


## NTCA LUNCH MENU – MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Beefy Hot Dog Whole grain bun Homestyle baked beans Fruit & Milk	<b>2</b> Turkey meatballs with gravy Savory spinach Whole grain rice Fruit & Milk	<b>3</b> Smoked turkey ham Succulent scalloped potatoes Garlicky green beans Whole grain bread slice Fruit & Milk	<b>4</b> Whole grain nacho chips Taco meat and shredded cheese Picante corn Mexican refried beans Sassy Salsa Fruit & Milk
<b>7</b> Sliced deli turkey American cheese slice Steamed broccoli florets Whole grain bun Fruit & Milk	<b>8</b> Italian spaghetti w/meat sauce Lettuce & tomato salad Whole grain bread slice Fruit & Milk	<b>9</b> Pizza or Pizza dippers w/marinara sauce Sweet peas Fruit & Milk	<b>10</b> Smoked turkey ham Macaroni & cheese Garlicky green beans Fruit & Milk	<b>11</b> <h1 style="font-size: 2em;">NO SCHOOL</h1>
<b>14</b> Hamburger on w/g bun Iceberg lettuce Tomato slice Oven baked fries Fruit & Milk	<b>15</b> Chunky chicken tetrazzini Coined carrots Whole grain bread slice Fruit & Milk	<b>16</b> Smoked turkey ham Savory spinach Mashed potatoes Fruit & Milk	<b>17</b> Spanish macaroni Garlicky green beans Whole grain bread slice Fruit & Milk	<b>18</b> Chicken nuggets Whole grain rice pilaf Mixed vegetables Fruit & Milk
<b>21</b> Chicken patty sandwich Whole grain bun Oven baked potato wedges Fruit & Milk	<b>22</b> Turkey meatballs Mixed vegetables Whole grain bread slice Fruit & Milk	<b>23</b> Whole grain nacho chips Taco meat and shredded cheese Lettuce & tomatoes Taco sauce & low-fat sour cream Mexican refried beans Fruit & Milk	<b>24</b> Oven baked chicken Hot sauce Savory spinach Whole kernel corn Brown rice Fruit & Milk	<b>25</b> Beefy Hot Dog Whole grain bun Homestyle baked beans Baby carrots with low-cal ranch Fruit & Milk
<b>28</b> <h1 style="font-size: 2em;">MEMORIAL DAY</h1>	<b>29</b> Turkey sandwich American cheese slice Baby carrots with low-cal ranch Whole grain bun Vanilla ice cream cup Fruit & Milk	<b>30</b> Corn dog nuggets Seasoned potatoes Sweet peas Fruit & Milk	<b>31</b> Oven roasted chicken Savory spinach Whole kernel corn Brown rice Fruit & Milk	<b>1</b> Turkey breast Steamed broccoli florets Whole grain rice medley Fruit & Milk

*1% Low-fat milk or fat-free chocolate milk is served with every meal*

This institution is an equal opportunity provider.