



2017 WAVES Cross Country Team Information
COME RACE WITH THE WAVES!
Updated 9-2-2017

-OUR USATF CROSS COUNTRY SEASON HAS OFFICIALLY STARTED!

We are excited to begin our 5th season with the potential to send our top competitors to the USATF Junior Olympic National Cross Country Championship in Tallahassee, Florida.

-A PARENT/TEAM NIGHT WAS HELD THURSDAY, AUGUST 3rd..

Please contact Coach Menchaca coach@sdxtc.org or (760) 505-8442 for team information.

-Our Waves XC Meet Schedule is available on our main team page-

Go to sandiegowavesxtc.com Click the Blue Button.

-Practice Sites:

SEPTEMBER:

MONDAYS-		Buena Vista Park	5:30 - 7:00 pm
WEDNESDAYS-		Buena Vista Park	5:30 - 7:00 pm
FRIDAYS-		CSUSM TRACK	5:30 - 7:00 pm
SUNDAY-	9/10	Kit Carson Park	8:30 - 10:00 am
SATURDAY-	9/23	Buena Vista Park	8:30 - 10:00 am

-MEMBERSHIP: TEAM REGISTRATION/FEEES-

Parents are responsible for an athlete's USATF Membership (\$20)- please see the letter for instructions on our membership link..

Registration Fee for 2017 Cross Country
August through November
New Member- \$365*
Includes: New Team Holloway Warm Up*-Team Uniform
-Team Socks-Performance Shirt -Team Bag
-USATF Meet Fees -SDW Organizational Fees -Facility Use Fees.
Returning Member- \$305*
Includes: New Team Holloway Warm Up*-Performance Shirt
-Team Bag -USATF Meet Fees -SDW Organizational Fees -Facility Use Fees.
Sibling Discount:
25 % off Additional Siblings.

-PLEASE SEND A REQUEST TO BE ADDED TO OUR 2017 PARENT-TEAM EMAIL LIST.

THANKS FOR YOUR INTEREST IN THE SAN DIEGO WAVES.
GO WAVES!

