

# Child-Parent Relationship Training for Parents of Preadolescents ages 9-13

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8-week class. Choose the one that fits your schedule!



[June 4 - July 30th](#)

Every Tuesday  
10am - 12pm

[June 6 - August 1st](#)

Every Thursday  
6:30pm - 8:30pm

CPRT, also known as Filial Therapy is a research-based approach designed to help you:

- Regain control as a parent
- Help your child develop self-control
- Effectively discipline & limit inappropriate behavior
- Understand your child's emotional needs
- Communicate more effectively with your child
- Build a strong foundation for effective communication in their teenage years

In 8 sessions you will see a noticeable difference in:

- Your relationship with your child
- Your child's behavior
- Your ability to respond effectively
- Your confidence in your parenting skills

For more information, please contact your camp counselor:

[Corrie Bright](#)

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