3	T
		CUPS					
	7180	Mini baking cups	90 cups	12	½	6-28689-70090-7	T
	7181	Large baking cups	60 cups	12	½	6-28689-70060-0	T
	7182	X-large baking cups	30 cups	12	½	6-28689-70030-3	T
	7183	Tulip cups	12 cups	6	C	6-28689-70014-3	T
	7185	Tulip cups ~ multi-coloured	12 cups	6	C	6-28689-70414-1	T
	7184	Lotus cups	12 cups	6	C	6-28689-70012-9	T
	7186	Lotus cups ~ multi-coloured	12 cups	6	C	6-28689-70412-7	T
		BAGS					
	7179	Cooking bags	10 bags	12	½	6-28689-70010-5	T

PB&ME

POWDERED PEANUT BUTTER

4410	Natural	200g	6	C	6-27843-53841-7	G
4415	Natural	454g	6	C	6-27843-53842-4	G
	ORGANIC POWDERED PEANUT BUTTER					
4421	No sugar added	200g	6	C	6-28451-16651-1	G O

PREMIER JAPAN

SAUCES

9828	Wheat free hoisin sauce	251mL	12	½	0-11206-00085-5	G
9829	Wheat free teriyaki sauce	251mL	12	½	0-11206-00086-2	G

LA PRESSERIE

FROZEN SOUPS

* 8075	Ramen ~ japanese-style noodle	500g	6	C	8-42703-00056-3	
* 8076	Pho ~ vietnamese-style noodle	500g	6	C	8-42703-00057-0	
* 8077	Tom yum ~ thai-style lemongrass	500g	6	C	8-42703-00058-7	
* 8078	Tom kha ~ thai-style coconut	500g	6	C	8-42703-00059-4	

FROZEN COLD PRESSED JUICES

* 8040	Apple spinach	213ml	6	C	8-42703-00002-0	G
* 8041	Pineapple kale	213ml	6	C	8-42703-00003-7	G
* 8042	Pomegranate raspberry	213ml	6	C	8-42703-00006-8	G
* 8043	Beet carrot	213ml	6	C	8-42703-00005-1	G
* 8044	Pineapple grapefruit	213ml	6	C	8-42703-00004-4	G

FROZEN COLD PRESSED KIDS JUICES

* 8052	Pink lemonade	213ml	6	C	8-42703-00010-5	G
* 8053	Blue fruit punch	213ml	6	C	8-42703-00009-9	G
* 8054	Apple cucumber	213ml	6	C	8-42703-00011-2	G



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
		FROZEN PRESSED SMOOTHIES					
❄	8060	Mango orange	213ml	6	C	8-42703-00023-5	G
❄	8061	Apple kiwi	213ml	6	C	8-42703-00022-8	G
❄	8062	Banana strawberry	213ml	6	C	8-42703-00024-2	G
		FROZEN COLD PRESSED COCKTAIL MIXERS					
❄	8067	Cosmo	213ml	6	C	8-42703-00047-1	G
❄	8068	Margarita	213ml	6	C	8-42703-00048-8	G
❄	8069	Mojito	213ml	6	C	8-42703-00045-7	G

PRESTIGE MAPLE PRODUCTS

ORGANIC MAPLE SYRUP

7050	Maple syrup	250ml	12	½	8-01152-92025-9	O
7051	Maple syrup	375ml	12	½	8-01152-92375-5	O
7052	Maple syrup	500ml	12	½	8-01152-92005-1	O

ORGANIC MAPLE SUGAR

7053	Maple sugar	227g	12	½	8-01152-59107-7	O
7054	Maple sugar	454g	12	½	8-01152-59103-9	O

ORGANIC MAPLE FLAKES

7055	Maple flakes	227g	12	½	8-01152-69107-4	O
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ORGANIC MAPLE STICKS

7056	Maple sticks	30g	12	C	8-01152-79112-5	O
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PUREST

GLUTEN FREE COCOA MIXES

7640	Hot cocoa	300g	6	C	1-85396-00003-9	G	K
7641	Hot cocoa - Mexican	300g	6	C	1-85396-00010-7	G	K
7679	Natural cocoa	300g	6	C	1-85396-00048-0	G	K
7642	Marvellous - chocolate powder	500g	6	C	1-85396-00002-2	G	K

GLUTEN FREE BAKING MIXES

7648	Chocolate chip cookies	481g	6	C	1-85396-00033-6	G	K
7643	Chocolate cake	561g	6	C	1-85396-00078-7	G	K
7646	Brownies	488g	6	C	1-85396-00036-7	G	K
7654	Pie pastry	626g	6	C	1-85396-00027-5	G	K
7652	Muffin & loaf mix	553g	6	C	1-85396-00026-8	G	K
7653	Vanilla cake mix	582g	6	C	1-85396-00025-1	G	K
7671	Tea biscuits	490g	6	C	1-85396-00079-4	G	K
7656	Ginger molasses cookie	700g	6	C	1-85396-00015-2	G	K
7657	Shortbread cookie	378g	6	C	1-85396-00016-9	G	K

GLUTEN FREE COOKING MIXES

7647	Pancakes	558g	6	C	1-85396-00037-4	G	K
7645	Pure batter	300g	6	C	1-85396-00008-4	G	K
7651	Pure batter - extra crispy	300g	6	C	1-85396-00005-3	G	K
7649	Soup thickener	300g	6	C	1-85396-00034-3	G	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	7650	Gravy mix	300g	6	C	1-85396-00007-7	G K
	7655	Artisan bread mix	360g	6	C	1-85396-00084-8	G K
	GLUTEN FREE FLOURS						
	7675	Potato flakes	300g	6	C	1-85396-00032-9	G K
	7676	White rice flour	500g	6	C	1-85396-00041-1	G K
	7677	Brown rice flour	680g	6	C	1-85396-00049-7	G K
	7678	Potato starch	500g	6	C	1-85396-00044-2	G K
	7680	Gluten free all purpose flour	680g	6	C	1-85396-00050-3	G K
	7682	Garbanzo bean flour	500g	6	C	1-85396-00046-6	G K
	7683	Buckwheat flour	500g	6	C	1-85396-00024-4	G K
	7684	Sorghum flour	623g	6	C	1-85396-00042-8	G K
	7686	Tapioca flour	500g	6	C	1-85396-00076-3	G K
	GLUTEN FREE BAKING AIDS						
	7668	Baking powder	250g	6	C	1-85396-00038-1	G K
	7669	Baking soda	453g	6	C	1-85396-00039-8	G K

RAWESOME

ORGANIC CAKES ~ GLUTEN FREE

* 9206	Crème brûlée	95g	6	C	6-28504-86215-5	G O
* 9207	Café mocha	95g	6	C	6-28504-86216-2	G O

CASHEW SPREAD ~RAW, VEGAN, ~ CULTURED & NON-DAIRY

* 9210	Original	227g	6	C	6-28504-86205-6	
* 9211	Onion & chives	227g	6	C	6-28504-86206-3	
* 9212	Garlic & black pepper	227g	6	C	6-28504-86208-7	
* 9213	Cilantro & chili pepper	227g	6	C	6-28504-86204-9	
* 9192	Tzatziki	227g	6	C	6-28504-86207-0	G
* 9193	Sour cream	227g	6	C	6-28504-86203-2	G

REDMOND

REAL SALT

4050	Fine salt ~ shaker	283g	6	C	0-18788-90500-4	K
4051	Fine salt ~ pouch	737g	12	½	0-18788-99261-5	K
4052	Kosher salt ~ pouch	454g	6	C	0-18788-99270-7	K
4053	Coarse salt ~ pouch	454g	6	C	0-18788-99262-2	K

RIZOPIA

RICE PASTA

5300	White Rice Spaghetti	454g	12	½	8-33125-00001-9	G
5301	Brown Rice Spaghetti	454g	12	½	8-33125-00101-6	G



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	5302	Brown Rice Fettuccine	454g	12	½	8-33125-00102-3	G
	5303	Brown Rice Fusilli	454g	12	½	8-33125-00103-0	G
	5304	Brown Rice Penne	454g	12	½	8-33125-00104-7	G
	5305	Brown Rice Elbows	454g	12	½	8-33125-00105-4	G
	5306	Brown Rice Shells	454g	12	½	8-33125-00106-1	G
	5307	Brown Rice Spirals	454g	12	½	8-33125-00107-8	G
	5308	Brown Rice Lasagna	340g	12	½	8-33125-00108-5	G
	5324	Spinach Rice Spaghetti	454g	12	½	8-33125-00201-3	G
	5325	Vegetable Rice Fusilli	454g	12	½	8-33125-00303-4	G
	ORGANIC WILD RICE PASTA						
	5310	Spaghetti	454g	12	½	8-33125-00411-6	G O
	5311	Fusilli	454g	12	½	8-33125-00413-0	G O
	5312	Penne	454g	12	½	8-33125-00414-7	G O
	5313	Elbows	454g	12	½	8-33125-00415-4	G O
	ORGANIC BROWN RICE PASTA						
	5317	Spaghetti	454g	12	½	8-33125-00111-5	G O
	5318	Fettuccine	454g	12	½	8-33125-00112-2	G O
	5319	Fusilli	454g	12	½	8-33125-00113-9	G O
	5320	Penne	454g	12	½	8-33125-00114-6	G O
	5321	Elbow	454g	12	½	8-33125-00115-3	G O
	5322	Fantaisa	454g	12	½	8-33125-00110-8	G O
	ORGANIC QUINOA BROWN RICE PASTA						
	5327	Spaghetti	340g	12	½	8-33125-00601-1	G O
	5328	Fusilli	340g	12	½	8-33125-00603-5	G O
	5329	Penne	340g	12	½	8-33125-00604-2	G O

ROAD'S END ORGANICS

ORGANIC GRAVY MIX ~ GLUTEN FREE

9772	Delicious golden	28g	12	½	6-58334-47281-1	G O K
9773	Shiitake mushroom	28g	12	½	6-58334-47282-8	G O K
9774	Savory herb	28g	12	½	6-58334-47283-5	G O K

SAHARA

ORGANIC BEANS - NO SALT ADDED

2800	Chick Peas	540ml	12	½	0-20988-02000-7	G O K
2801	Red Kidney	540ml	12	½	0-20988-02001-4	G O K
2802	Black Turtle	540ml	12	½	0-20988-02004-5	G O K
2803	Mixed Beans	540ml	12	½	0-20988-02007-6	G O K
2804	Green Lentil	540ml	12	½	0-20988-02010-6	G O K

ORGANIC PASTA SAUCE - MILD

2807	Marinara	740ml	6	C	0-20988-03030-3	G O K
2808	Sweet Basil	740ml	6	C	0-20988-03031-0	G O K
2809	Mushroom	740ml	6	C	0-20988-03032-7	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	2810	Roasted Garlic	740ml	6	C	0-20988-03033-4	G O K
	2811	Italian Herb	740ml	6	C	0-20988-03035-8	G O K
	2812	Roasted Eggplant	740ml	6	C	0-20988-03037-2	G O K
	2813	Basil No Salt/Sugar	740ml	6	C	0-20988-03040-2	G O K
		ORGANIC SALSA					
	2816	Hot	500ml	12	½	6-20988-03045-7	G O K
	2817	Mild	500ml	12	½	6-20988-03046-4	G O K
	2818	Medium	500ml	12	½	6-20988-03047-1	G O K
	2820	No Salt Added Mild	500ml	12	½	6-20988-03049-5	G O K
		ORGANIC MILD PIZZA SAUCE					
	2823	Italian Herbs Mild	500ml	12	½	6-20988-03050-1	G O K
	2824	No Salt/Sugar Added	500ml	12	½	6-20988-03051-8	G O K
		ORGANIC TOMATO PASTE					
	2827	Herbs	120ml	12	½	6-20988-03067-9	G O K
	2828	Original	120ml	12	½	6-20988-03068-6	G O K
		ORGANIC KETCHUP					
	2830	No salt/sugar added Ketchup	350ml	6	C	6-20988-02030-4	G O K

SAN-J

GLUTEN FREE SAUCES

6128	Thai style peanut	296mL	6	C	0-75810-14026-0	G	K
6129	Korean BBQ style	296mL	6	C	0-75810-13026-1	G	K
6131	Hoisin sauce	296mL	6	C	0-75810-15026-9	G	K
6130	Teriyaki sauce	296mL	6	C	0-75810-11226-7	G	K
6132	Szechuan style sauce	296mL	6	C	0-75810-12026-2	G	K

GLUTEN FREE LOW SODIUM SAUCES

6134	Teriyaki sweet sauce ~ 50% less sodium	296mL	6	C	0-75810-11326-4	G	K
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FLAVORED TAMARI SPLASH

6112	No soy tamari	296mL	6	C	0-75810-40026-5	G	K
6113	Ponzu tamari splash - citrus	296mL	6	C	0-75810-03126-1	G	K
6114	Umami tamari splash - robust	296mL	6	C	0-75810-03226-8	G	K
6115	Sweet doux tamari splash with maple syrup	296mL	6	C	0-75810-03026-4	G	K

GLUTEN FREE TAMARI ~ 296mL

6117	Tamari "black label" ~gluten free	296mL	6	C	0-75810-02126-2	G	K
6116	Soy sauce ~ 50% less sodium	296mL	6	C	0-75810-02426-3	G	K
6126	Tamari low sodium "white label"	296mL	6	C	0-75810-02326-6	G	K

ORGANIC TAMARI ~ 296mL

6121	Tamari "gold label" ~ organic, gluten free	296mL	6	C	0-75810-00126-4	G O	K
6124	Tamari low sodium "platinum label" ~ org	296mL	6	C	0-75810-00426-5	G O	K
6141	Organic shoyu "bronze label"	296mL	6	C	0-75810-04126-0	O	K

GLUTEN FREE LOW SODIUM TAMARI

6118	Tamari "black label" ~ gluten free	592mL	6	C	0-75810-02136-1	G	K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	6123	Tamari "gold label" ~ organic, gluten free	592mL	6	C	0-75810-00136-3	G O K
	6137	Soy sauce ~ 50% less sodium	592mL	6	C	0-75810-02436-2	G K
	6140	Tamari low sodium "platinum label" ~ org	592mL	6	C	0-75810-00436-4	G O K
	6139	Tamari low sodium "white label"	592mL	6	C	0-75810-02336-5	G K
		GLUTEN FREE TAMARI IN BULK					
	6135	Organic gluten-free tamari	18L	1	U	N/A	G O K

**SPECIAL
ORDER ITEM**

SANA

ORGANIC COCONUT FLOUR TORTILLAS

* 8081	Original	215g	12	½	8-51186-00788-4	G O
* 8082	Large wraps	342g	12	½	8-51186-00789-1	G O

SANTA CRUZ ORGANIC

ORGANIC FRUIT JUICE

3698	Lemonade	946mL	12	½	0-36192-12313-5	O T
3702	Raspberry lemonade	946mL	12	½	0-36192-12314-2	O T

ORGANIC CITRUS JUICE

**NEW
NEW**

3662	Pure lemon juice	946mL	6	C	0-36192-00019-1	G O
3663	Pure lime juice	946mL	6	C	0-36192-00020-7	G O
3664	100% lemon	473mL	8	C	0-36192-12715-7	O

SNÖ

PINTS

* 8170	Chocolate fudge brownies	500mL	8	C	6-28504-24710-5	
* 8171	Mint chocolate cookies	500mL	8	C	6-28504-24719-8	
* 8172	Grandma's cookie dough	500mL	8	C	6-28504-24708-2	
* 8173	Salted caramel	500mL	8	C	6-28504-24711-2	
* 8174	Vanilla explosion	500mL	8	C	6-28504-24709-9	
* 8175	Vanilla raspberries & white chocolate	500mL	8	C	6-28504-24712-9	

SANDWICHES ~ PLANT BASED

* 8178	Chocolate chips	12x300mL	12	C	6-28504-24715-0	T
* 8179	Cookies & cream	12x300mL	12	C	6-28504-24716-7	T

BARS ~ GLUTEN FREE

* 8182	Crunchy raspberries	3x90mL	8	C	6-28504-24736-5	G T
* 8183	Triple caramel	3x90mL	8	C	6-28504-24722-8	G T
* 8184	Vanilla almond	3x90mL	8	C	6-28504-24705-1	G T

CONES ~ GLUTEN FREE

* 8187	Crunchy salted caramel	3x120mL	8	C	6-28504-24740-2	G T
* 8188	Vanilla sundae	3x120mL	8	C	6-28504-24741-9	G T

SO DELICIOUS

OATMEAL DESSERTS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	* 9158	Oatmeal cookie	500mL	8	C	0-36632-07299-3	G T K
	* 9160	S'mores	500mL	8	C	0-36632-07758-5	G T K

SOBAYA

ORGANIC KAMUT NOODLES

6392 Soba ~ 80% kamut, 20% buckwheat 230g 12 ½ 0-57443-30702-9 O K

ORGANIC SPELT NOODLES

6397 Soba ~ 80% spelt grain, 20% buckwheat 230g 12 ½ 0-57443-30902-3 O K

6398 Udon ~ 100% spelt grain 230g 12 ½ 0-57443-30904-7 O K

ORGANIC NOODLES

6405 Udon ~ 100% whole wheat 230g 12 ½ 0-57443-30204-8 O K

NATURAL NOODLES

6414 Natural udon 454g 12 + ½ 0-57443-40102-4 K

SPECTRUM

COCONUT OILS

4708 Organic coconut oil 414mL 12 ½ 0-22506-97469-2 O K

CANOLA OILS

4752 Canola oil ~ organic 750mL 6 C 0-22506-47175-7 O K

OLIVE OILS

4749 Extra-virgin olive oil ~ unrefined, organic 473mL 6 C 0-22506-66200-1 O K

4750 Extra-virgin olive oil ~ unrefined, organic 750mL 6 C 0-22506-72175-3 O K

4782 Extra virgin olive oil spray 170g 6 C 0-22506-26581-3 K

4765 Mediterranean olive oil, organic 946mL 6 C 0-22506-02204-1 O K

OTHER OILS

4743 Sesame oil ~ unref, pressed wt solvents 473mL 6 C 0-22506-06330-3 K

MAYONNAISE

4775 Organic mayonnaise 473mL 12 ½ 0-22506-20304-4 G O K

STARLITE

VEGAN TAQUITOS

* 9460 Beef 298g 6 C 0-37427-50720-1 G

* 9461 Chicken 298g 6 C 0-37427-50721-8 G

* 9462 Chorizo & black bean 298g 6 C 0-37427-50722-5 G

VEGAN ROLLED TACOS

* 9463 Santa fe chicken 340g 6 C 0-37427-50740-9

* 9464 Garlic chicken 340g 6 C 0-37427-50741-6

* 9465 Chipotle chicken 340g 6 C 0-37427-50743-0

VEGAN ENCHILADAS

* 9466 Green sauce 255g 6 C 0-37427-30750-4 G

SUPREME PIEROGIES

PIEROGIES



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MIN ORDER	UNIT UPC #	CODE
	* 9290	Potato & cheddar cheese	454g	12	½	6-25315-00002-8	
	* 9291	Potato, cheddar cheese & bacon	454g	12	½	6-25315-00016-5	
	* 9293	Cottage cheese	454g	12	½	6-25315-00001-1	
		PLANT BASED VEGAN PEROGIES					
	* 9292	Sauerkraut & mushrooms	454g	12	½	6-25315-00003-5	
	* 9294	Potato & onions	454g	12	½	6-25315-00015-8	
	* 9295	Potato & cheddar style	454g	12	½	6-25315-00202-2	

SUZIE'S

ORGANIC SALTINE CRACKERS

2960	Olive oil	246g	12	½	0-22929-42801-7	O
2961	Rosemary	246g	12	½	0-22929-42804-8	O

KAMUT FLATBREAD

2972	Sesame	126g	12	½	0-22929 51520-5	K
2973	Spelt multiseed	126g	12	½	0-22929 51530-4	K
2974	Rosemary	126g	12	½	0-22929-51525-0	K
2975	Ancient grain	126g	12	½	0-22929-51528-1	K

SWEET & FRIENDLY

MINTS

4202	Peppermint	30g	10	C	6-28250-43052-3	T
4203	Spearmint	30g	10	C	6-28250-43051-6	T
4204	Winternight	30g	10	C	6-28250-43054-7	T

CANDIES

4205	Cherry	30g	10	C	6-28250-43053-0	T
4206	Creamy orange	30g	10	C	6-28250-43034-9	T

LOLLIPOPS ~ SWEETENED WITH PURE ERYTHRITOL

4208	Natural ~ assorted	250g	10	C	6-28250-43038-7	T K
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NATURAL SWEETNER

4210	Zero calories ~ pure erythritol crystals	454g	10	½	6 28250 43028 8	G K
4211	Zero calories ~ pure erythritol crystals	908g	6	C	6 28250 43050 9	G K

SWEETCANE

ORGANIC MOLASSES

7364	Blackstrap molasses	500g	12	½	0-59443-21321-8	G O K
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TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250	Spinach dal	285g	6	C	0-59443-60001-8	
7251	Baingan bharta ~ eggplant	285g	6	C	0-59443-60002-5	
7252	Dal tadka ~ lentils, onions	285g	6	C	0-59443-60003-2	
7253	Chana masala ~ chickpeas	285g	6	C	0-59443-60006-3	
7254	Aloo matar ~ potato & green pea	285g	6	C	0-59443-60008-7	



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

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	7255	<i>Pav bhaji ~ mashed vegetables in sauce</i>	285g	6	C	0-59443-60009-4	
		INDIAN MEALS ~ VEGETARIAN					
	7256	<i>Palak paneer ~ spinach & cottage cheese</i>	285g	6	C	0-59443-60004-9	
	7257	<i>Matar paneer ~ peas & cottage cheese</i>	285g	6	C	0-59443-60005-6	
	7258	<i>Dal makhani ~ black gram in hot butter sauce</i>	285g	6	C	0-59443-60007-0	
	7259	<i>Navratan korma ~ mix veg & cottage cheese</i>	285g	6	C	0-59443-60010-0	

TASTE NIRVANA

COCONUT WATER ~ GLASS BOTTLE

3570	<i>Real coconut water</i>	280mL	12	C	0-11259-80686-2	
3571	<i>Real coconut water with pulp</i>	280mL	12	C	0-11259-80688-6	
3572	<i>Real coco aloe</i>	280mL	12	C	0-11259-80113-3	

COCONUT WATER ~ GLASS BOTTLE

3573	<i>Real coconut water</i>	700mL	6	C	0-11259-90424-7	
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TERRA DELYSSA

FIRST COLD PRESS OIL

3120	<i>Organic Extra Virgin Olive Oil ~ Select</i>	750ml	6	C	6-191509-903719	G O	K
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DATES

3130	<i>Organic pitted dates</i>	340g	12	½	8-68464-00017-8	G O	K
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TINKYADA

ORGANIC BROWN RICE PASTA

5439	<i>Elbows</i>	340g	12	½	6-21683-01055-3	G O	K
5440	<i>Lasagna</i>	280g	12	½	6-21683-01135-2	G O	K
5444	<i>Spaghetti</i>	340g	12	½	6-21683-02015-6	G O	K
5445	<i>Spirals</i>	340g	12	½	6-21683-02125-2	G O	K
5446	<i>Penne</i>	340g	12	½	6-21683-02115-3	G O	K

BROWN RICE & WHITE RICE PASTA

5451	<i>Brown rice shells</i>	454g	12	½	6-21683-92075-3	G	K
5442	<i>Spinach brown rice spaghetti</i>	340g	12	½	6-21683-62015-8	G	K
5447	<i>Brown rice spaghetti</i>	454g	12	½	6-21683-92015-9	G	K
5449	<i>White rice spaghetti</i>	454g	12	½	6-21683-52015-1	G	K
5443	<i>Vegetables brown rice spirals</i>	340g	12	½	6-21683-72125-1	G	K
5450	<i>Brown rice spirals</i>	454g	12	½	6-21683-92125-5	G	K
5438	<i>Brown rice little dreams</i>	397g	12	½	6-21683-91145-4	G	K
5441	<i>Brown rice lasagna</i>	280g	12	½	6-21683-92135-4	G	K
5448	<i>Brown rice fettucini</i>	397g	12	½	6-21683-92025-8	G	K
5452	<i>Brown rice penne</i>	454g	12	½	6-21683-92115-6	G	K
5453	<i>Brown rice elbows</i>	454g	12	½	6-21683-92055-5	G	K
5454	<i>Brown rice fusilli</i>	454g	12	½	6-21683-92065-4	G	K

BROWN RICE PASTA IN BULK



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	5455	Brown rice spaghetti	10lbs	1	U	6-21683-92014-2	G K
	5456	Brown rice spirals	10lbs	1	U	6-21683-92124-8	G K
	5457	Brown rice shells	10lbs	1	U	6-21683-92074-6	G K
	5458	Brown rice penne	10lbs	1	U	6-21683-92114-9	G K
	5459	Brown rice elbows	10lbs	1	U	6-21683-92054-8	G K
	5462	Brown rice lasagna	10lbs	1	U	6-21683-92134-7	G K

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS

8419	Echinacea plus ~ elderberry	24g	6	C	0-32917-00740-7	O K
8442	Echinacea plus ~ original with spearmint	24g	6	C	0-32917-00741-4	O K
8423	Throat coat ~ lemon echinacea	32g	6	C	0-32917-00765-0	O K
8455	Throat coat ~ original with slippery elm	32g	6	C	0-32917-00766-7	O K

SEASONAL TEAS

8450	Breathe easy ~ eucalytus mint	24g	6	C	0-32917-00733-9	K
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ORGANIC HERBAL TEAS

8435	Organic lemon ginger	32g	6	C	0-32917-00822-0	O K
8415	Licorice root	24g	6	C	0-32917-00753-7	O K
8416	Nettle leaf	32g	6	C	0-32917-00755-1	O K
8433	Ginger	24g	6	C	0-32917-00747-6	O K
8421	Fennel	32g	6	C	0-32917-00744-5	O K
8425	Hibiscus	28g	6	C	0-32917-00751-3	O K
8426	Lemon balm	24g	6	C	0-32917-00752-0	O K
8443	Chamomile	21g	6	C	0-32917-00735-3	O K
8432	Chamomile with lavender	24g	6	C	0-32917-00734-6	O K
8445	Turmeric with meadowsweet & ginger	32g	6	C	0-32917-00768-1	O K
8439	Raspberry leaf	28g	6	C	0-32917-00759-9	O K
8440	Roasted dandelion root	24g	6	C	0-32917-00760-5	O K
8430	Dandelion leaf & root	28g	6	C	0-32917-00738-4	O K
8444	Peppermint	24g	6	C	0-32917-00758-2	O K
8448	Spearmint	24g	6	C	0-32917-00763-6	O K
8436	Hawthorn with hibiscus	32g	6	C	0-32917-00750-6	O K

ORGANIC LAXATIVE TEAS

8422	Smooth move ~ senna peppermint	32g	6	C	0-32917-00761-2	O K
8453	Smooth move ~ original with senna	32g	6	C	0-32917-00762-9	O K

ORGANIC GREEN TEAS

8420	Ginger	26g	6	C	0-32917-00748-3	O K
8441	Lemongrass	24g	6	C	0-32917-00749-0	O K
8418	Matcha with toasted rice	24g	6	C	0-32917-00771-1	O K

ORGANIC RELAXATION TEAS

8427	Nighty night extra ~ valerian	24g	6	C	0-32917-00756-8	O K
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	8456	Nighty night ~ original with passionflower	28g	6	C	0-32917-00757-5	O K
	8449	Cup of calm ~ lavender mint	24g	6	C	0-32917-00737-7	O K
	8429	Stress soother ~ cinnamon	24g	6	C	0-32917-00764-3	O K
	8437	Tulsi with ginger	32g	6	C	0-32917-00767-4	O K
		ORGANIC DIGESTIVE TEAS					
	8431	Ginger aid	32g	6	C	0-32917-00745-2	O K
	8457	Belly comfort ~ peppermint	28g	6	C	0-32917-00739-1	O K
		ORGANIC WOMEN'S TEAS					
	8434	Mother's milk ~ original w/ fennel & fenugreek	28g	6	C	0-32917-00754-4	O K
	8452	Weightless ~ dandelion hibiscus	32g	6	C	0-32917-00769-8	O K
		ORGANIC DETOX TEAS					
	8428	Everyday detox ~ dandelion	24g	6	C	0-32917-00742-1	O K
	8447	Everyday detox ~ lemon	24g	6	C	0-32917-00743-8	O K

TUNAH

SIMULATED VEGAN PLANT BASED TUNA

9492	Tunah in oil	150g	12	½	8-51335-00045-2	
9491	Tunah in oil ~ sriracha	150g	12	½	8-51335-00080-3	
9493	Tunah in oil ~ garlic	150g	12	½	8-51335-00081-0	
9494	Tunah in oil ~ lemon pepper	150g	12	½	8-51335-00087-2	

UDI'S

GLUTEN FREE LOAF

* 7435	Delicious whole grain sandwich loaf	340g	8	C	6-98997-82915-7	G K
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URBANI

ARANCINI RISOTTO BALLS

* 9480	Mozzarella	250g	10	C	8-51335-00030-8	
* 9481	Italian ~ Italian sausage & mozzarella	250g	10	C	8-51335-00031-5	

VEGANISSIMA

VEGAN ARANCINI BITES

* 9420	Original	224g	12	½	8-51335-00010-0	
* 9422	Mushroom	224g	12	½	8-51335-00012-4	
* 9423	Rosemary Lemon	224g	12	½	8-51335-00013-1	

VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

* 9430	Quinoa & chickpea	4x100g	12	½	6-27843-51737-5	G
* 9431	Mexican spicy 3-bean	4x100g	12	½	6-27843-51739-9	G
* 9432	Lentil & walnut	4x100g	12	½	6-27843-51741-2	G
* 9433	Sweet potato & black bean	4x100g	12	½	6-27843-51743-6	G



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* 9434 Eggplant & tahini 4x100g 12 ½ 6-28110-15008-0 G

VORTEX 9.5 PH

GLACIAL ALKALINE WATER

4180	Vortex 9.5	500mL	24	C	6-28634-69307-0	K
4182	Vortex 9.5	1.5L	12	C	6-61431-10050-1	K

WESTERN RICE MILLS

ORGANIC RICE

5255	Long grain brown rice	907g	6	+	C	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6	+	C	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6	+	C	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6	+	C	0-61052-40720-9	G O K

WHOLESOME SWEETENERS

SUGAR

8965	Fair trade organic turbinado raw cane sugar	680g	6		C	0-12511-44471-6	O K
8962	Fair trade raw cane sugar	680g	6		C	0-12511-47071-5	K
8966	Organic icing sugar	454g	6		C	0-12511-32004-1	O K
8970	Organic light brown sugar	680g	6		C	0-12511-44641-3	O K
8971	Organic dark brown sugar	680g	6		C	0-12511-44652-9	O K
8969	Organic golden sugar	907g	6		C	0-12511-40600-4	O K

ORGANIC COCONUT PALM SUGAR

8976	Coconut palm sugar	454g	6		C	0-12511-97106-9	O K
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ORGANIC BLACKSTRAP MOLASSES

8960	Blackstrap molasses unsulphured	662g	12	½		0-12511-60000-6	O K
8961	Blackstrap molasses unsulphured	1.13kg	6		C	0-12511-70000-3	O K

ORGANIC AGAVE

8972	Organic blue agave	240mL	6		C	0-12511-47121-7	O K
8973	Organic blue agave	480mL	6		C	0-12511-47231-3	O K
8980	Organic blue agave	900mL	6		C	0-12511-47441-6	O K
8975	Organic blue agave ~ raw	480mL	6		C	0-12511-47323-5	O K

WHOLLY GLUTEN FREE

GLUTEN FREE PRODUCTS

* 8485	Pie shells ~ 2 pack ~ 9" (23cm)	422g	6		C	0-74677-99033-9	G K
* 8486	Fudge brownies	198g	12	½		0-74677-99008-7	G K
* 8487	Pizza crusts ~ 3 pack	283g	6		C	0-74677-99060-5	G K



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WHOLLY WHOLESOME

ORGANIC PIE SHELLS

❄	8470	Traditional ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99010-0	O K
❄	8471	Whole wheat ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99011-7	O K

THE WIZARD'S

SAUCES

9815	Original hot stuff spicy sauce	147mL	12	½	0-11206-00405-1	
9813	Organic wheat free vegan worchestershire	251mL	12	½	0-11206-00419-8	G O

YOGI

FUNCTIONAL TEA

9861	Sweet citrus positive energy	29g	6	C	0-76950-20841-4	O K
9862	Soothing cinnamon stress support	32g	6	C	0-76950-20911-4	O K
9863	Echinacea elderberry cold support	24g	6	C	0-76950-20895-7	O K
9855	Restful sleep	32g	6	C	0-76950-20348-8	K
9856		29g	6	C	0-76950-20347-1	K

Calming tea

9853	Lemon ginger	36g	6	C	0-76950-65017-6	O K
9854	Ginger tea	32g	6	C	0-76950-65011-4	O K
9857	Stress relief ~ chamomile passionflower	29g	6	C	0-76950-20702-8	O K

ORGANIC GREEN TEA

9852	Kombucha	32g	6	C	0-76950-65021-3	O K
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ORGANIC HERBAL SPICE TEA

9860	Egyptian licorice	36g	6	C	0-76950-61516-8	O K
9883	Chai rooibos	36g	6	C	0-76950-61533-5	O K

YORKSHIRE VALLEY FARMS

ORGANIC SOUP

8778	Chicken noodle	398mL	12	½	8-40294-08800-7	O
8779	Chicken brown rice	398mL	12	½	8-40294-08801-4	O

ORGANIC CHICKEN

❄	8770	Chicken breast fillets	480g	12	½	7-32352-13586-3	O
❄	8771	Chicken bites	454g	12	½	7-32352-78065-0	O