

# LANCASTER STRIDERS

## RUNNING CLUB

### 2019 MEMBERSHIP APPLICATION

Lancaster Striders is a local running club made up of people just like you that enjoy the physical and social aspects of running. You do not have to reside in Lancaster to become a member.

- We welcome all new members whether you are a runner, walker or just want to be a club supporter.
- Monthly club meeting that meet on the first Tuesday of each month.
- All new members *receive* one of our new member Lancaster Striders Club T-shirts.
- Enjoy the company and support of other Club members at local races all year long.
- Volunteer for races or help out with club events.
- Annual Awards Banquet, Strider Glider Quarter Marathon and a Winter and Summer Picnic
- Follow the club on our Facebook page or web page- Lancasterstriders.com
- Annual Club dues are just \$ **15.00**.

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### *Be our guest and join us for our next club event*

For more information, contact:

President: Mark Reist – roosterm@roadrunner.com

Vice-President: Jennifer Liaros – liarosj@gmail.com

Treasurer: Gary Guzek– gguzek@sealingdevices.com

Secretary: Melissa Jozwiak– meljoz@twc.com

To join our club

Fill out the application

Mail to Gary Guzek: 180 Kristoria Lane, Alden NY 14004.

Make check payable to: **Lancaster Striders**

Name: \_\_\_\_\_ New Member: YES / NO

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone # ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

T-Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_