

Know Your Medicare — AARP/LOWLINC Medicare Workshop October 10

By Carolyn Rourke, LOWLINC Board Vice Chair



Interest is growing in the Medicare Workshop to be conducted October 10, 2018, 1 p.m. to 4 p.m. at Lake of the Woods Clubhouse. The workshop, jointly sponsored by Locust Grove AARP and LOWLINC, is aimed at helping Medicare recipients understand their rights and privileges under the several different

Medicare Parts: Hospital, Health Insurance and Prescription. Many of us are Medicare enrollees...how well do we understand the intricacies of all the plans and the benefits that are available?

We are fortunate to have two Medicare experts presenting at the workshop:

Ridge Multop is an AARP Virginia Community Ambassador who will give the “Medicare 101” lecture: Plans A, B, C and D—coverages and costs. Prior to his retirement, Ridge was Director of Congressional Relations and Political Affairs at AARP. His areas of expertise include Social Security, retirement security, Medicare and health care.

Poppy Foddrell is Aging Support Coordinator with Rappahannock Rapidan Community Services/Area Agency on Aging. She is also the coordinator of the Virginia Insurance Counseling Assistance Program (VICAP). Poppy will delve into the details of Medicare Plan D – Prescriptions. She will have information on the prescription plans that will be available for 2019 and provide information on how you can ensure you have the best plan for your needs.

There is no cost for the workshop. The workshop is funded in part from a grant received from AARP’s Chapter Awareness Grant program. Registration will be required, and tickets will be available starting August 24 at www.lowlinc.org.

If you are a Medicare recipient, this workshop is not to be missed!

Sidebar:

New Medicare Cards

The new Medicare Cards featuring a new Medicare number have been mailed to all Virginia residents who have Medicare. There have been some reports of recipients receiving the card, not understanding its purpose and destroying it.

If you have not received your card or accidentally disposed of it, you can call the Medicare hotline at 800-633-4227. If you use the Internet, you can also log on to your mymedicare.gov account where you can see your new Medicare number and print an official copy of the card.